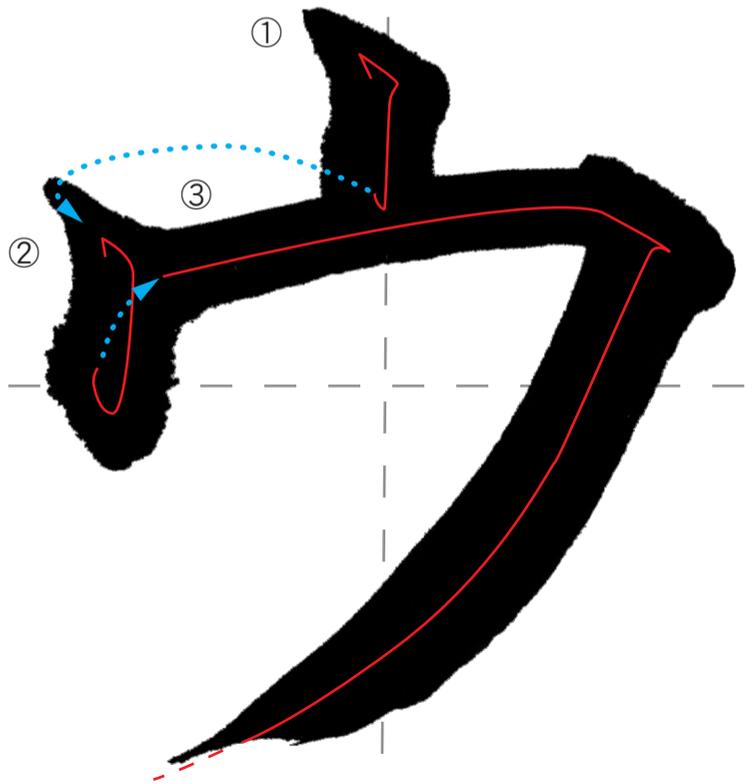
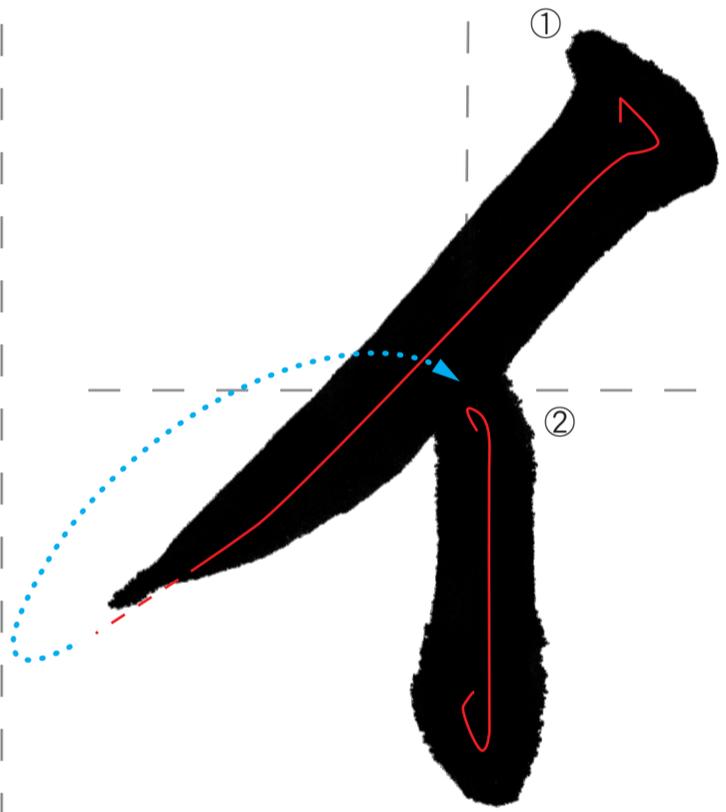
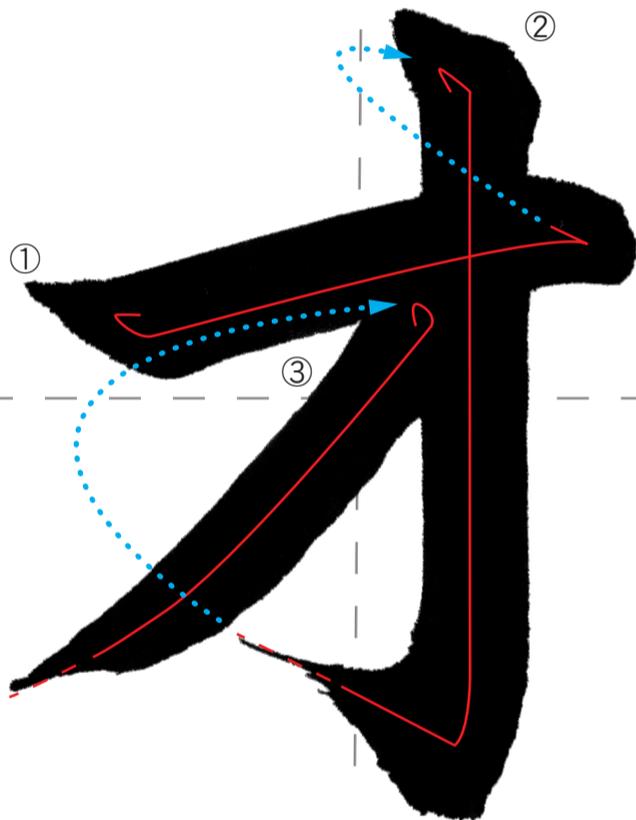
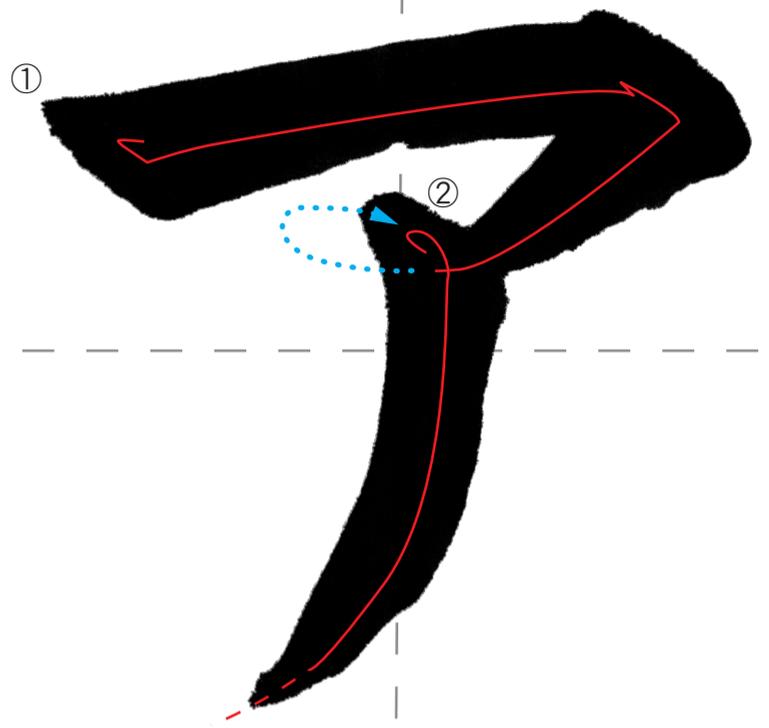
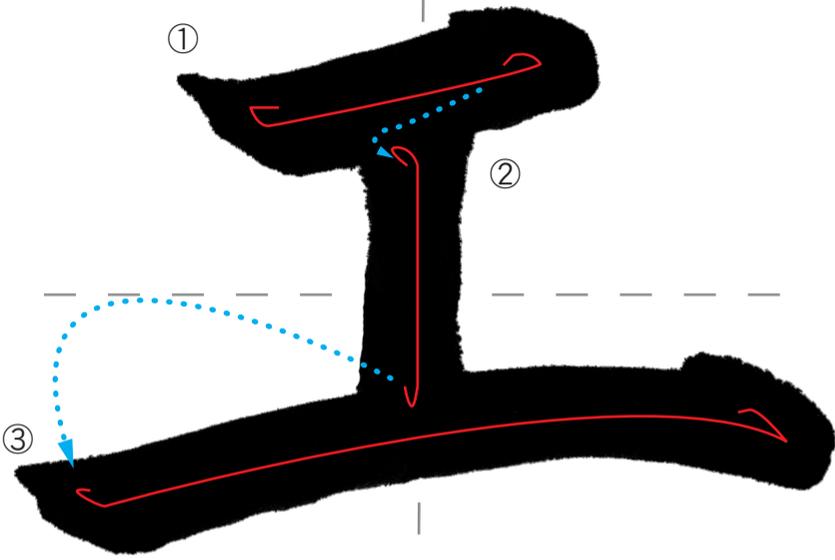
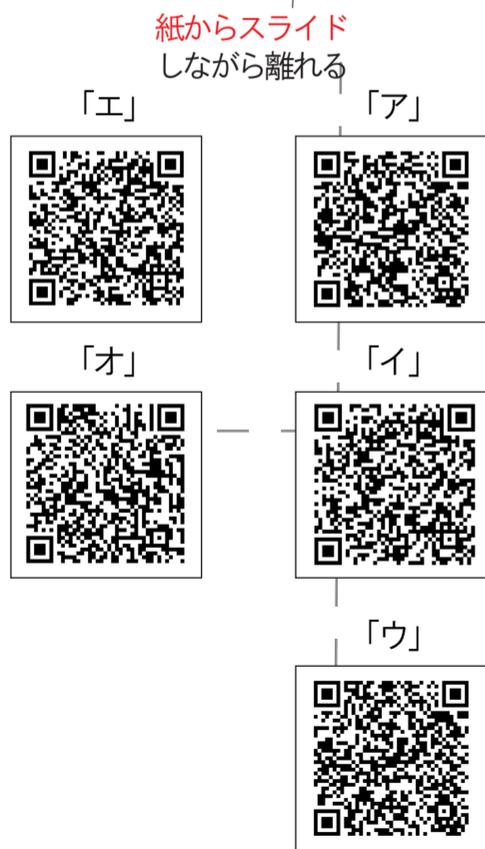
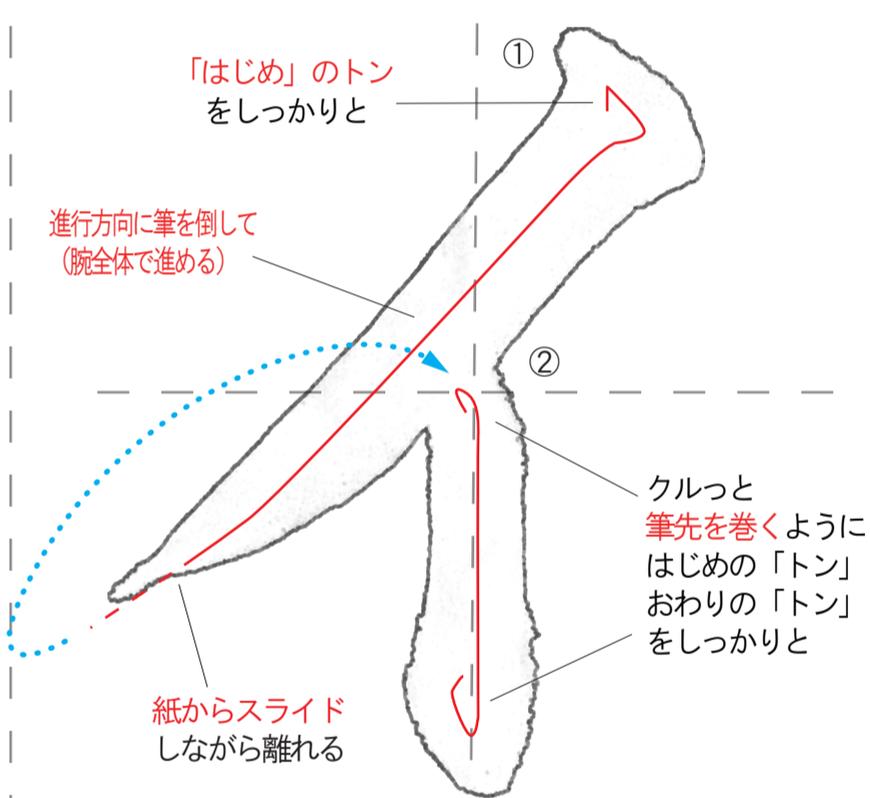
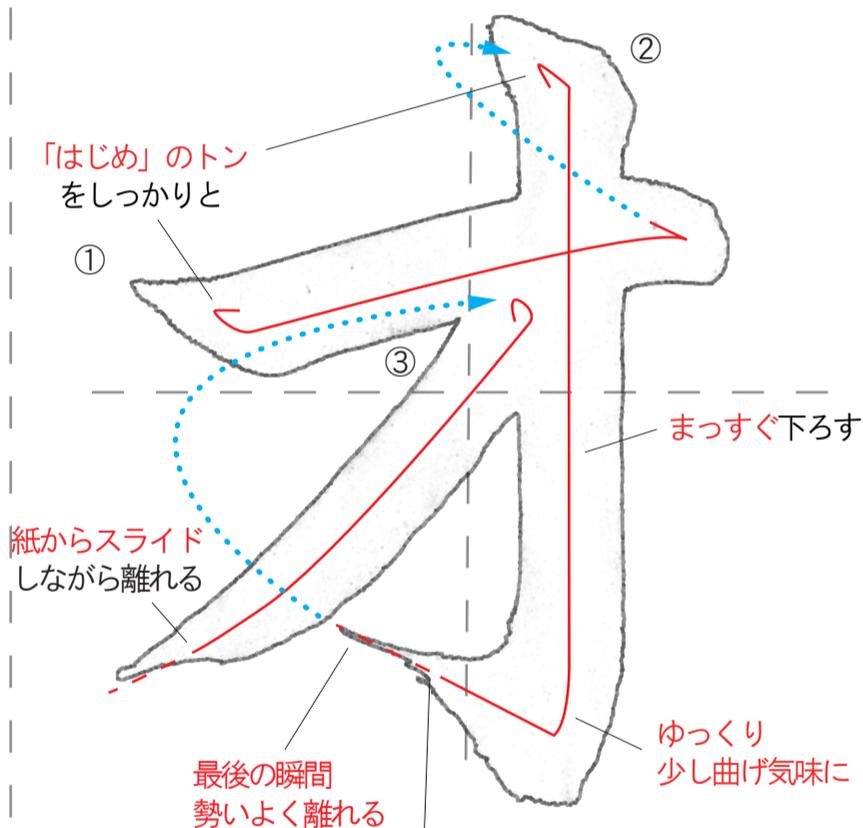
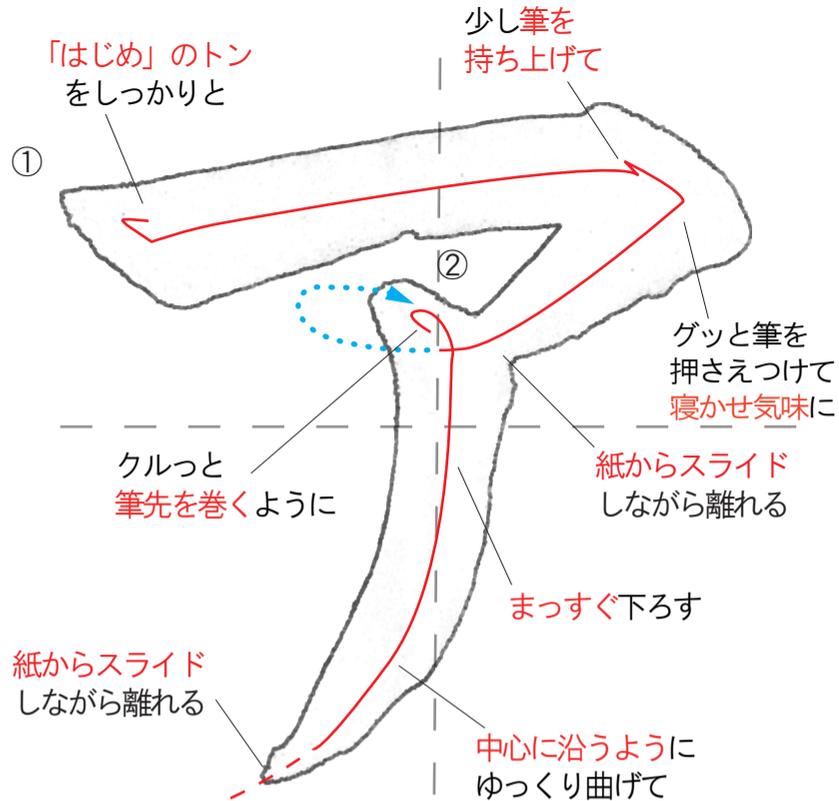
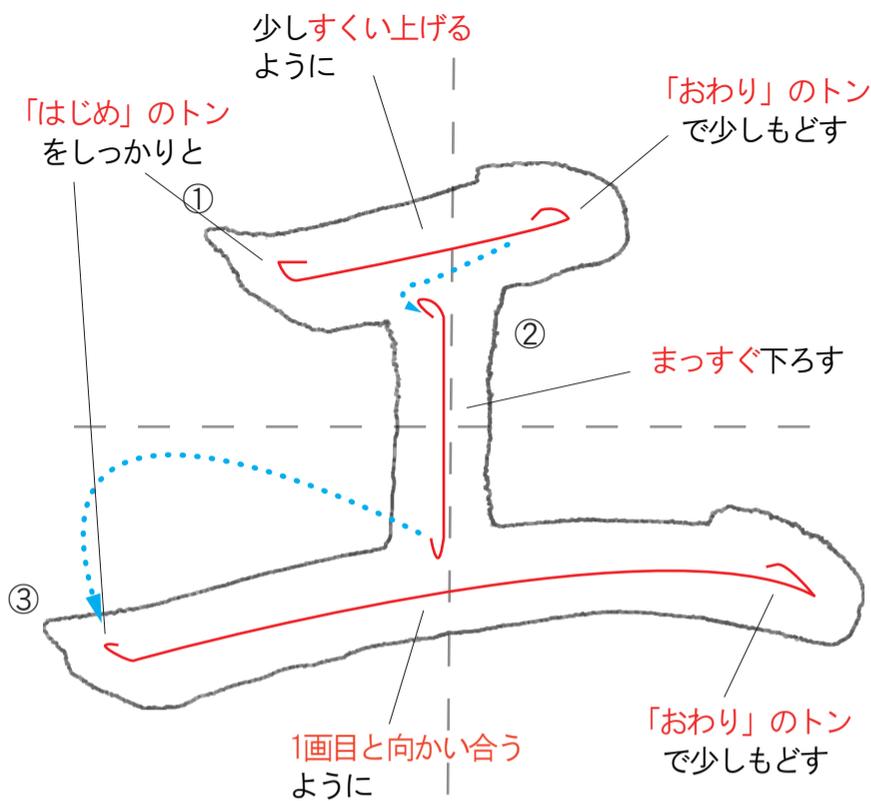


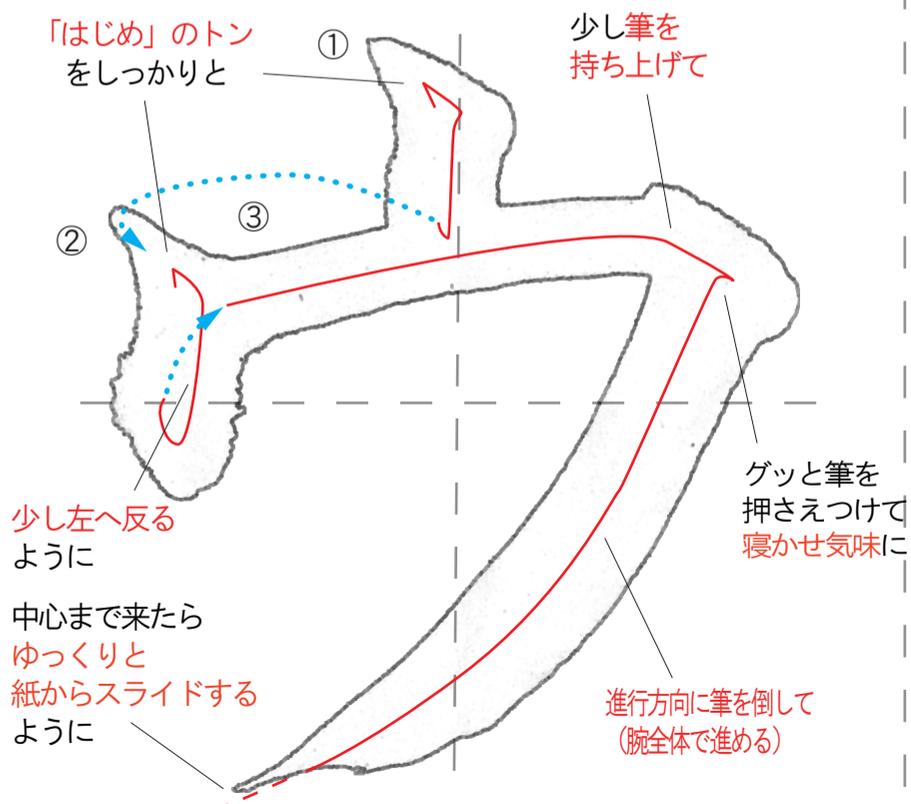
①ア行 (ア・イ・ウ・エ・オ)



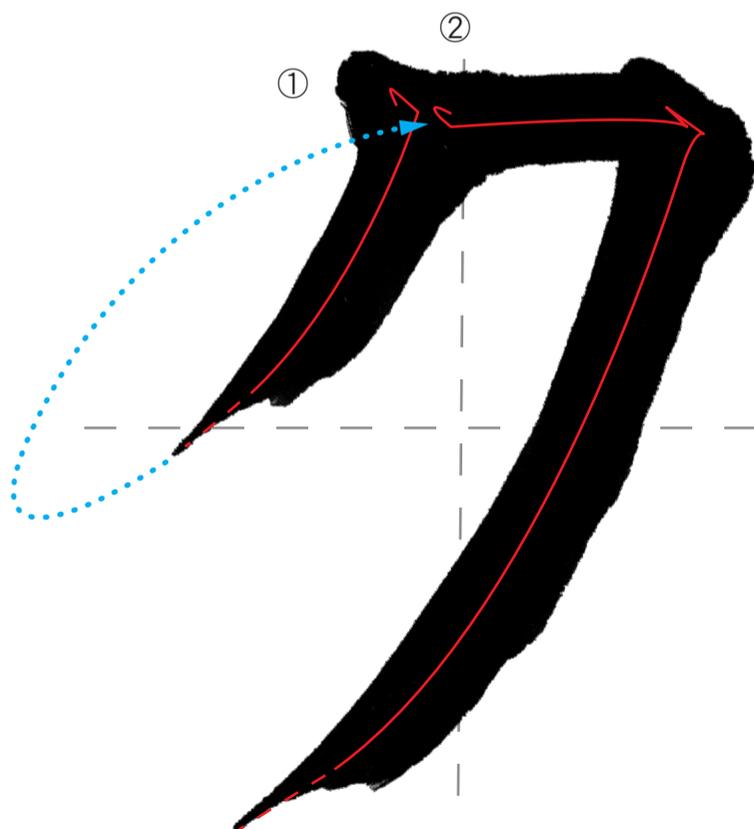
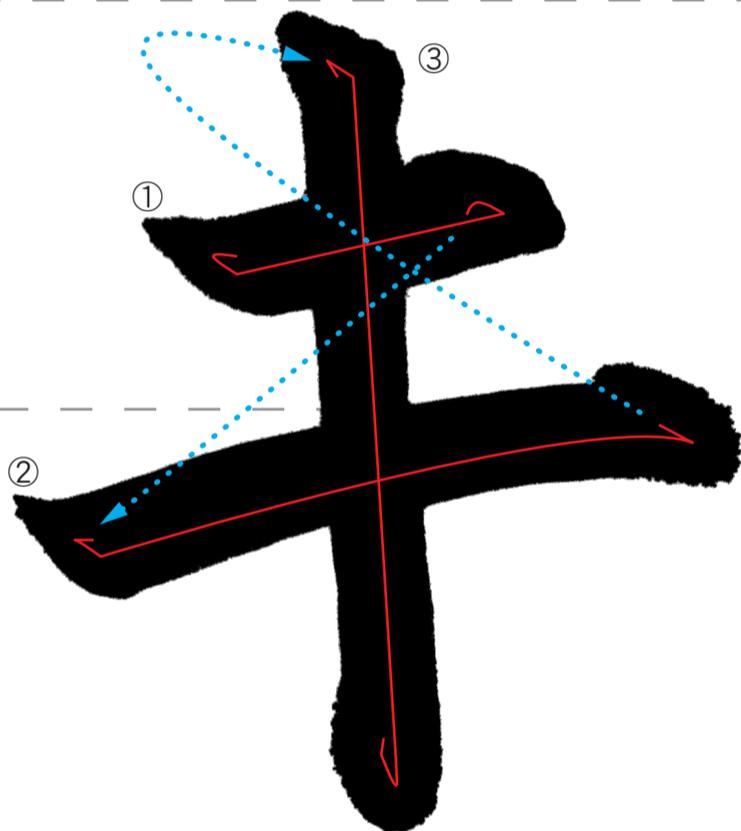
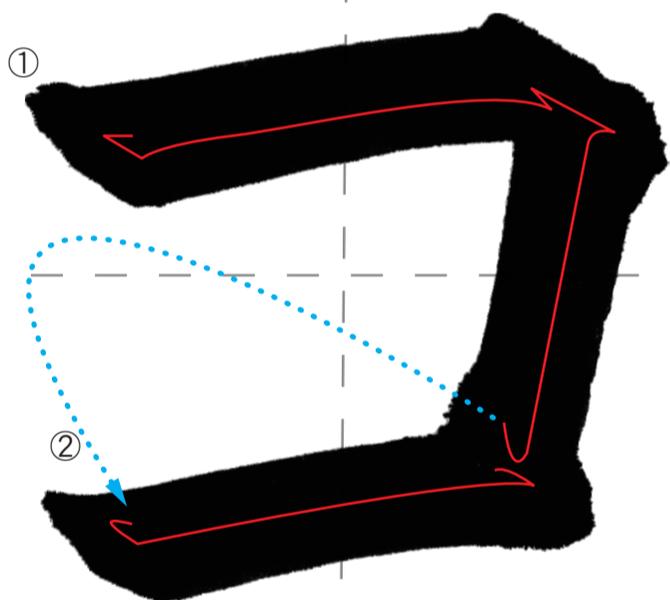
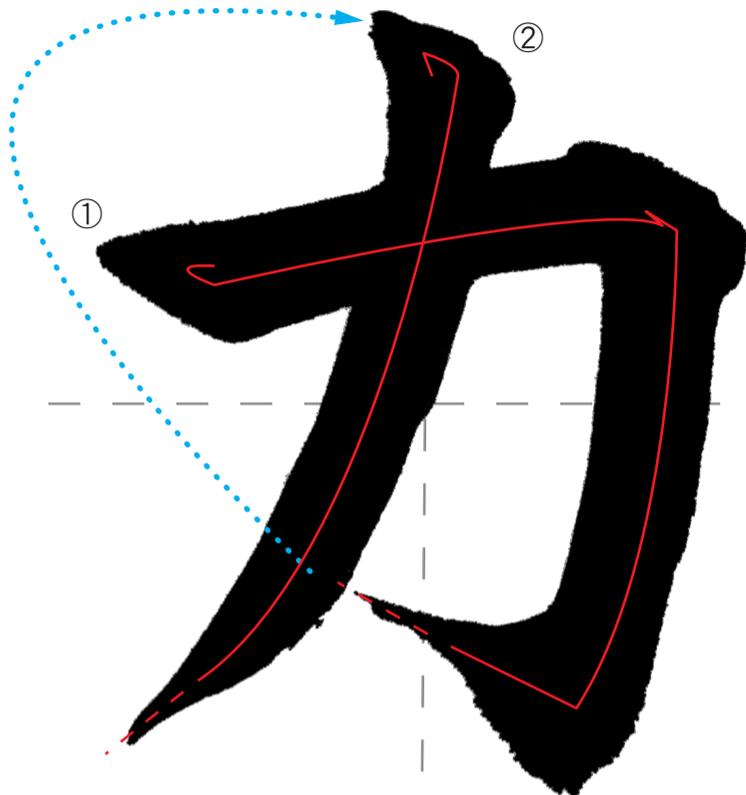
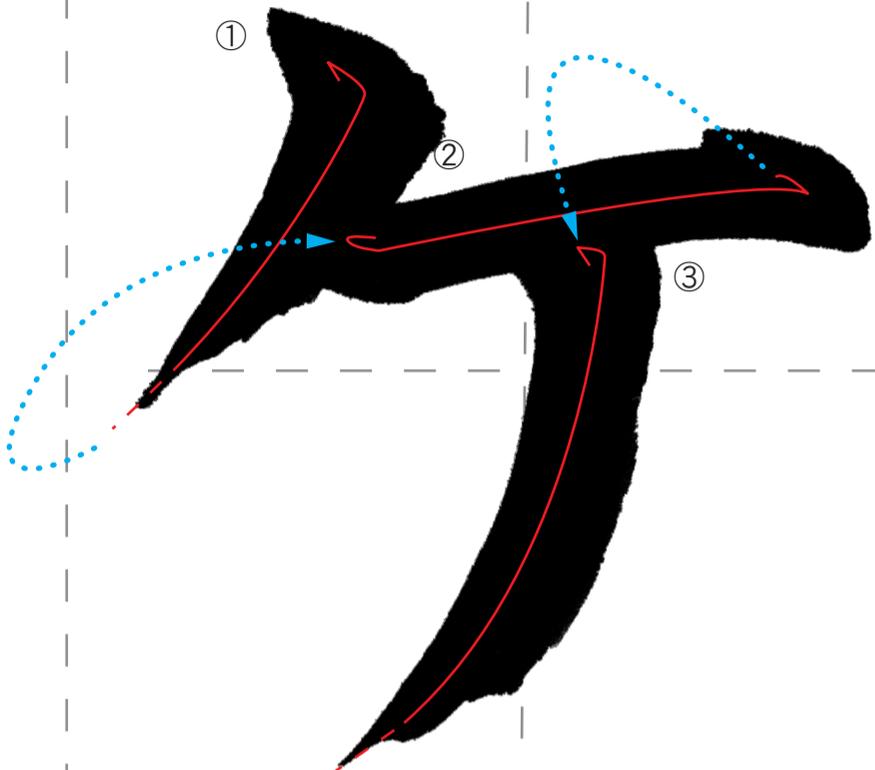
# ①ア行 (ア・イ・ウ・エ・オ)



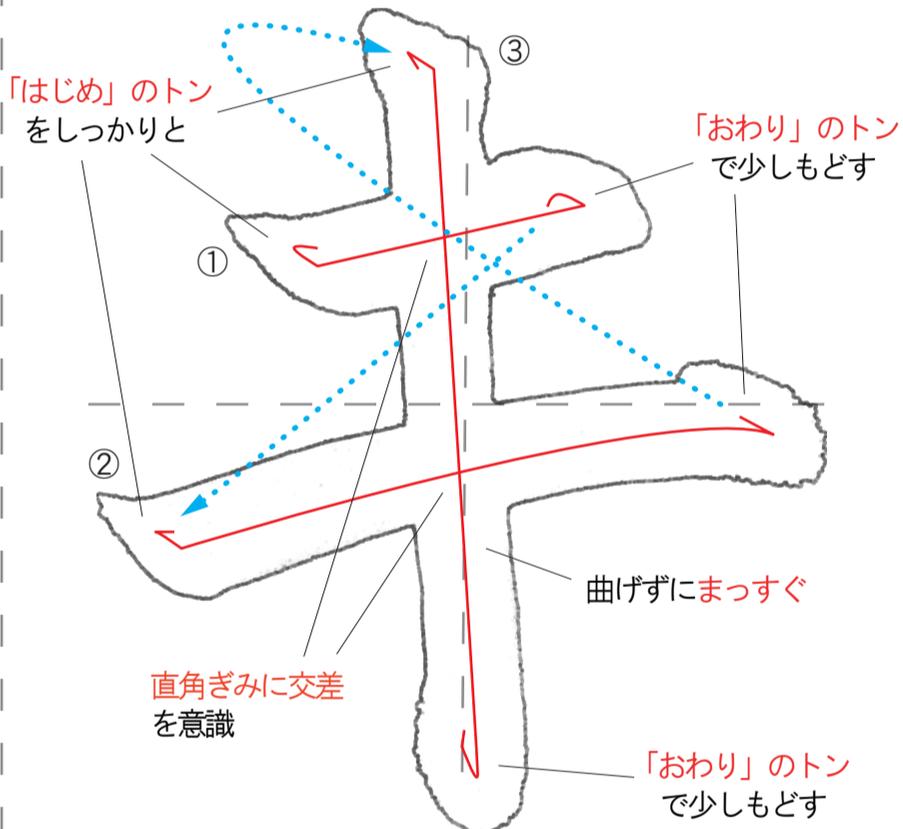
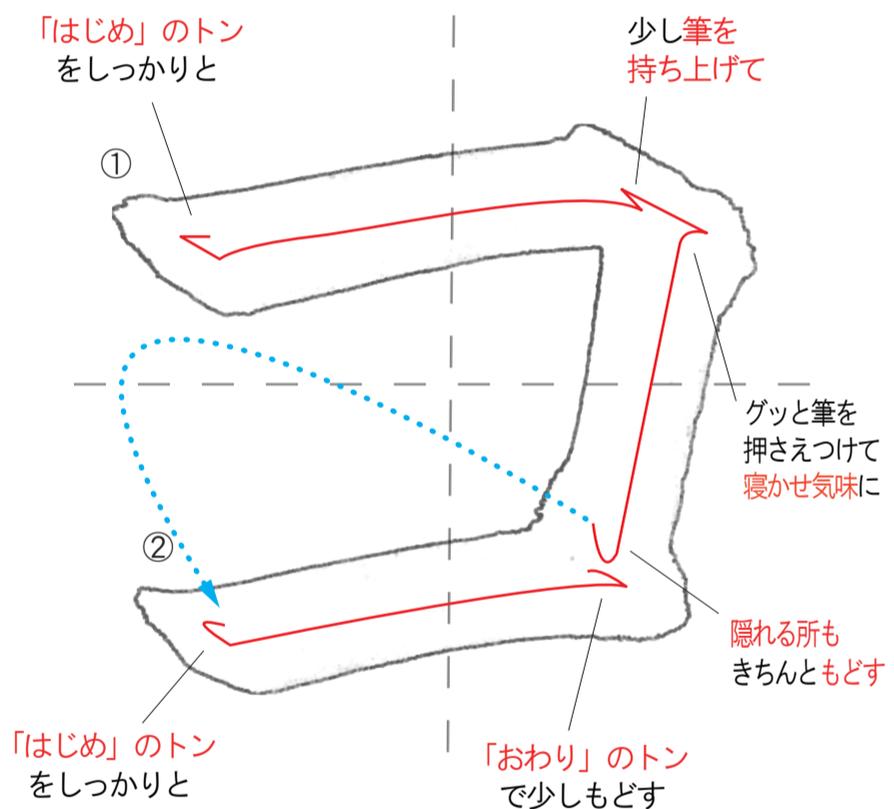
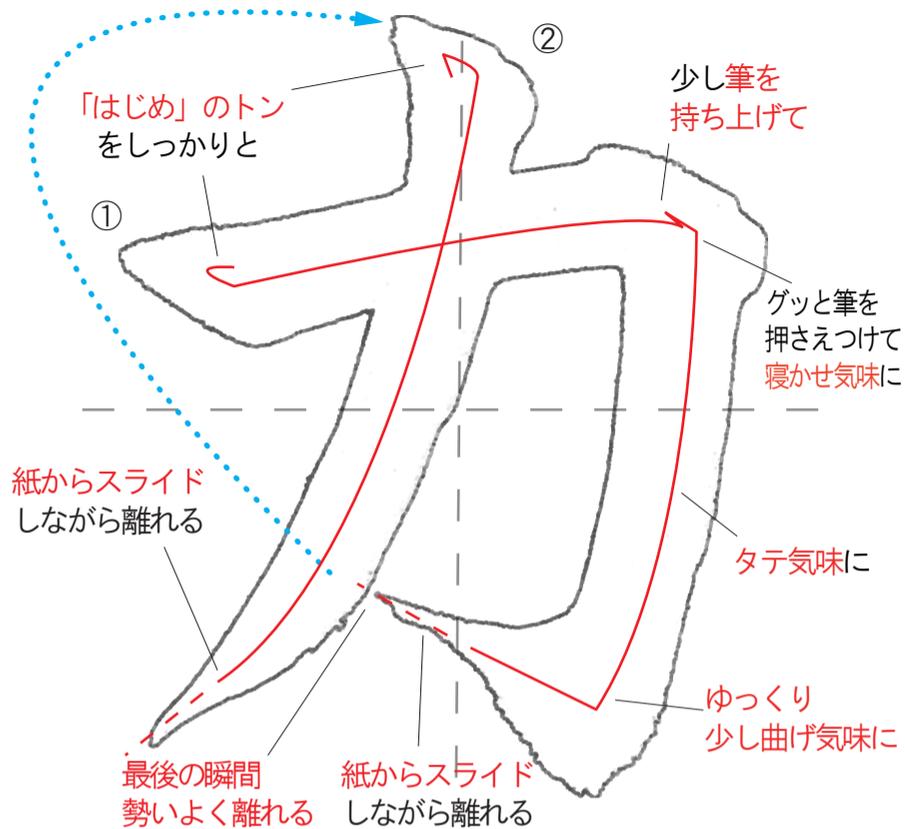
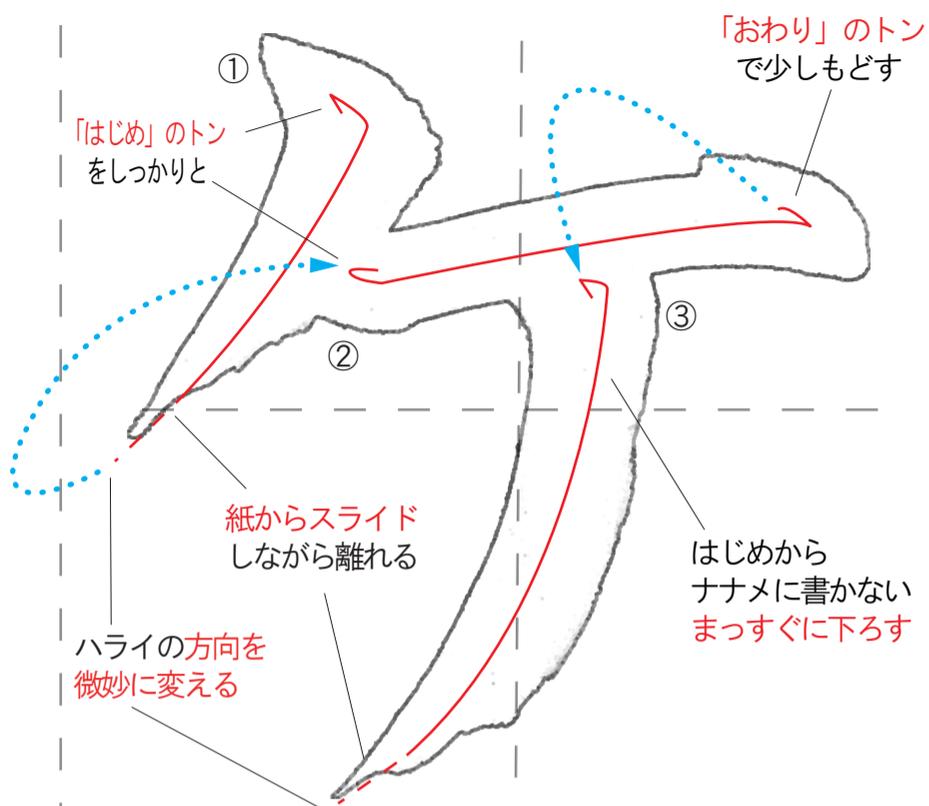
QRコードを読み込んで  
動画にて動きを学習しよう。



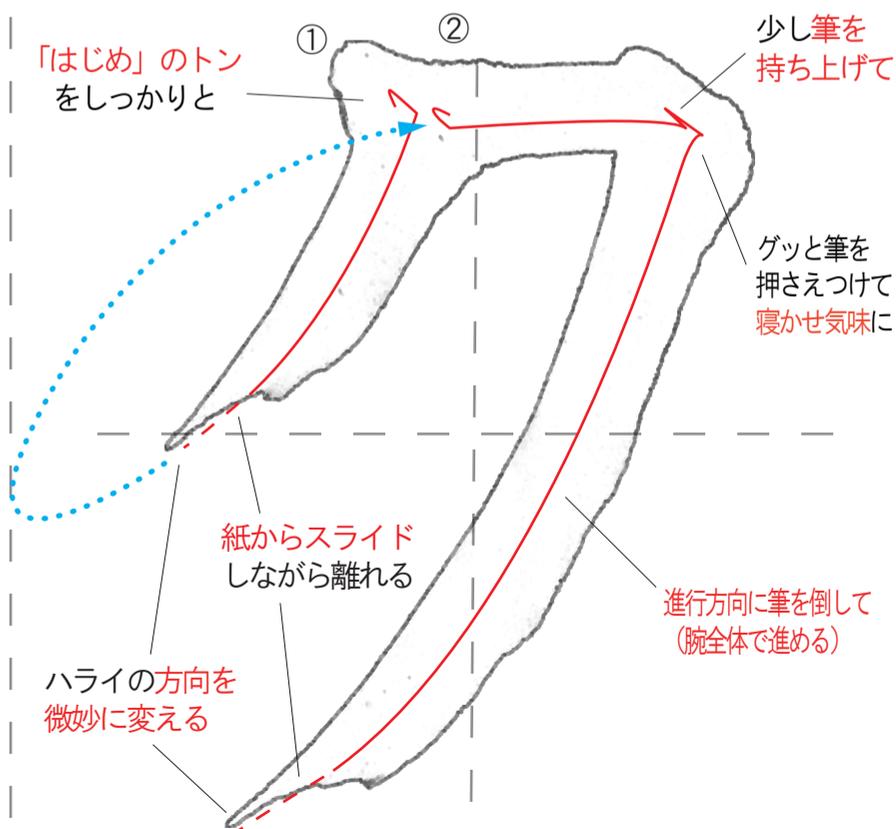
②カ行 (カ・キ・ク・ケ・コ)



## ②カ行 (カ・キ・ク・ケ・コ)

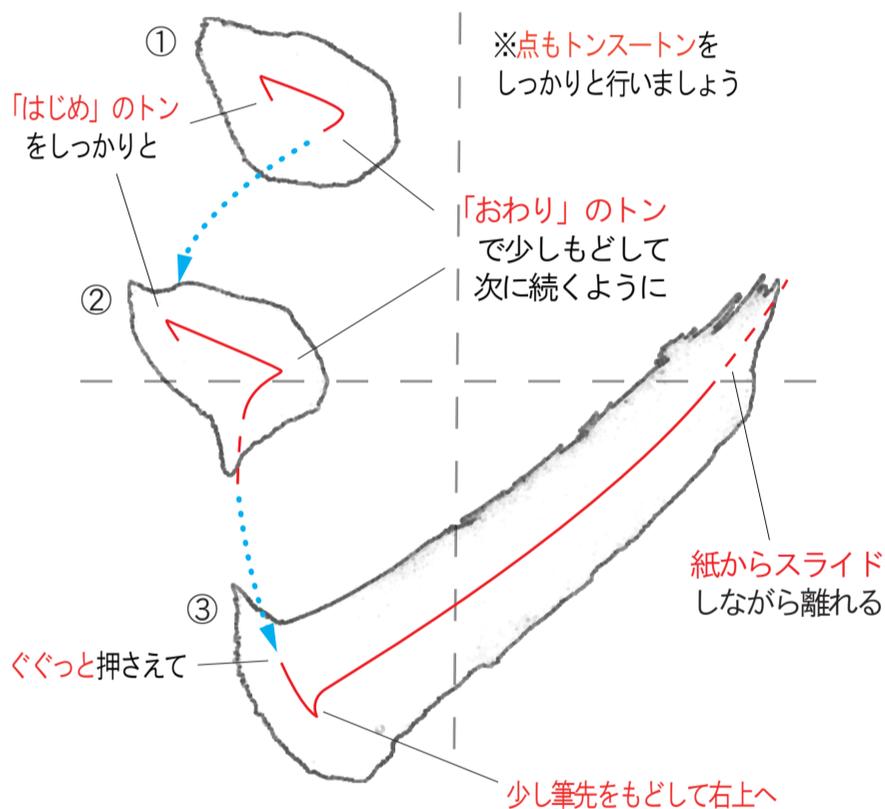
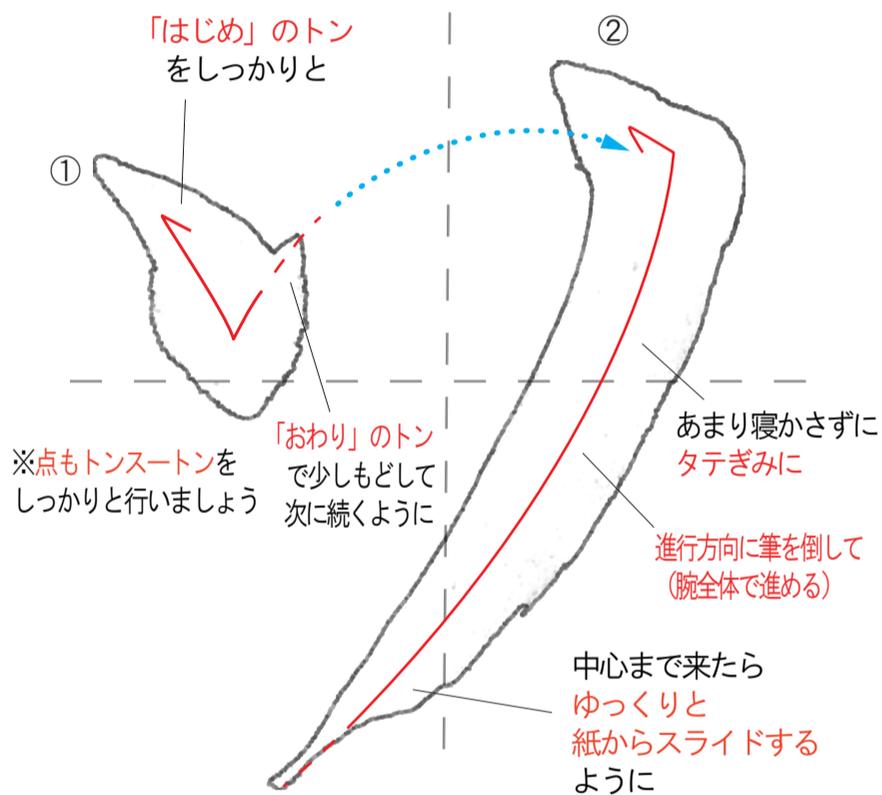
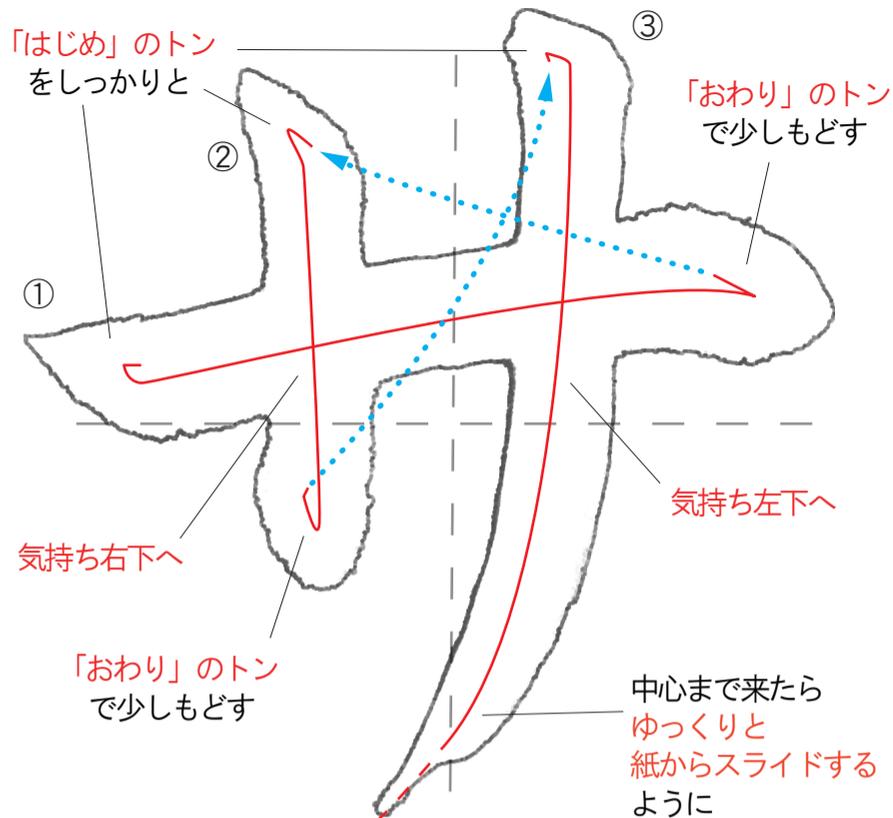
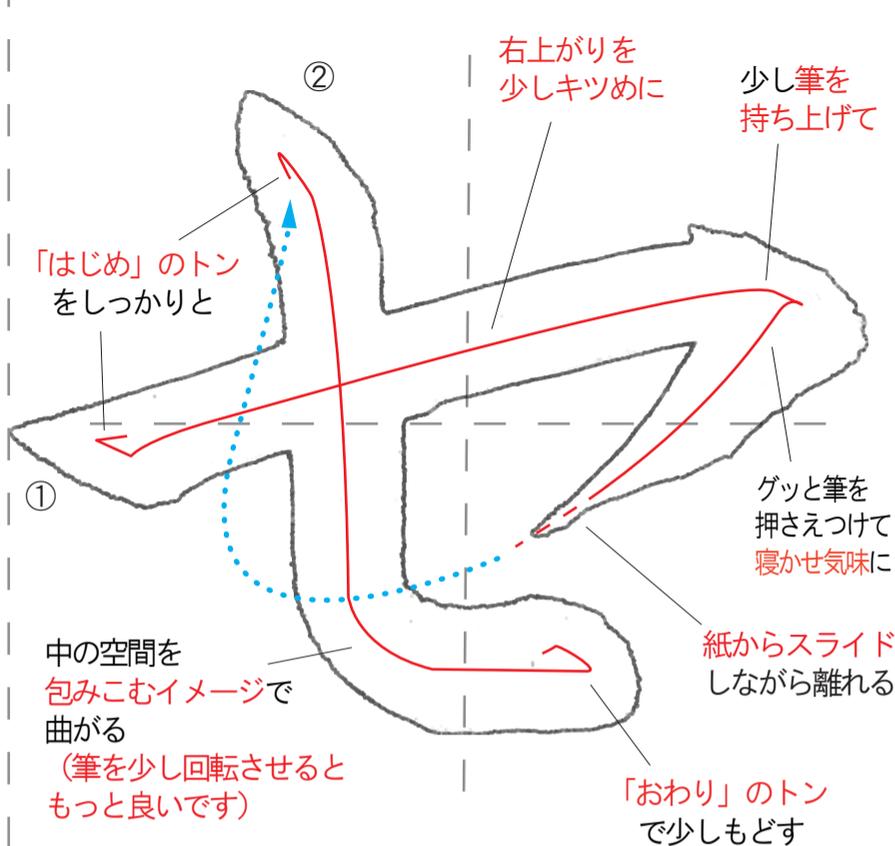


QRコードを読み込んで  
動画にて動きを学習下さい。

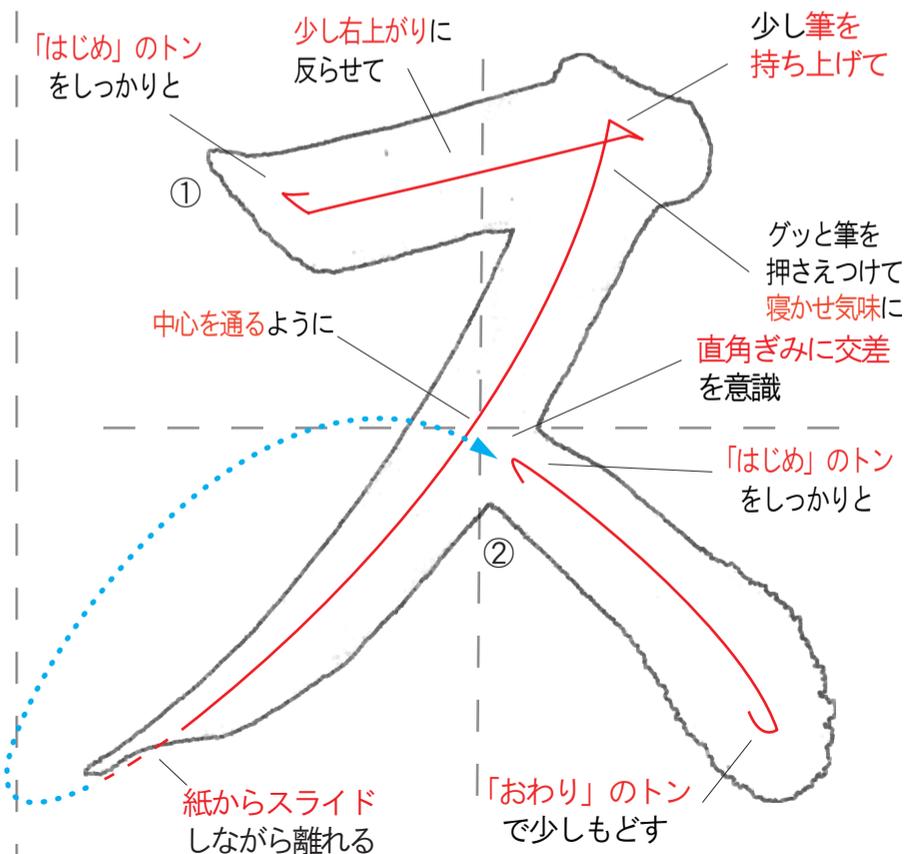




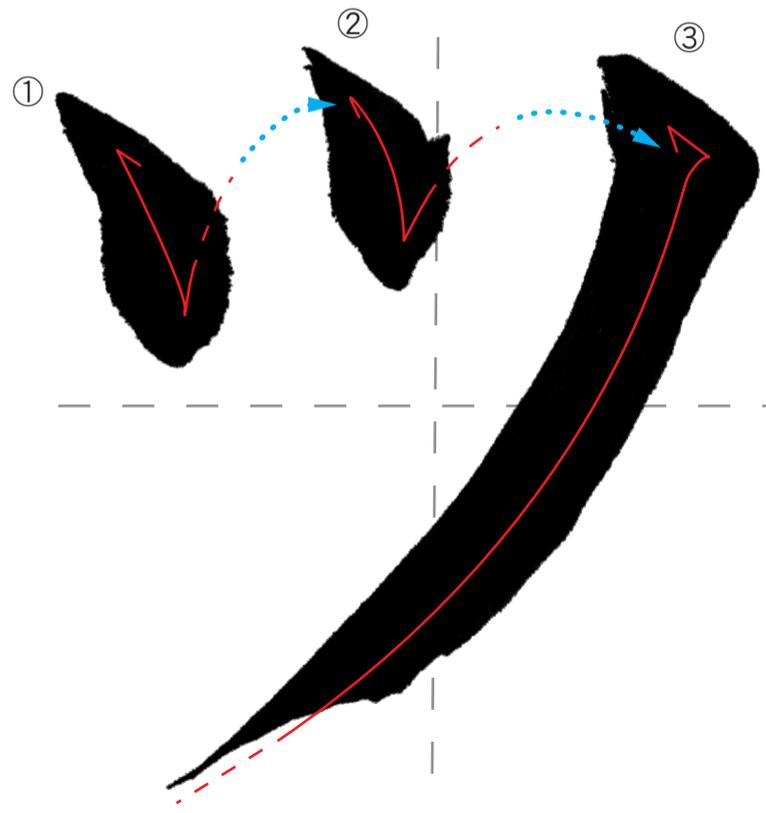
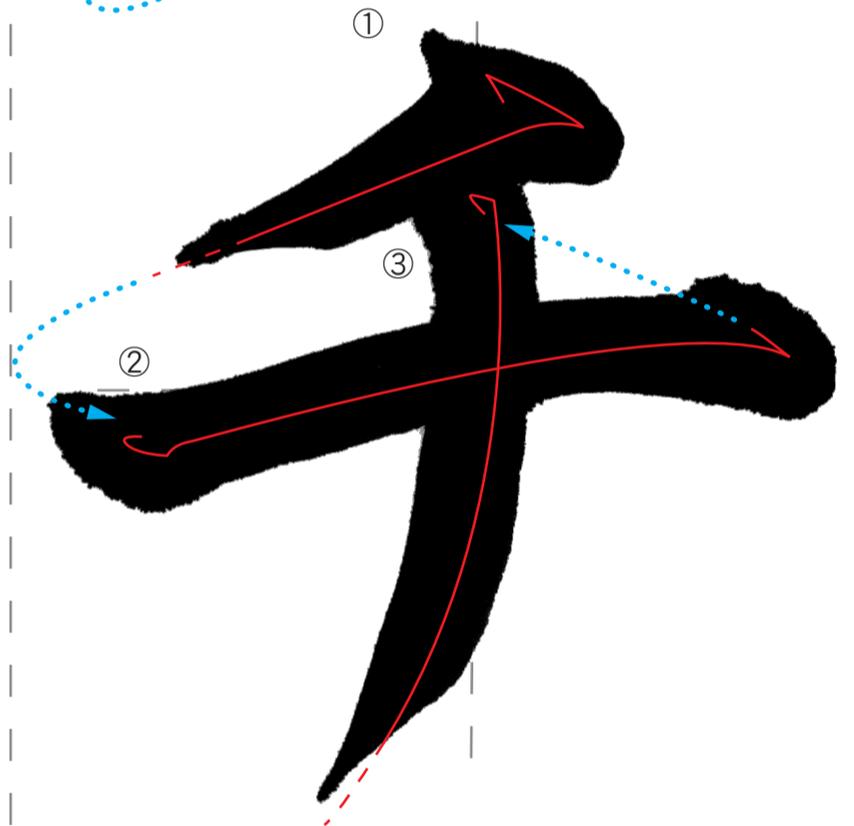
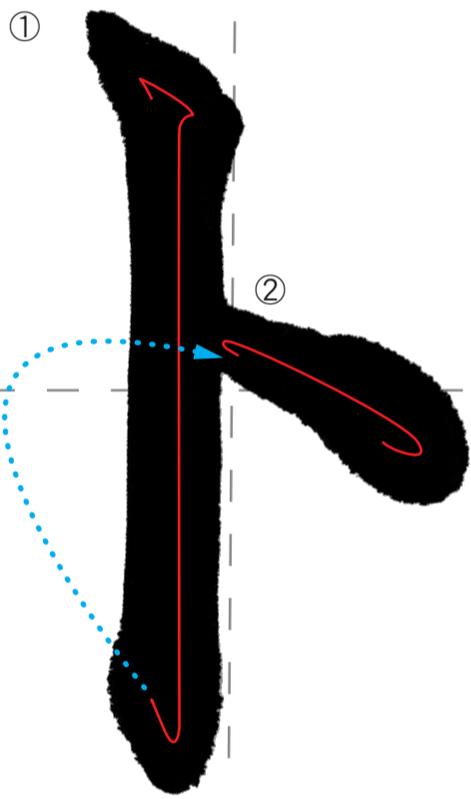
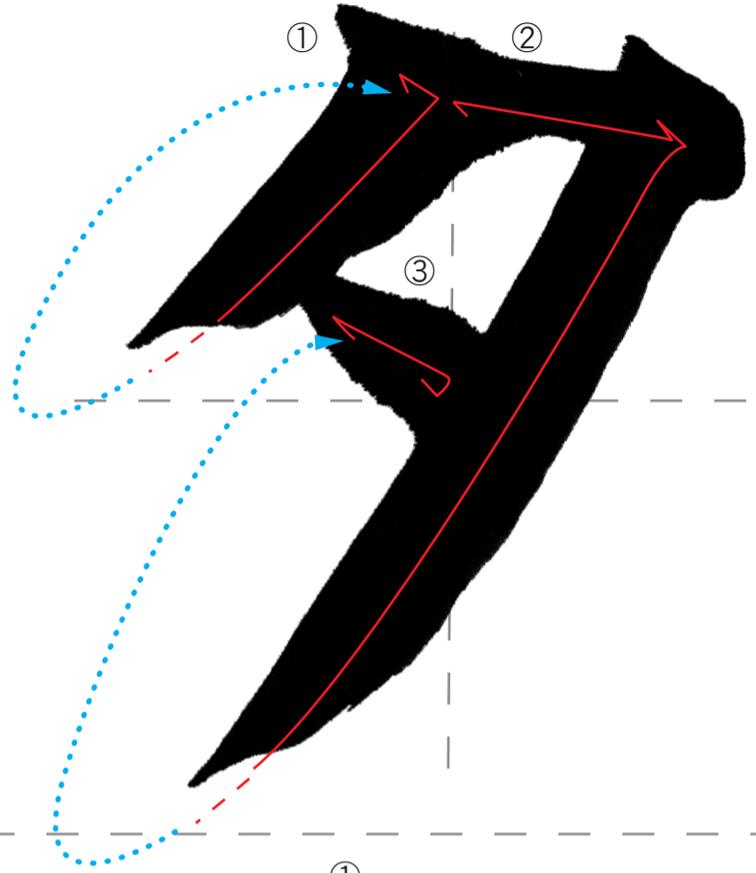
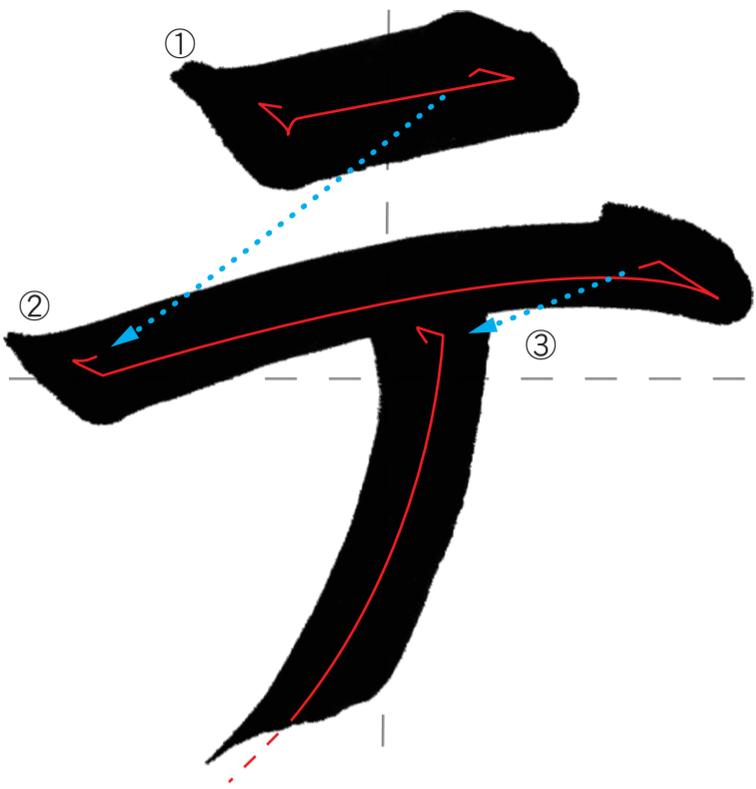
### ③サ行 (サ・シ・ス・セ・ソ)



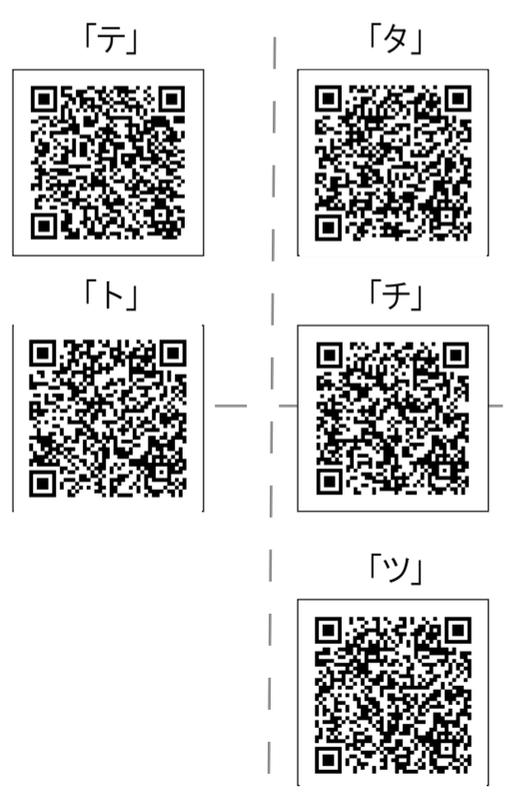
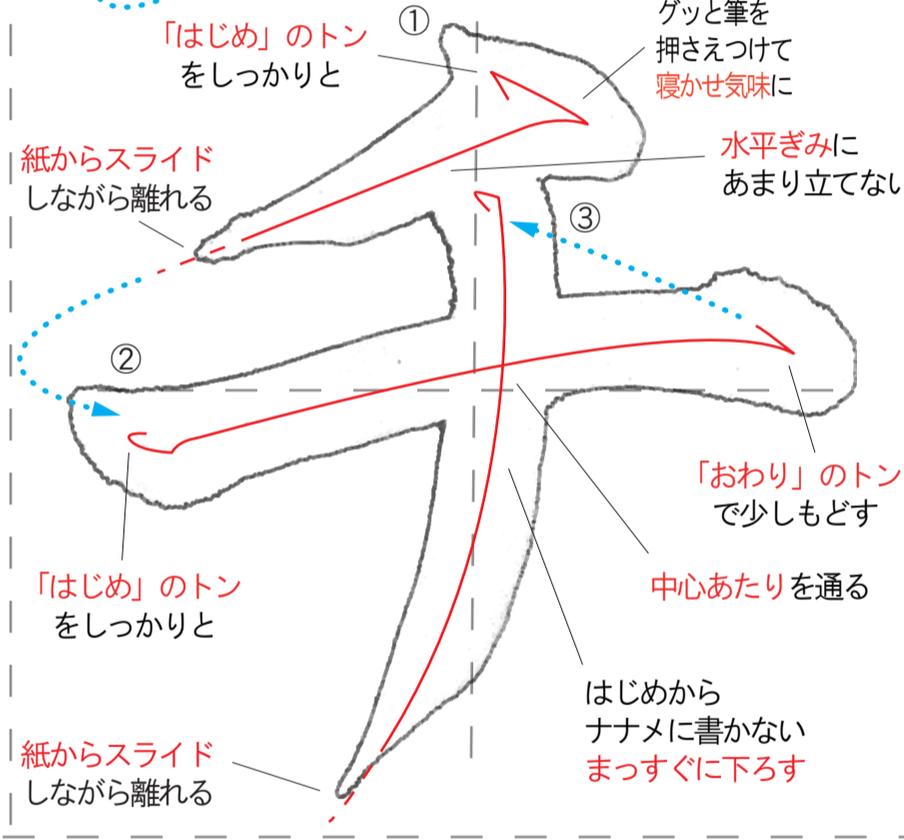
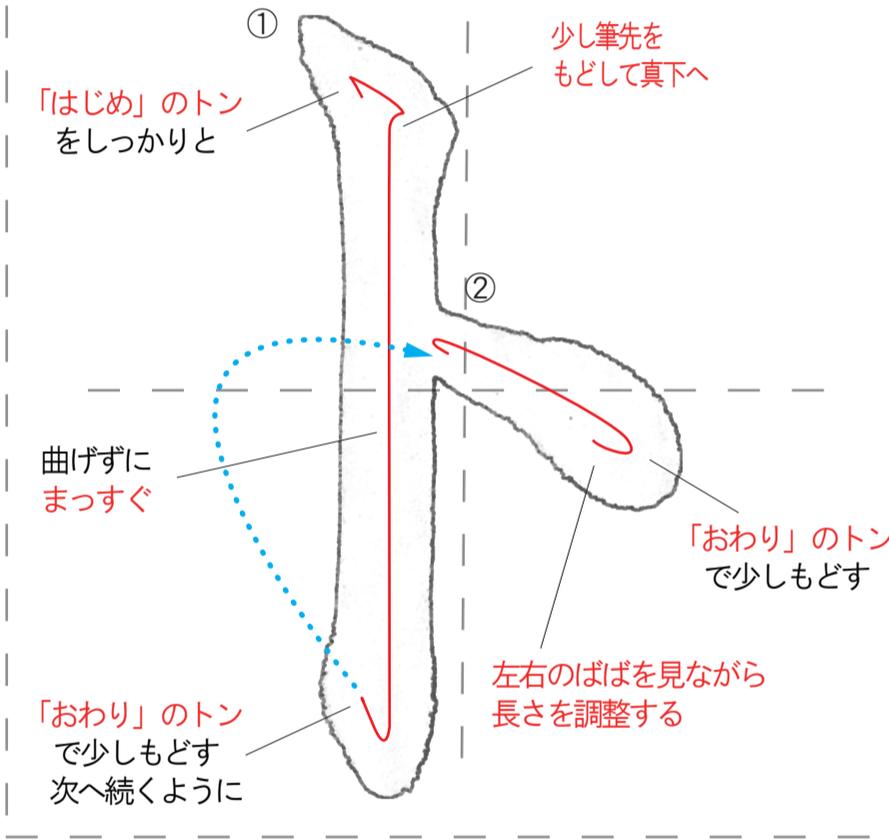
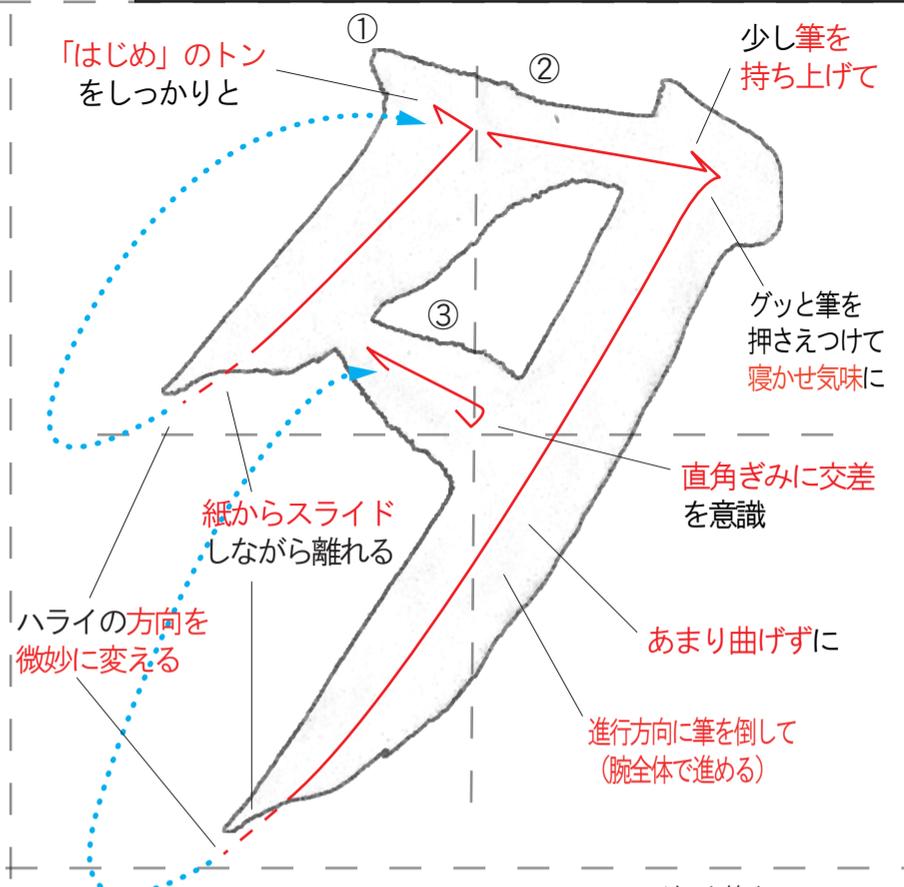
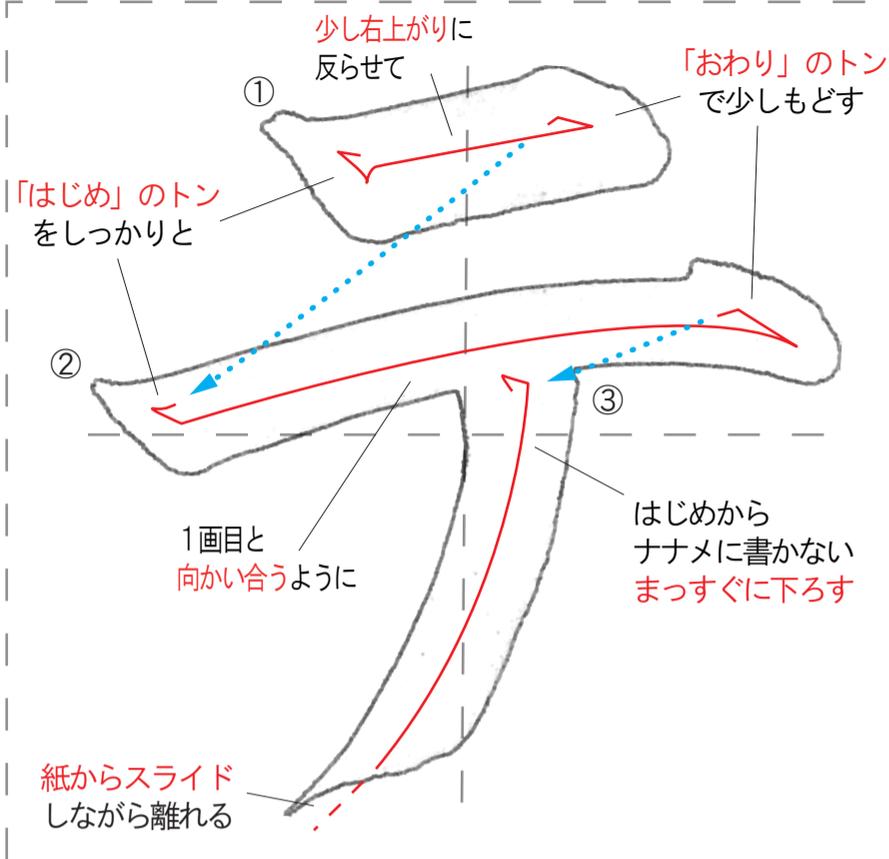
QRコードを読み込んで動画にて動きを学習下さい。



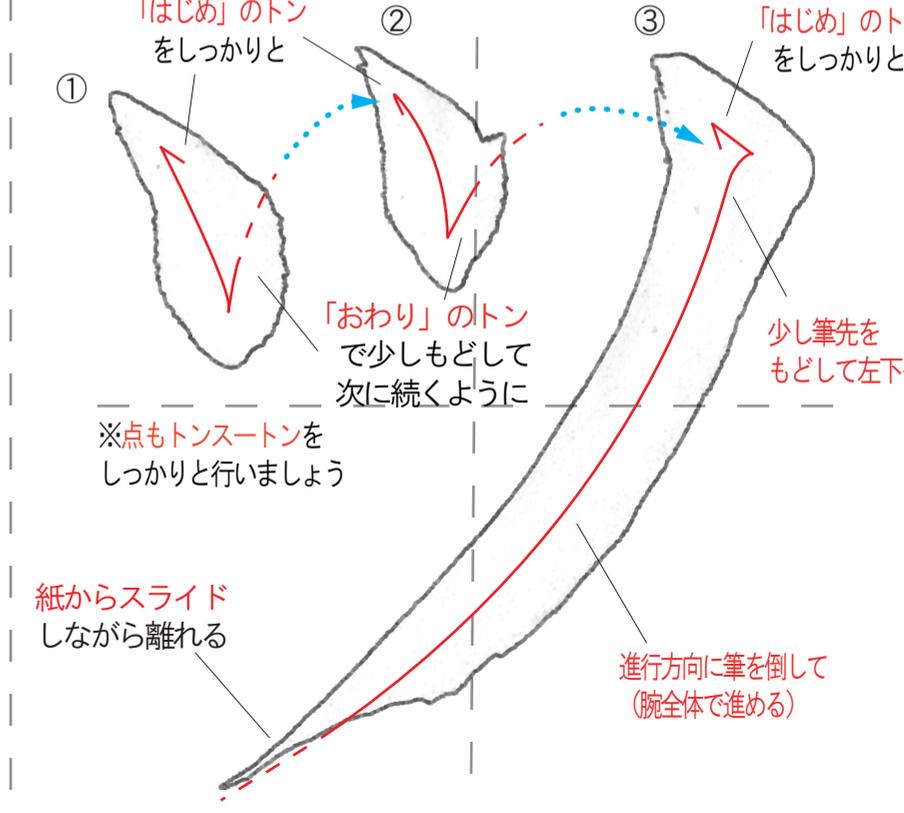
④ 夕行 (夕・チ・ツ・テ・ト)



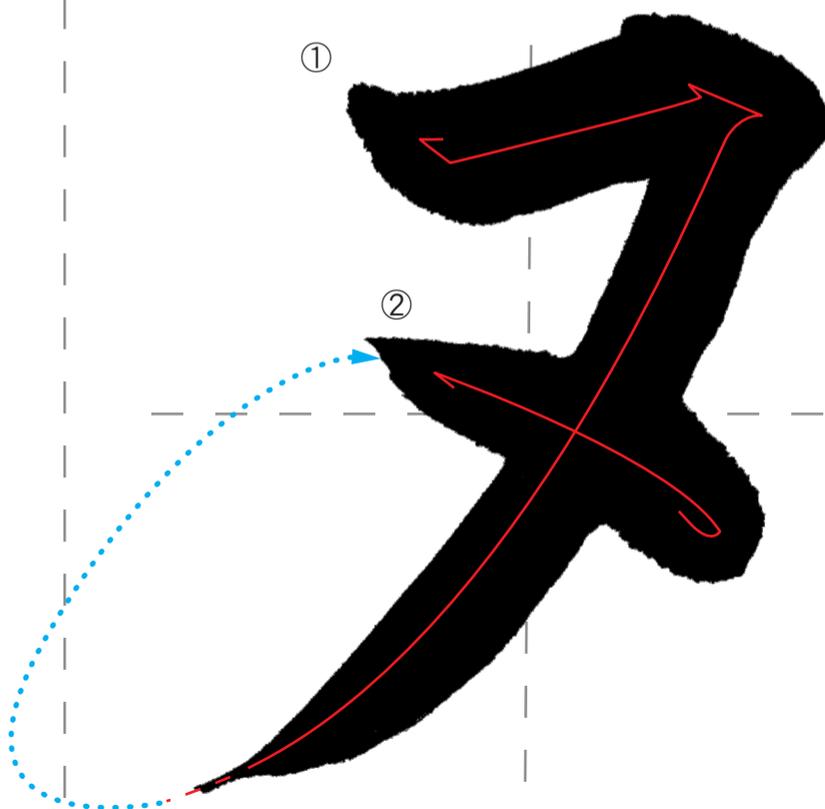
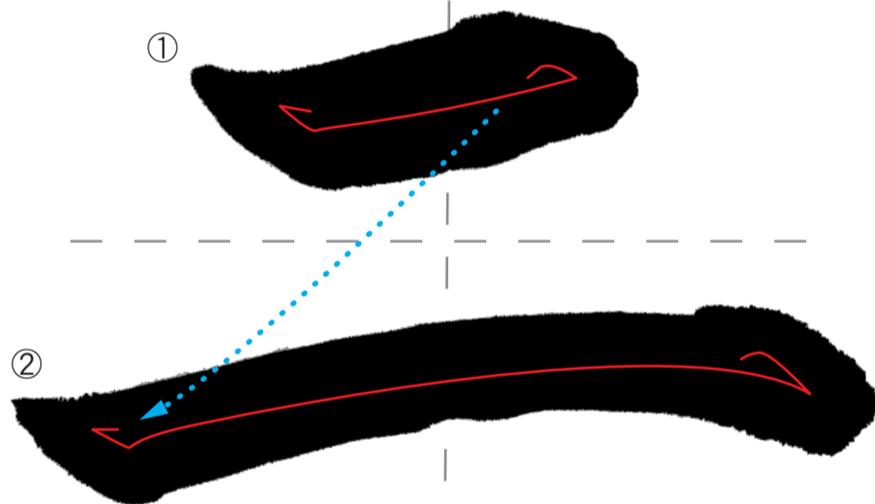
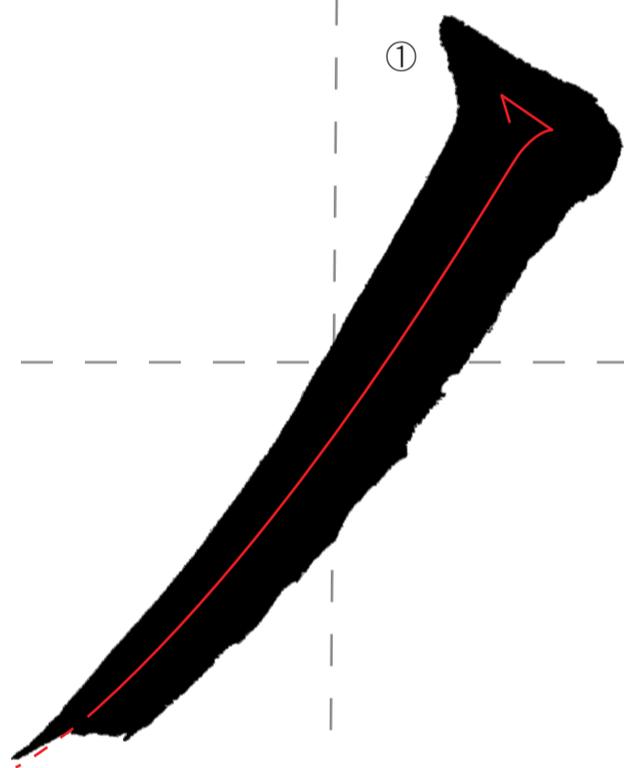
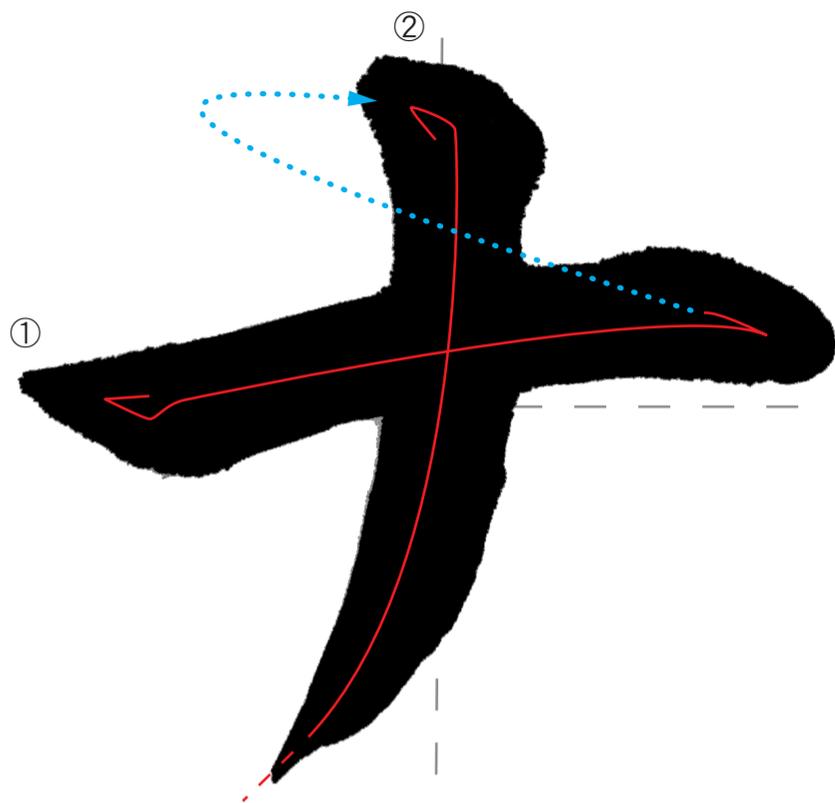
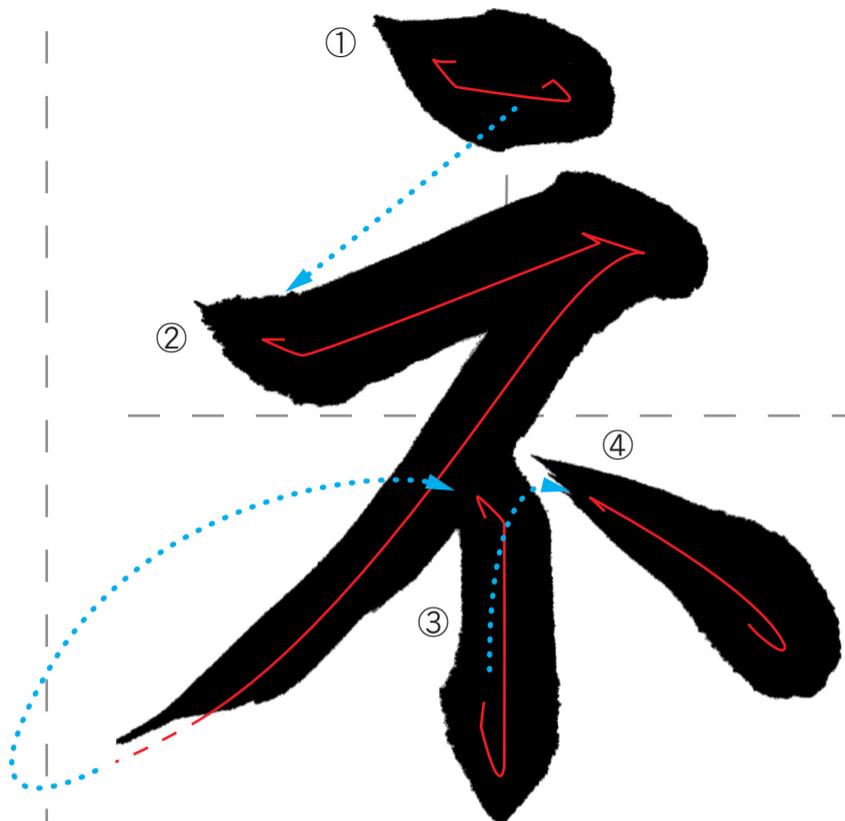
# ④ 夕行 (夕・チ・ツ・テ・ト)



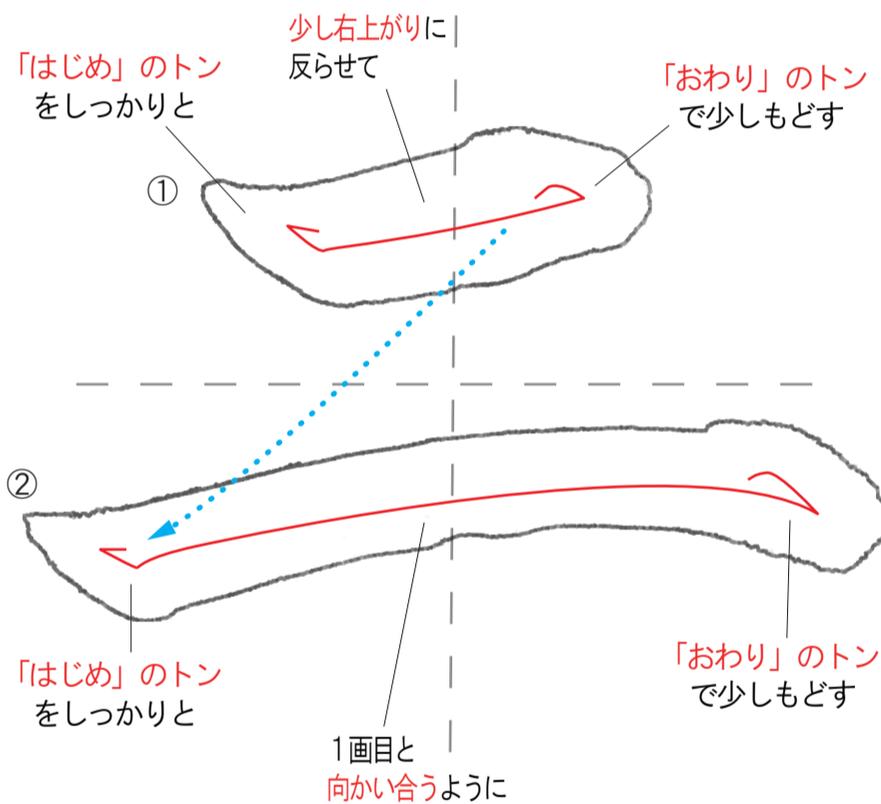
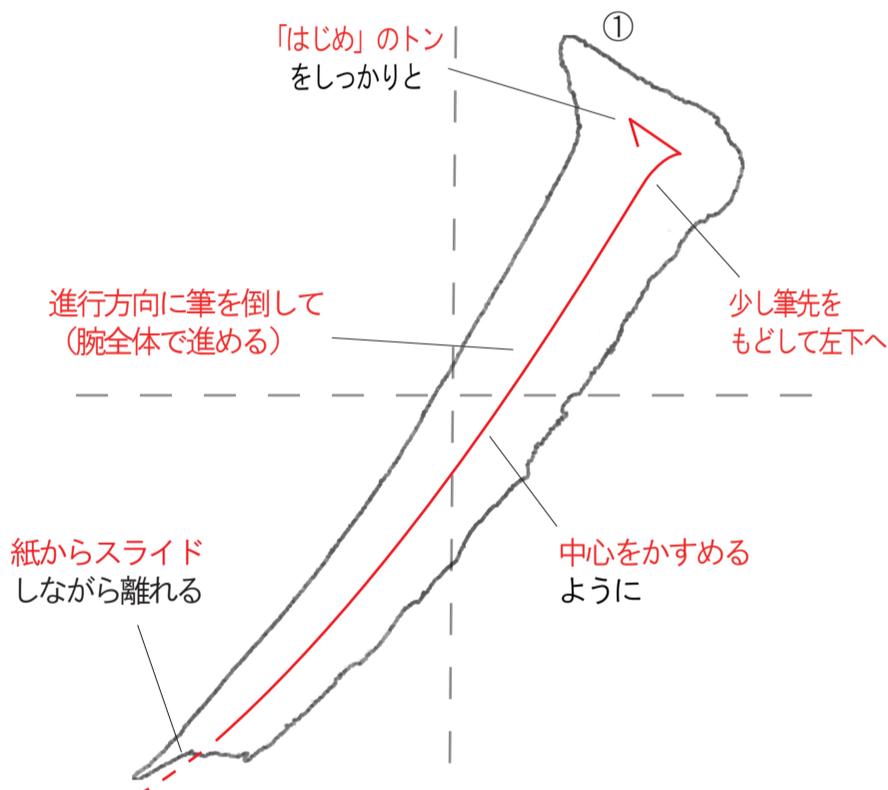
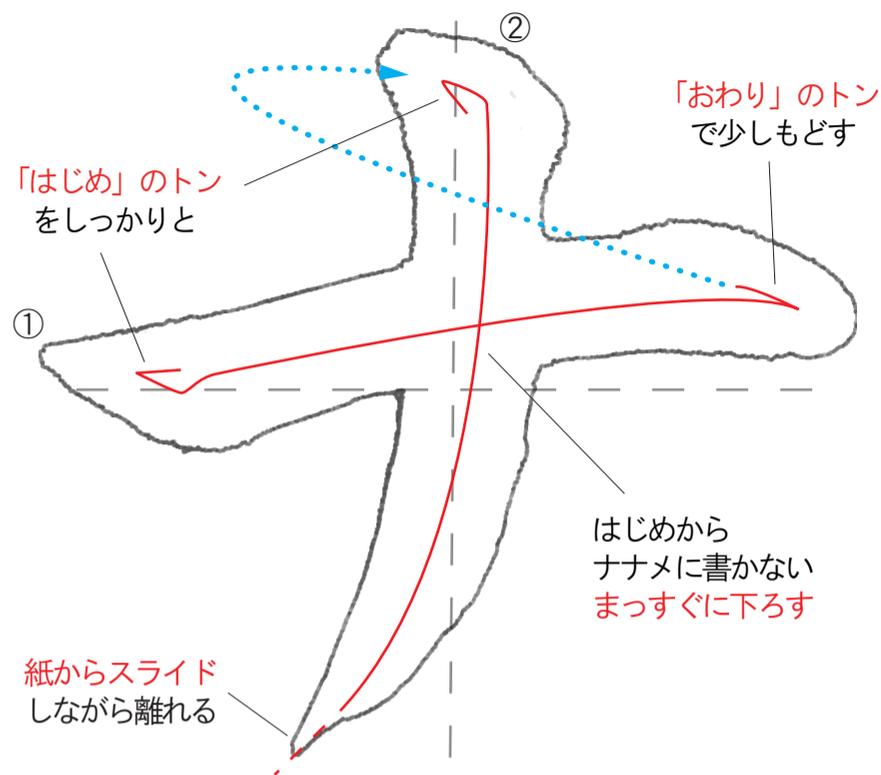
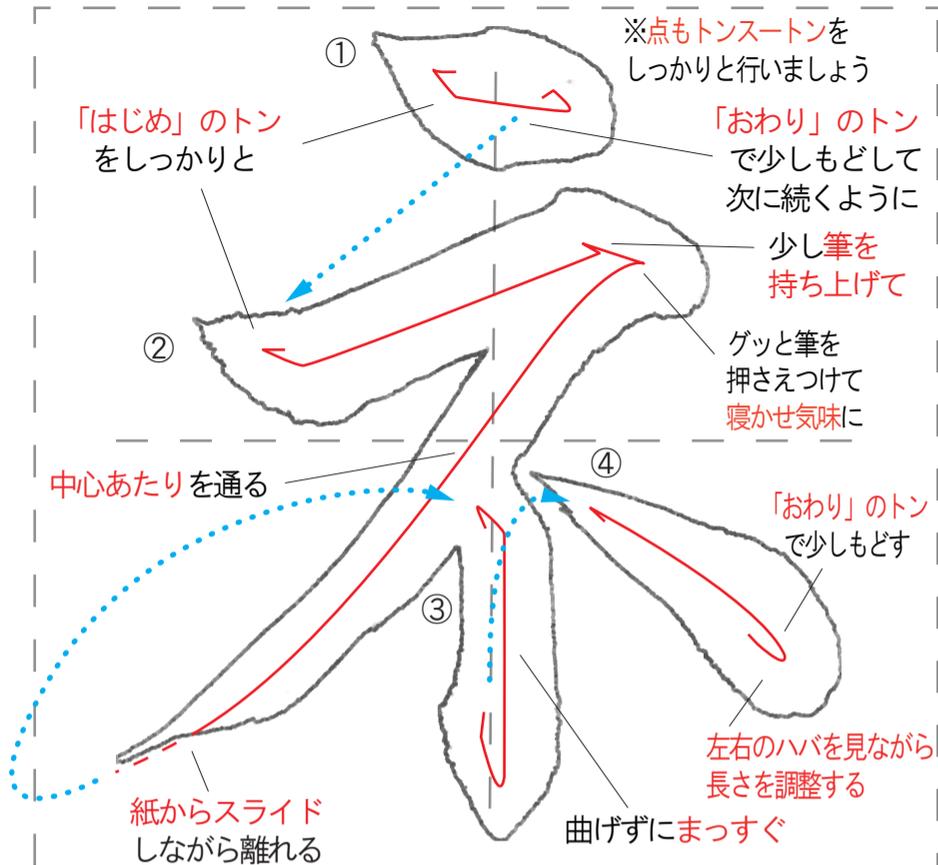
QRコードを読み込んで動画にて動きを学習しよう。



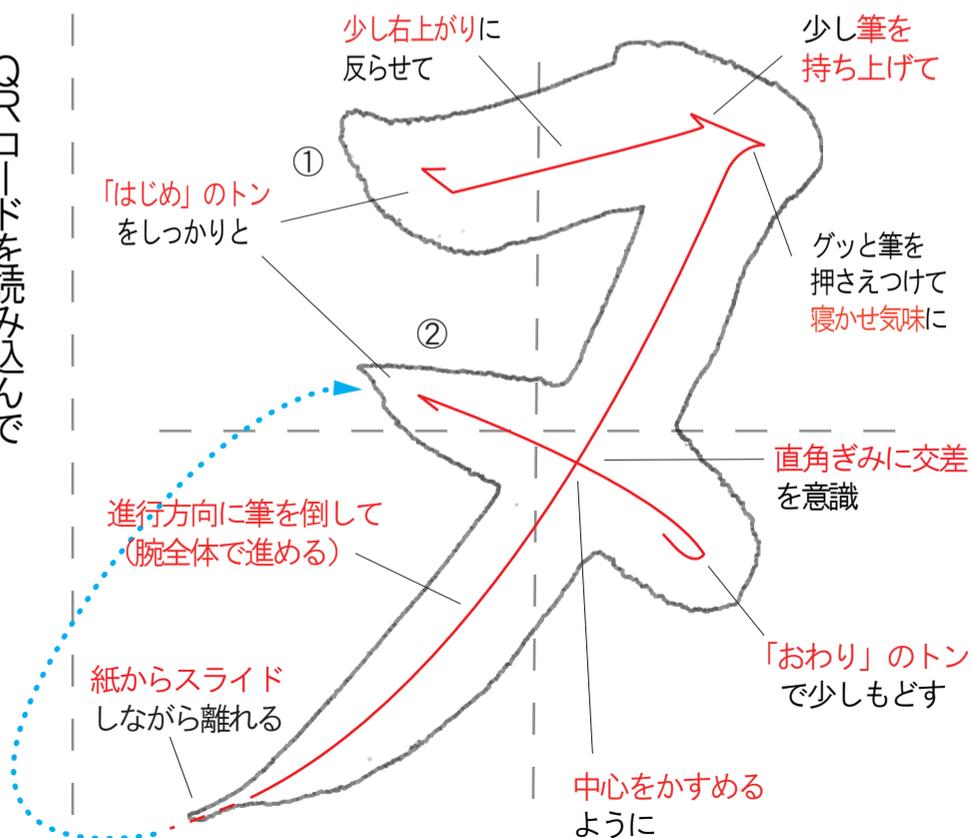
⑤ナ行 (ナ・ニ・ヌ・ネ・ノ)



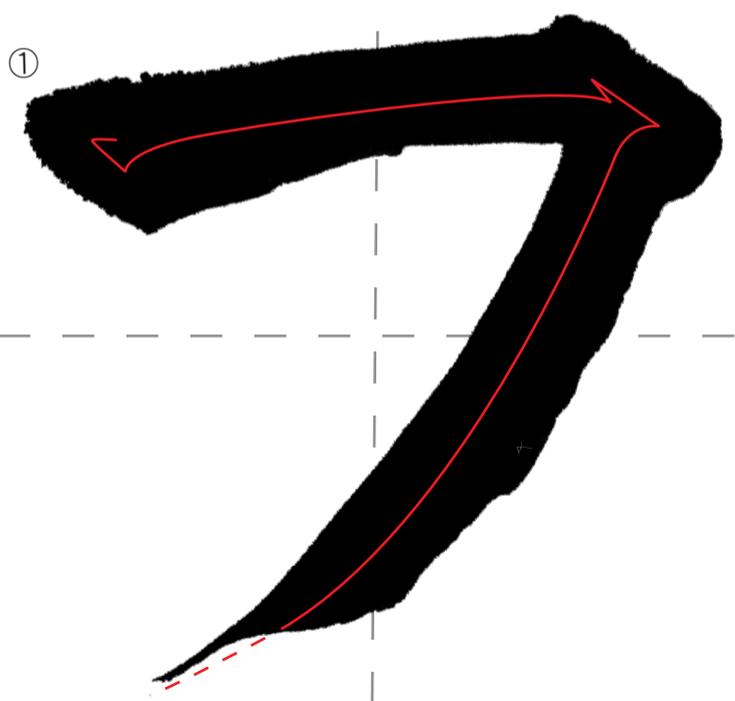
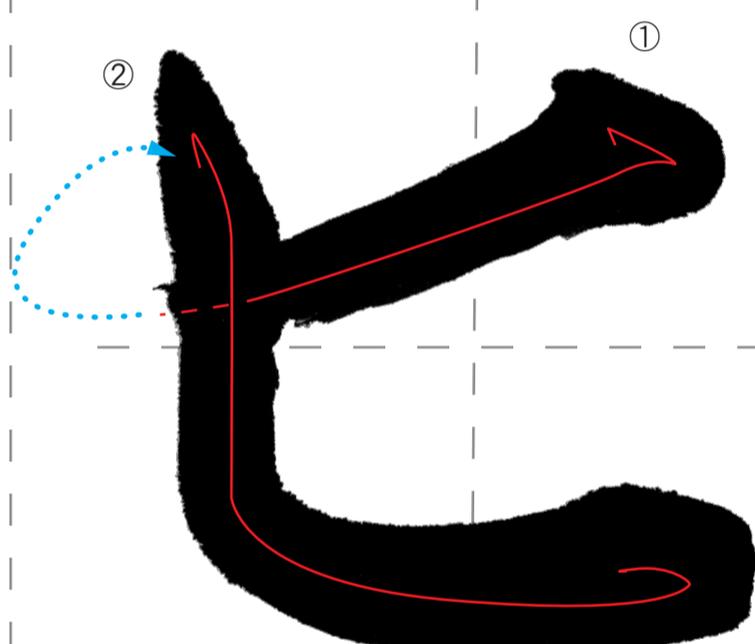
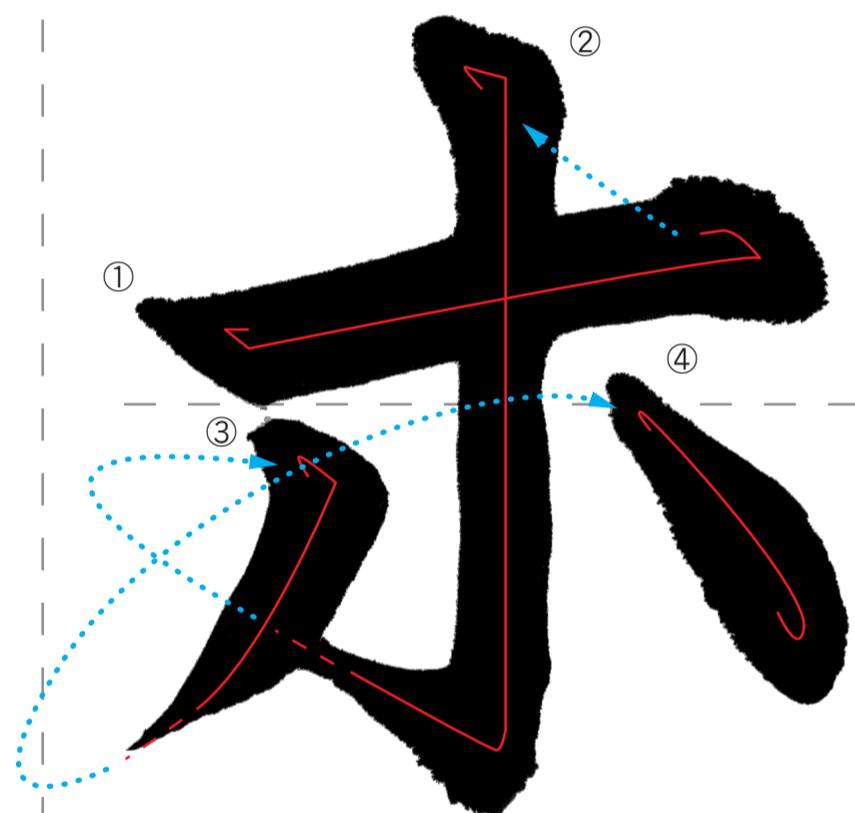
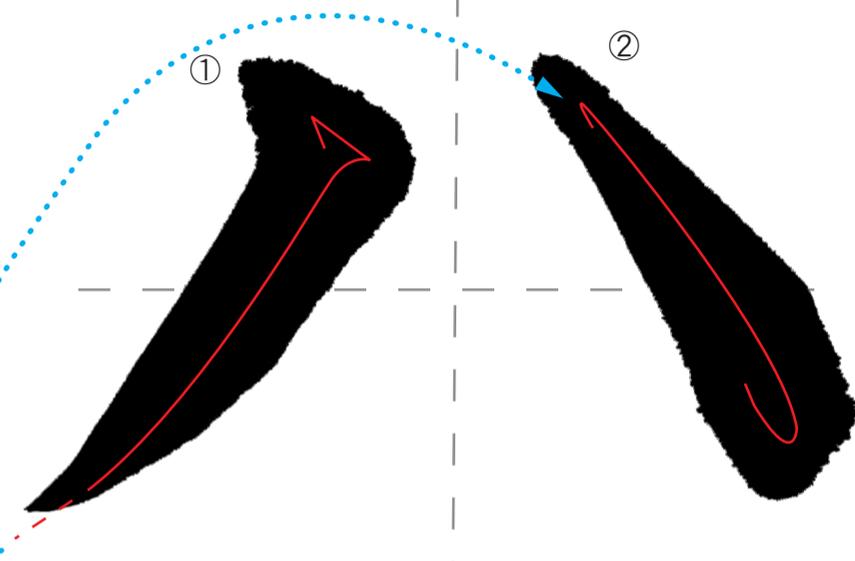
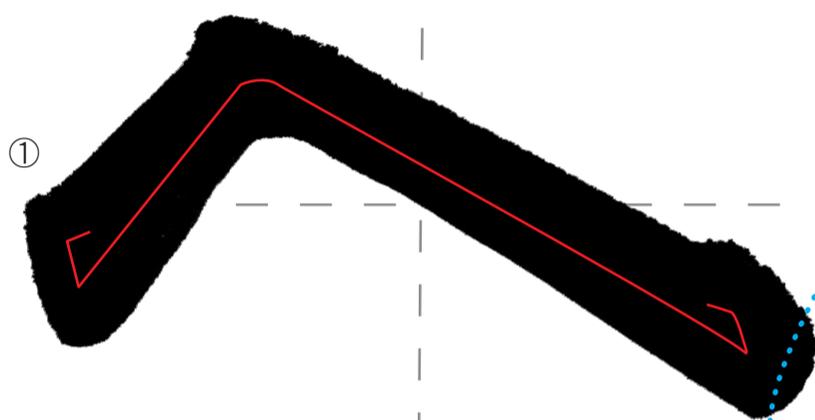
# ⑤ ナ行 (ナ・ニ・ヌ・ネ・ノ)



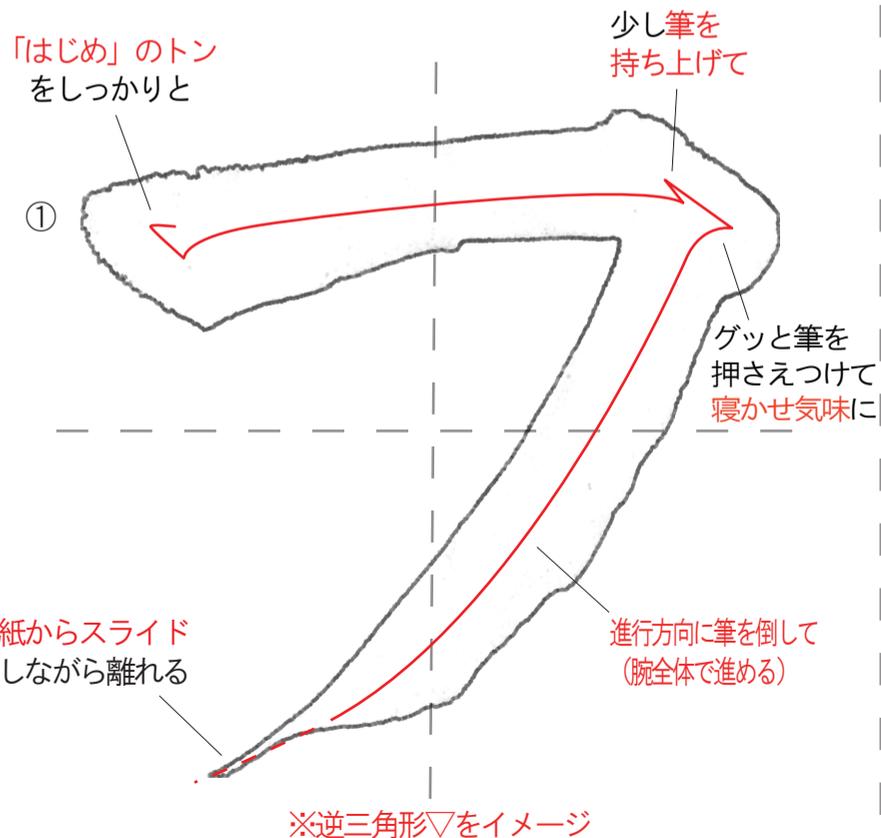
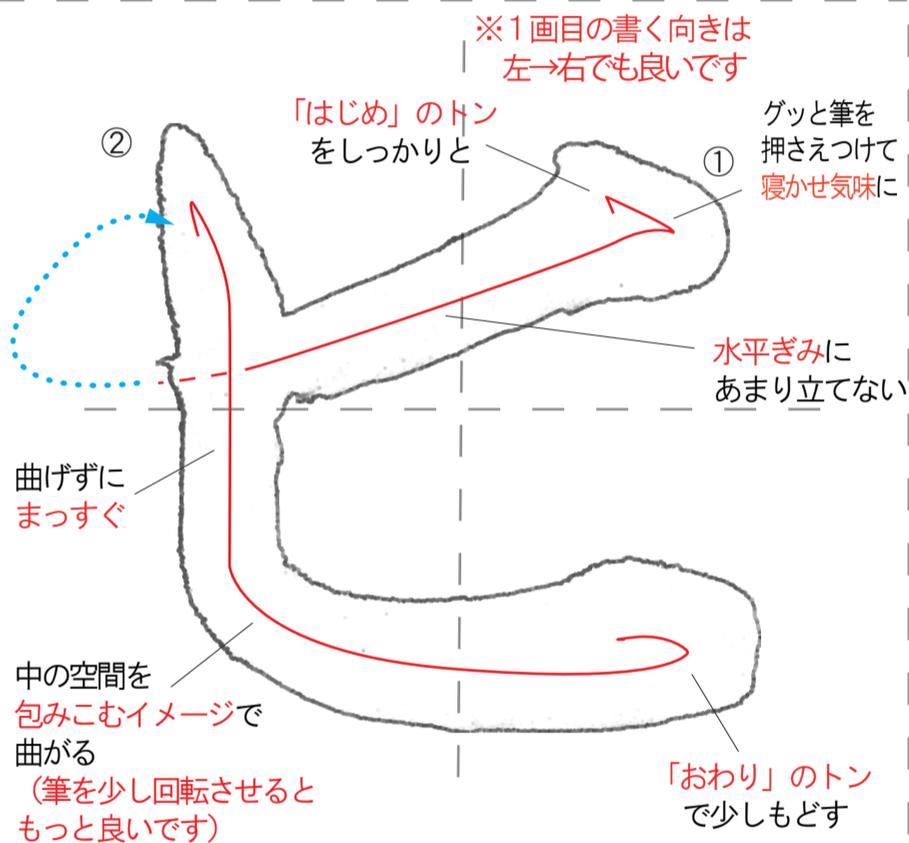
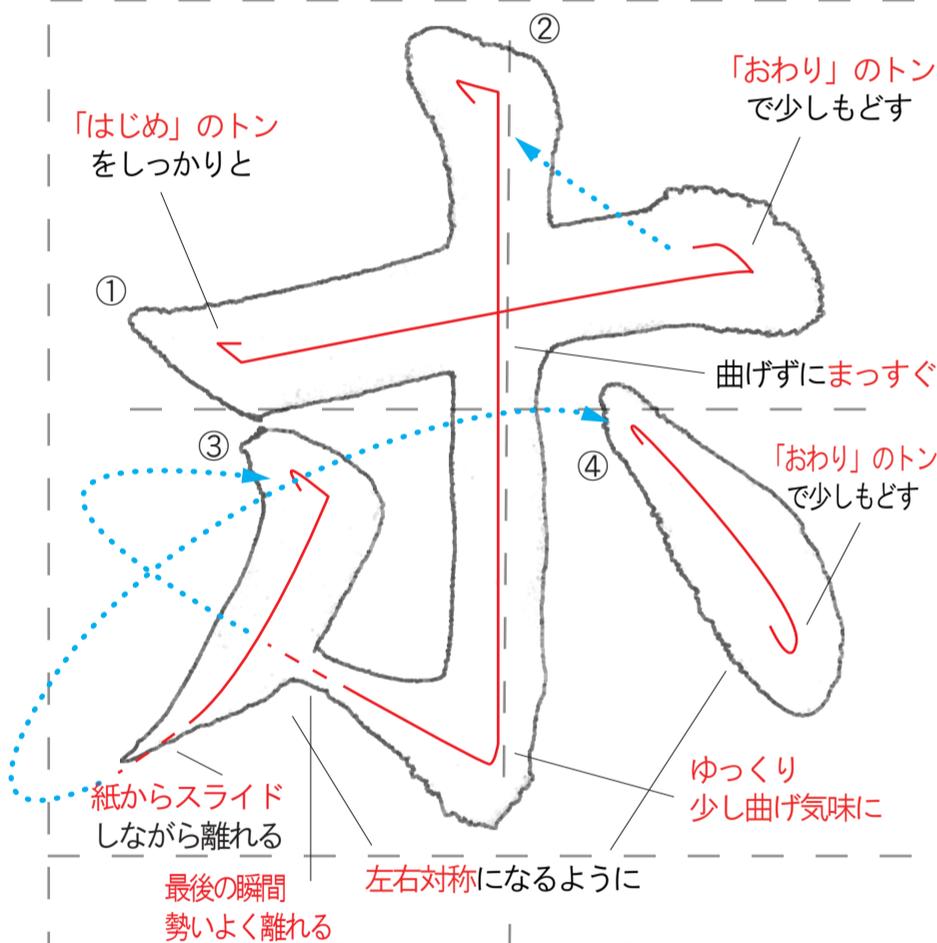
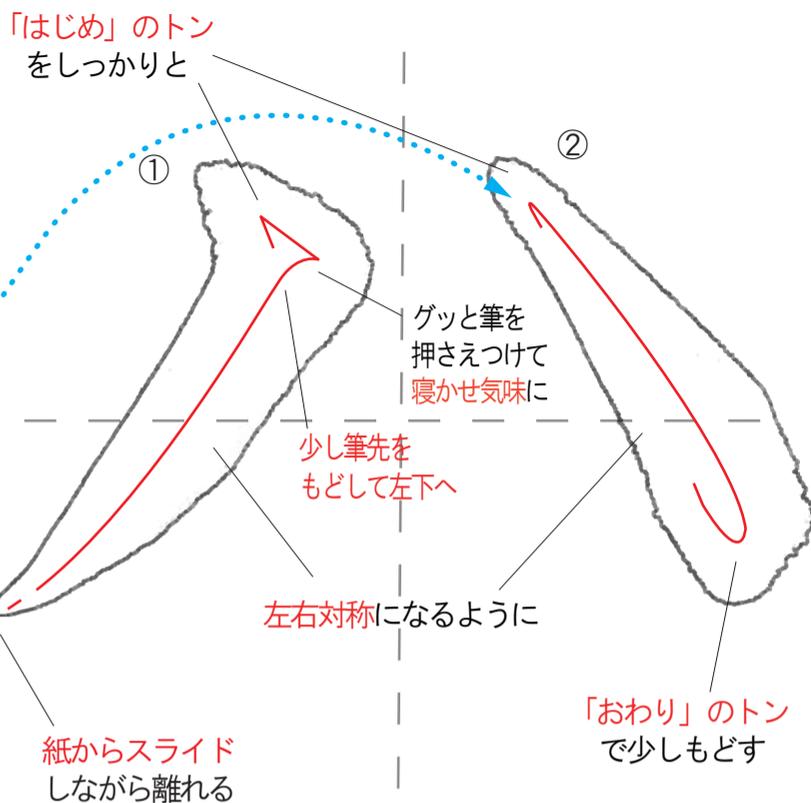
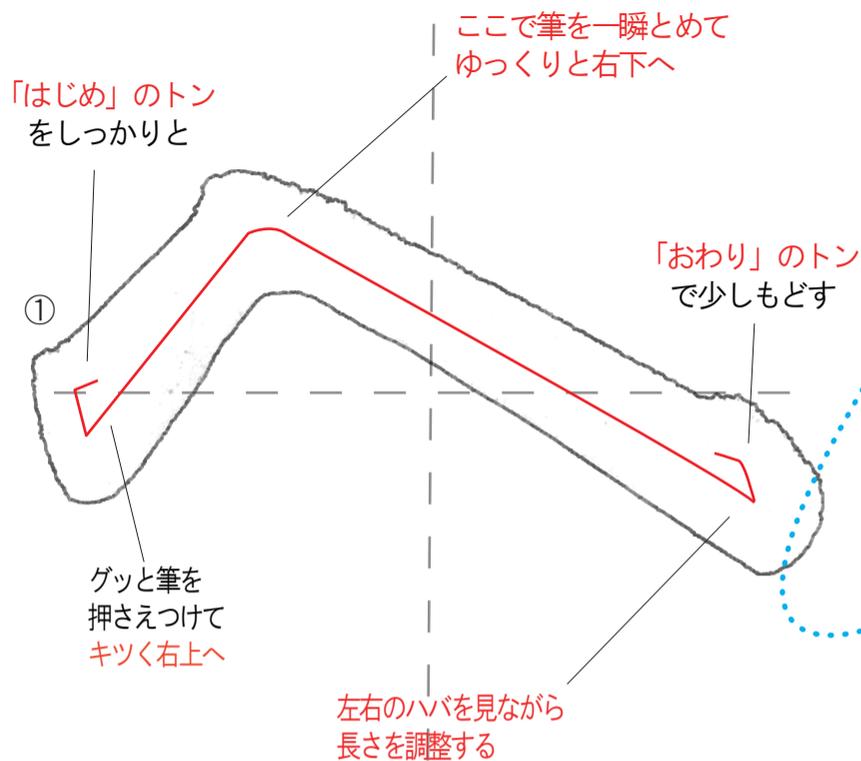
QRコードを読み込んで動画にて動きを学習下さい。



⑥ハ行 (ハ・ヒ・フ・ヘ・ホ)

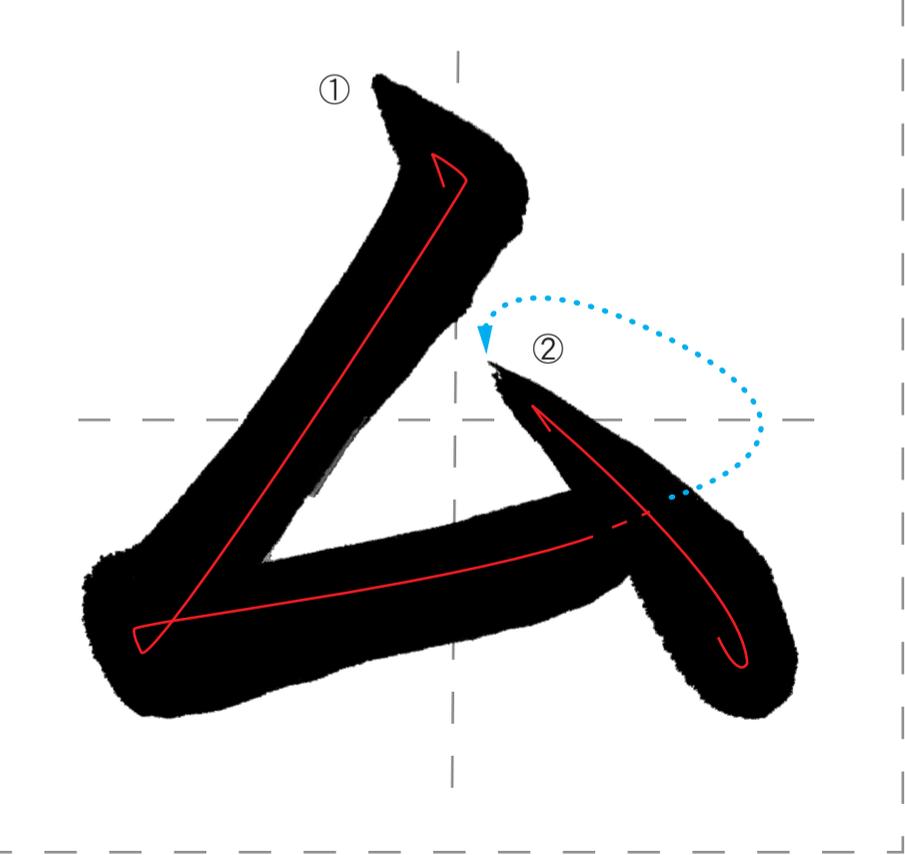
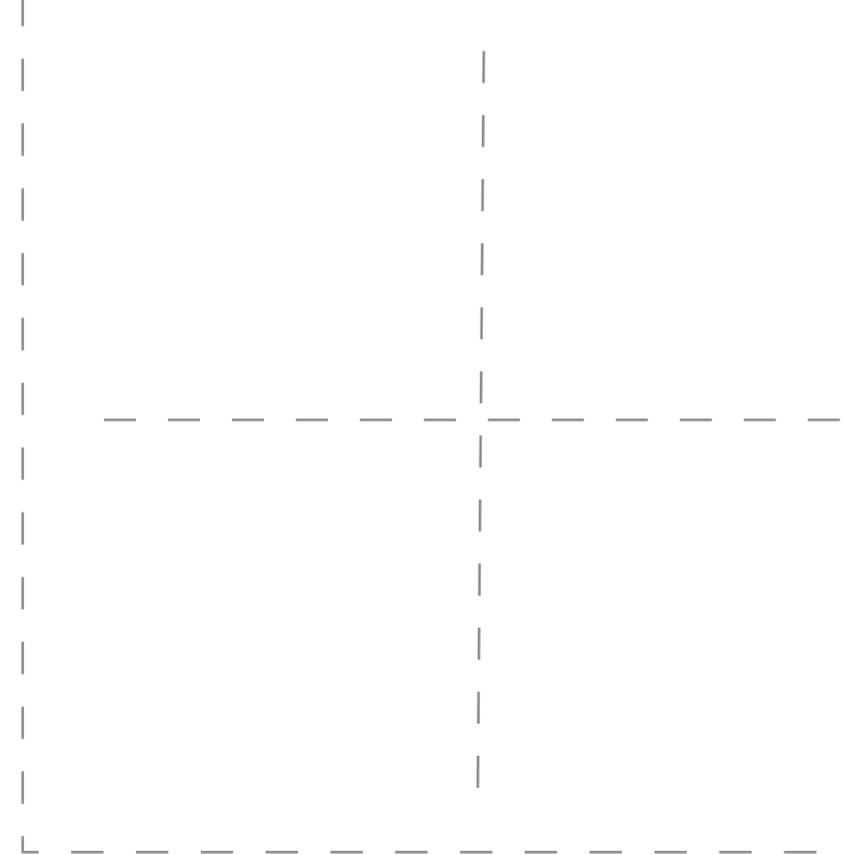
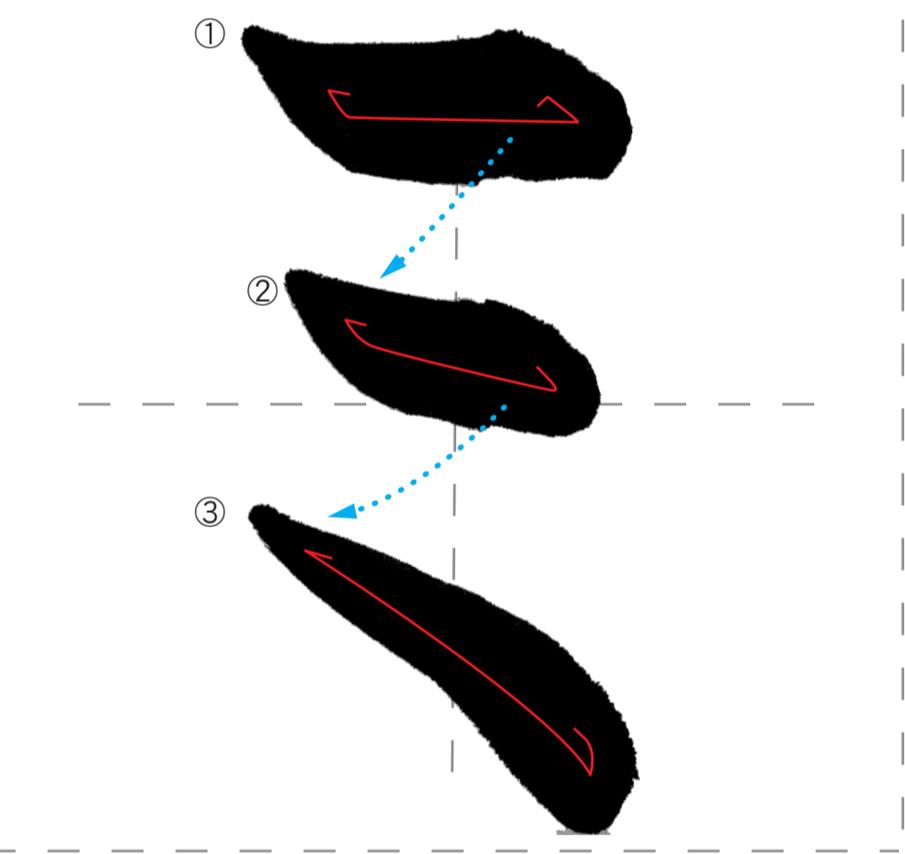
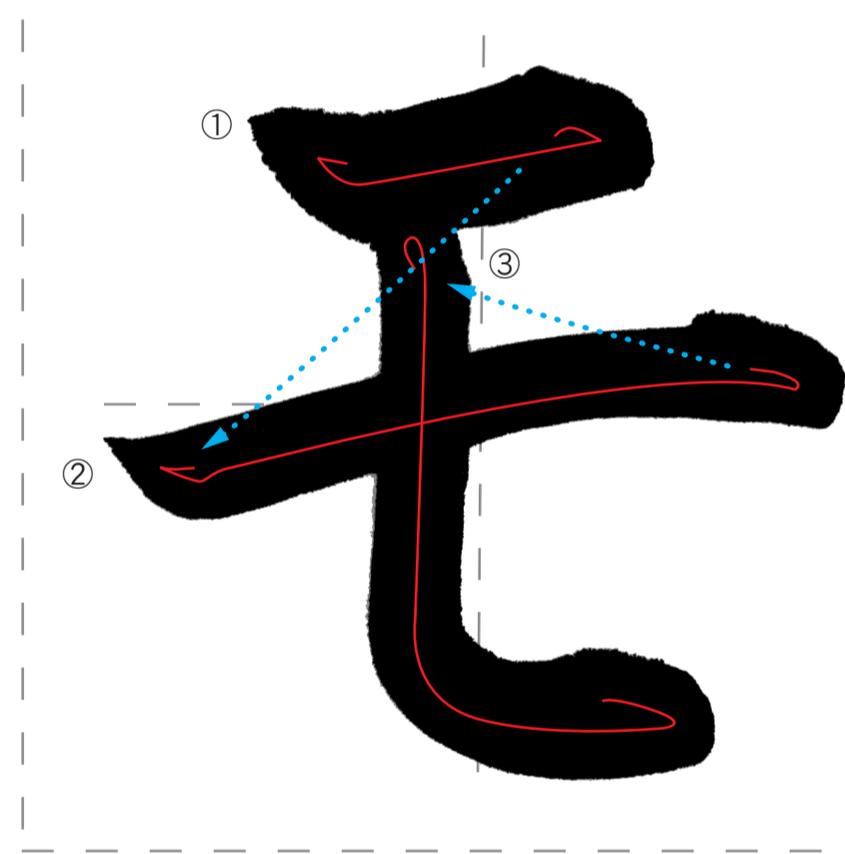
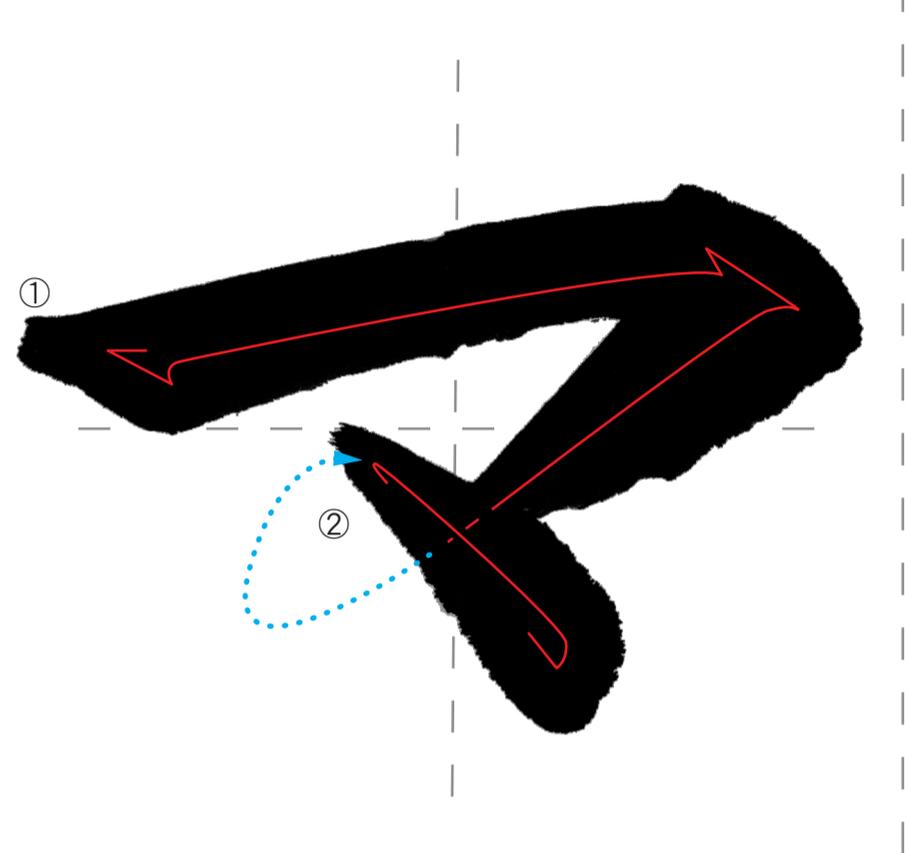
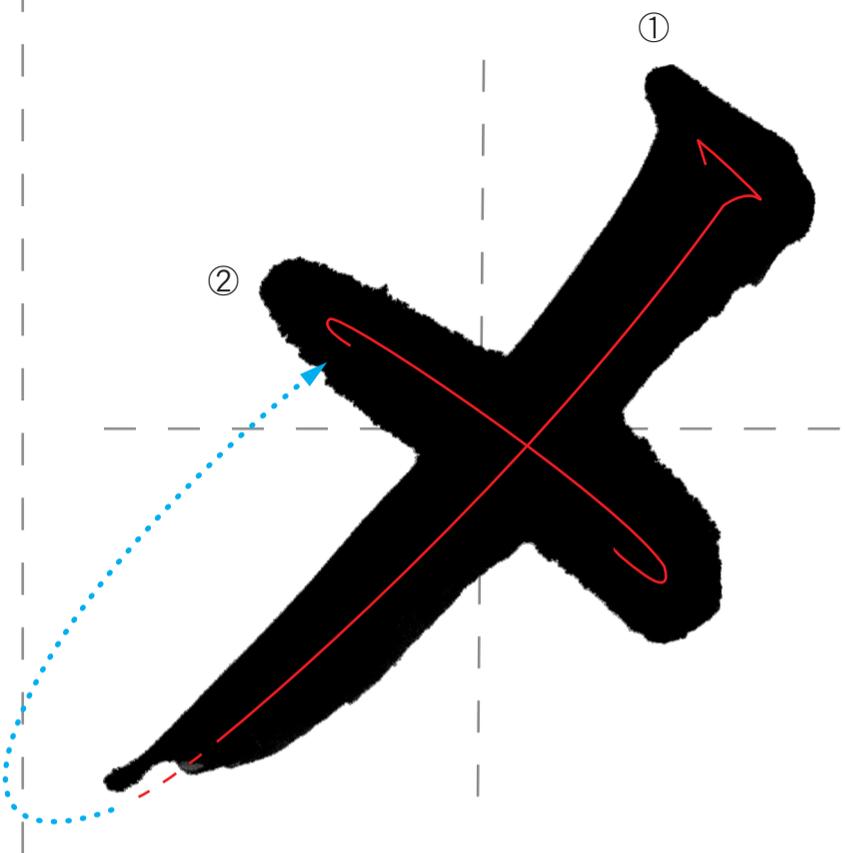


# ⑥ハ行 (ハ・ヒ・フ・ヘ・ホ)

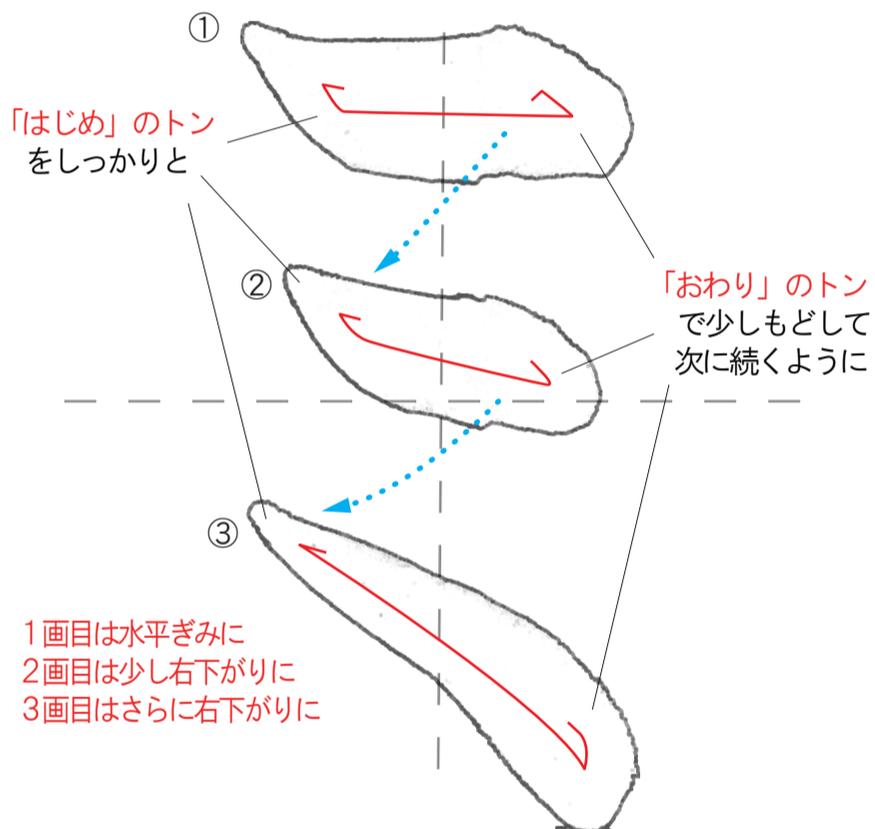
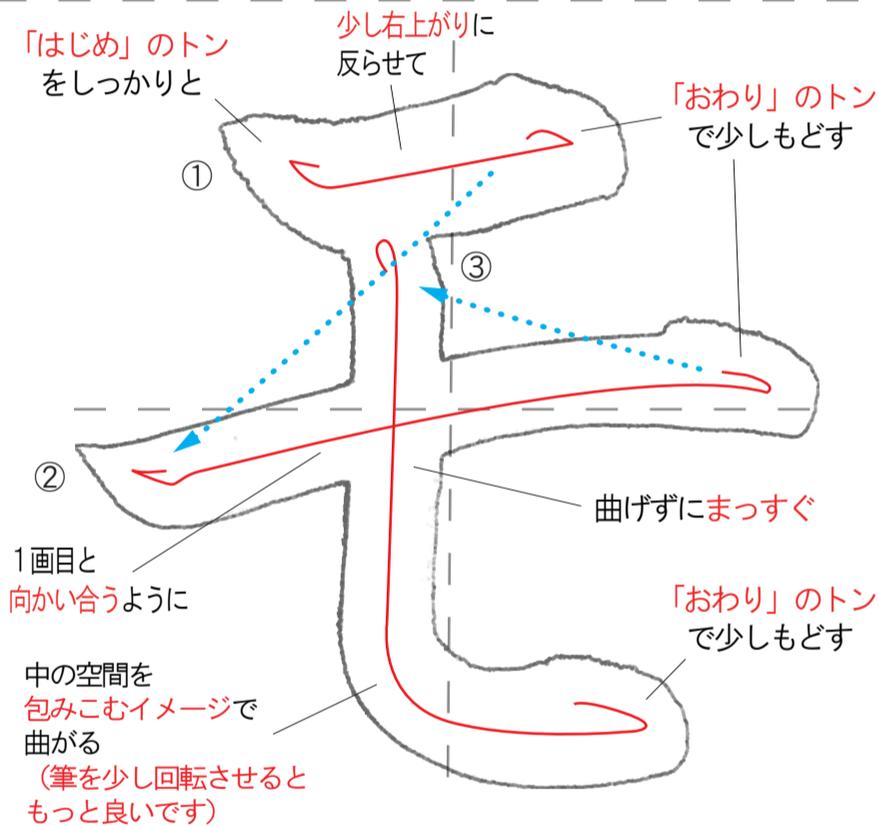
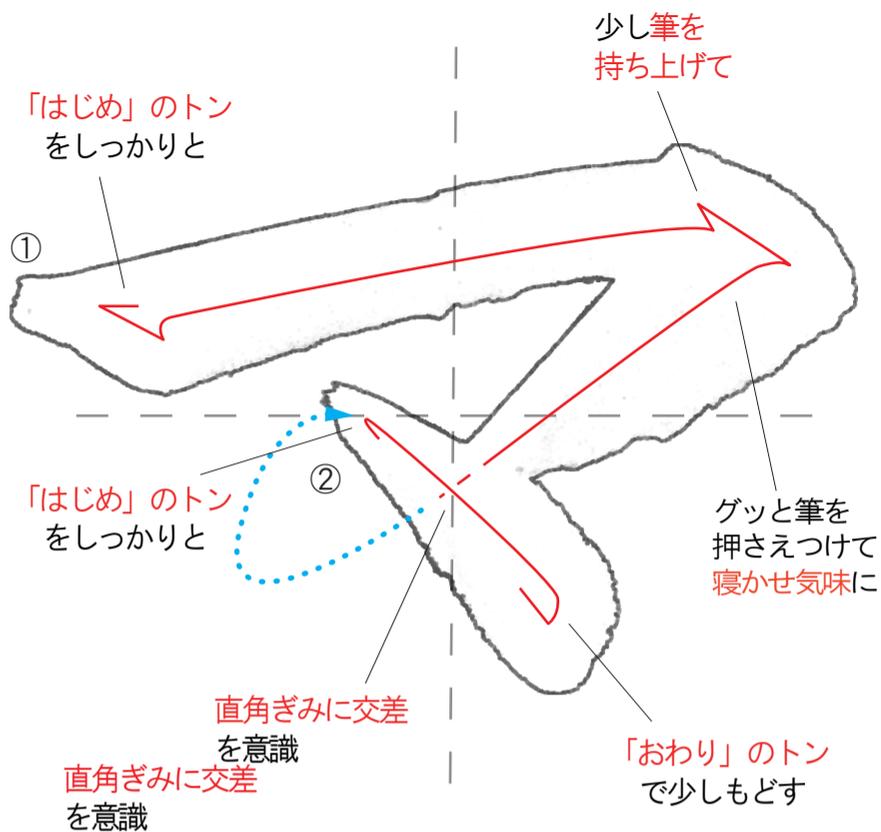
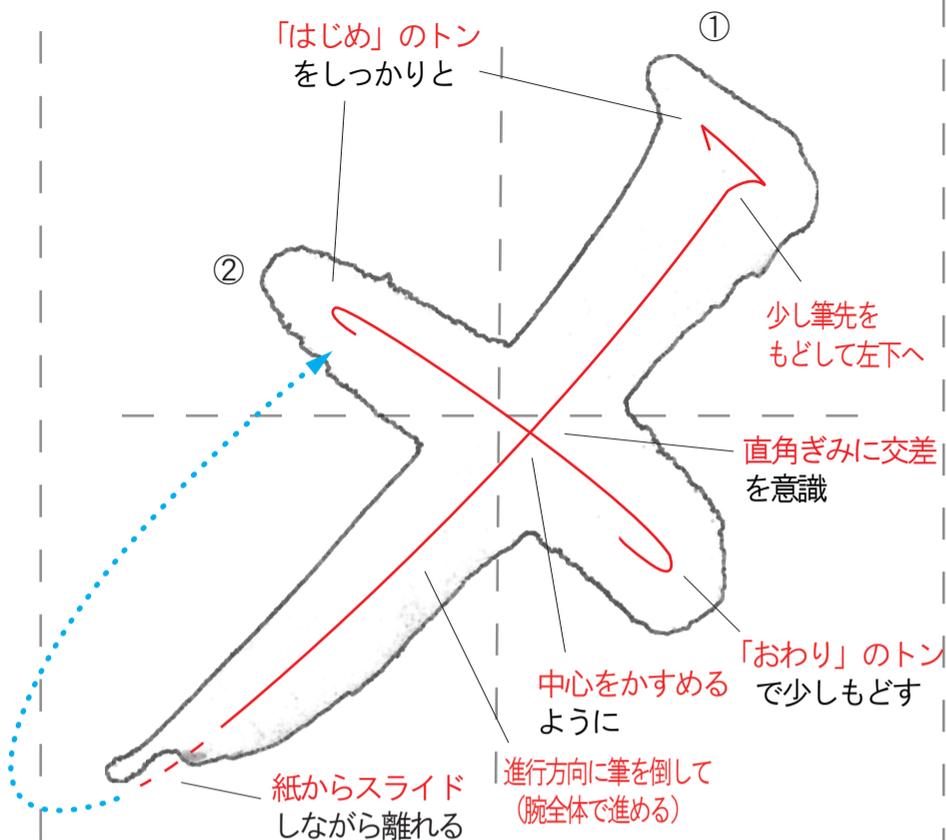


QRコードを読み込んで  
動画にて動きを学習しよう。

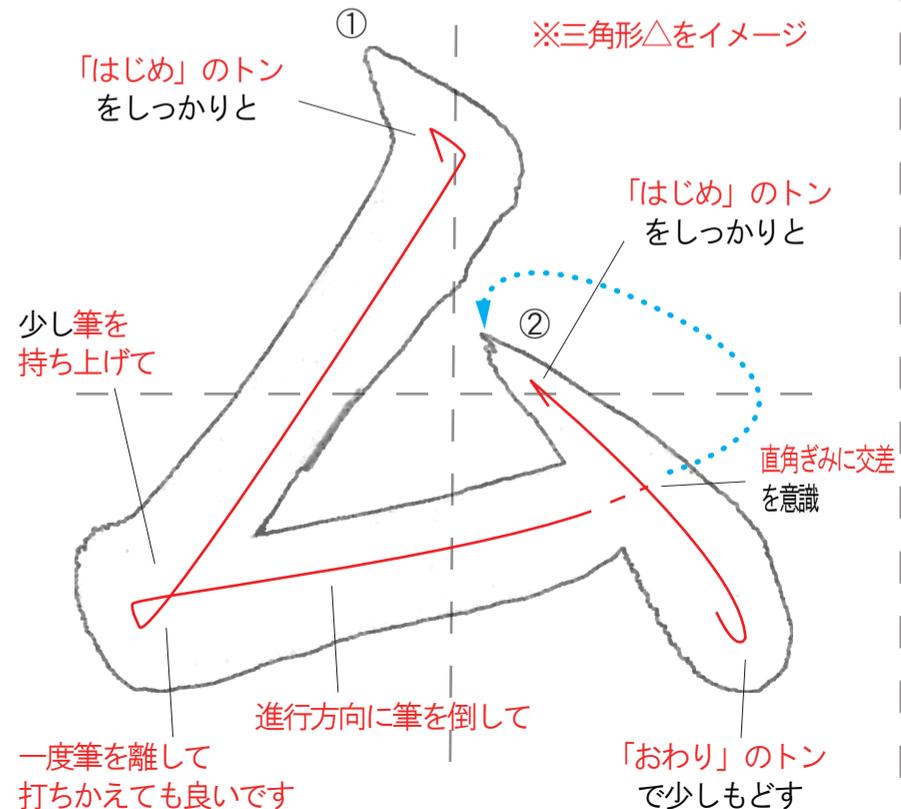
⑦マ行 (マ・ミ・ム・メ・モ)



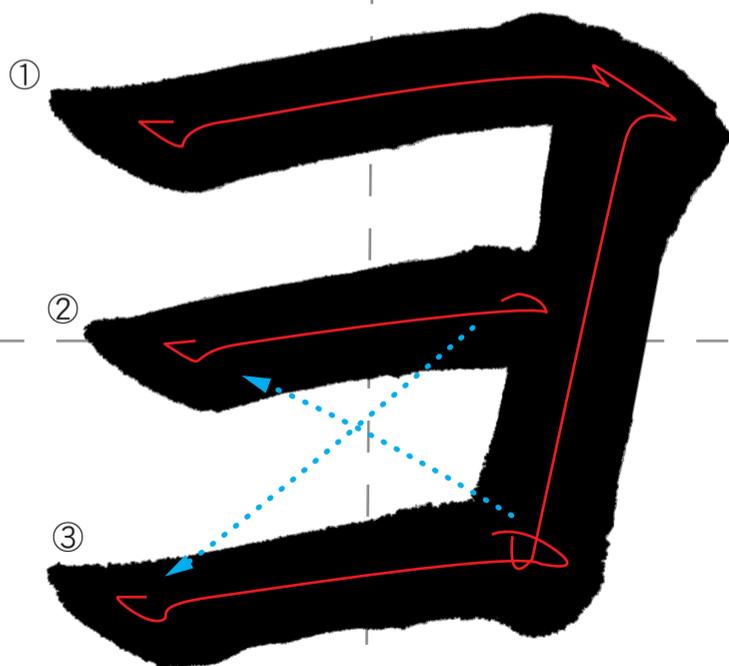
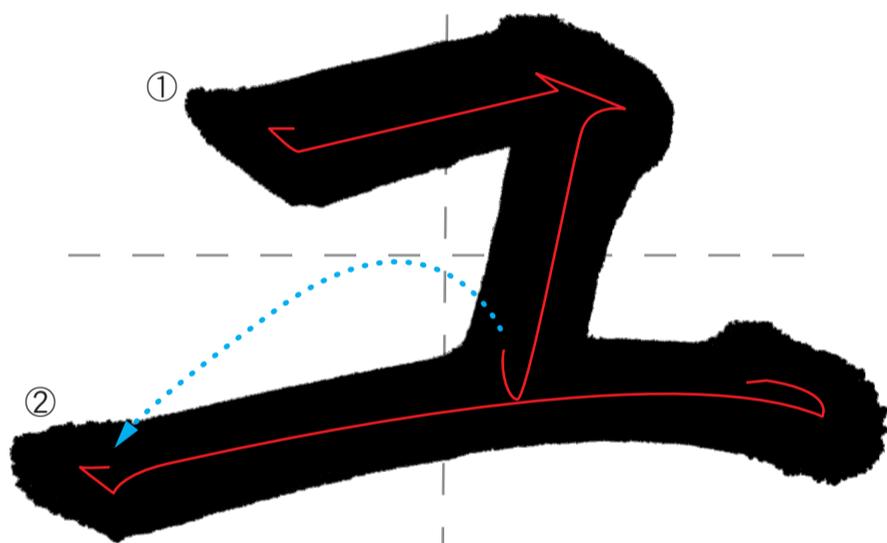
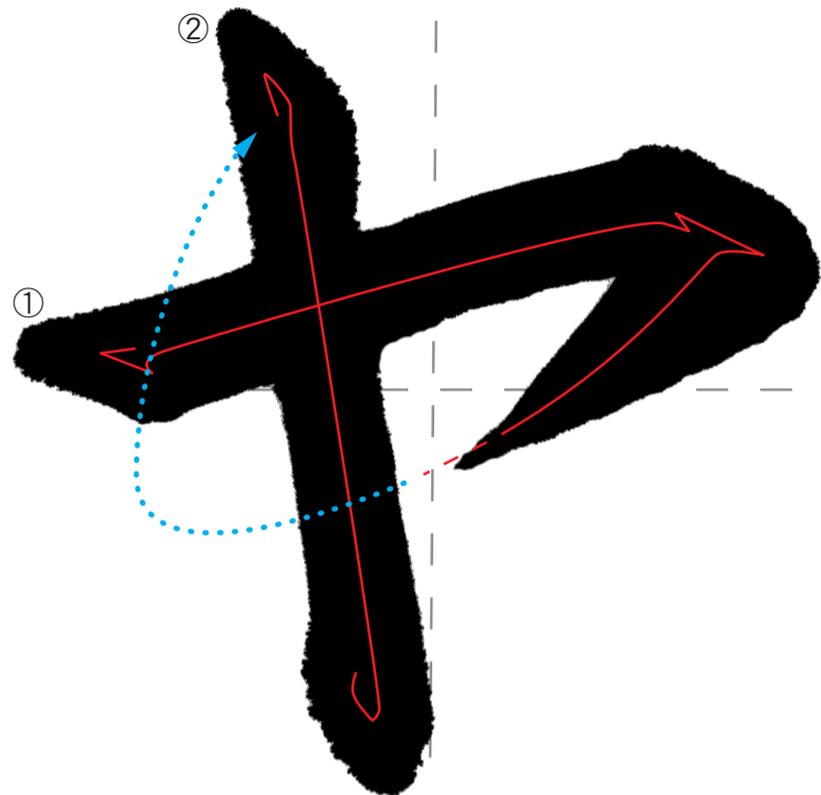
# ⑦マ行 (マ・ミ・ム・メ・モ)



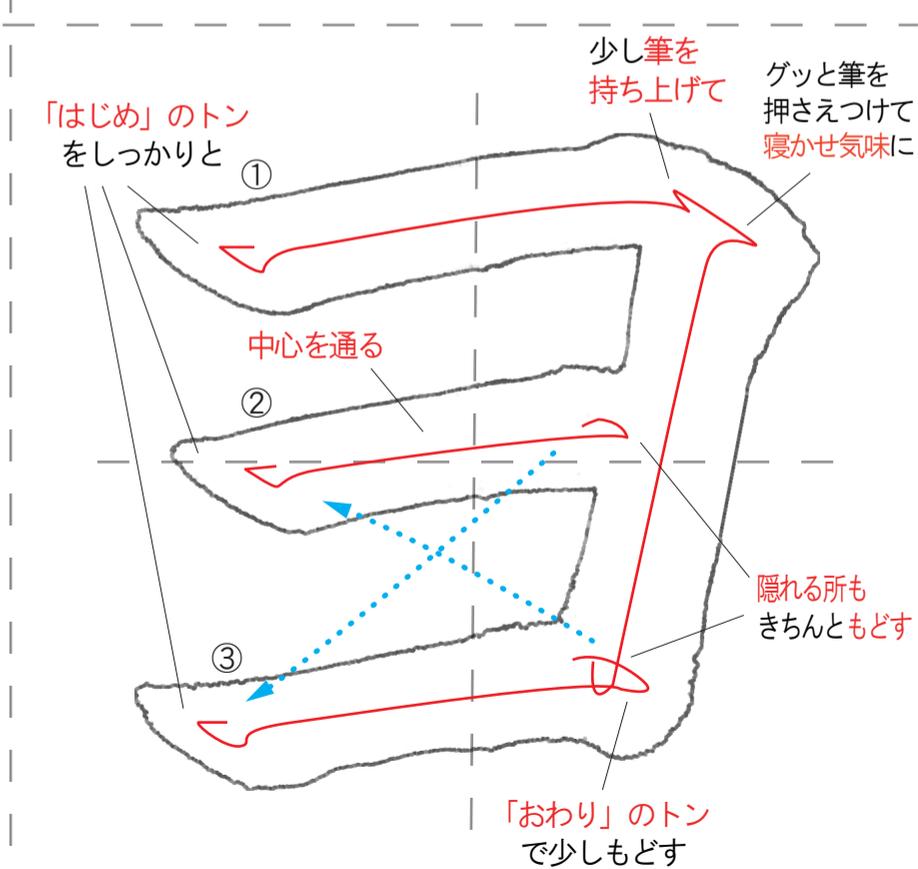
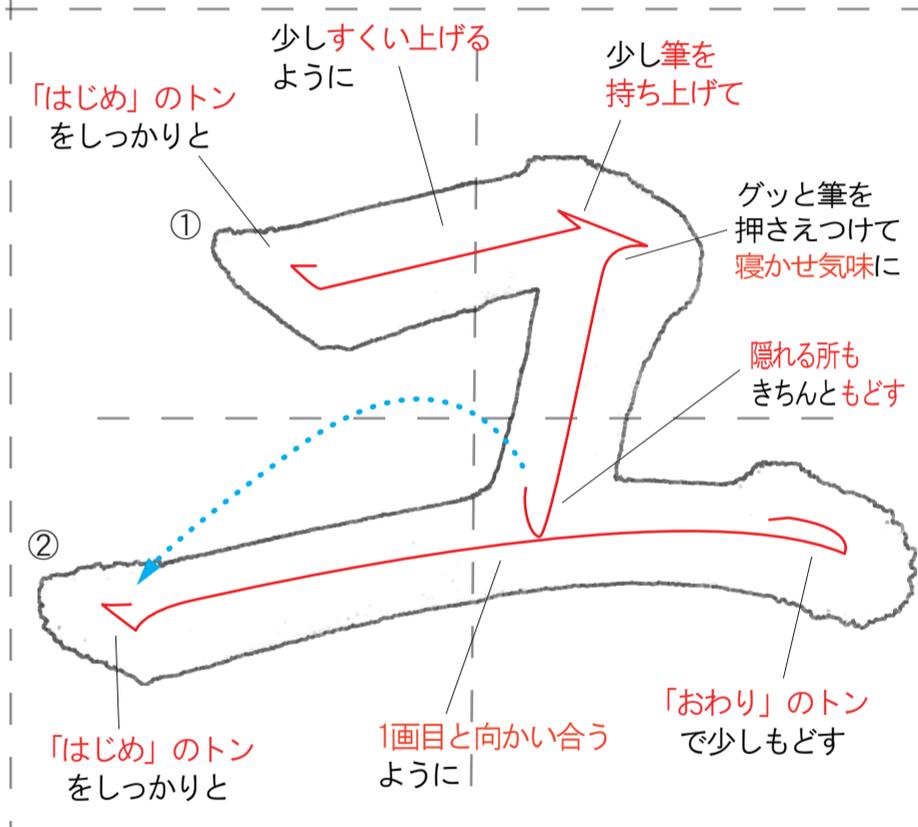
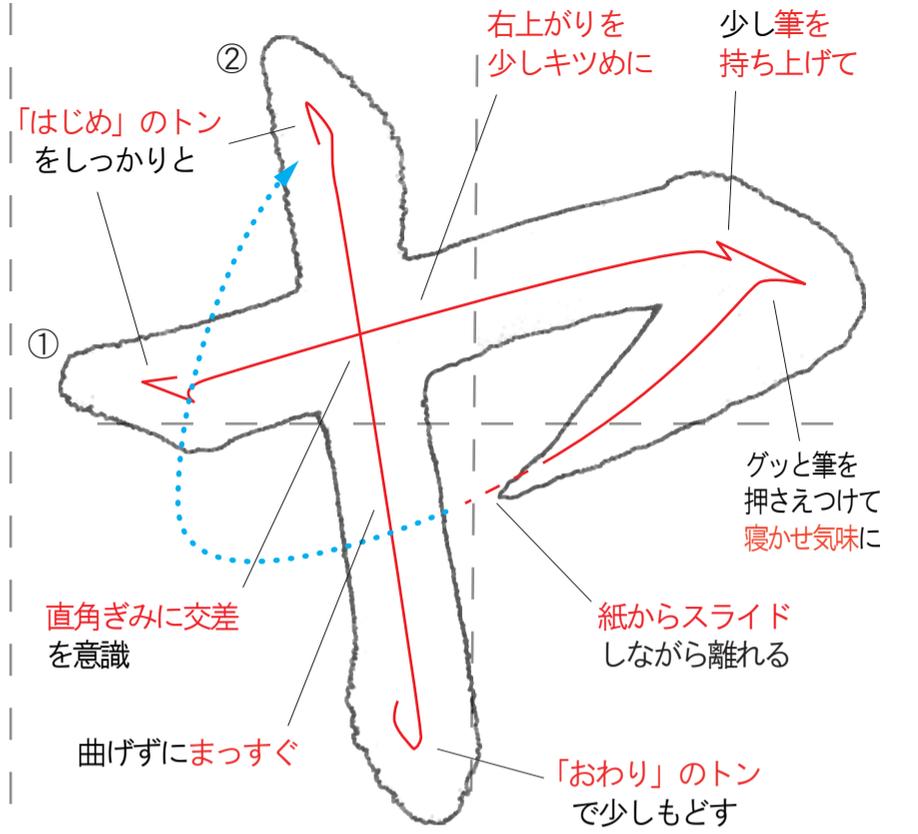
QRコードを読み込んで動画にて動きを学習しましょう。



⑧ヤ行 (ヤ・ユ・ヨ)



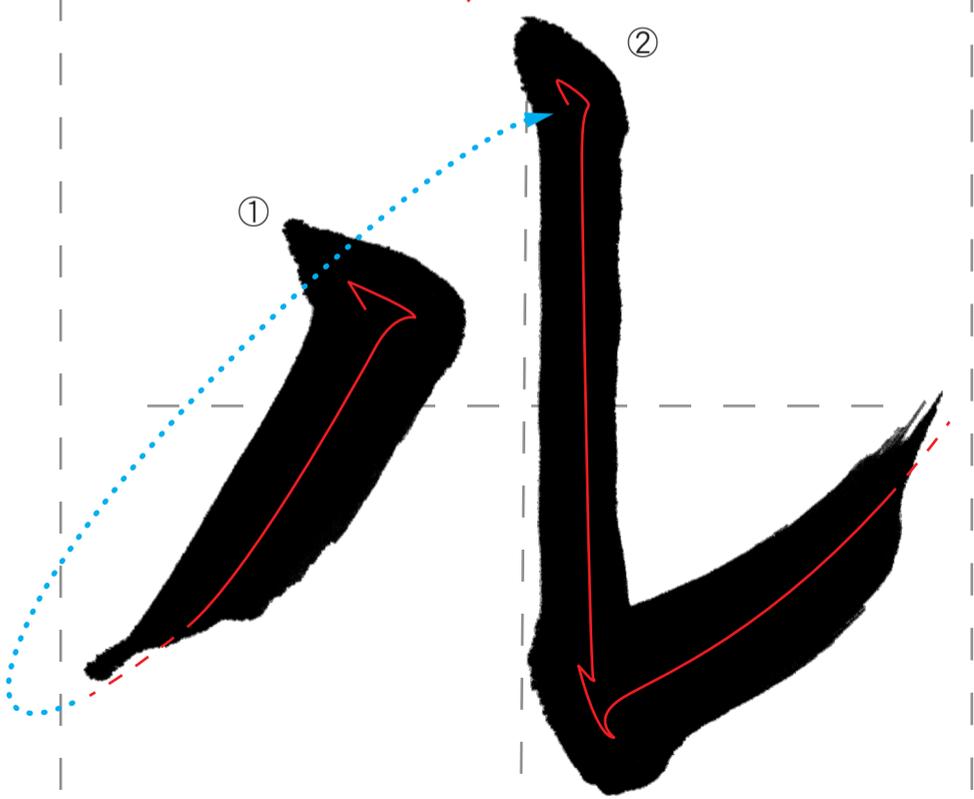
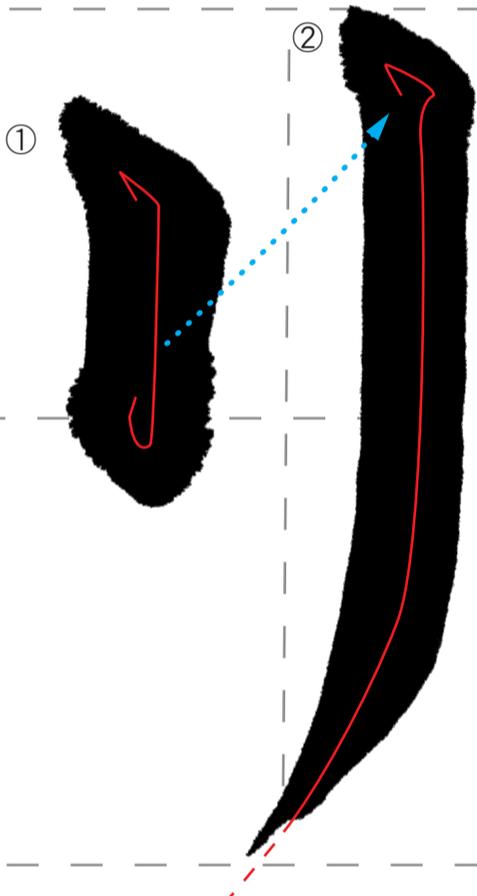
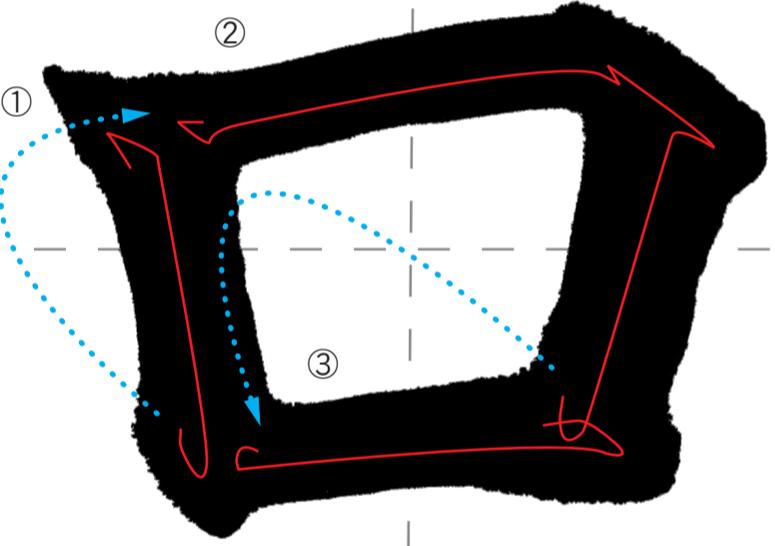
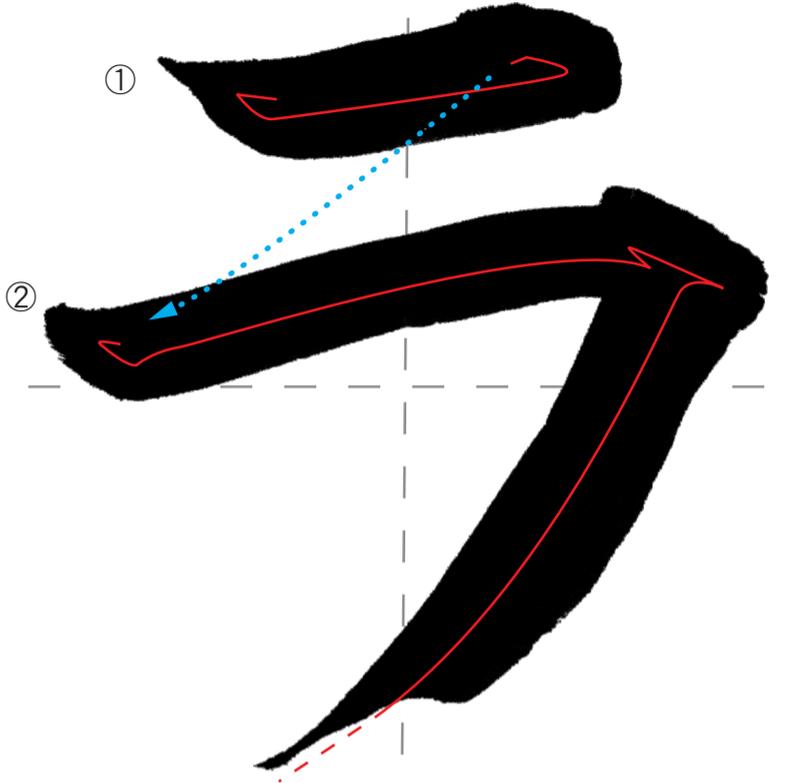
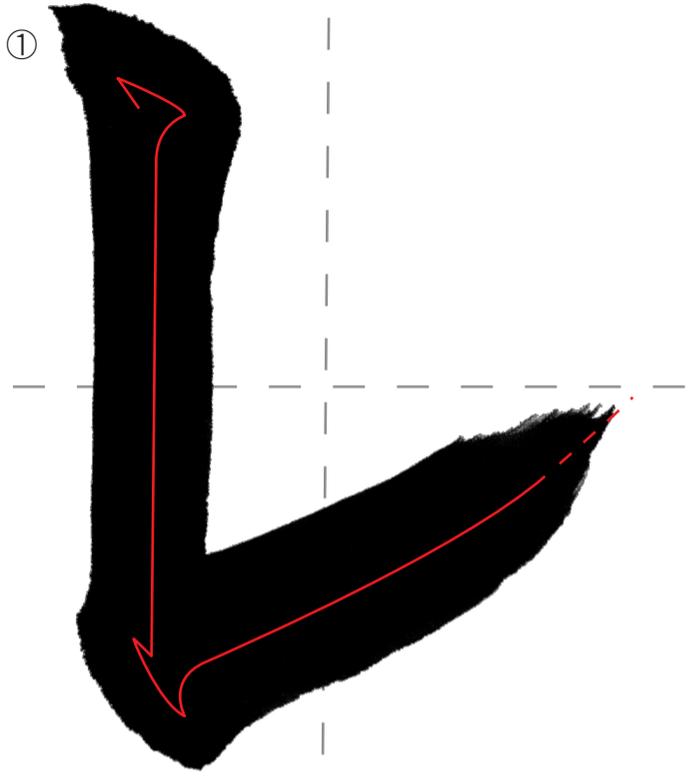
⑧ヤ行 (ヤ・ユ・ヨ)



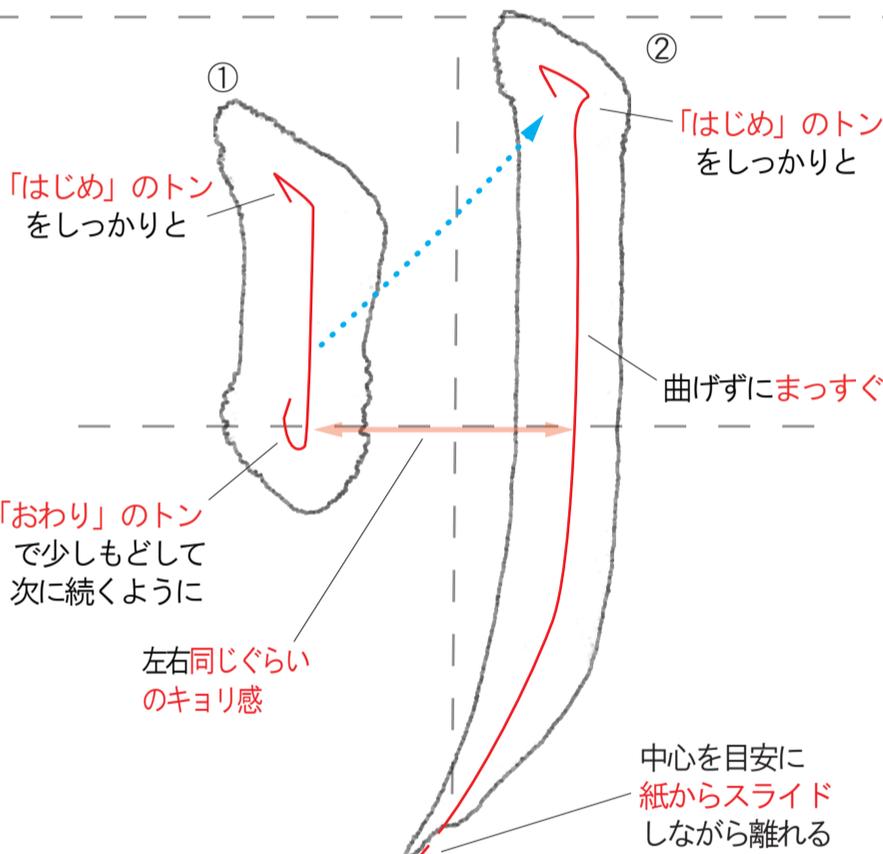
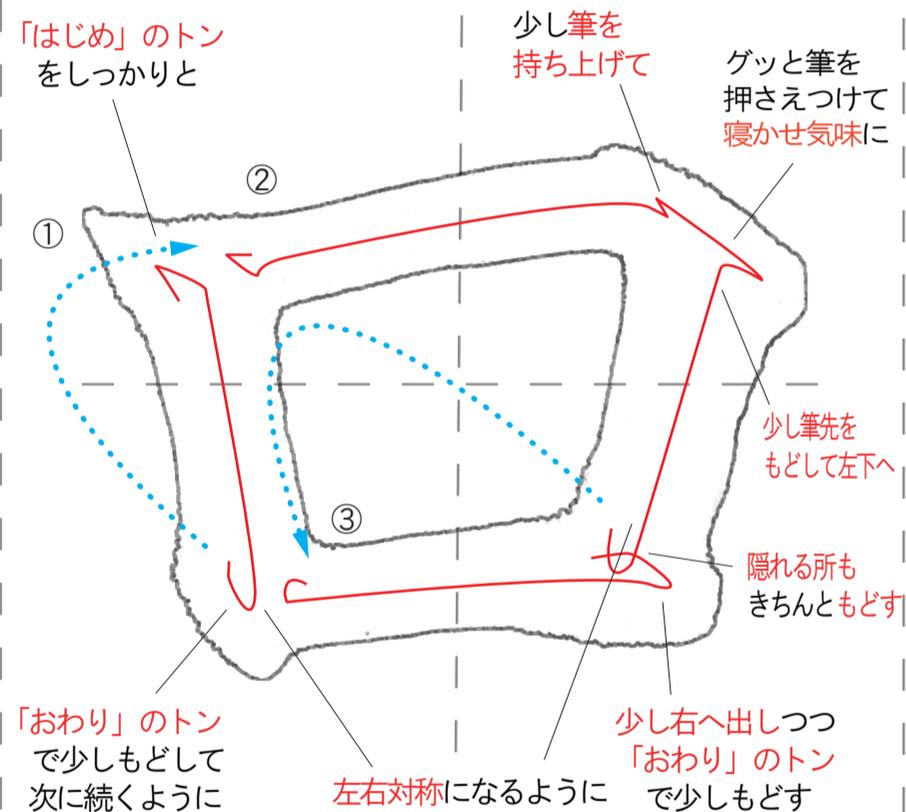
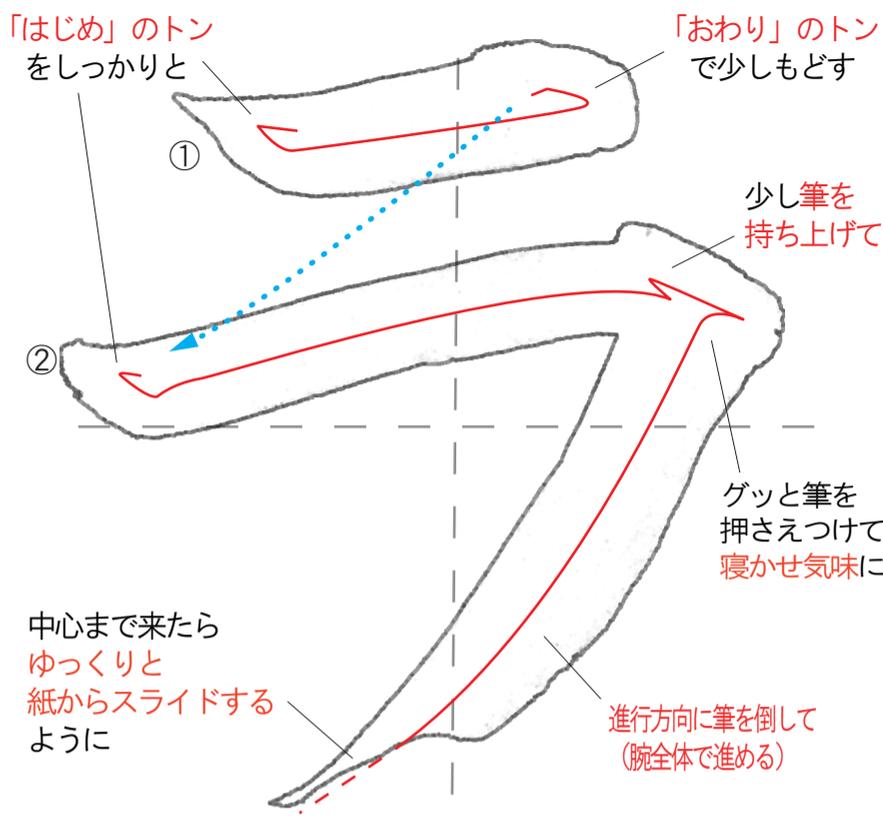
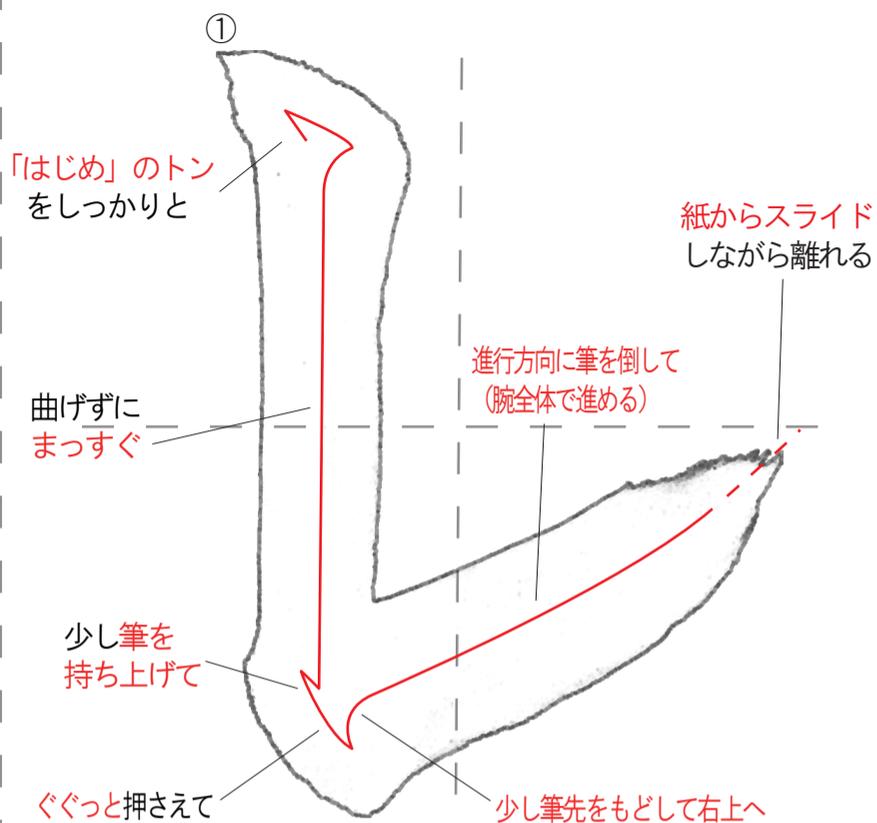
QRコードを読み込んで  
動画にて動きを学習下さい。



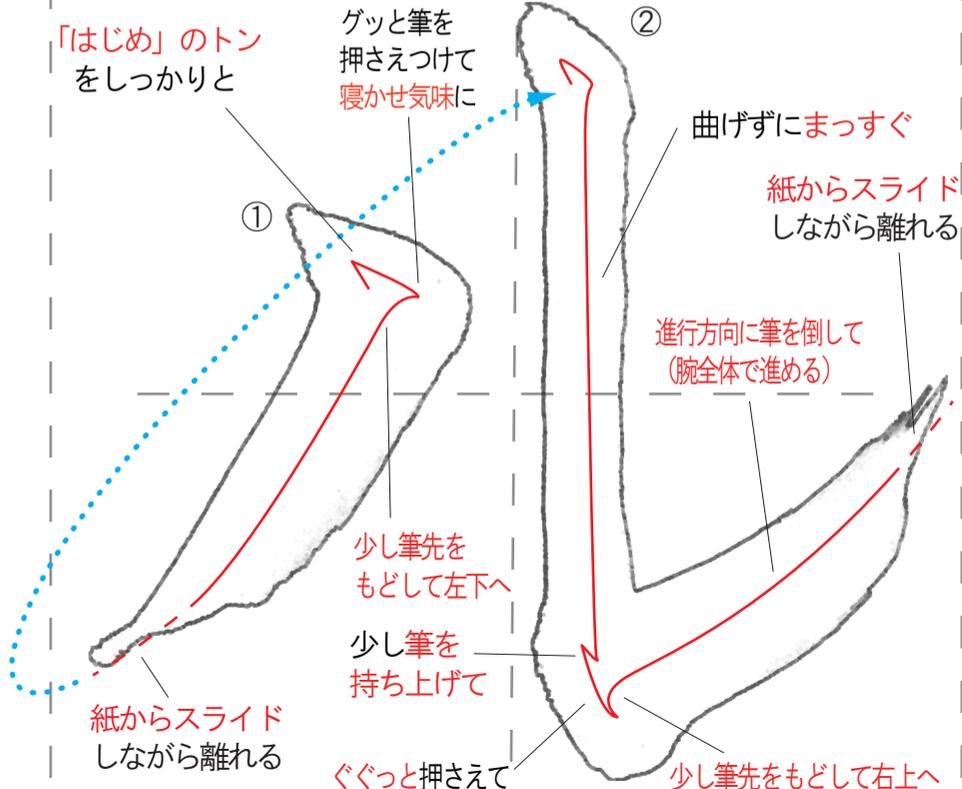
⑨ラ行 (ラ・リ・ル・レ・ロ)



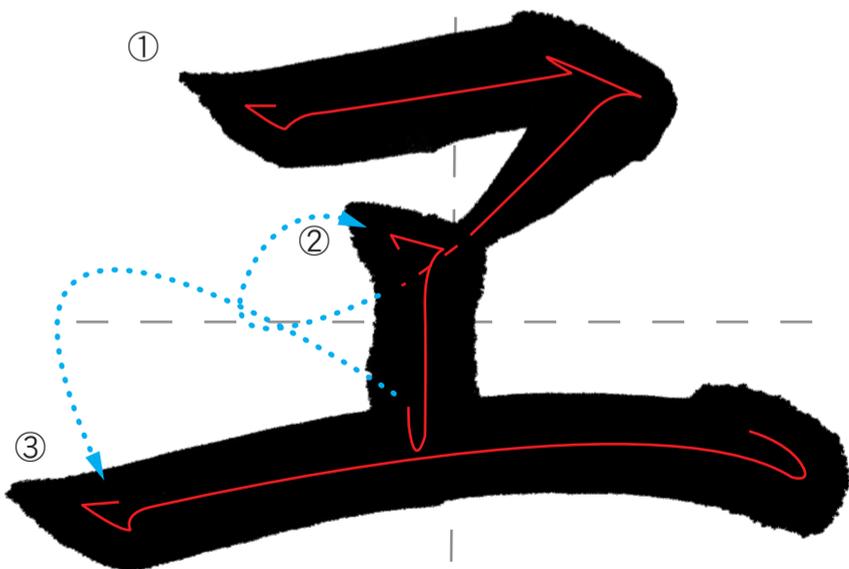
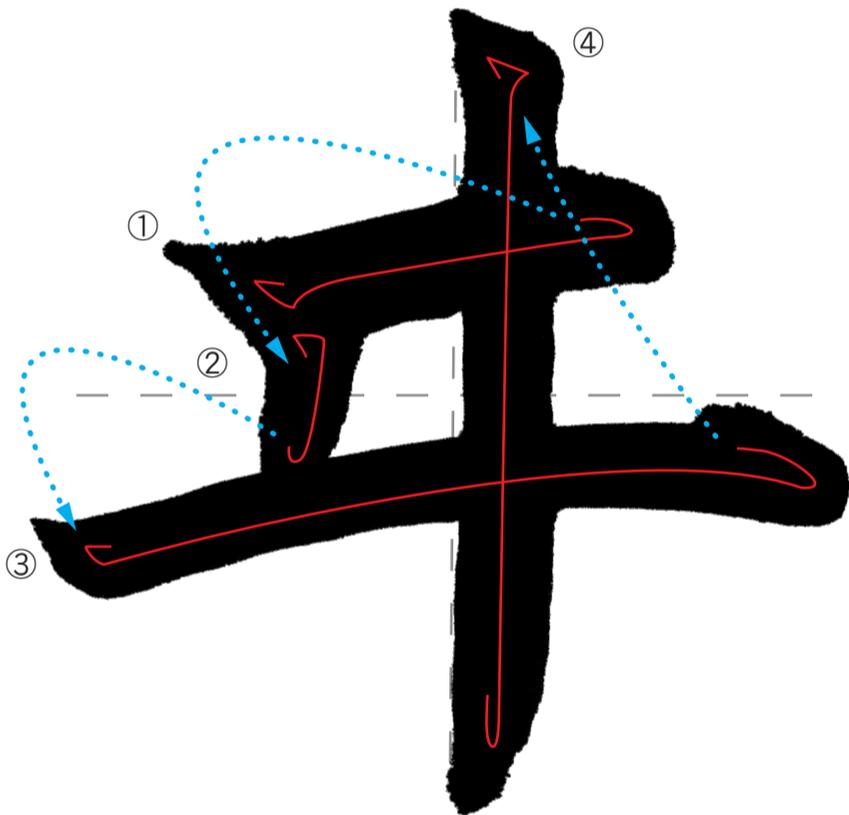
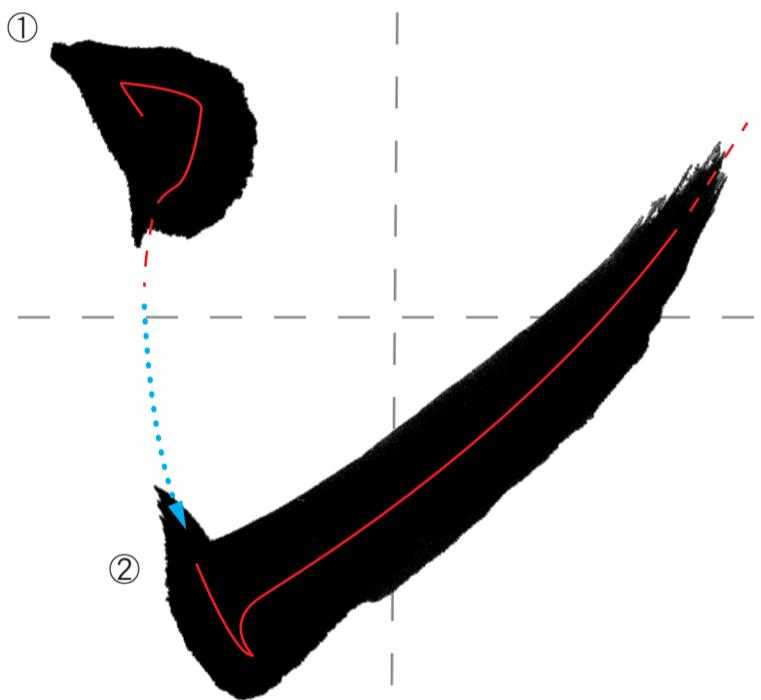
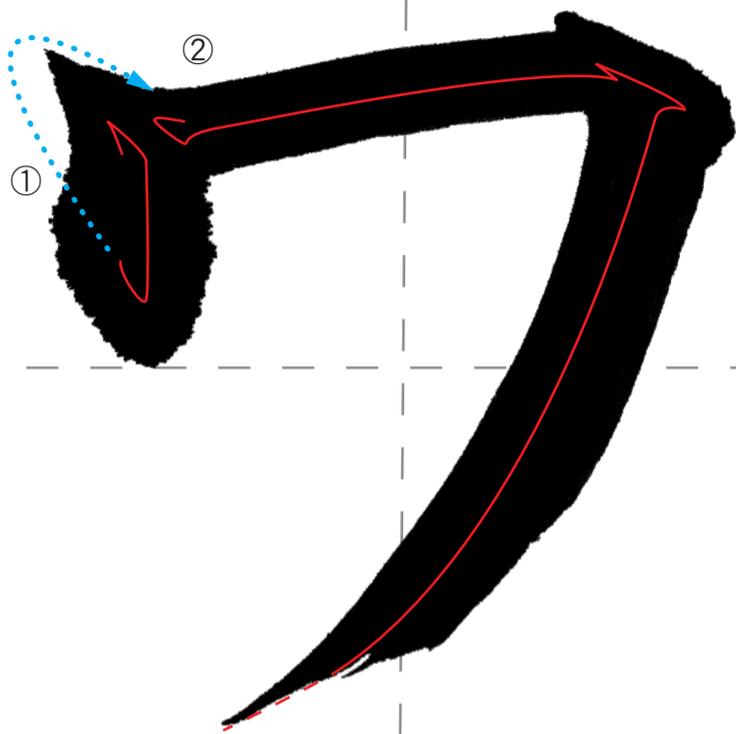
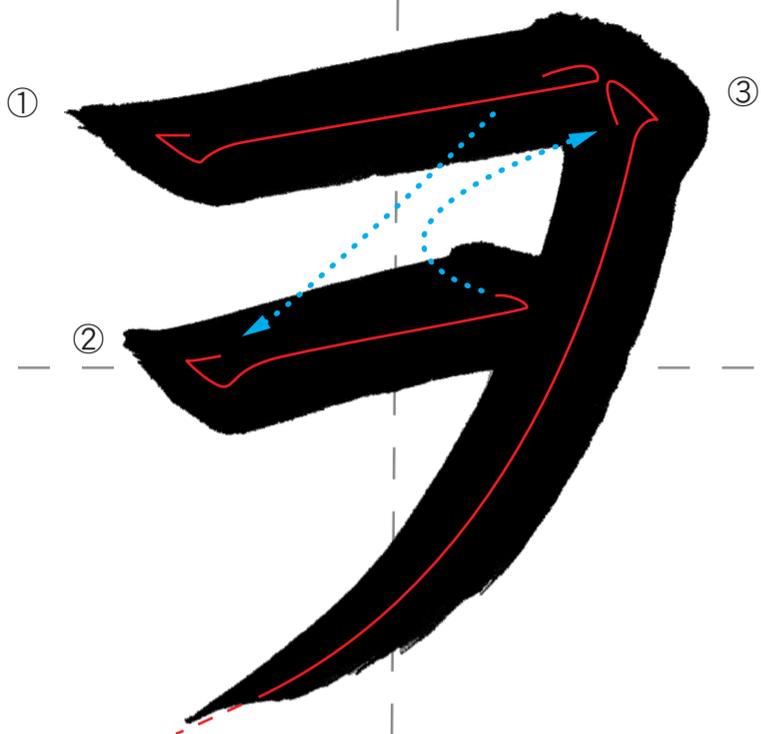
# ⑨ラ行 (ラ・リ・ル・レ・ロ)



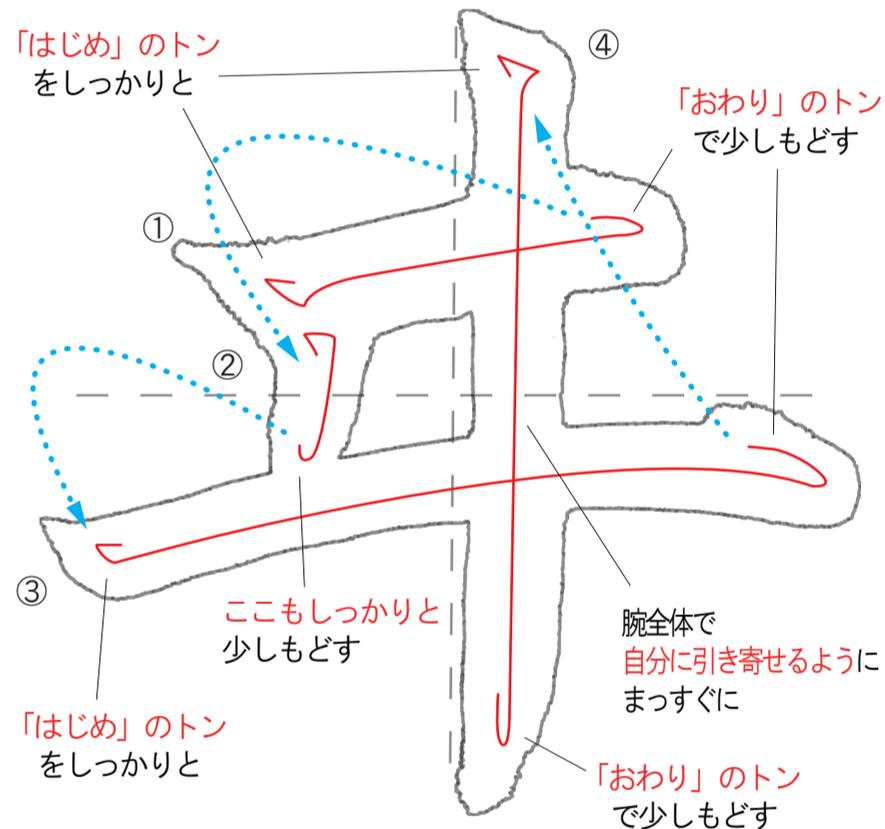
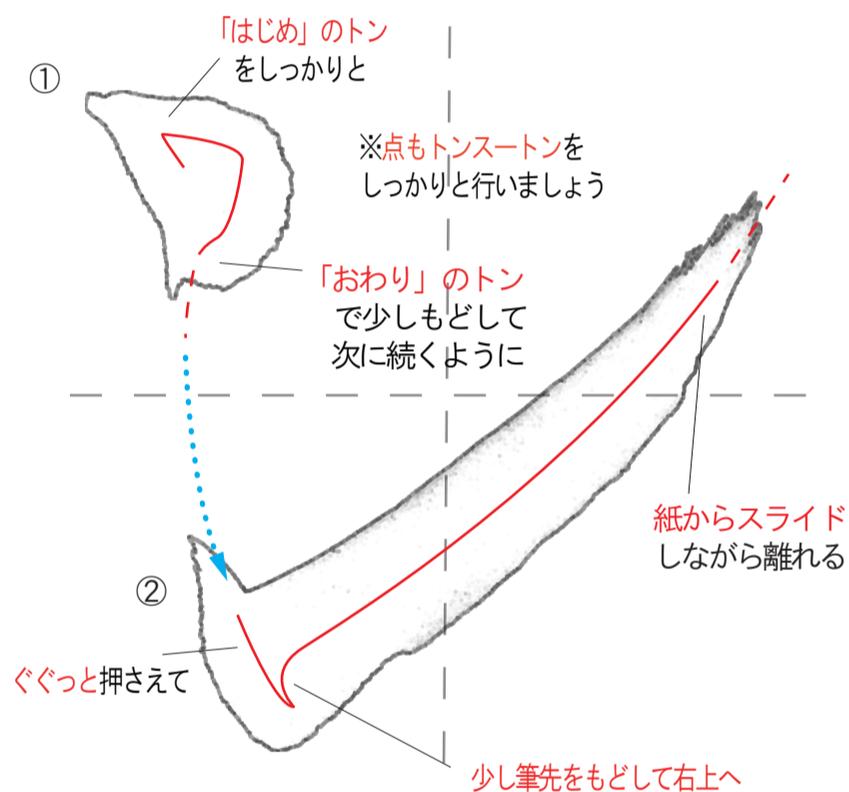
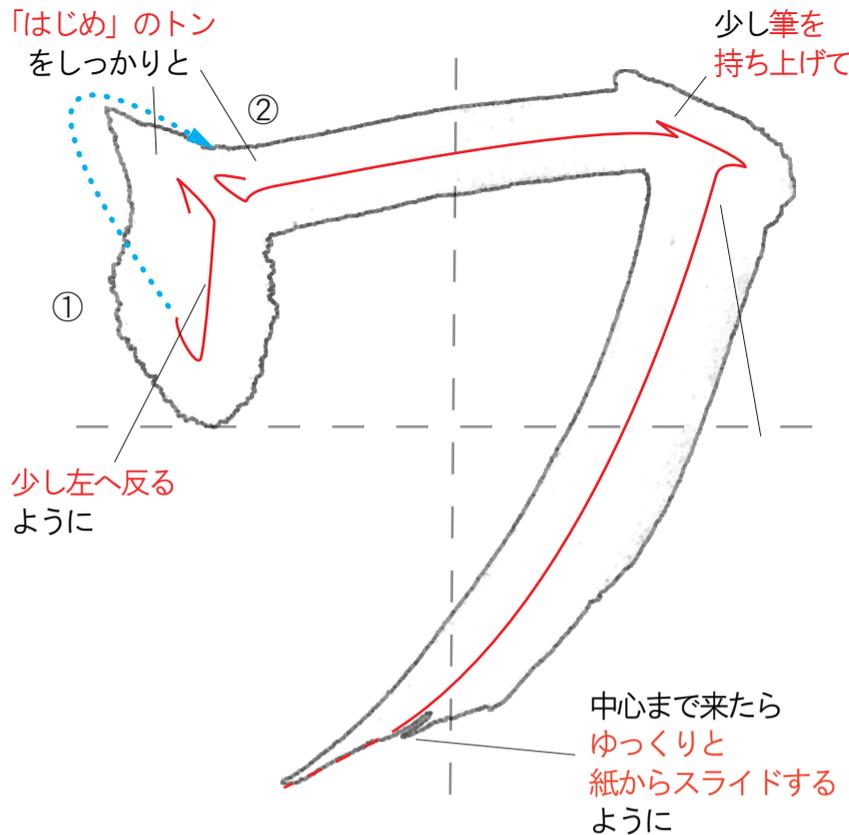
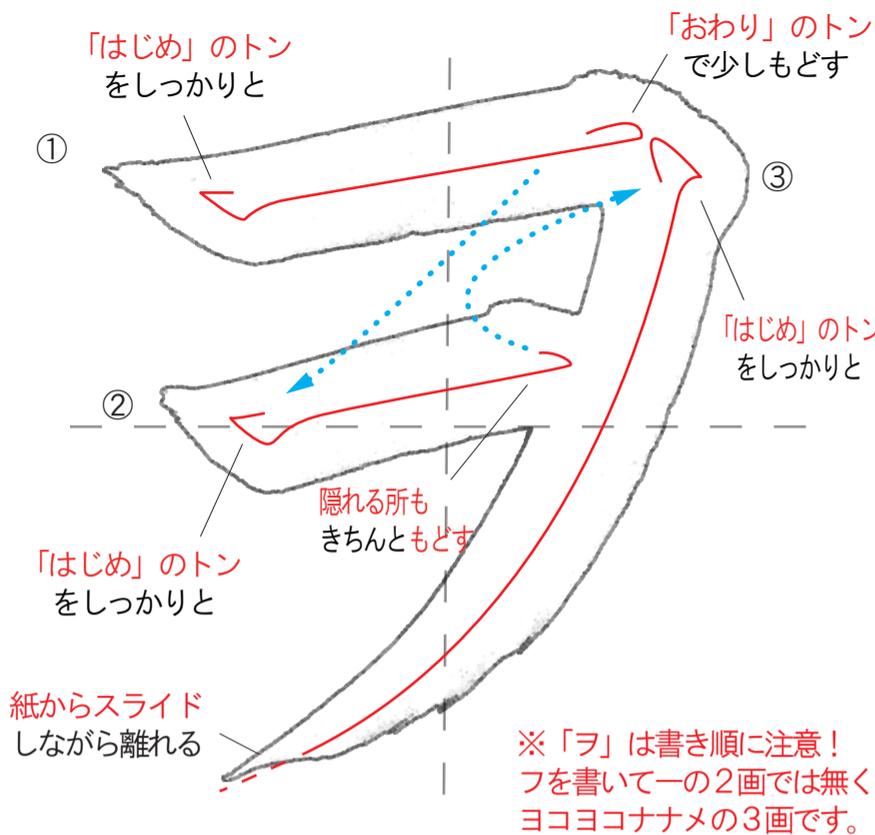
QRコードを読み込んで  
動画にて動きを学習下さい。



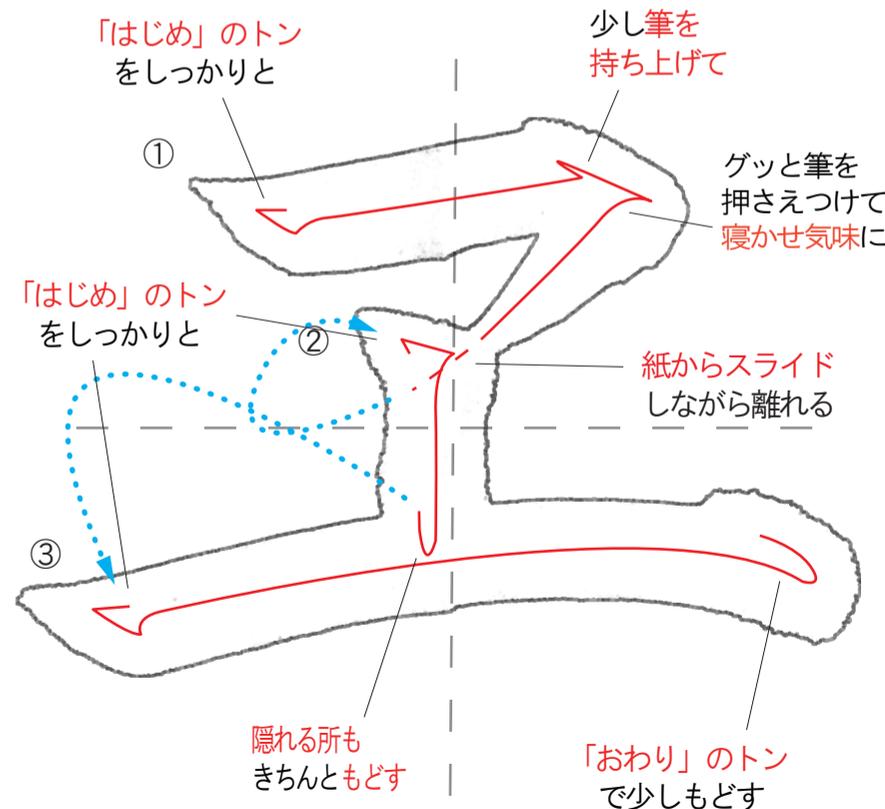
⑩ワ行 (ワ・キ・エ・ヲ・ン)



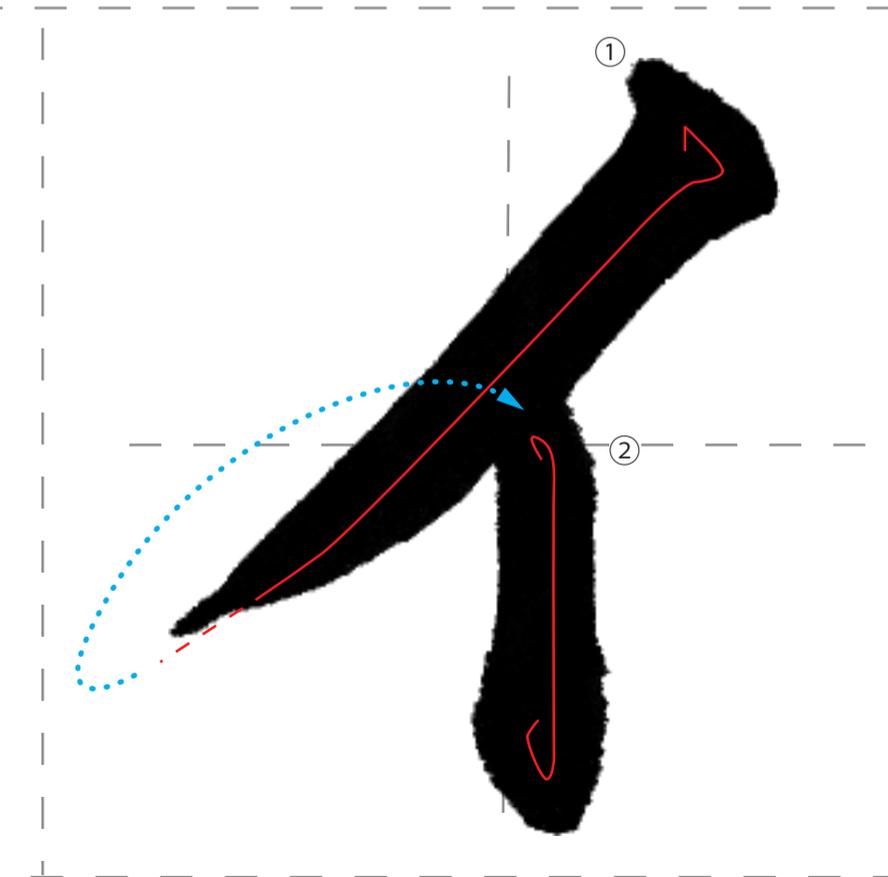
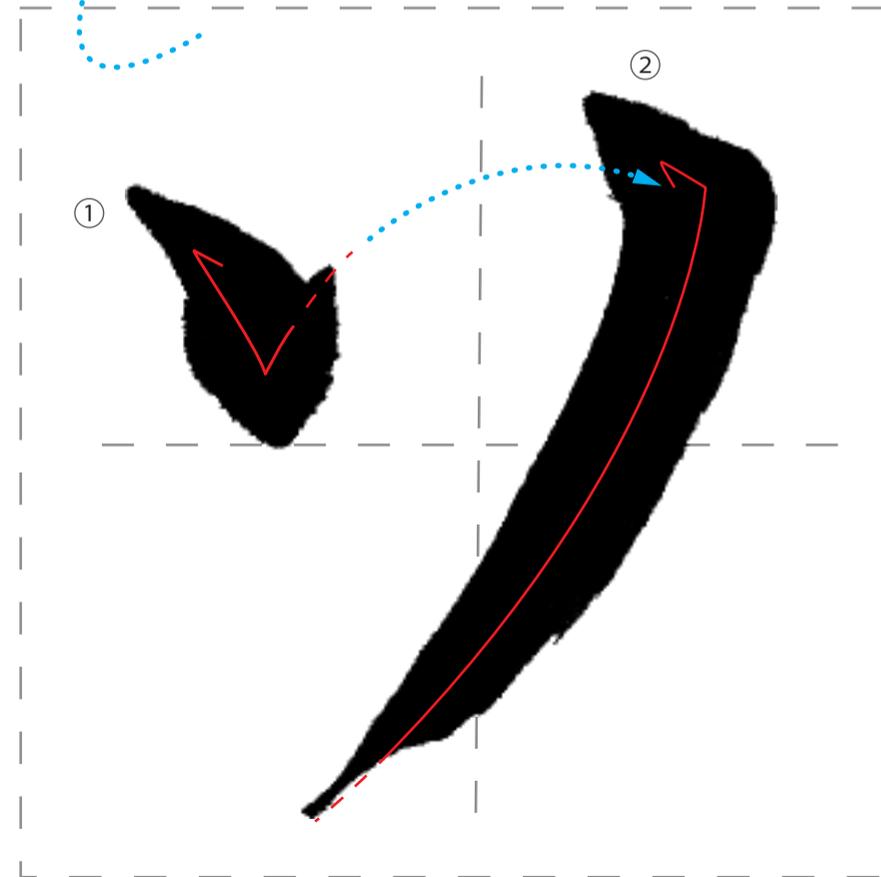
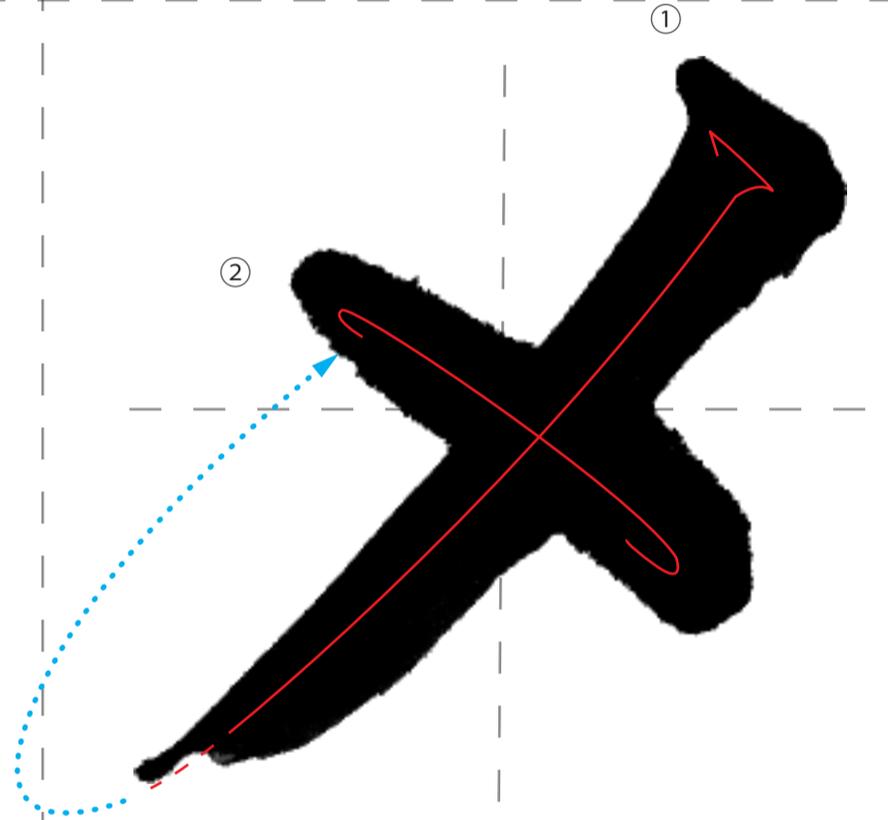
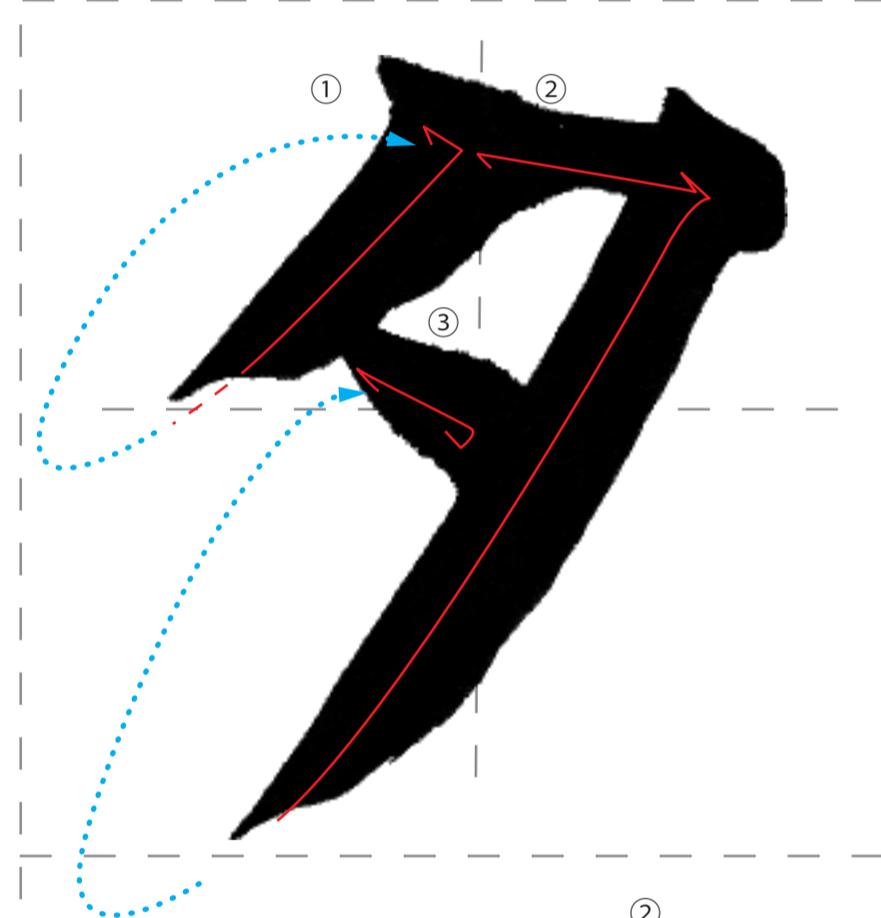
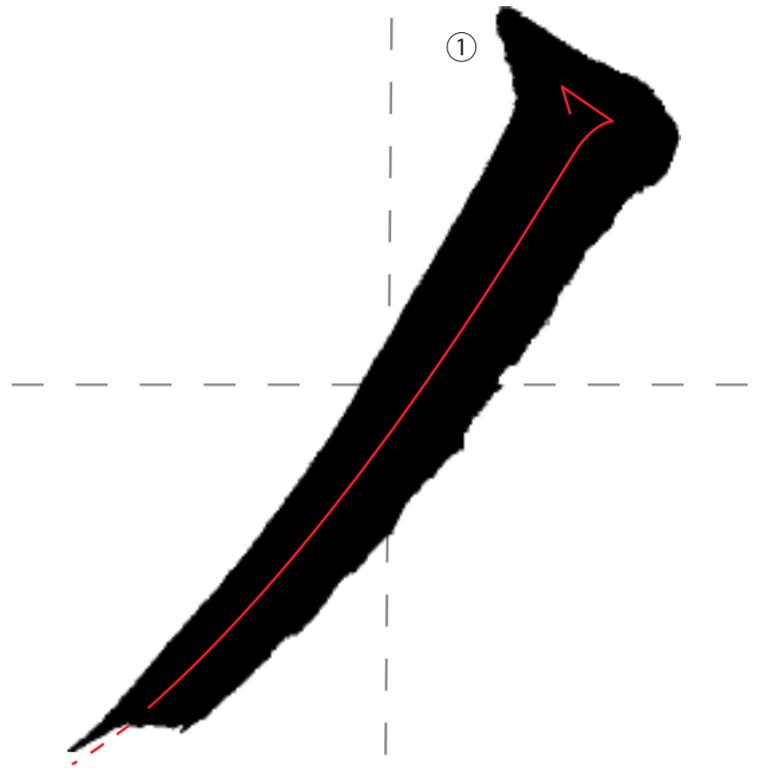
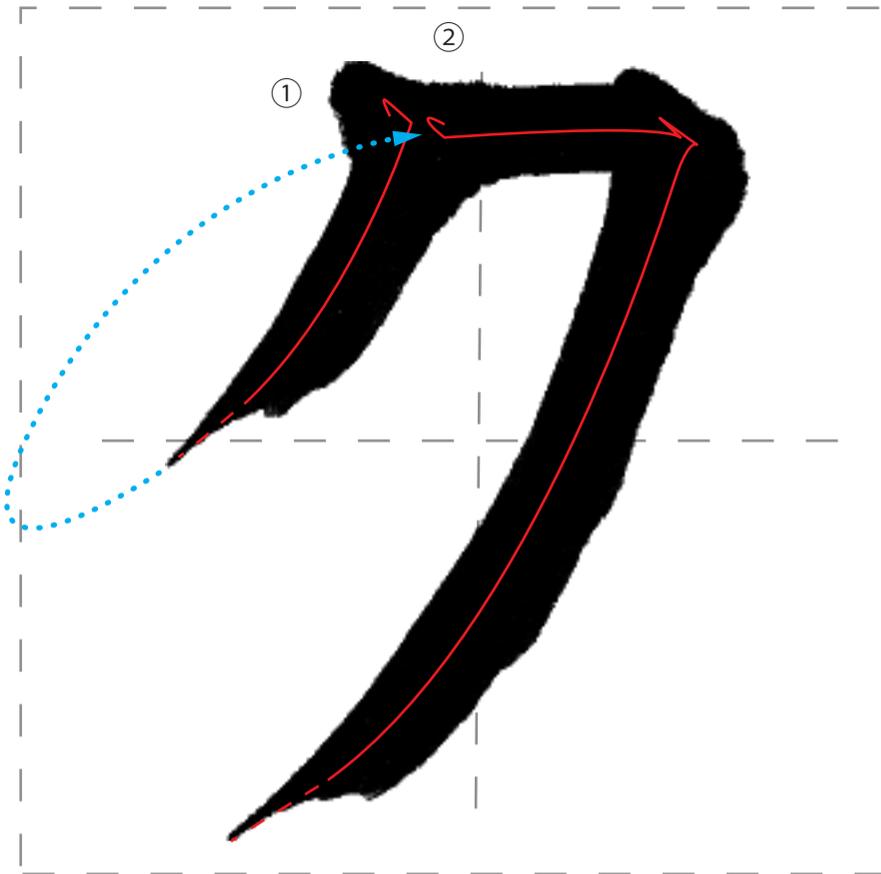
# ⑩ワ行 (ワ・ヰ・ヱ・ヲ・ン)



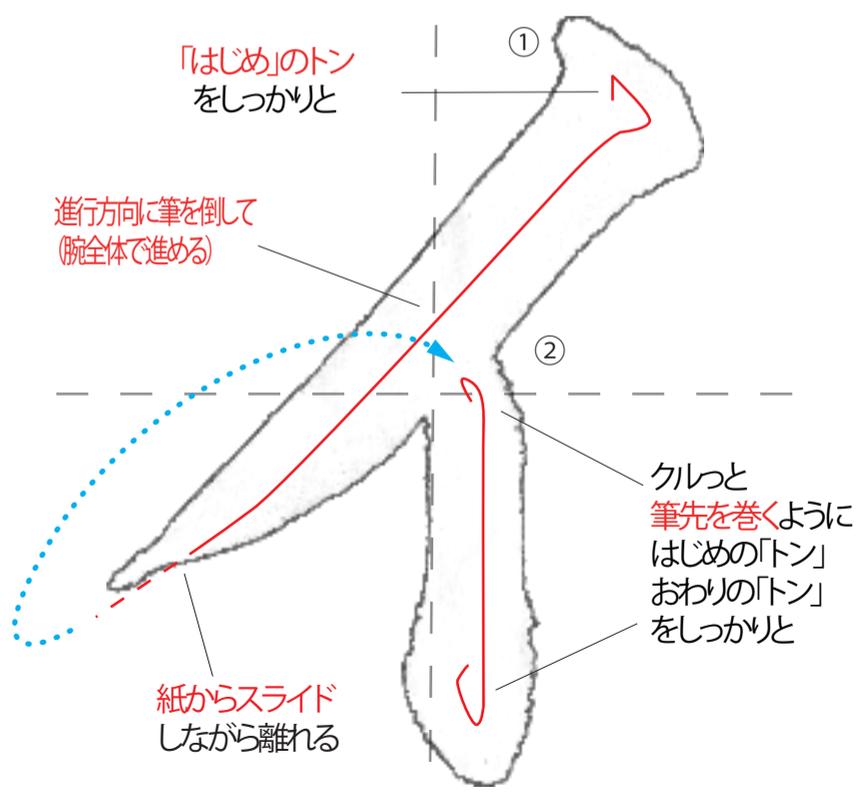
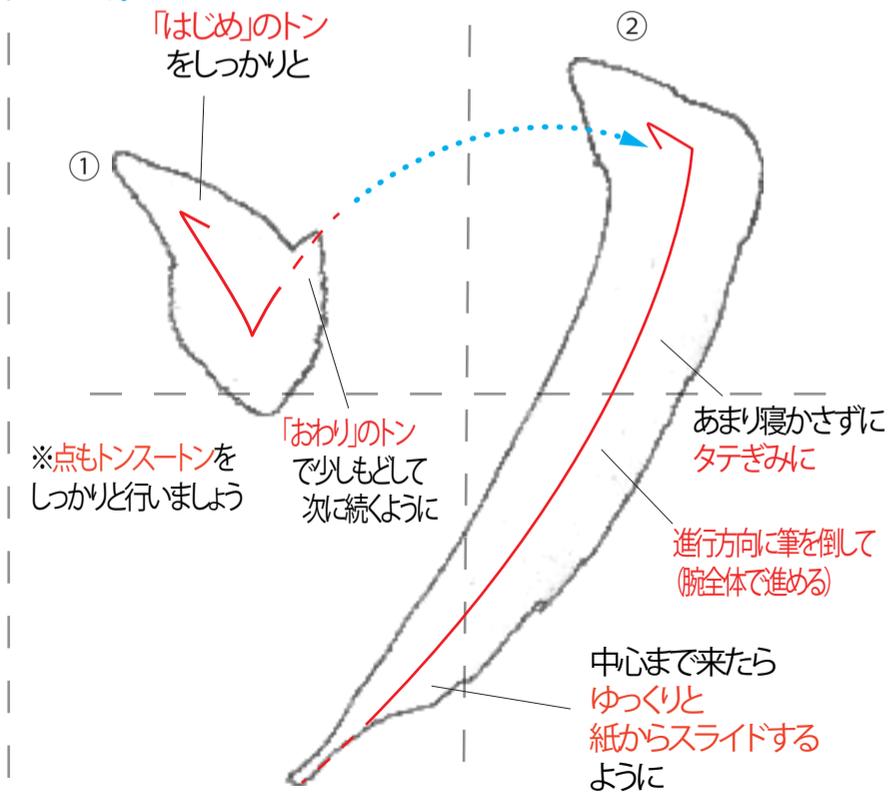
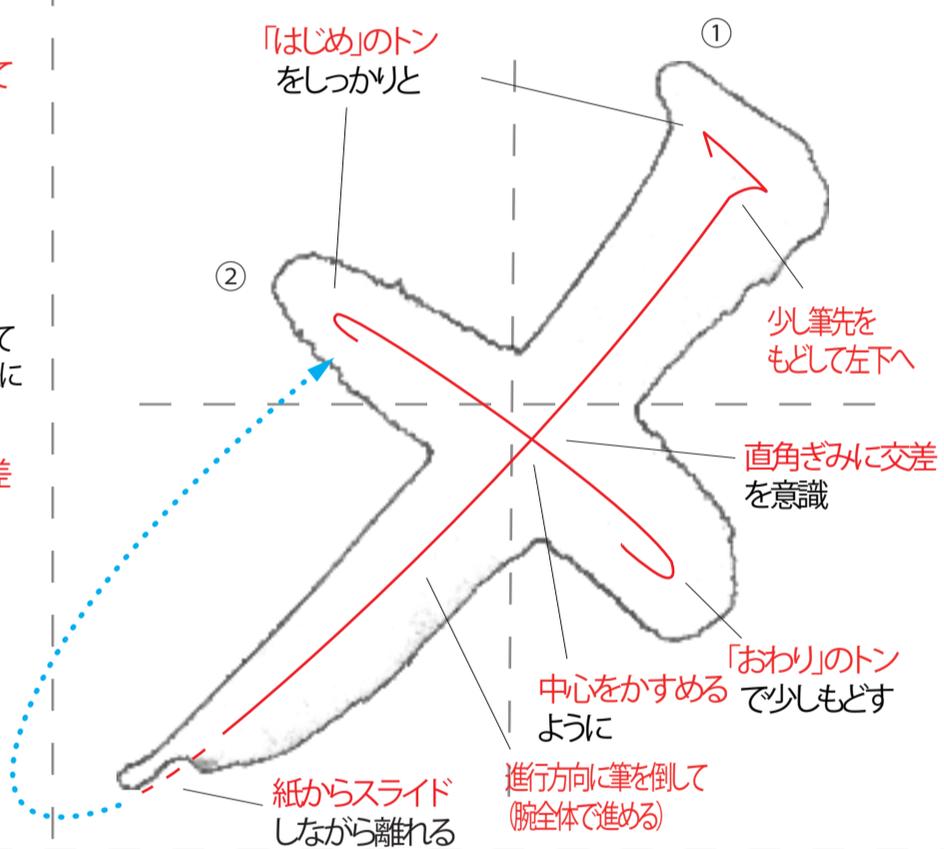
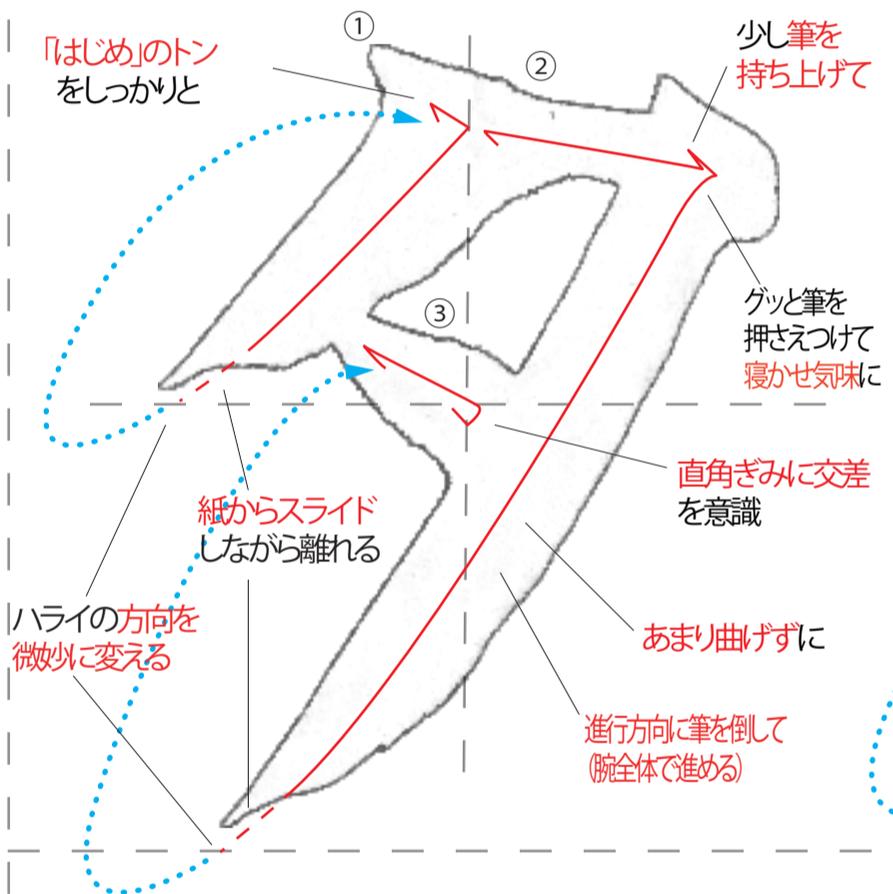
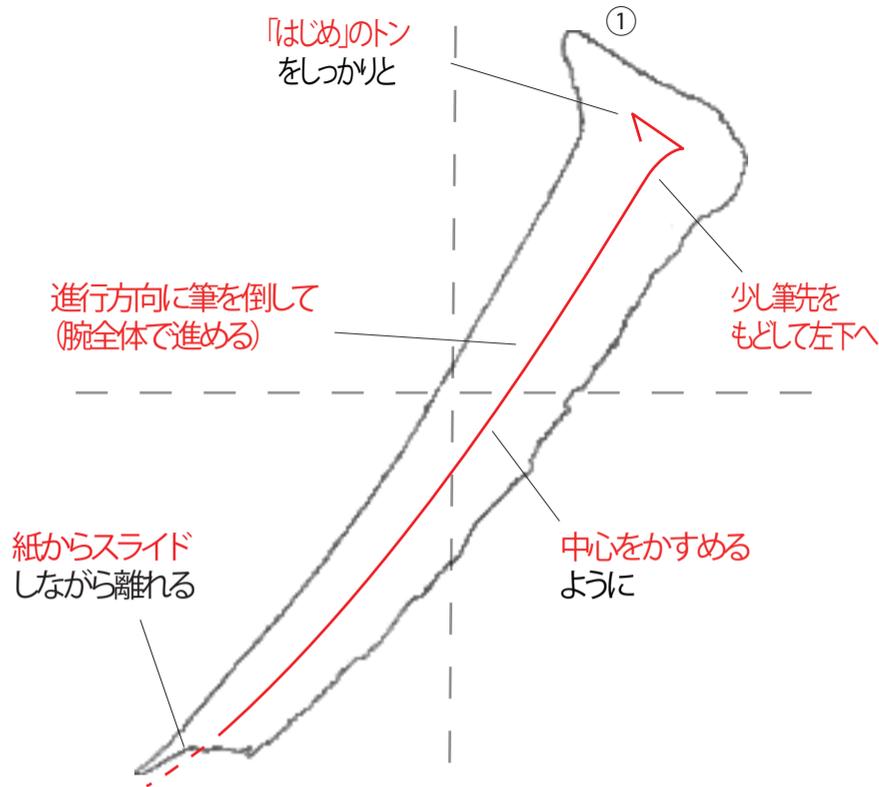
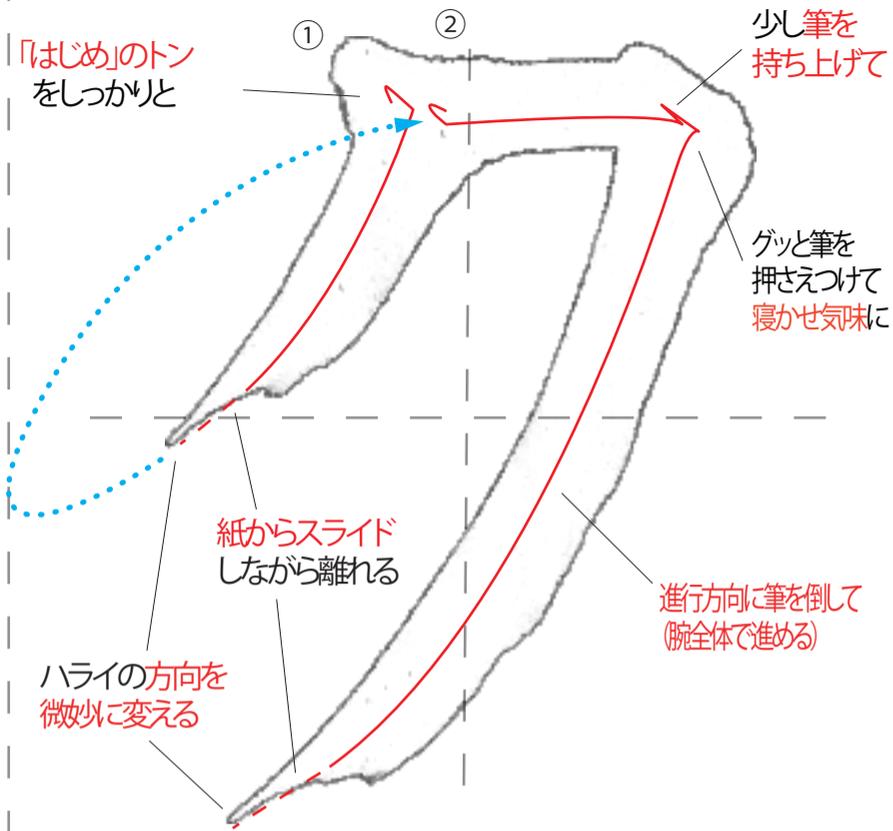
QRコードを読み込んで  
動画にて動きを学習しよう。

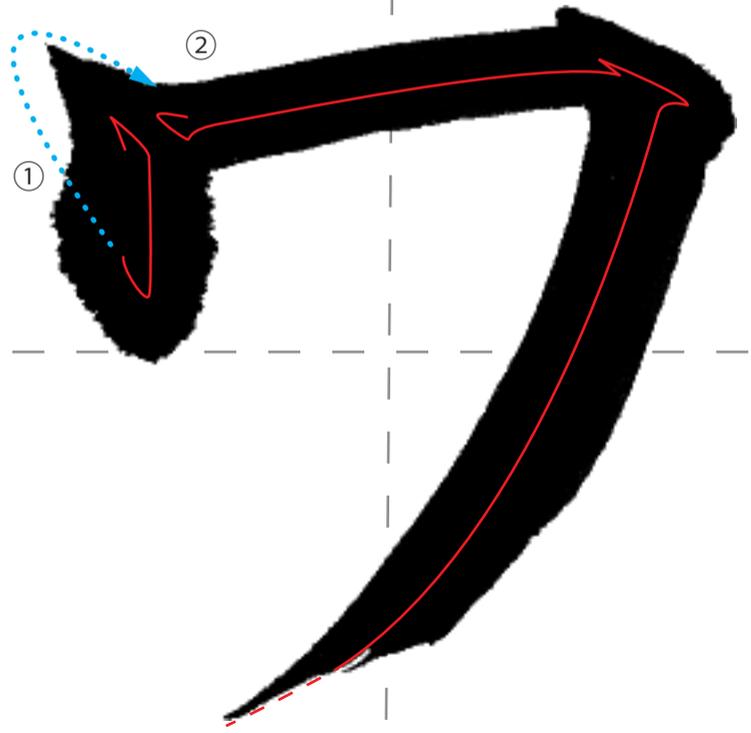
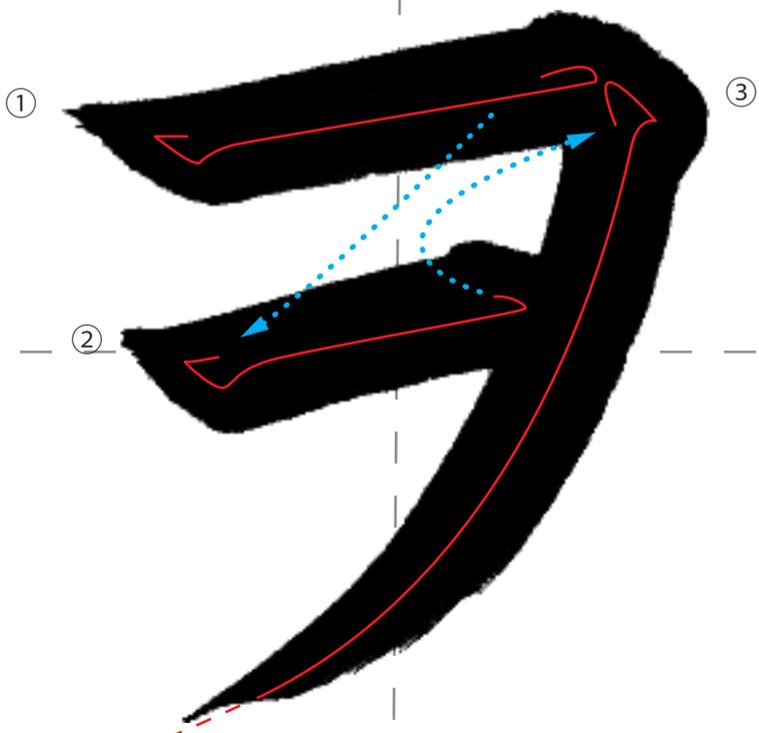
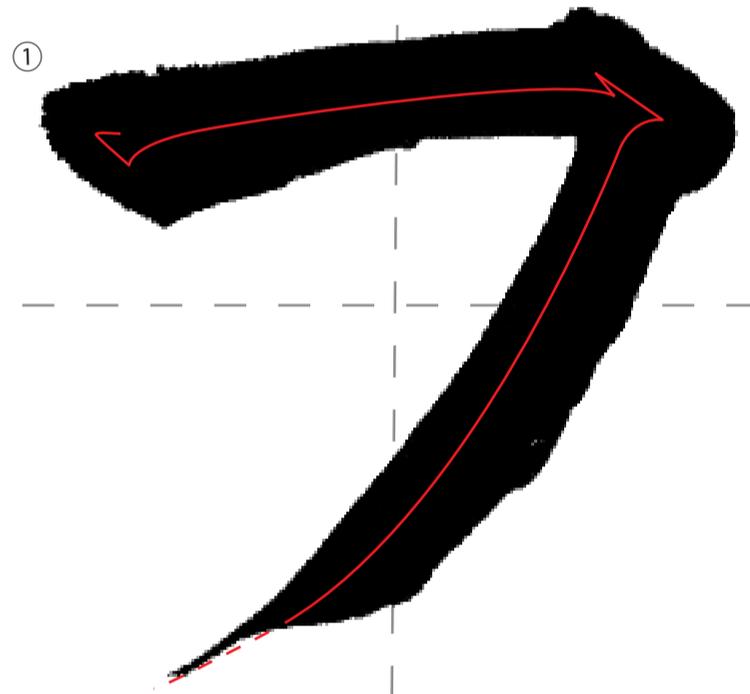
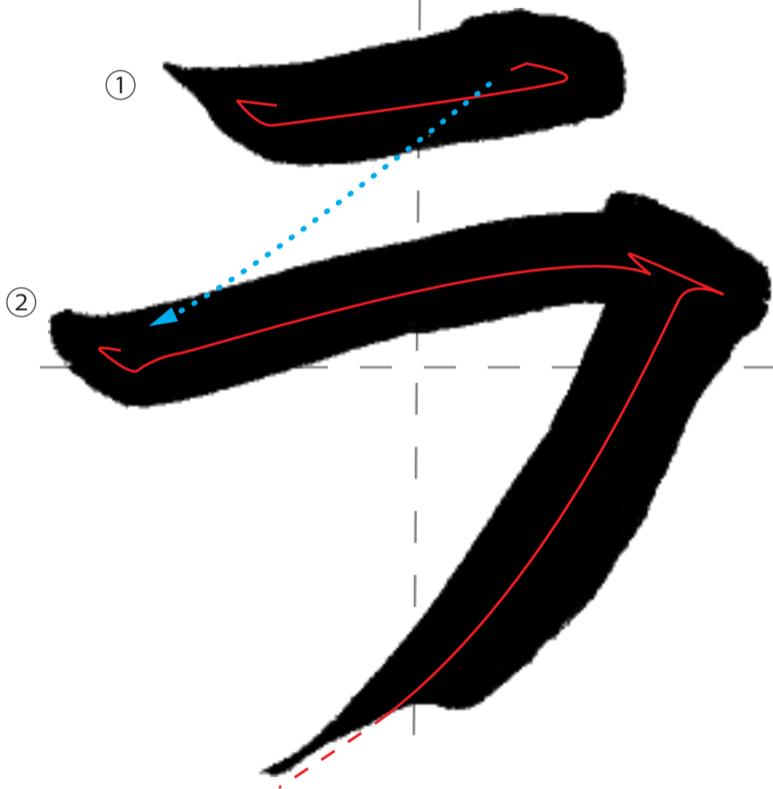
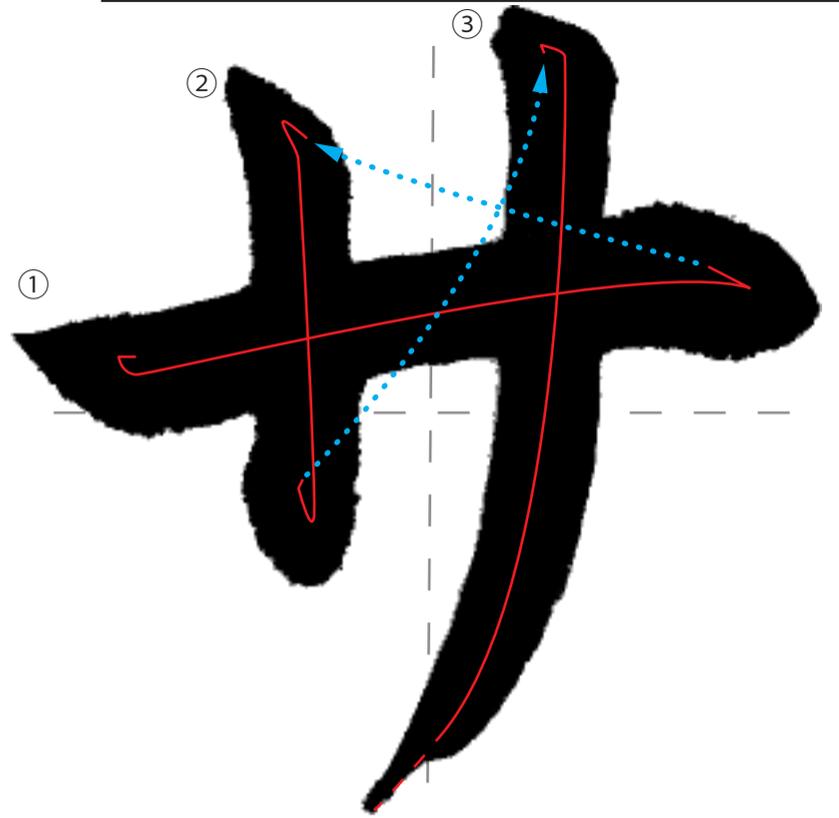
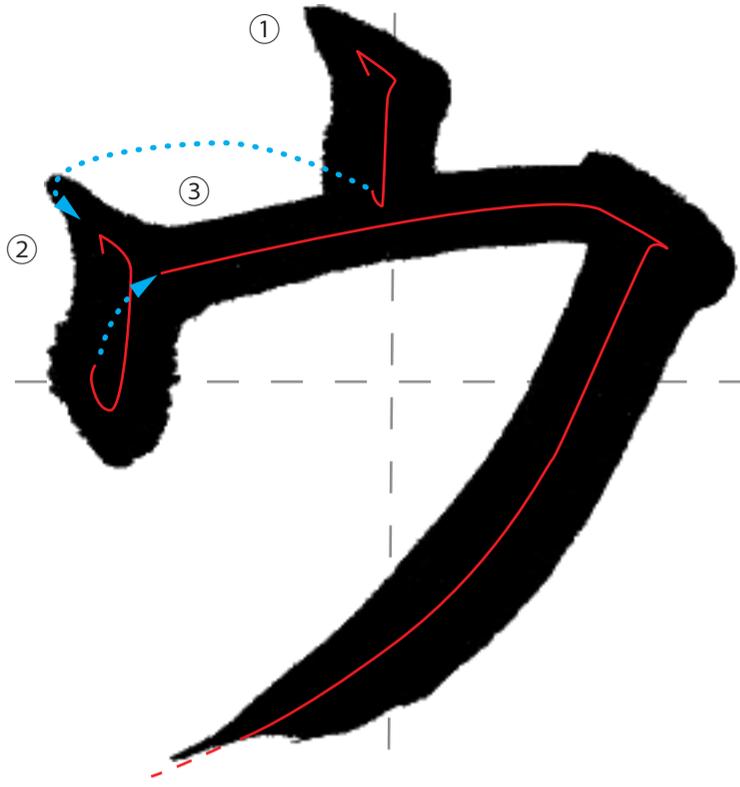


練習しやすく並び替え1 (ノメイクタツ)



練習しやすく並び替え1 (ノメイクタツ)





練習しやすく並び替え2 (サフウウラヲ)

「はじめ」のトン  
をしっかりと

①

少し筆を  
持ち上げて

グッと筆を  
押さえつけて  
寝かせ気味に

進行方向に筆を倒して  
(腕全体で進める)

少し左へ反る  
ように

中心まで来たら  
ゆっくりと  
紙からスライドする  
ように

②

③

「はじめ」のトン  
をしっかりと

①

「おわり」のトン  
で少しもどす

気持ち右下へ

「おわり」のトン  
で少しもどす

気持ち左下へ

中心まで来たら  
ゆっくりと  
紙からスライドする  
ように

②

③

「はじめ」のトン  
をしっかりと

①

「おわり」のトン  
で少しもどす

少し筆を  
持ち上げて

グッと筆を  
押さえつけて  
寝かせ気味に

進行方向に筆を倒して  
(腕全体で進める)

中心まで来たら  
ゆっくりと  
紙からスライドする  
ように

②

「はじめ」のトン  
をしっかりと

①

少し筆を  
持ち上げて

グッと筆を  
押さえつけて  
寝かせ気味に

紙からスライド  
しながら離れる

進行方向に筆を倒して  
(腕全体で進める)

※逆三角形△をイメージ

「はじめ」のトン  
をしっかりと

①

「おわり」のトン  
で少しもどす

「はじめ」のトン  
をしっかりと

隠れる所も  
きちんともどす

紙からスライド  
しながら離れる

※「ヲ」は書き順に注意!  
フを書いて一の2画では無く  
ヨコヨコナメの3画です。

②

③

「はじめ」のトン  
をしっかりと

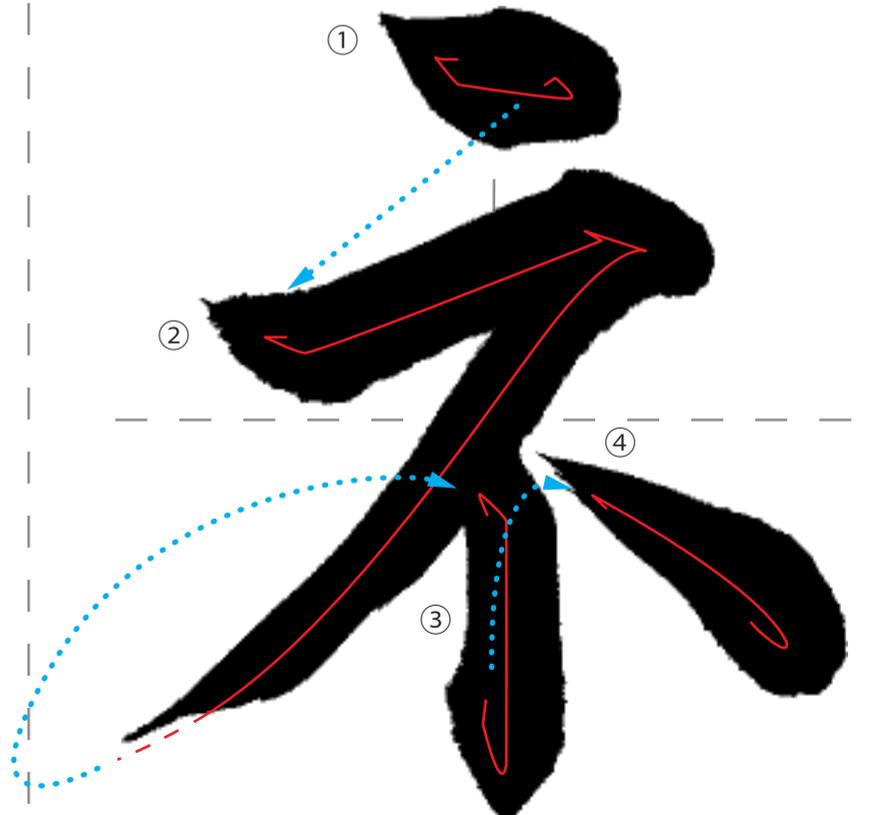
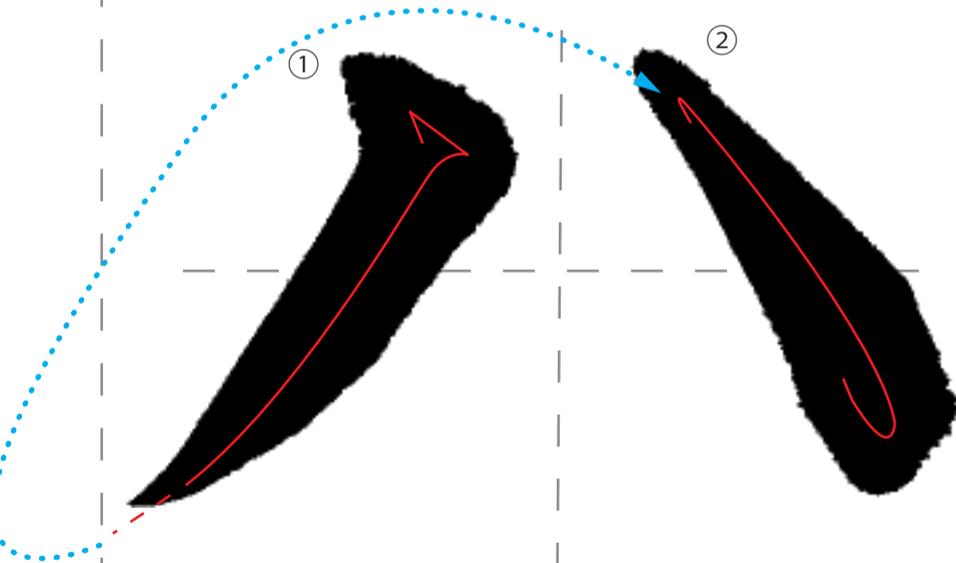
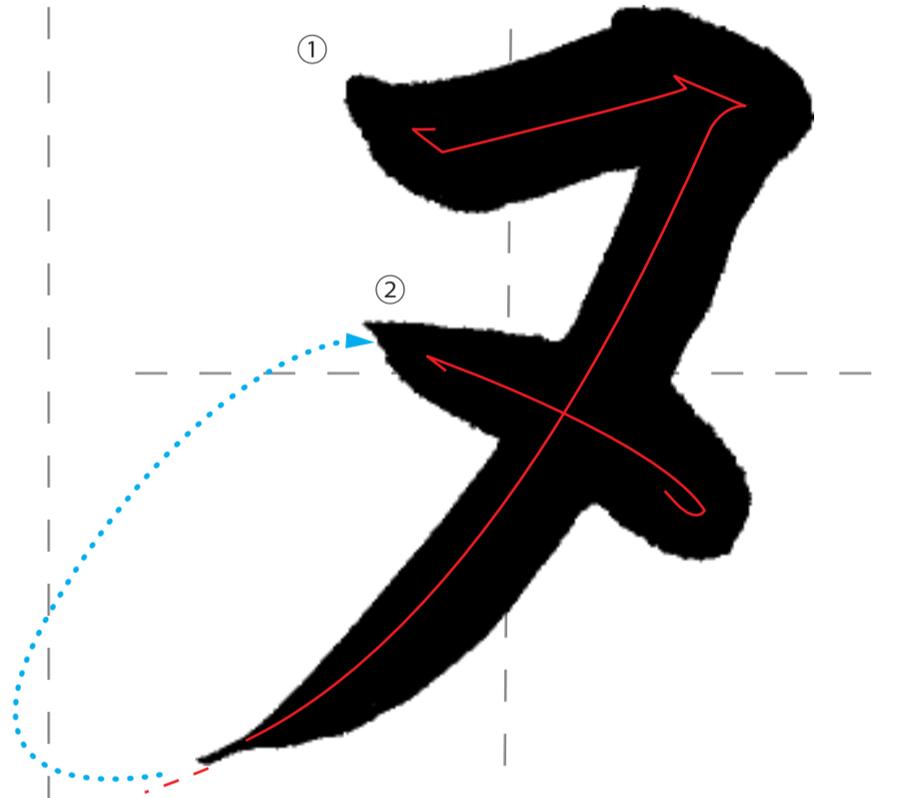
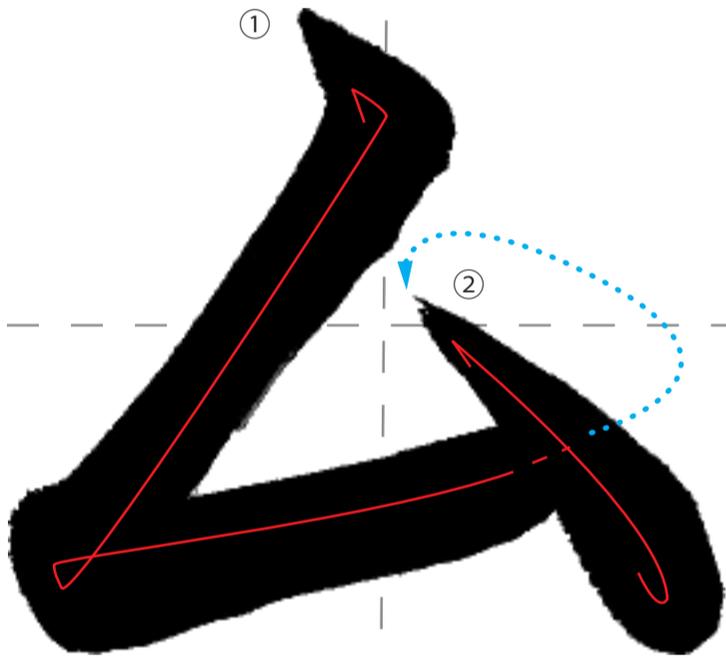
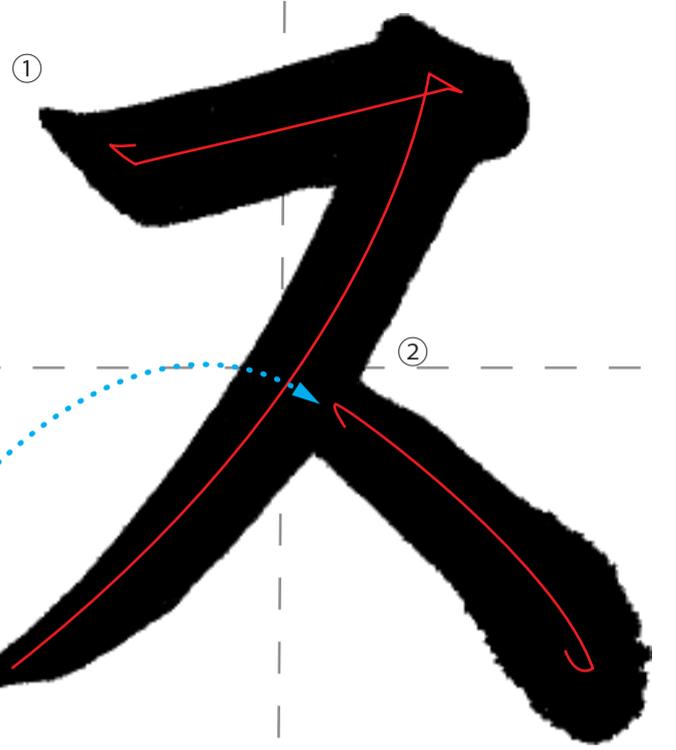
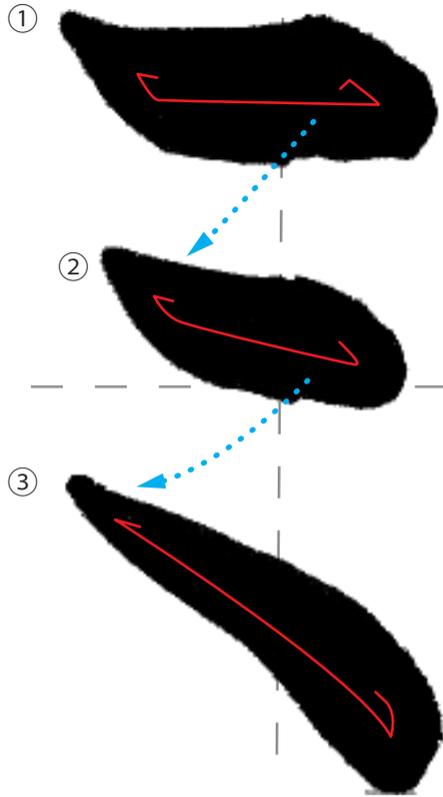
①

少し筆を  
持ち上げて

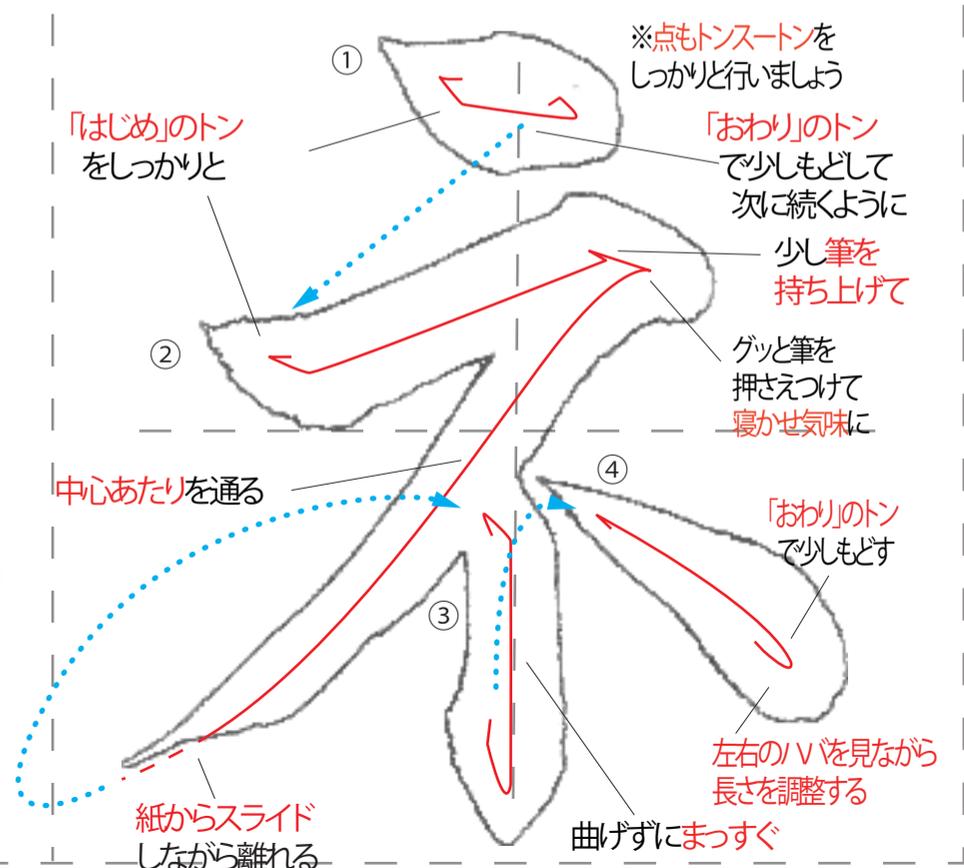
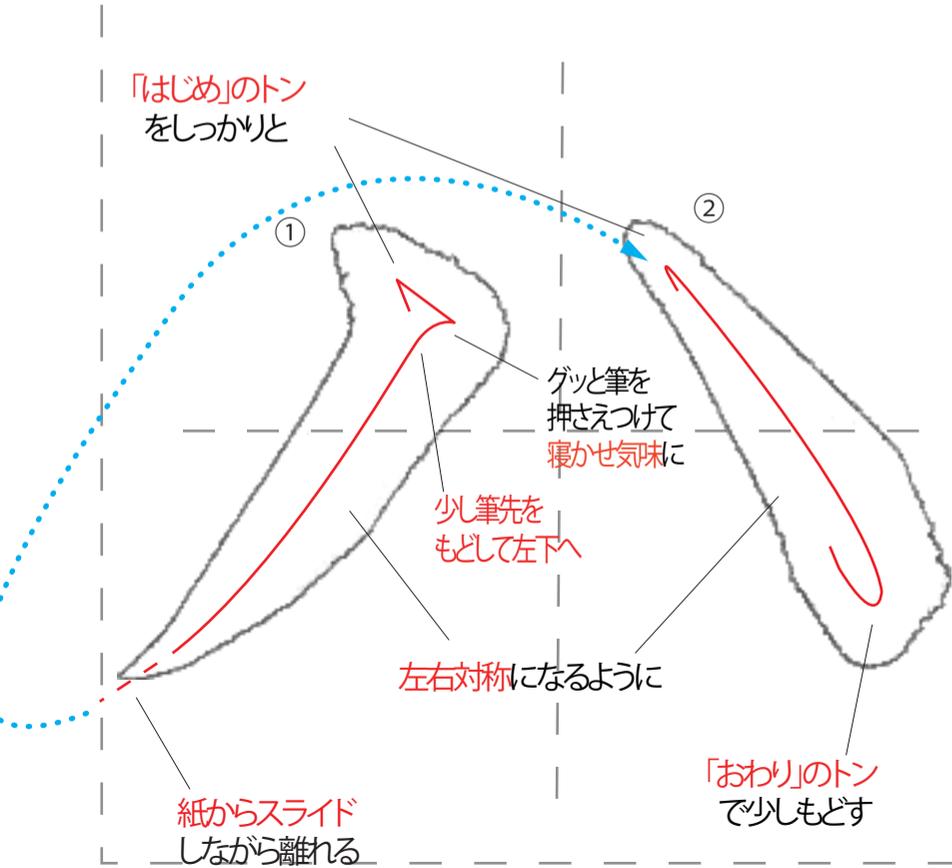
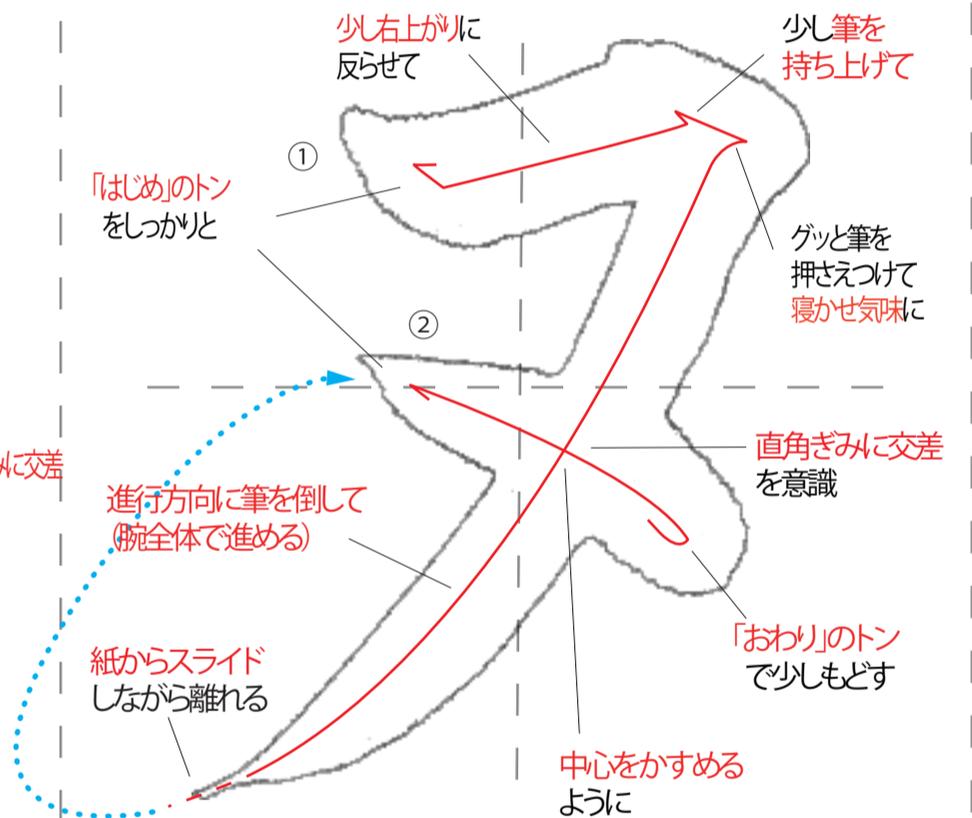
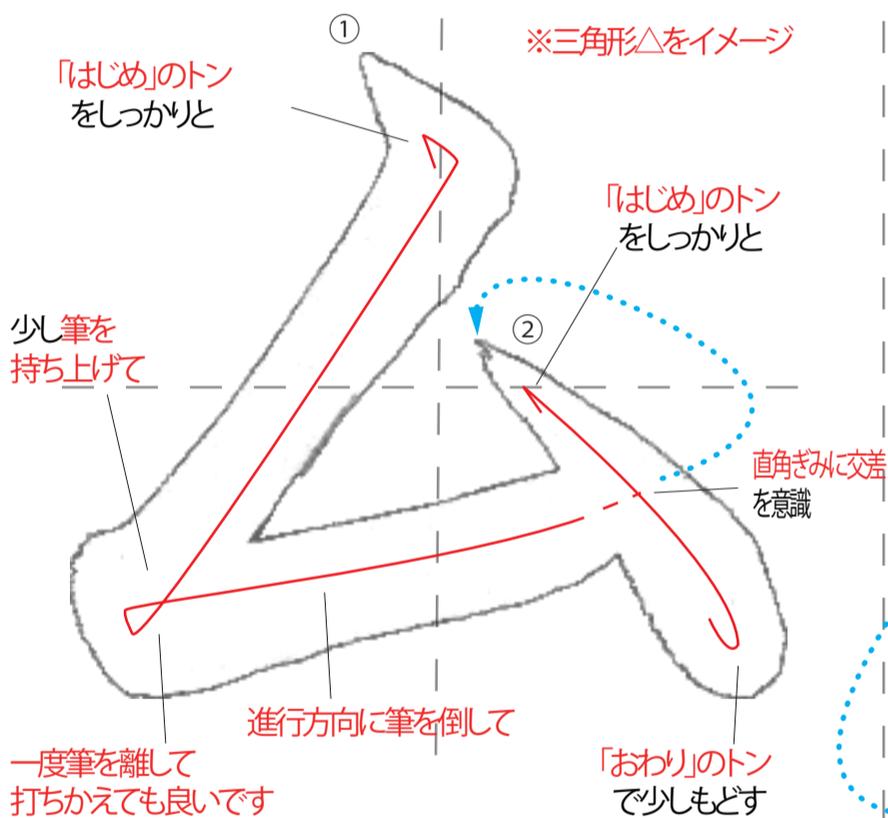
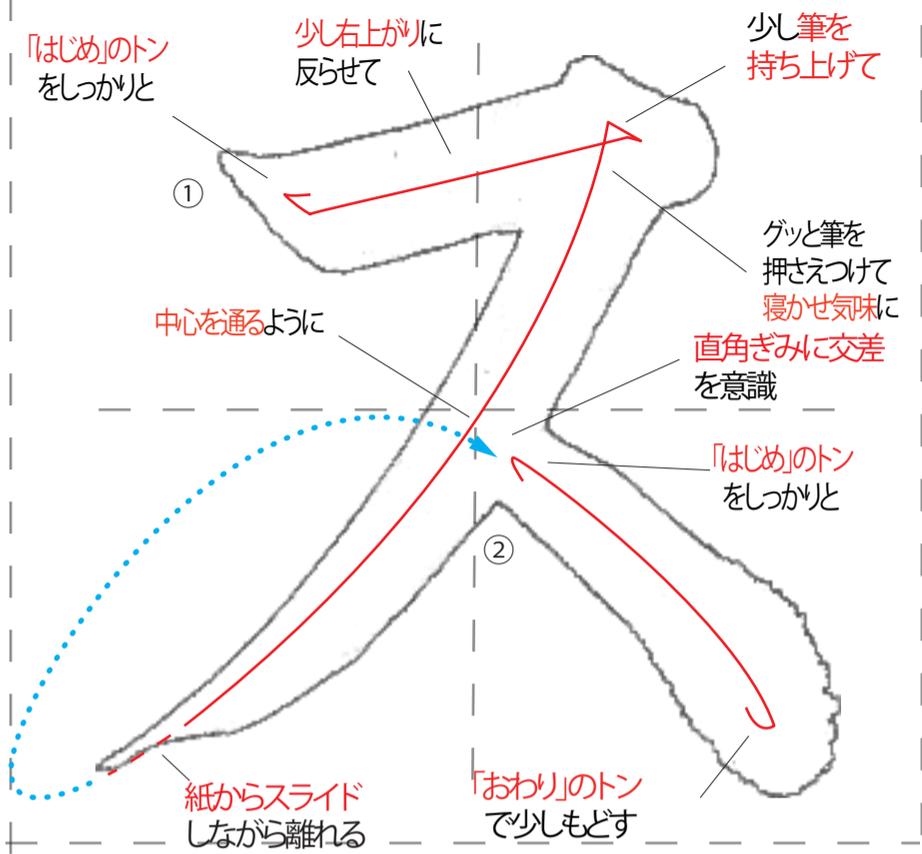
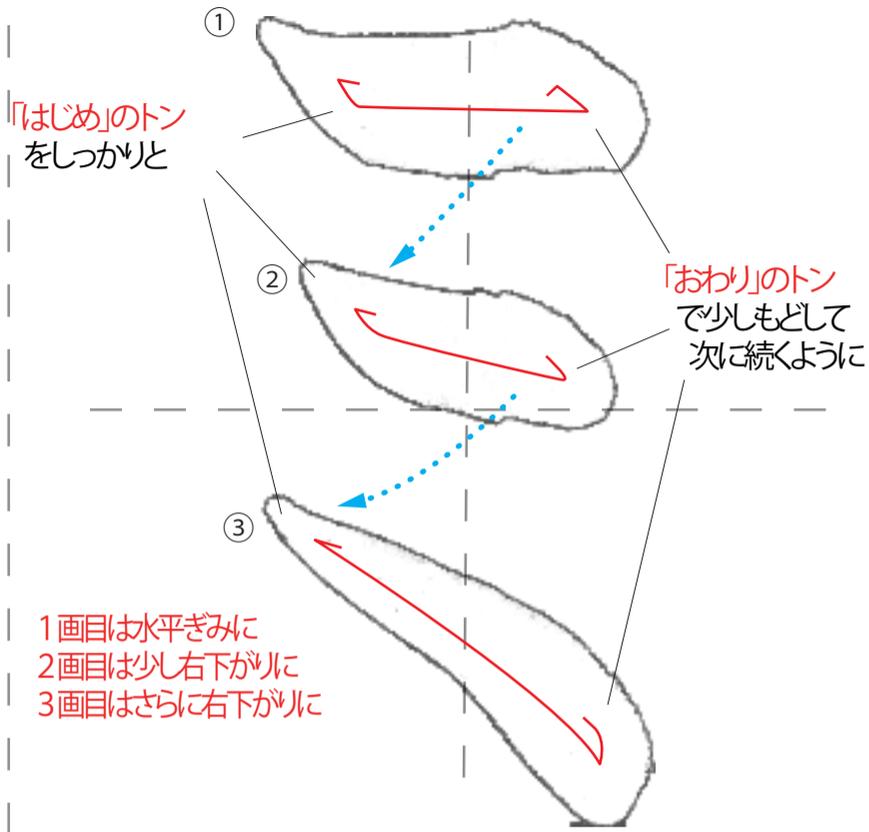
少し左へ反る  
ように

中心まで来たら  
ゆっくりと  
紙からスライドする  
ように

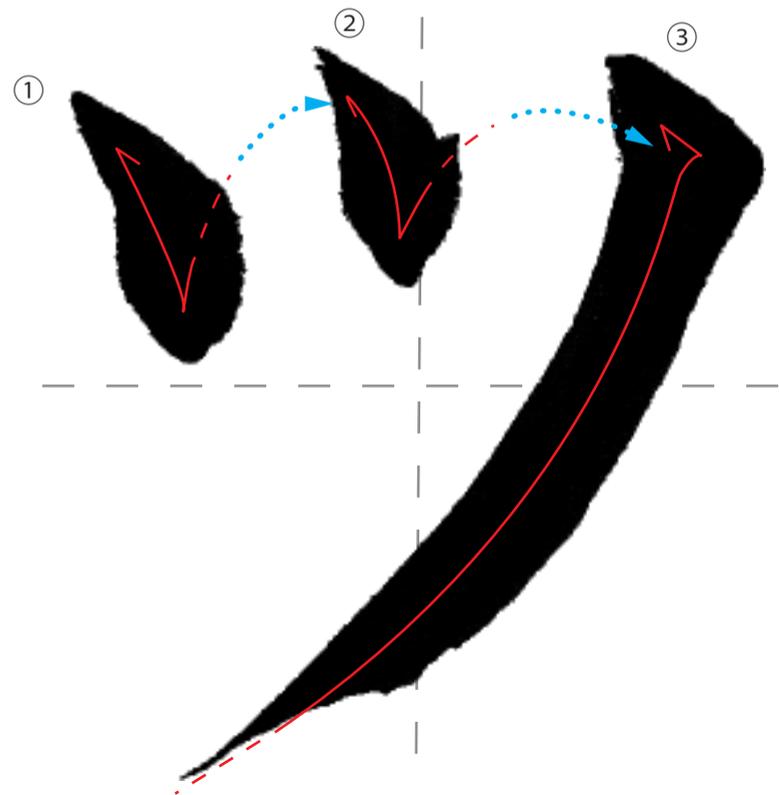
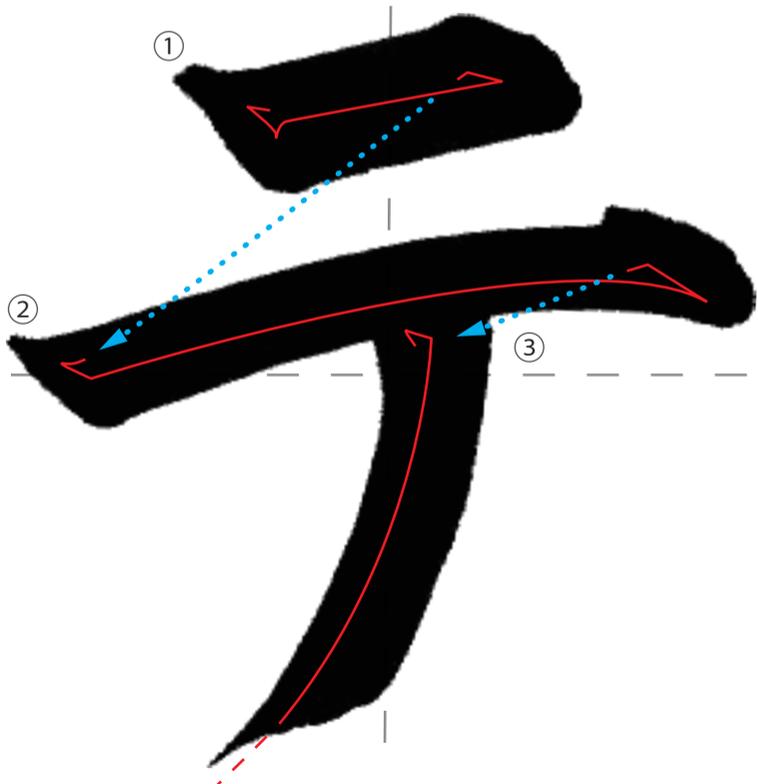
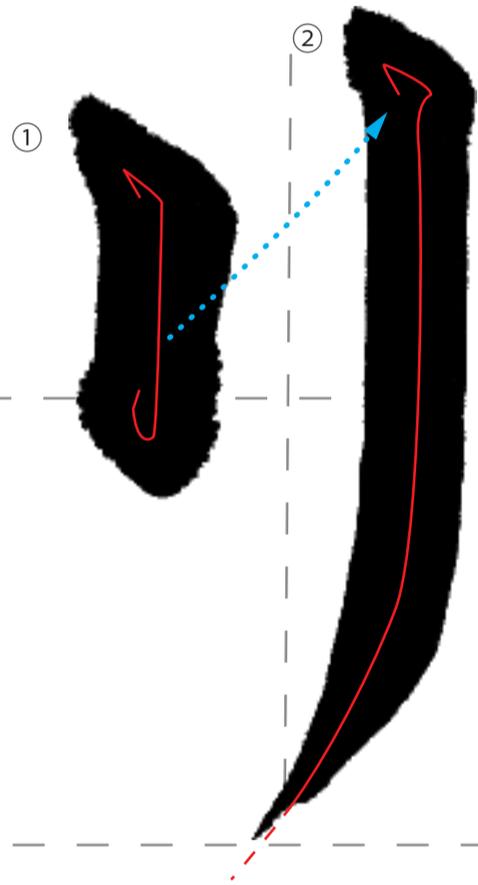
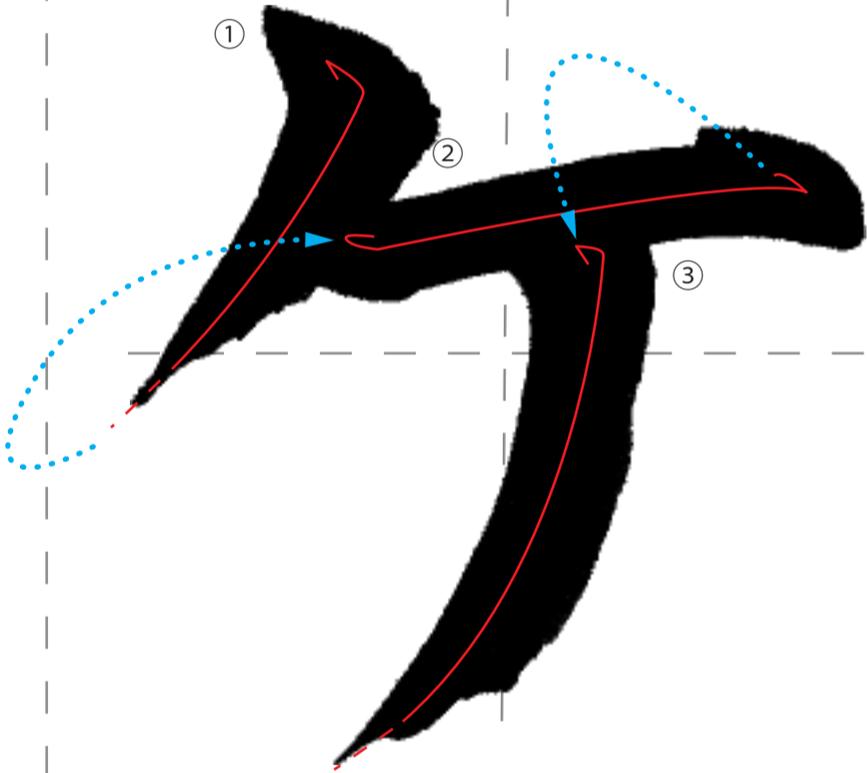
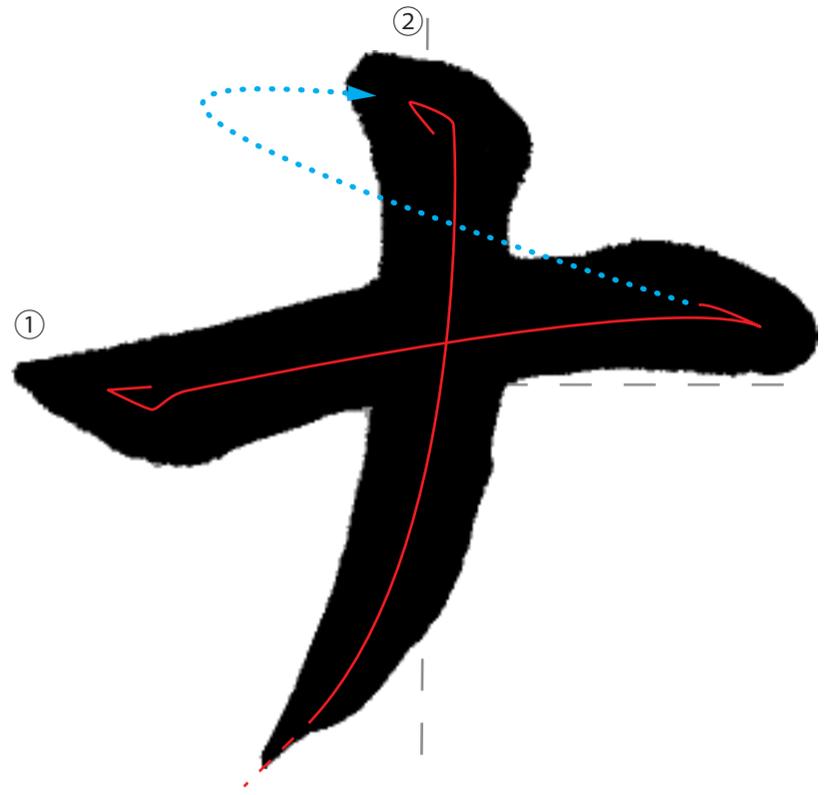
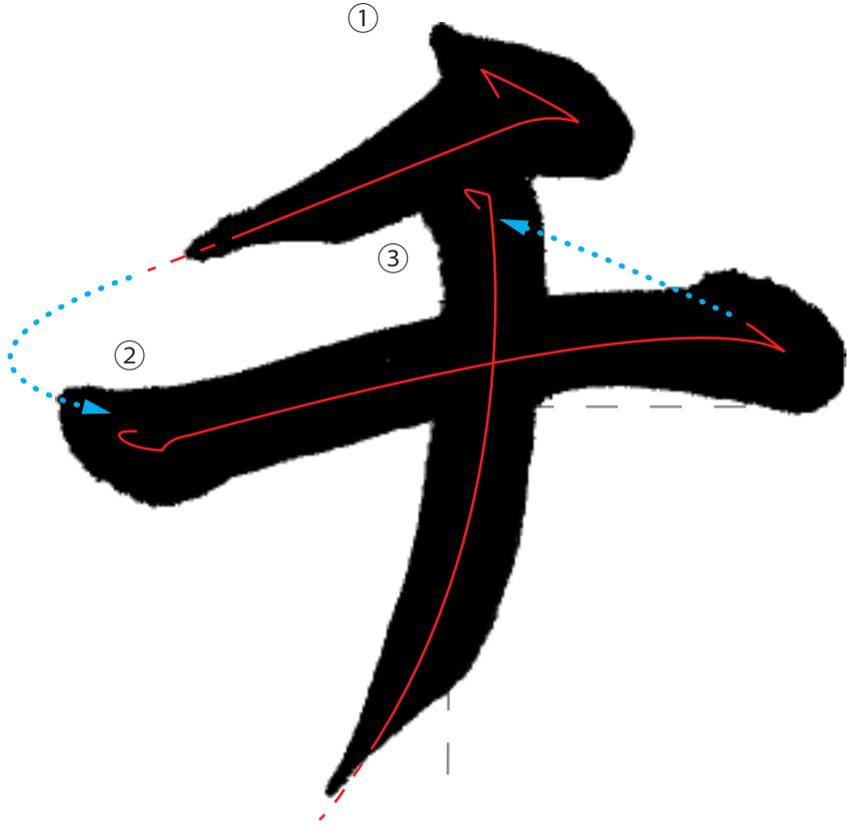
②



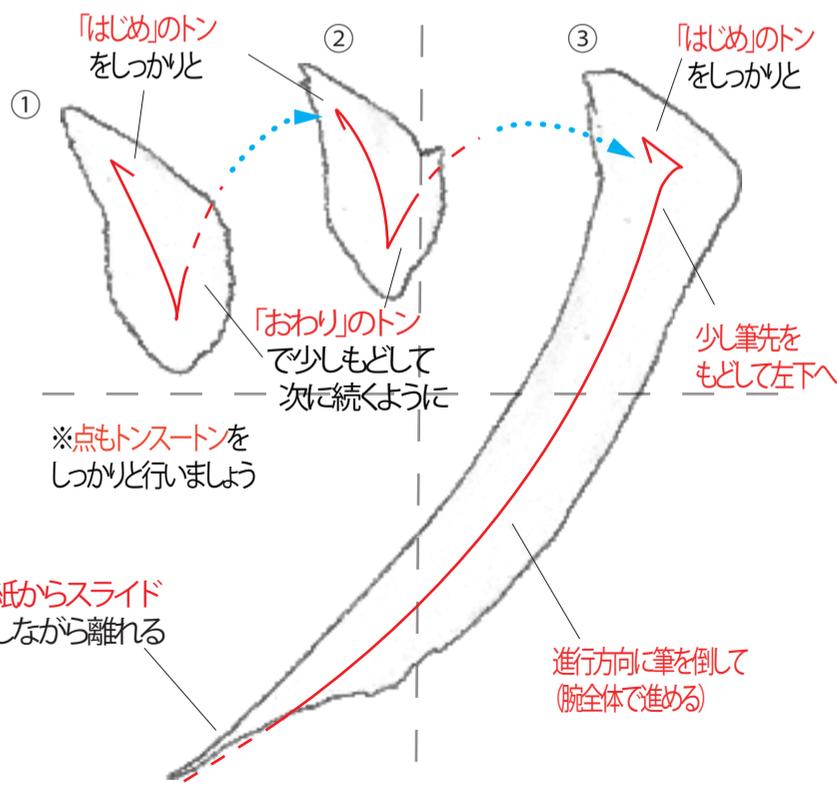
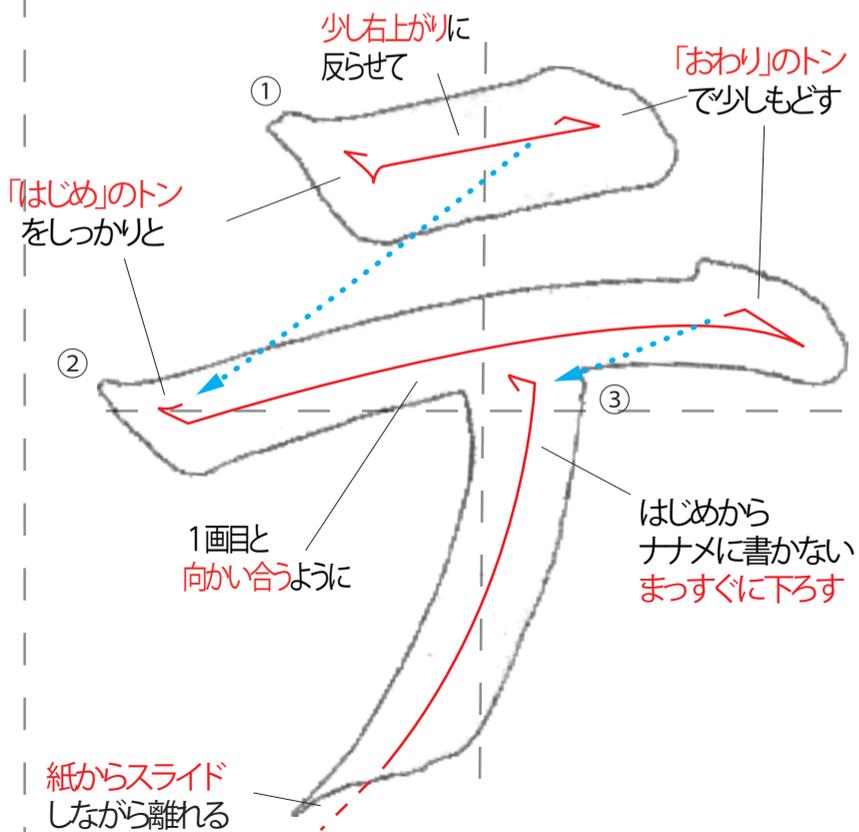
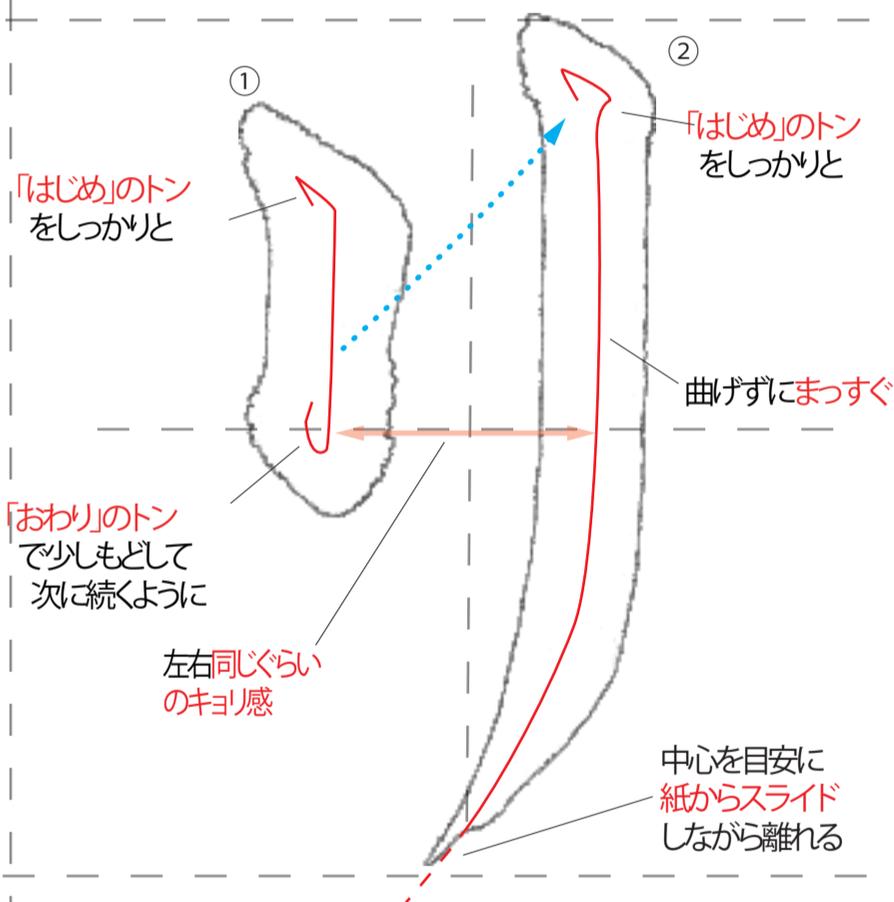
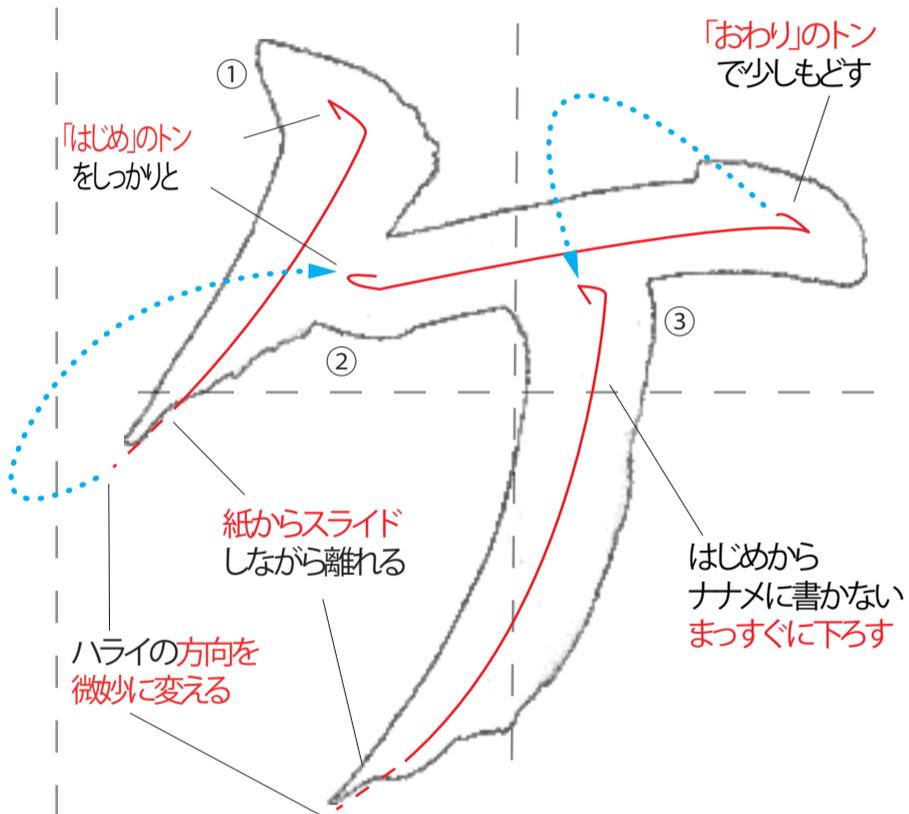
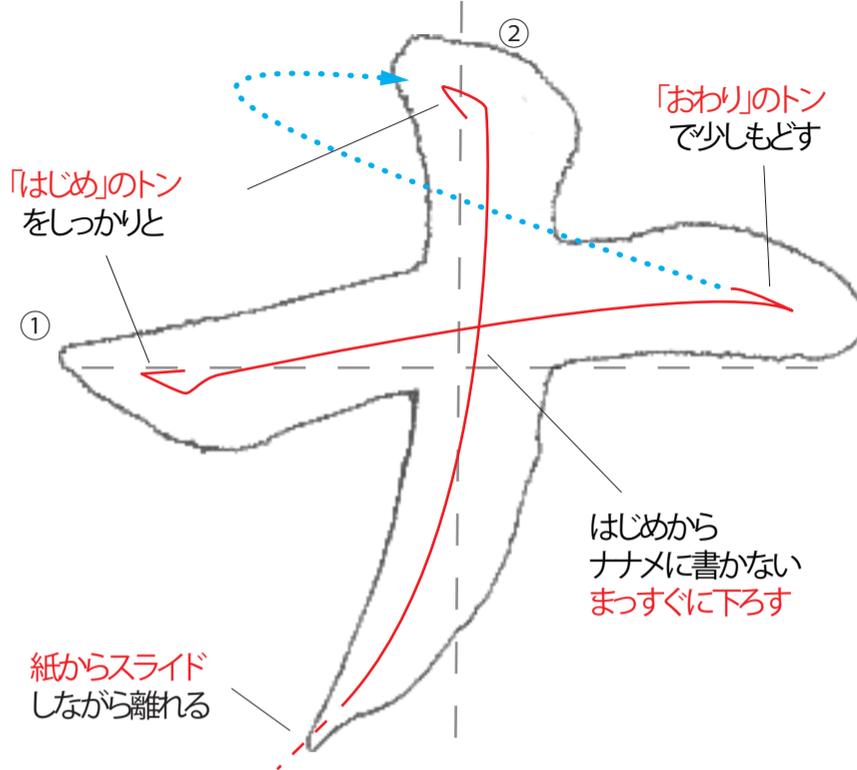
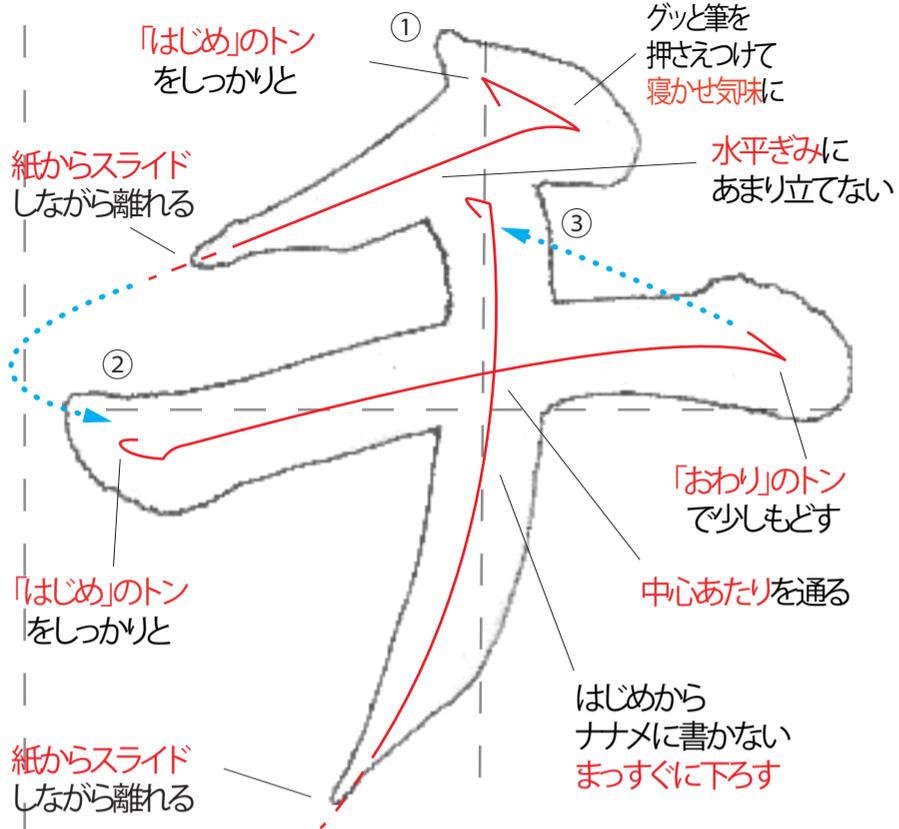
練習しやすく並び替え3 (スヌネミムハ)

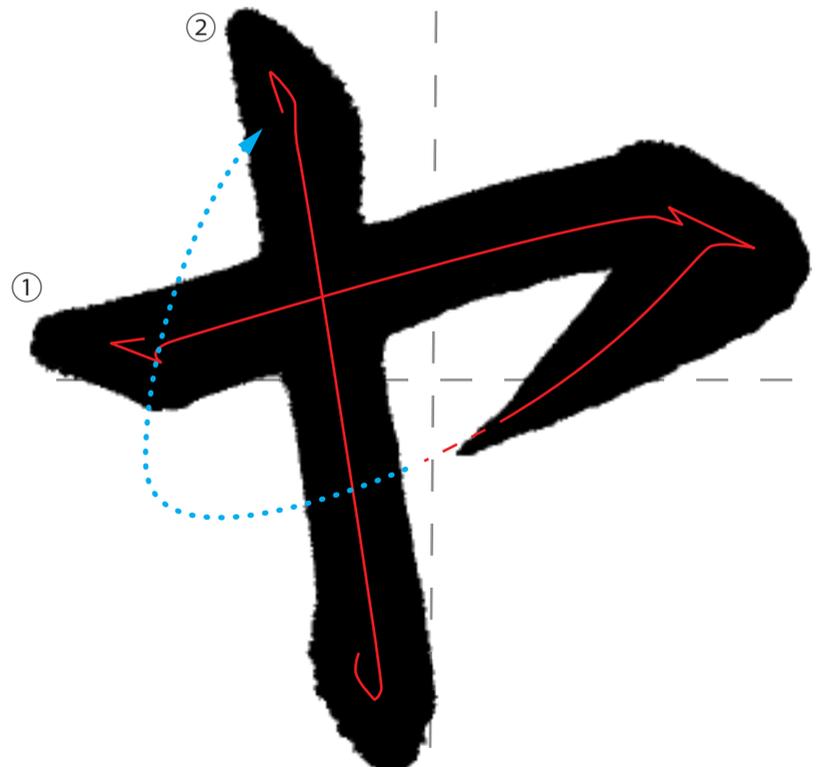
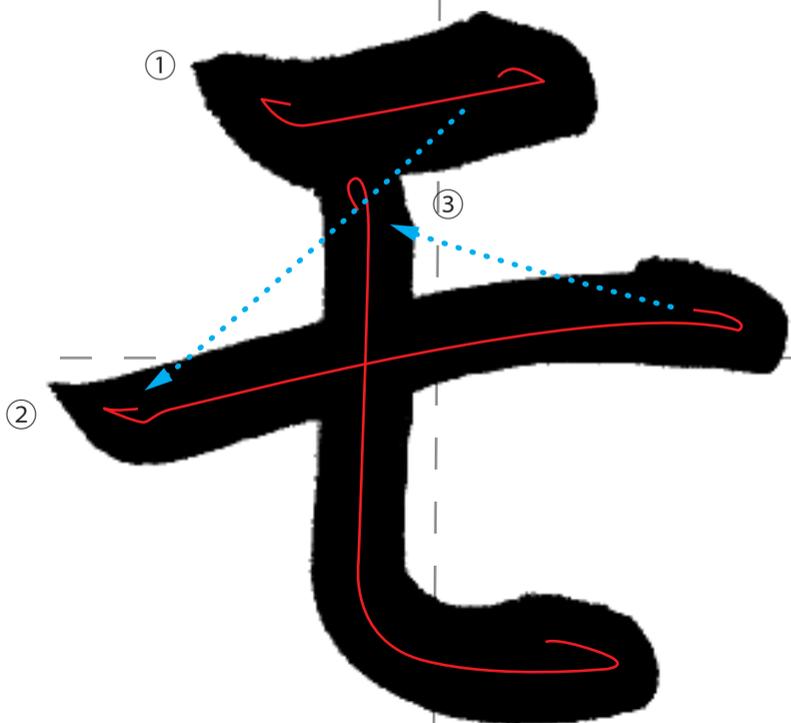
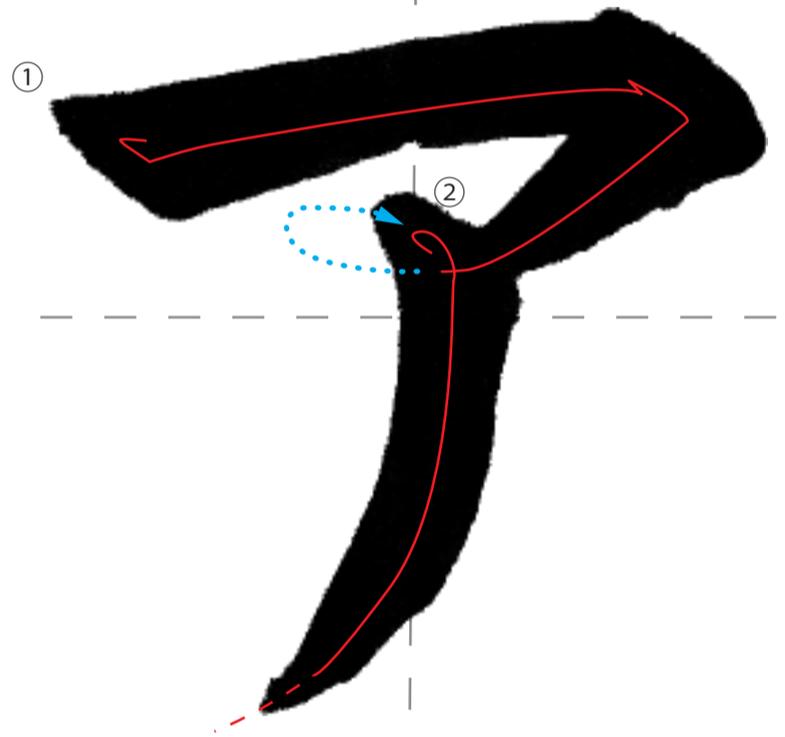
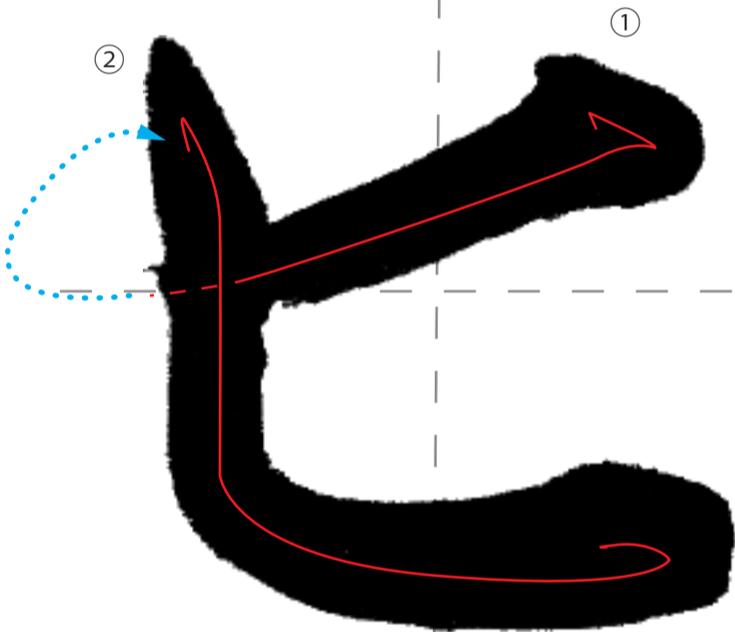
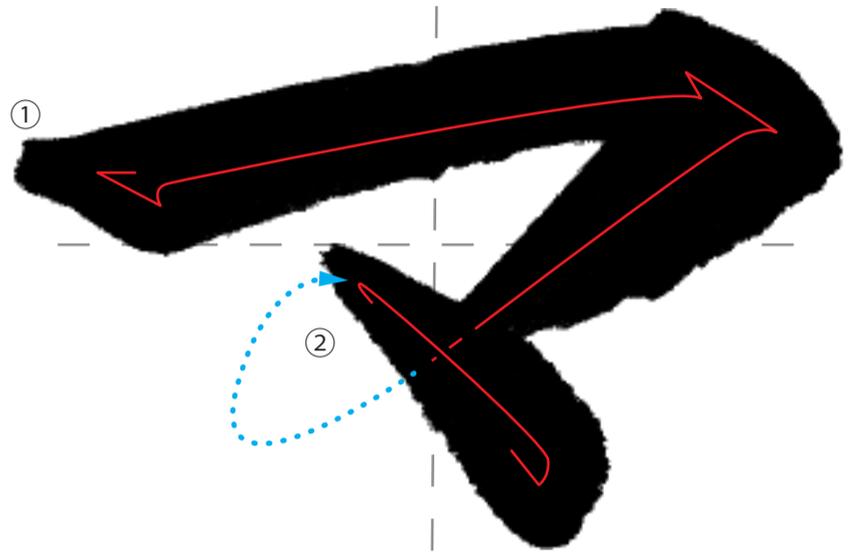
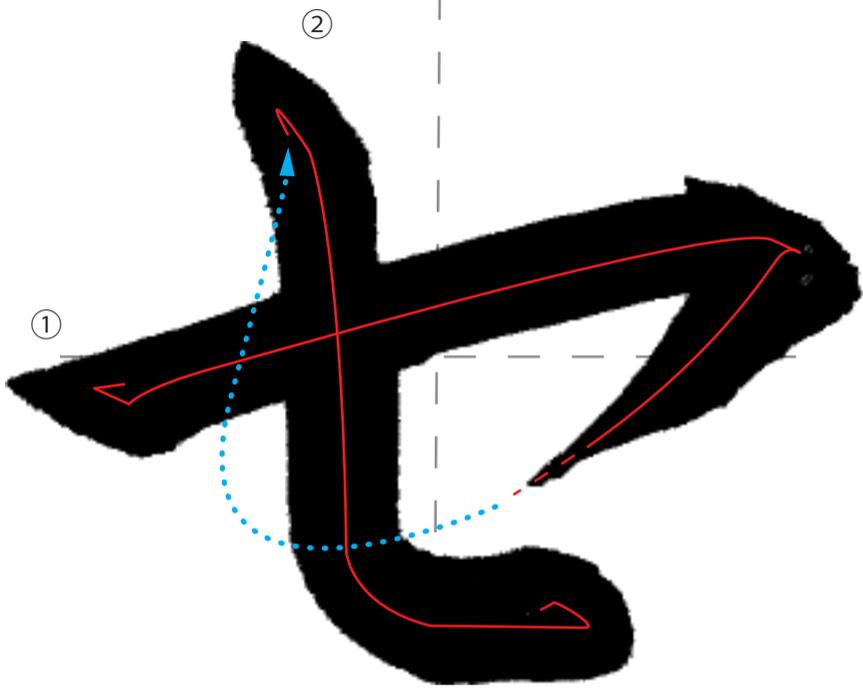


練習しやすく並び替え4 (ナリツチケテ)

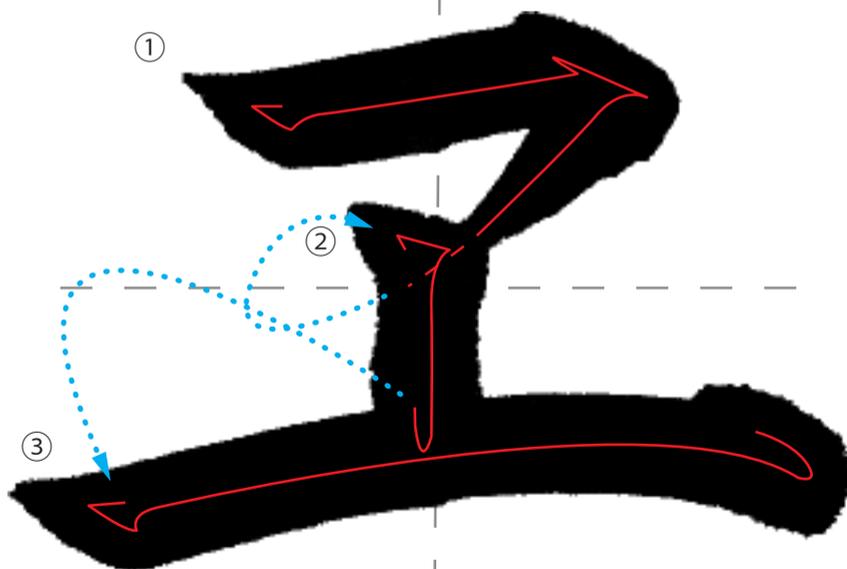
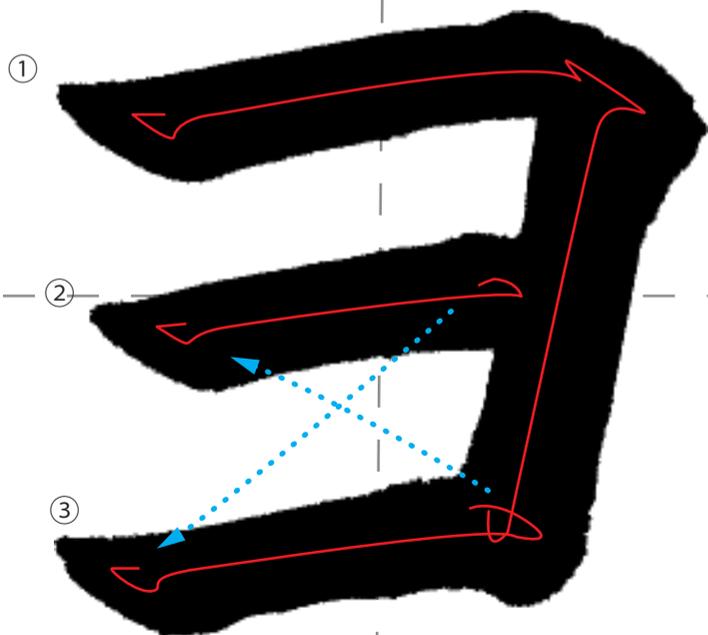
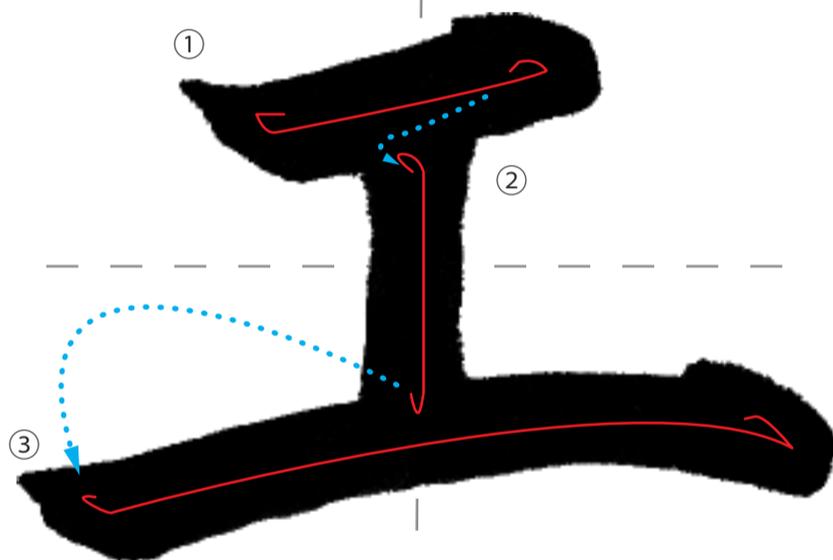
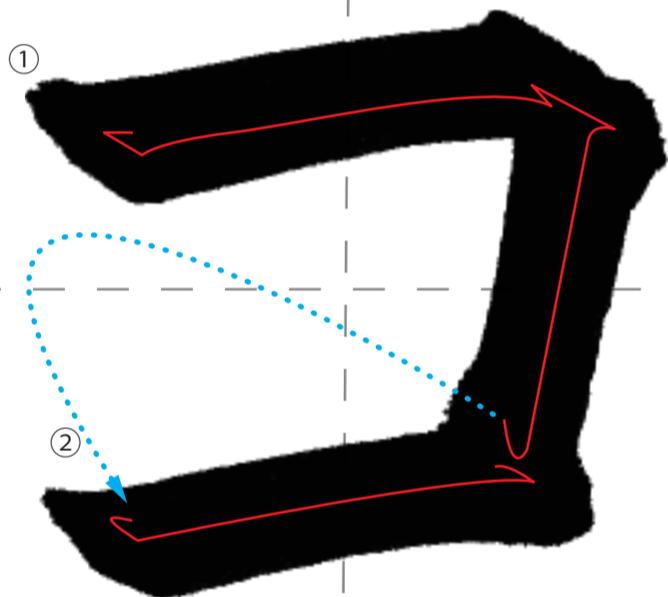
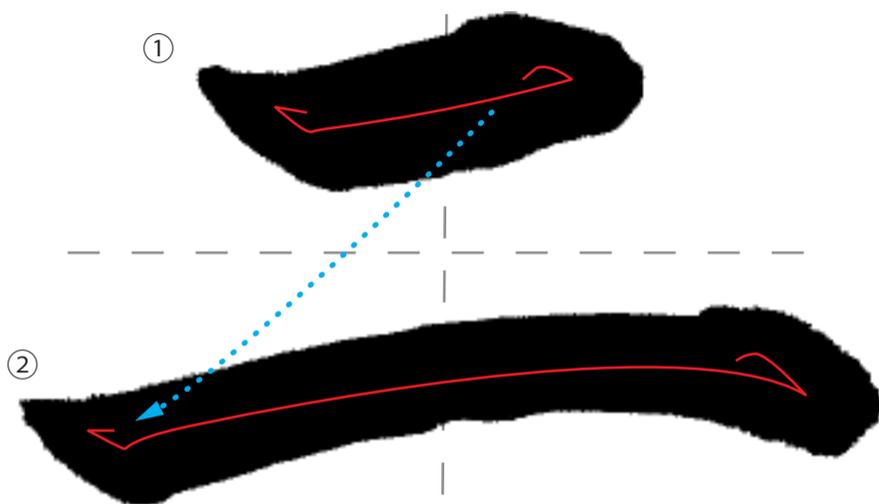
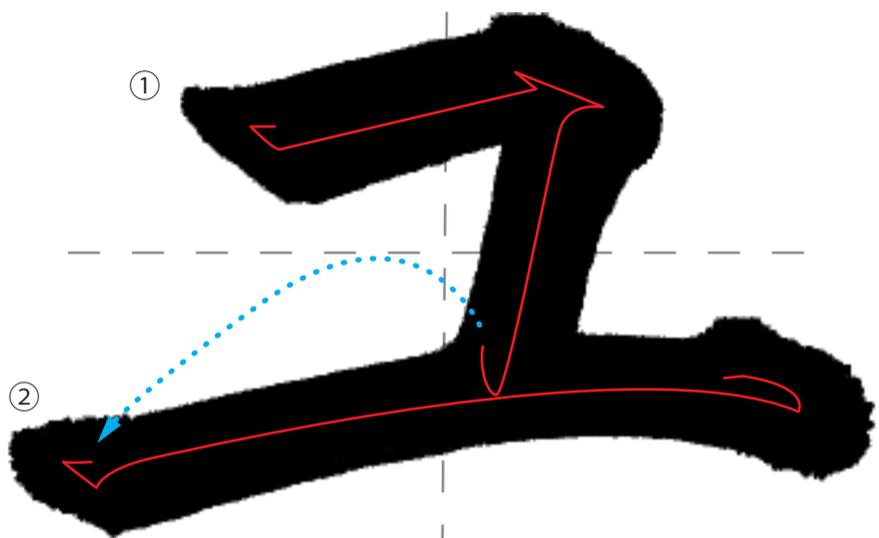


練習しやすく並び替え4 (ナリツチケテ)

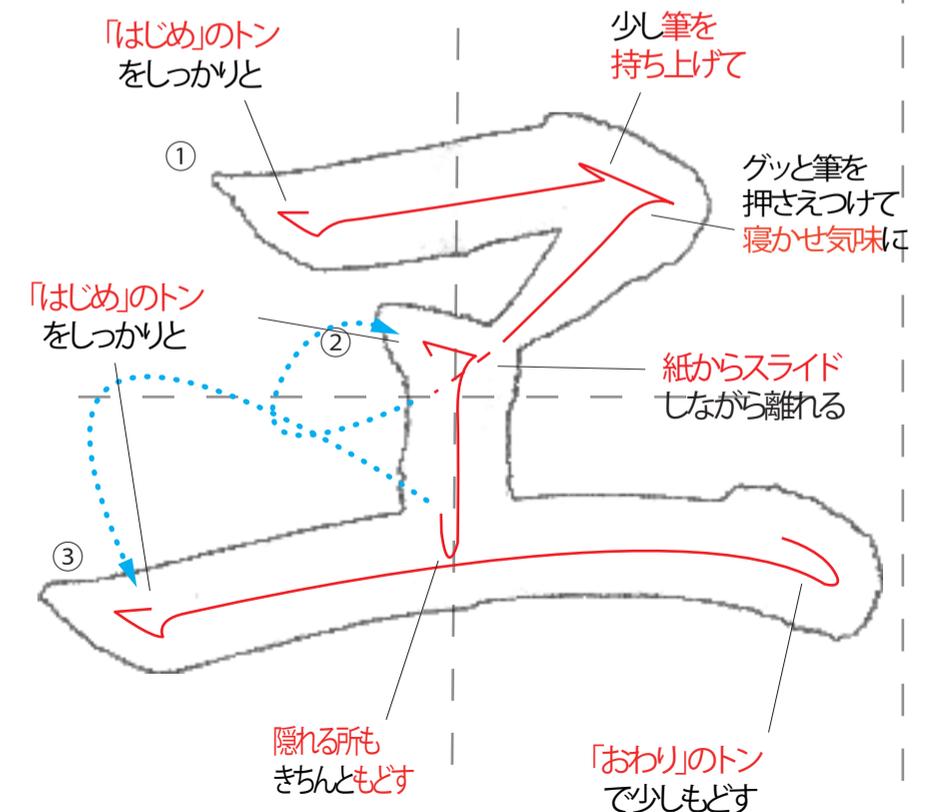
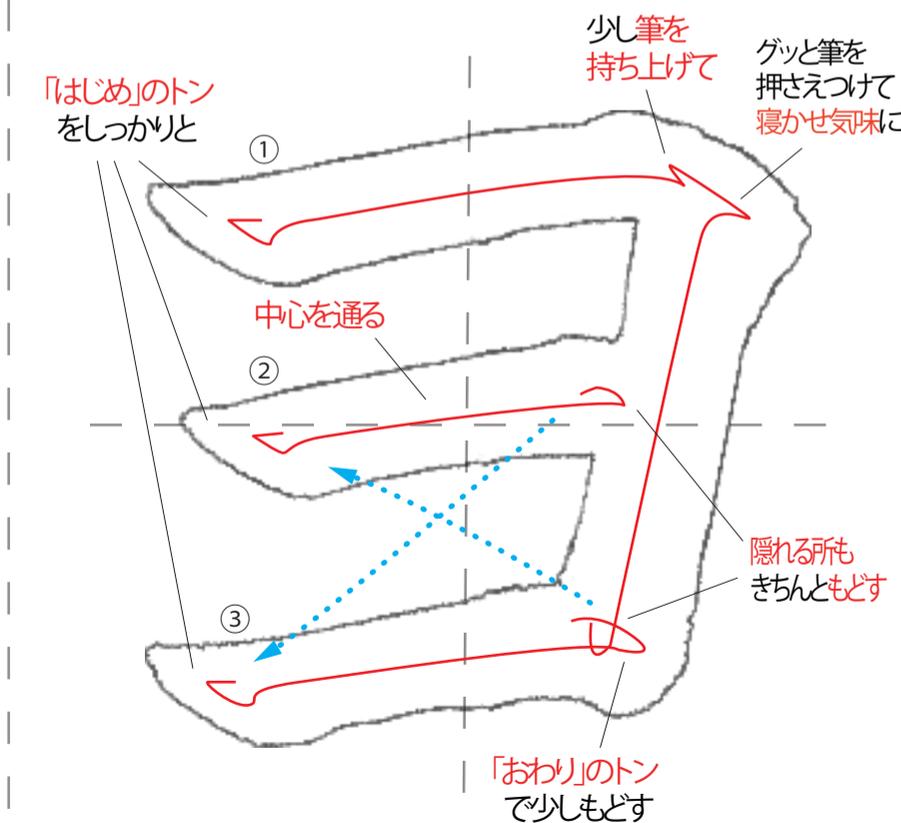
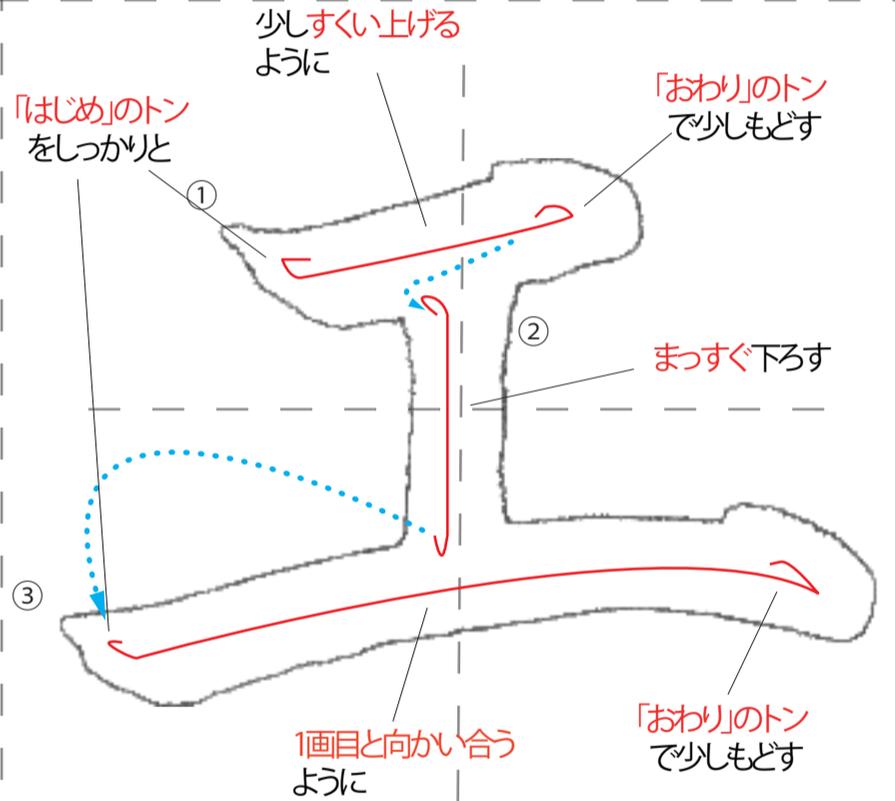
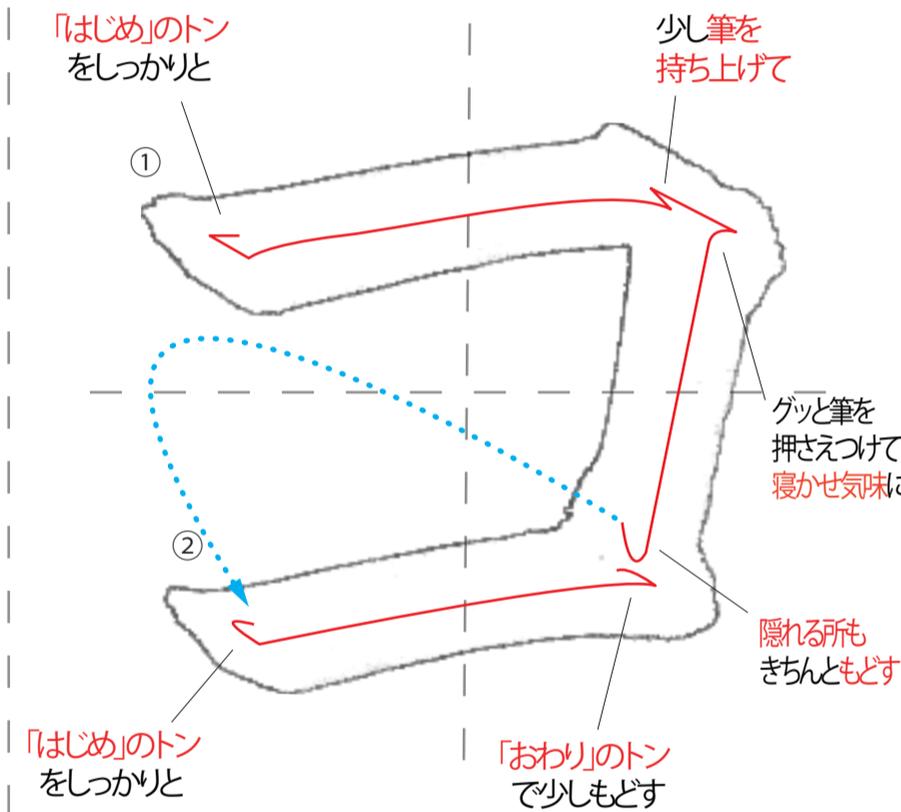
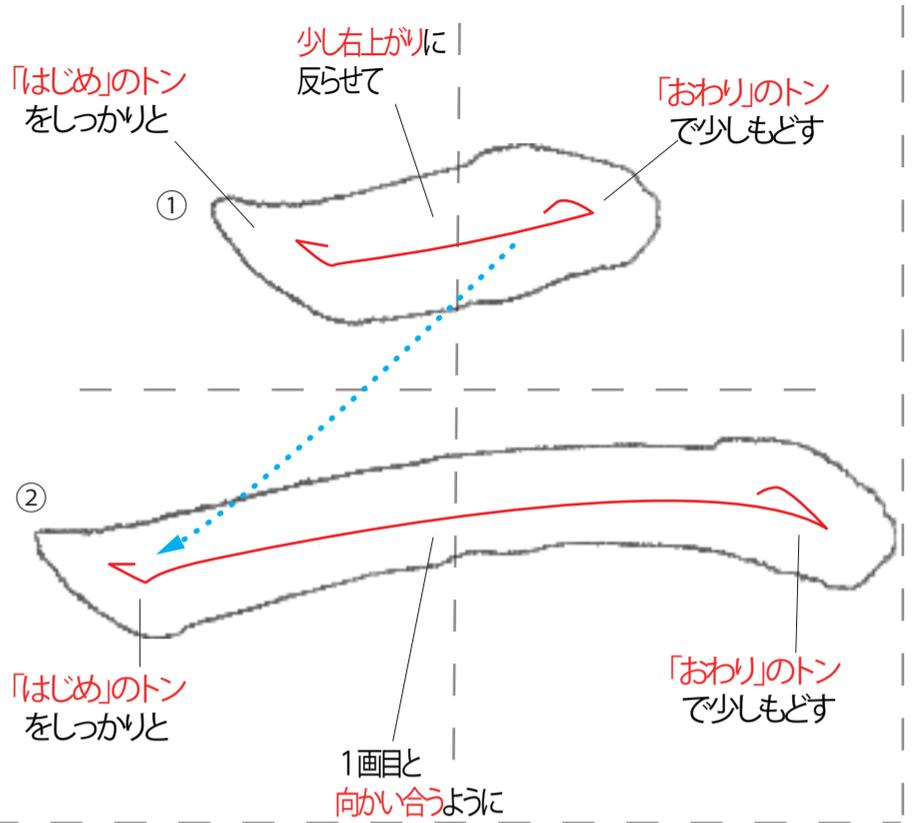
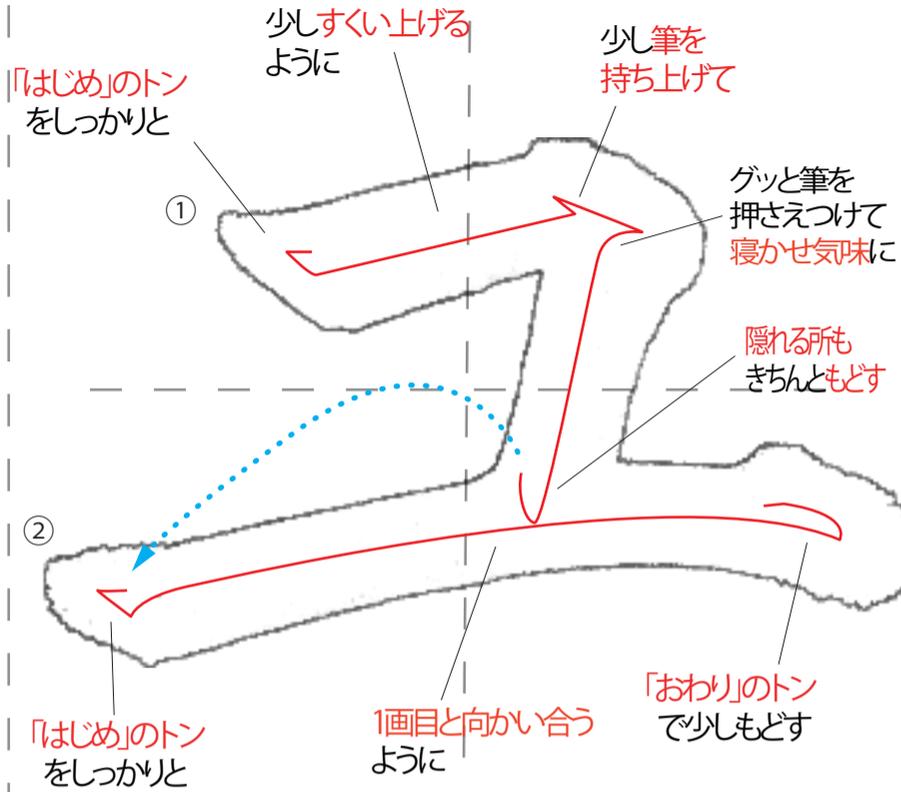




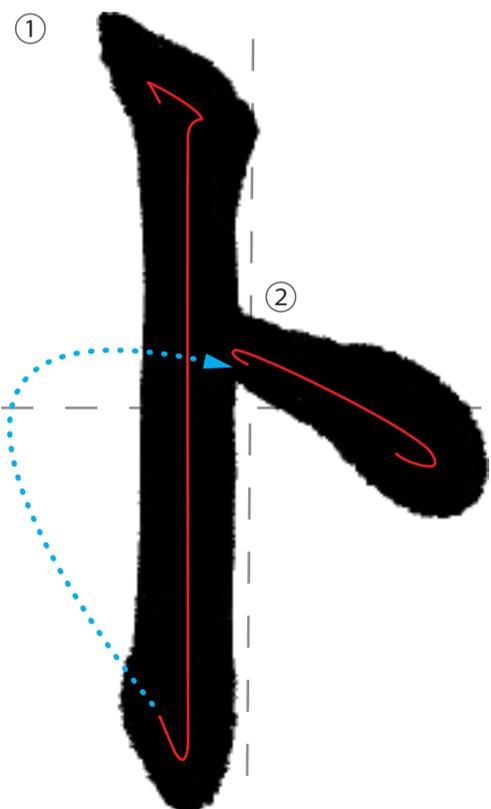
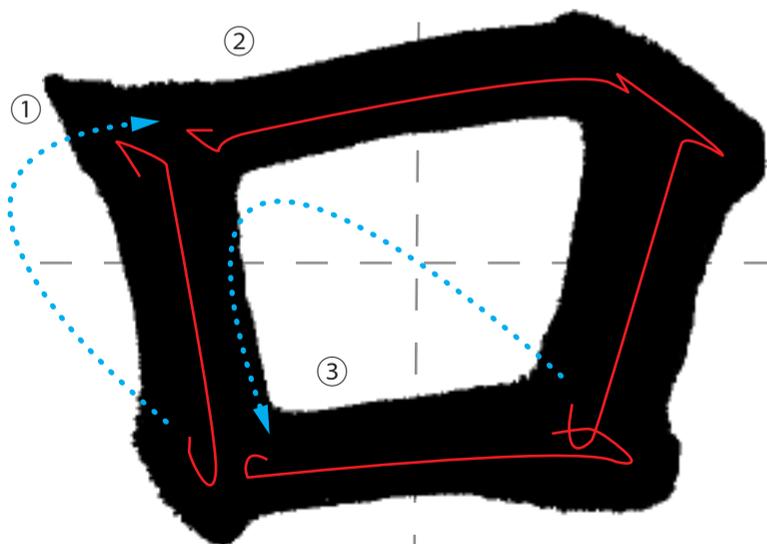
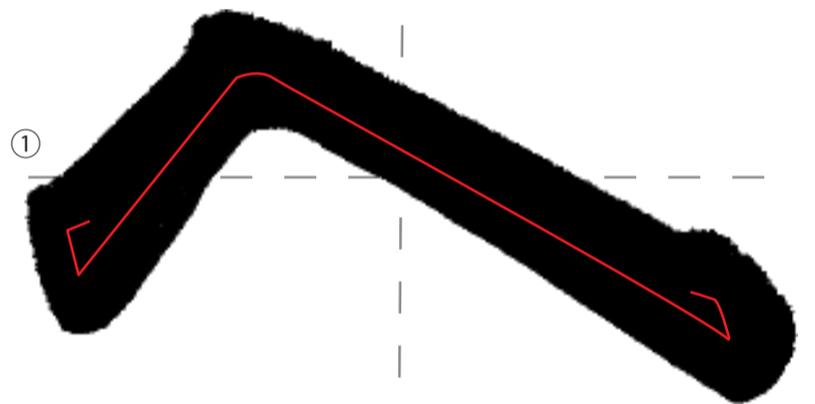
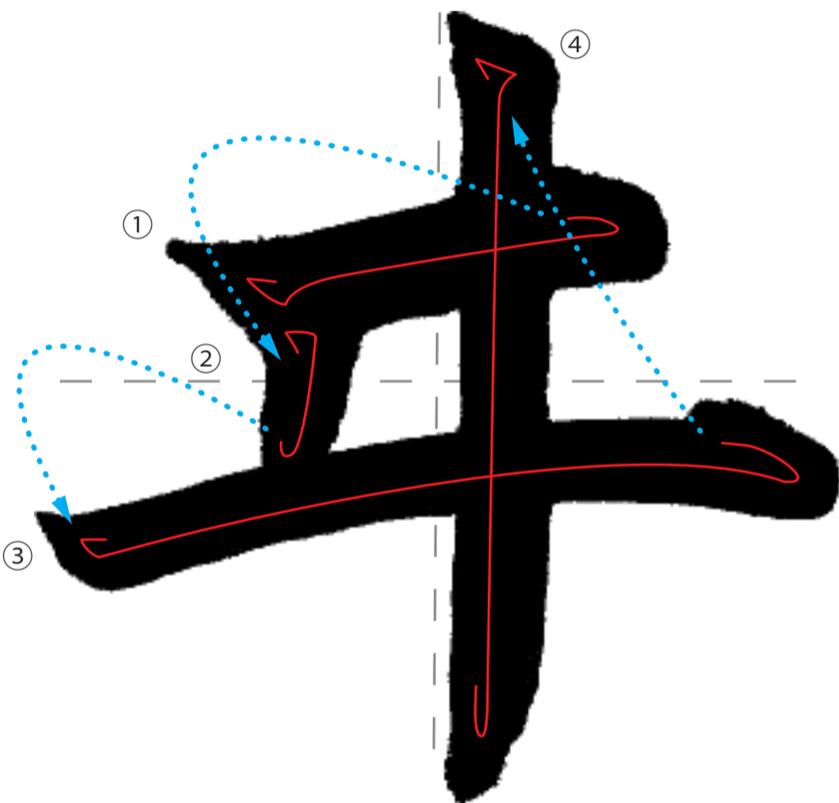
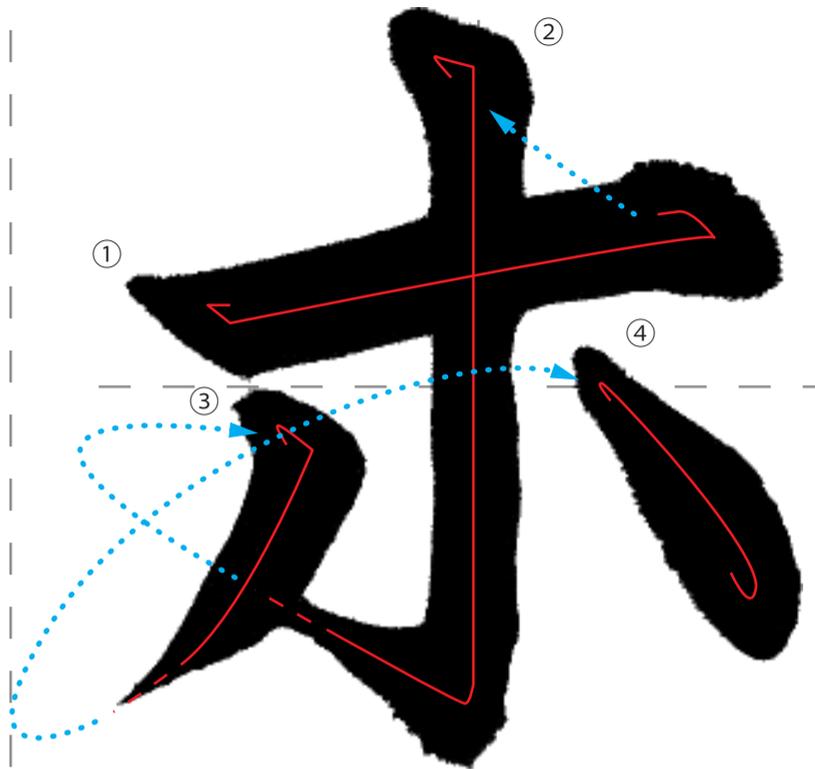
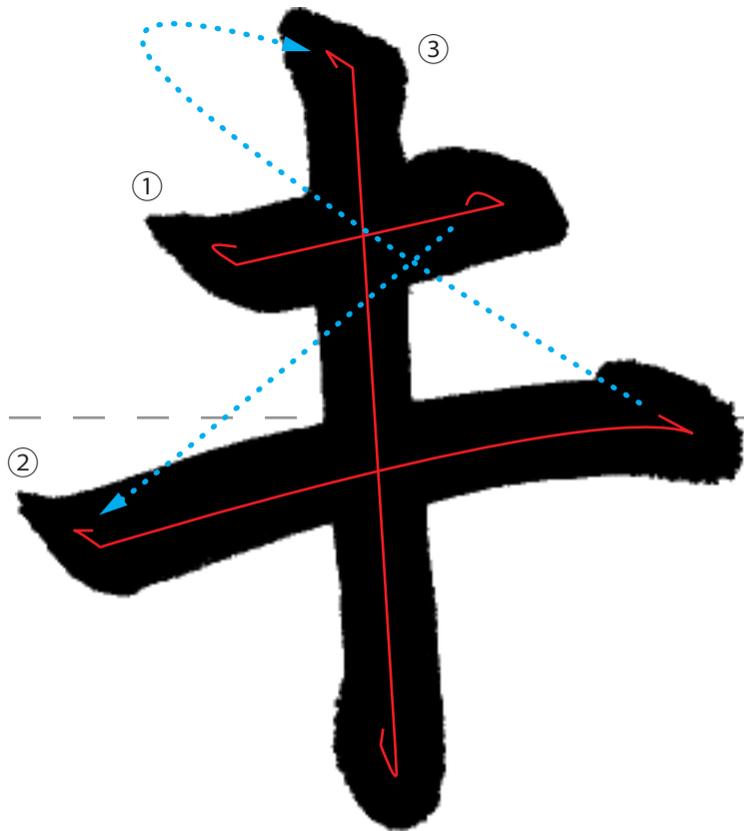
練習しやすく並び替え5 (マアヤセヒモ)



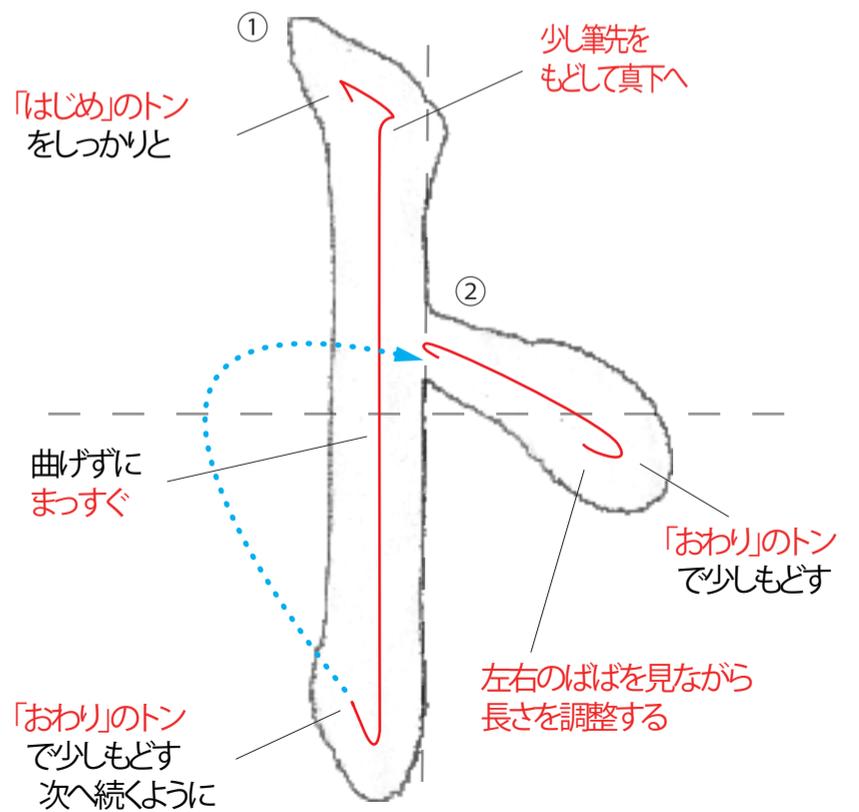
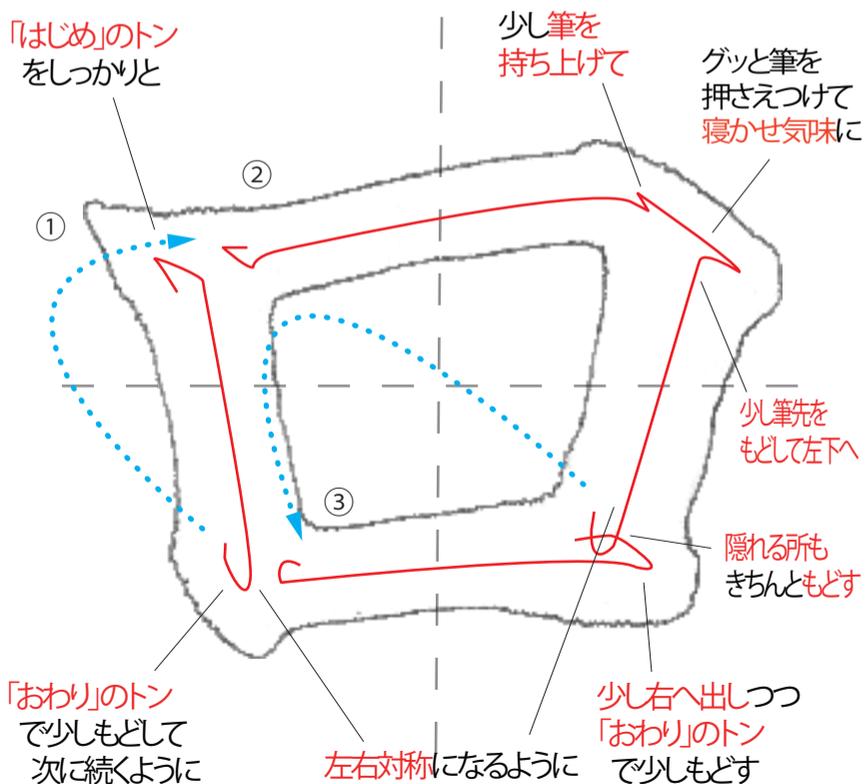
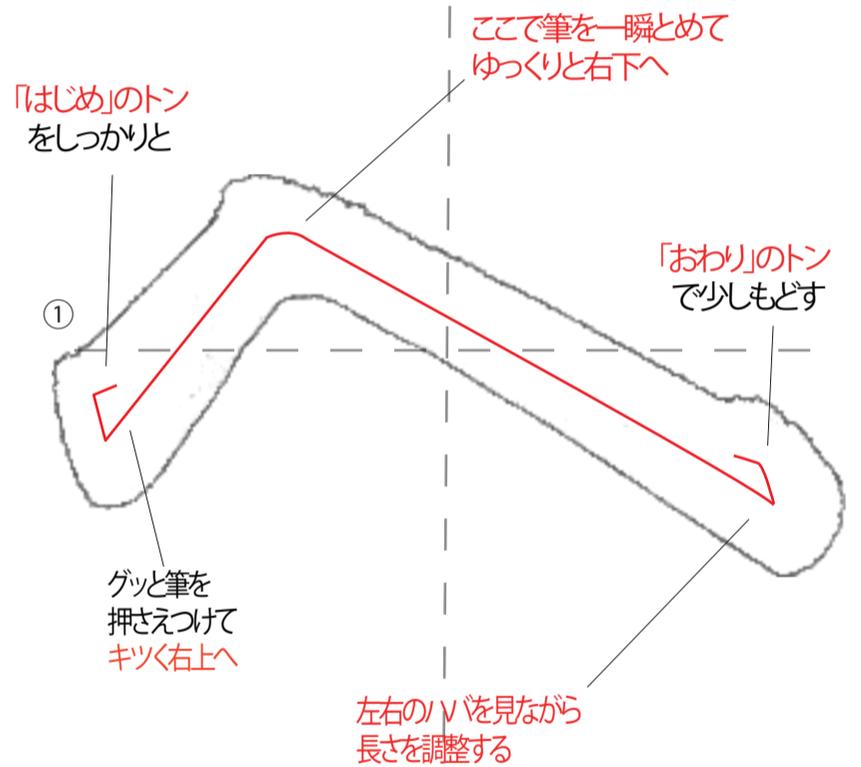
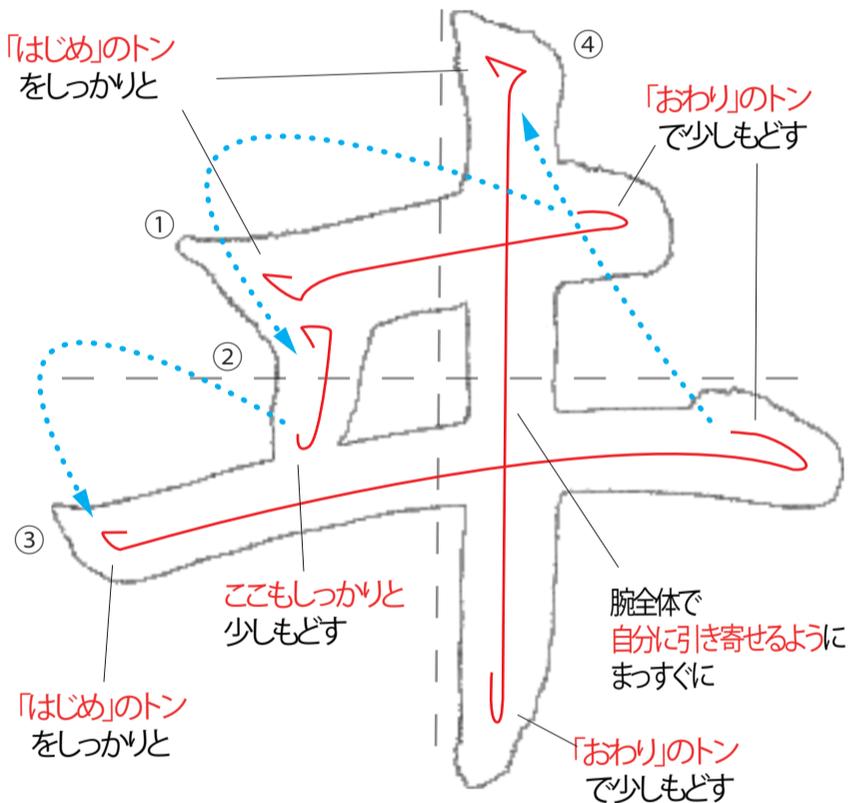
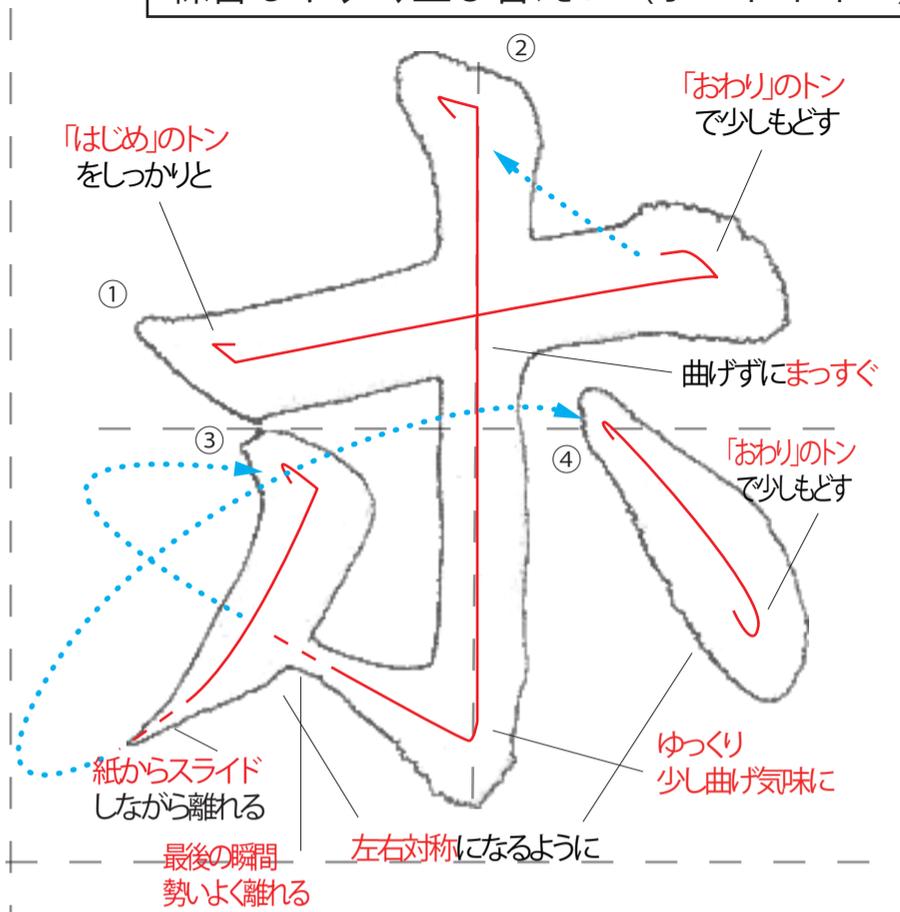
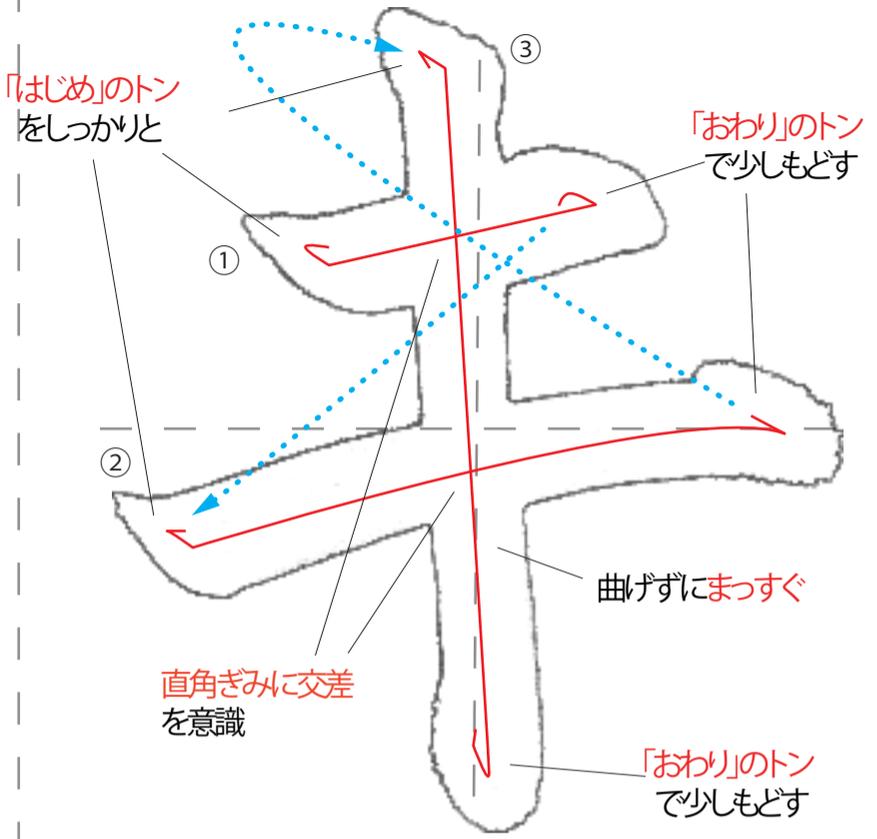
練習しやすく並び替え6 (ニエエユコヨ)

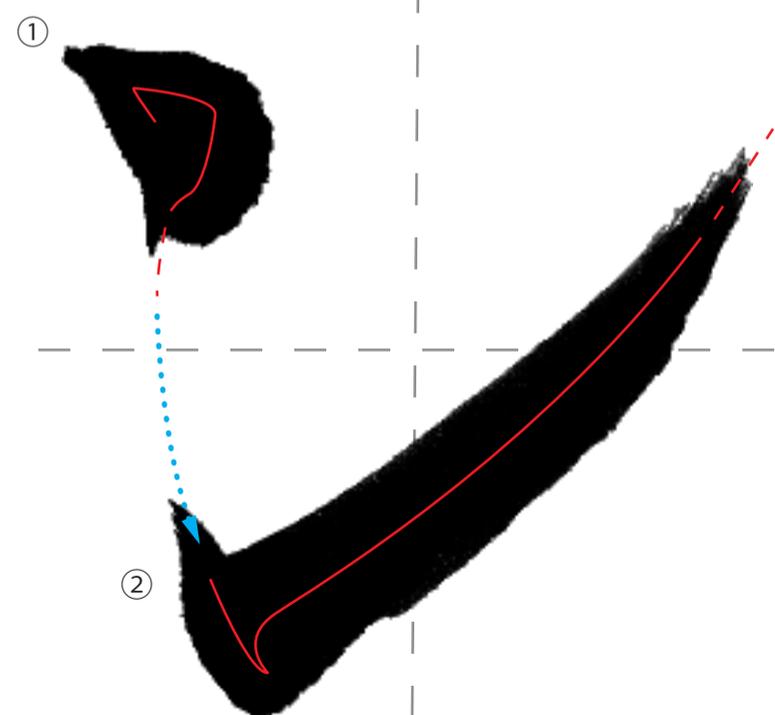
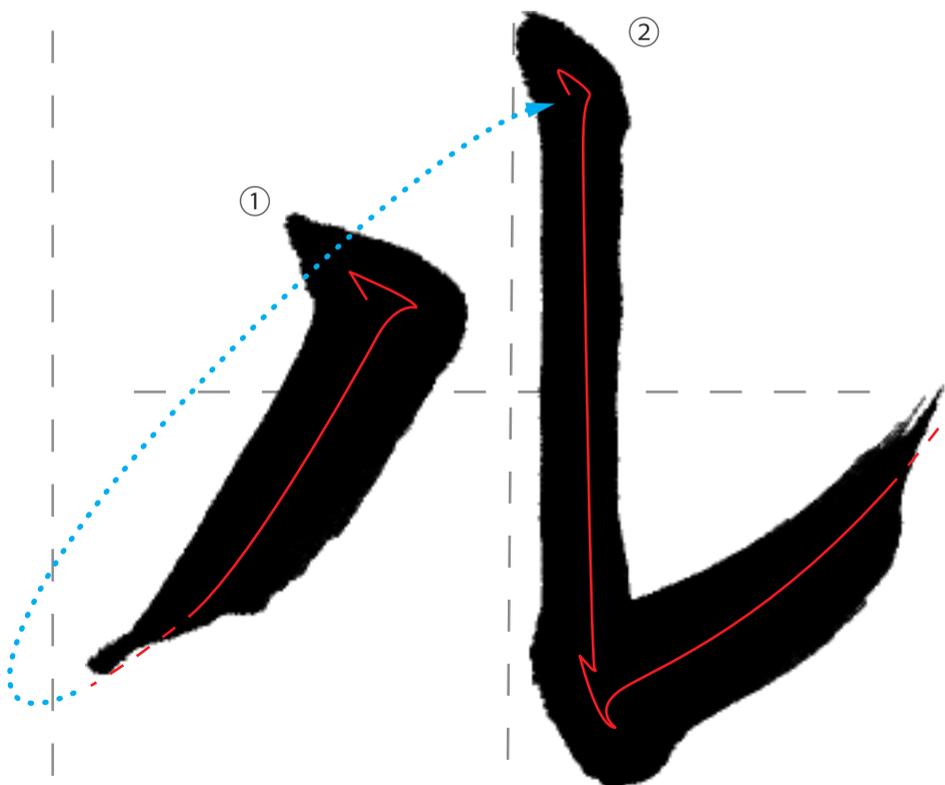
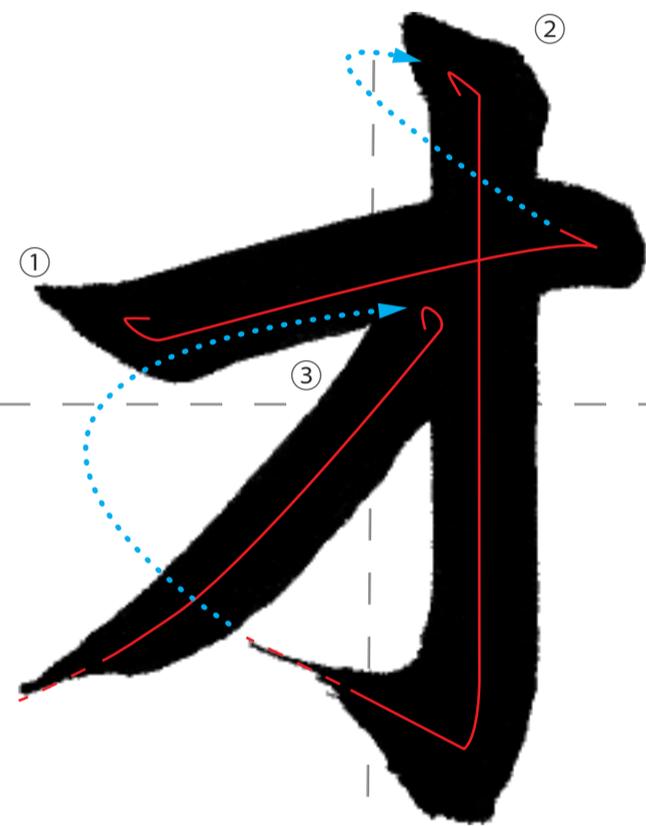
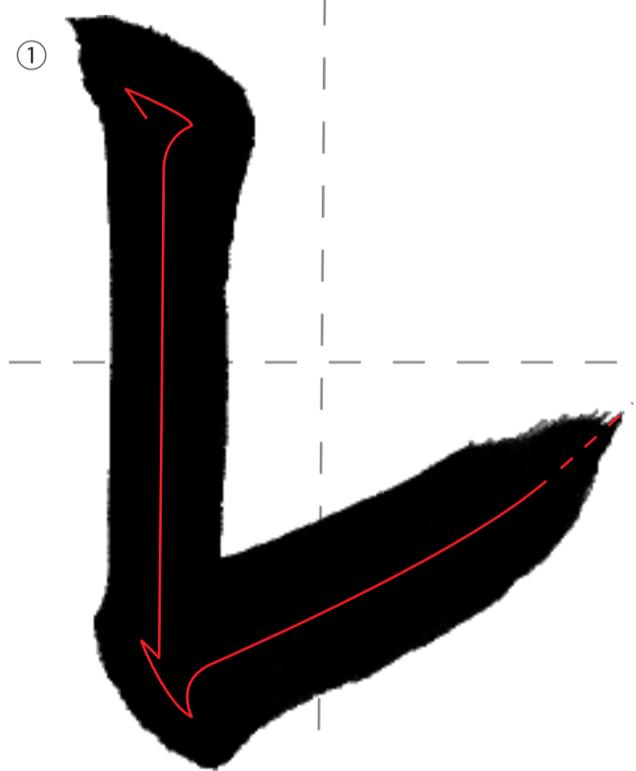
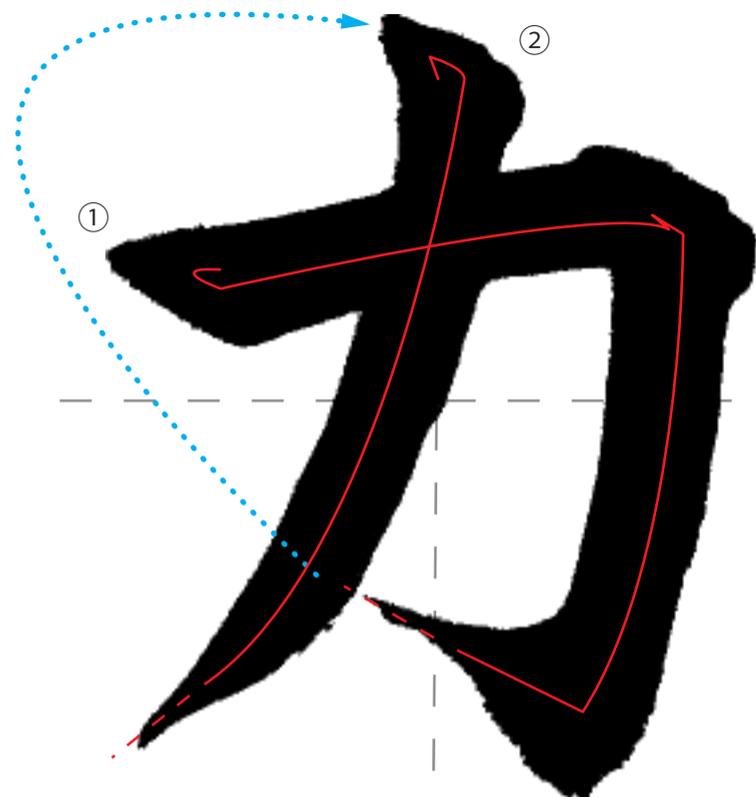
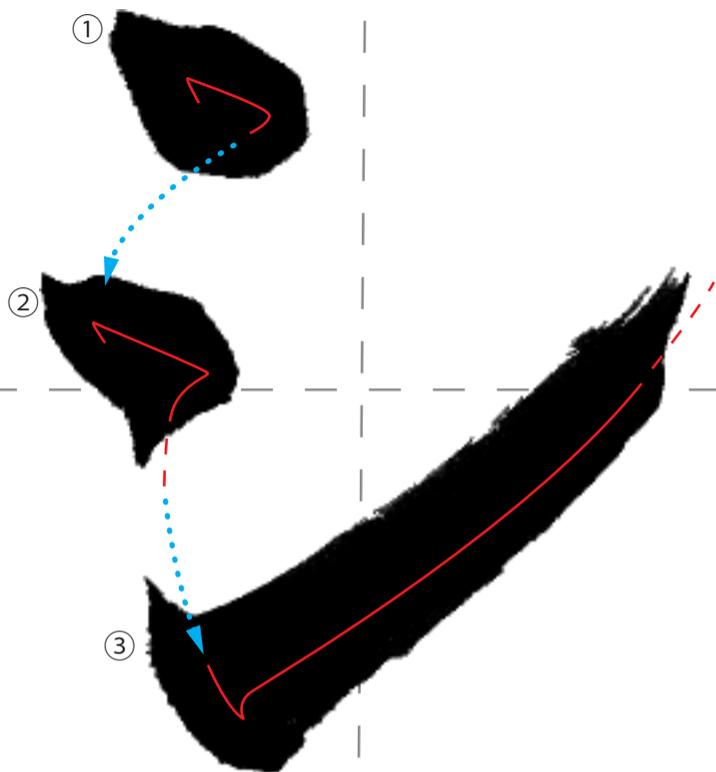


練習しやすく並び替え7 (ホヘトキ中口)



練習しやすく並び替え7 (ホヘトキ中口)





練習しやすく並び替え8 (カオンシレル)

