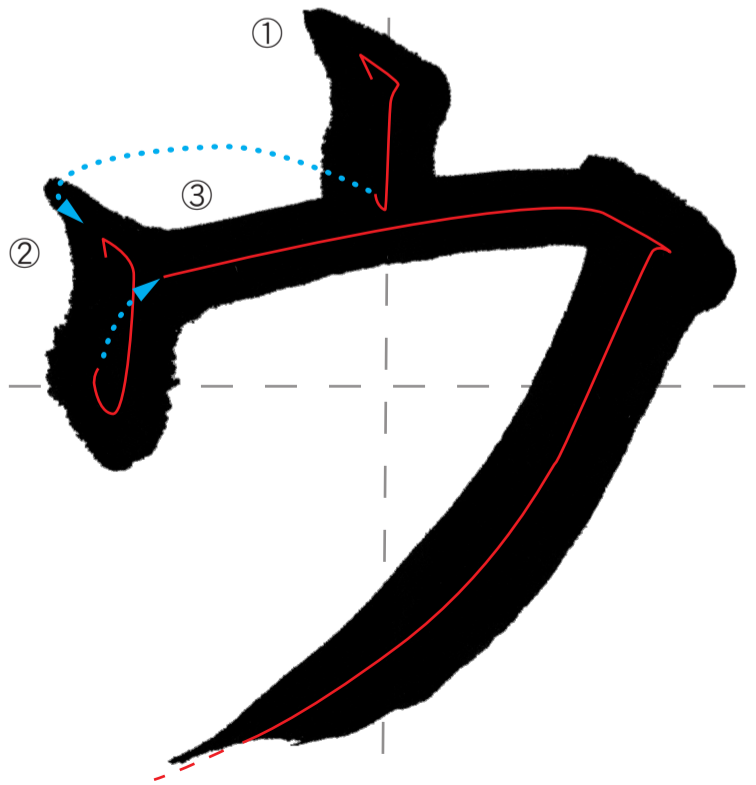
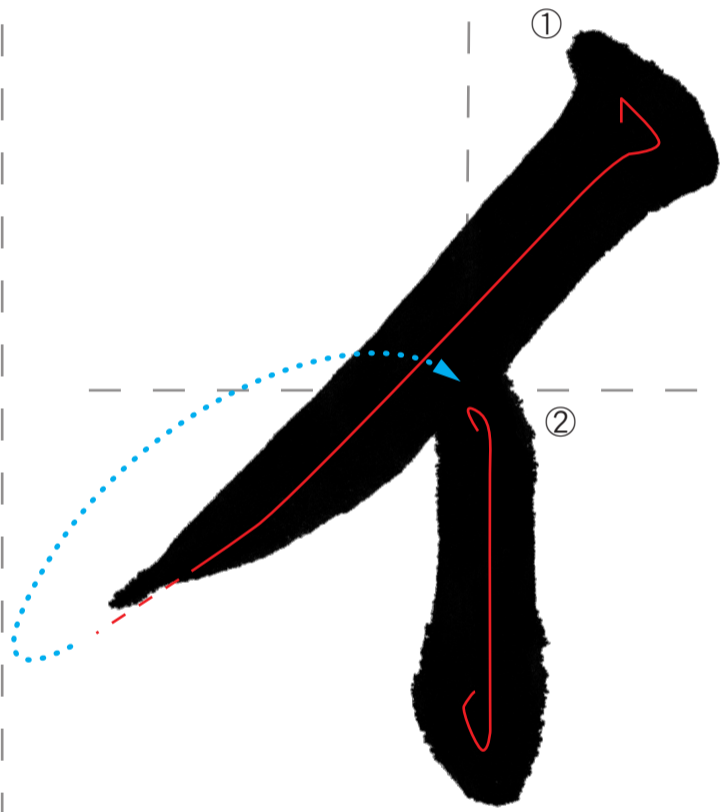
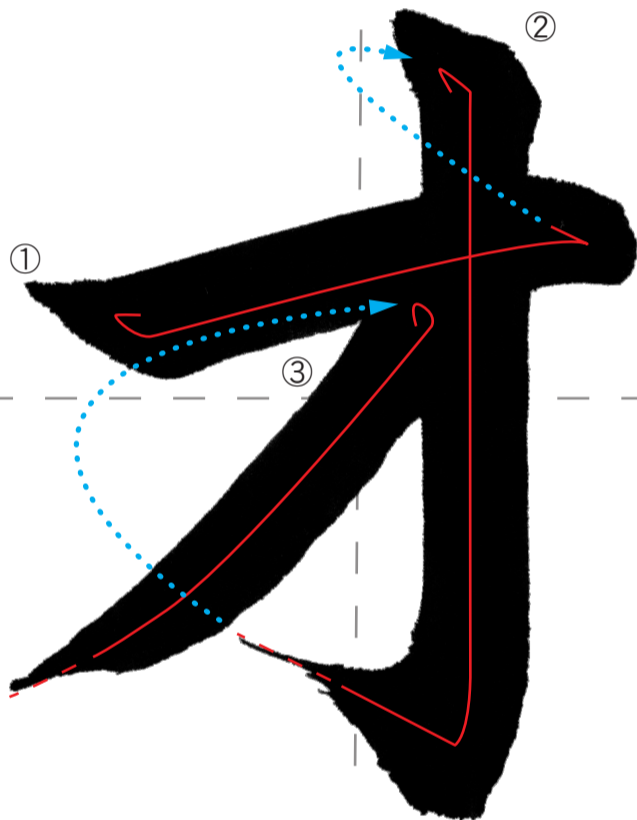
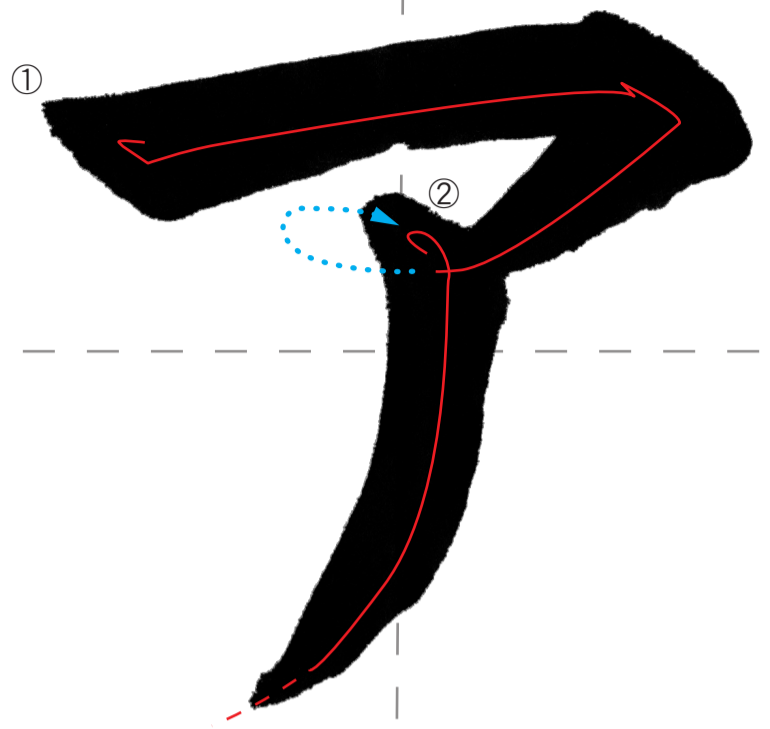
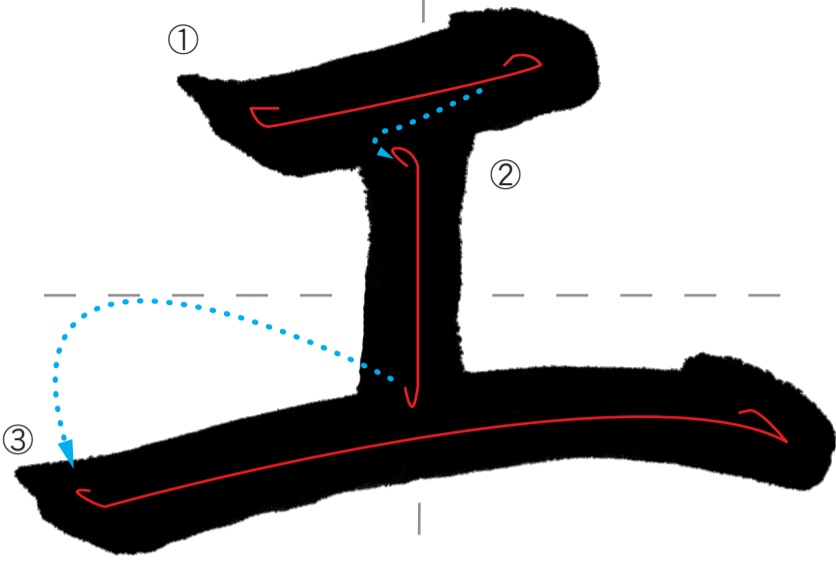
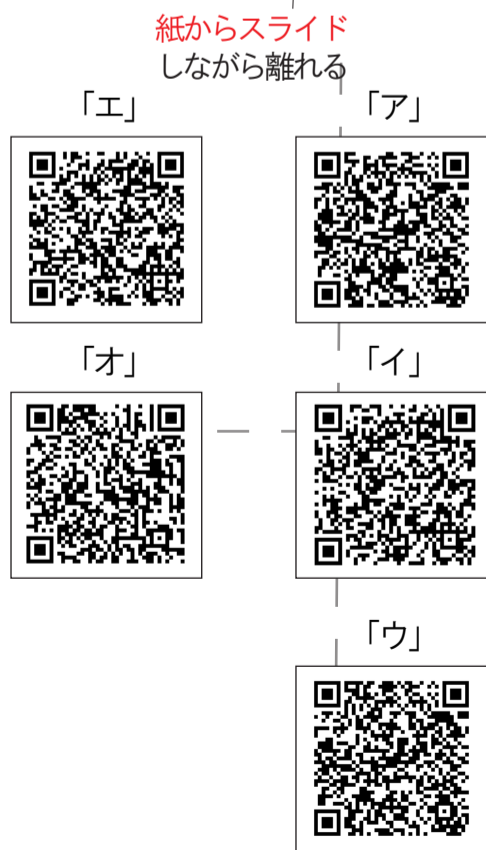
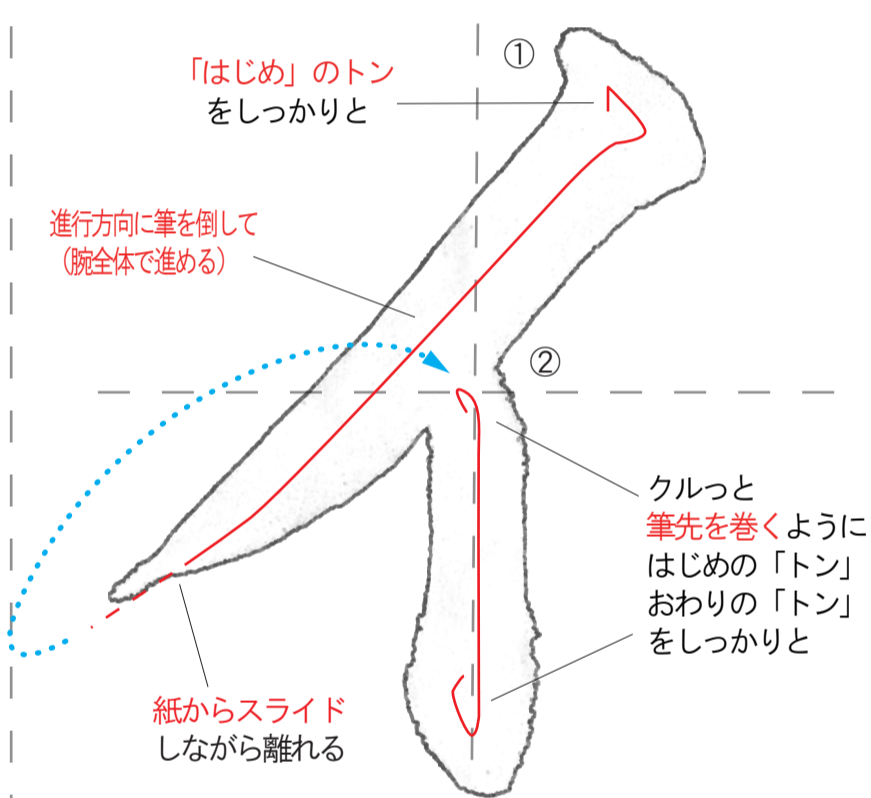
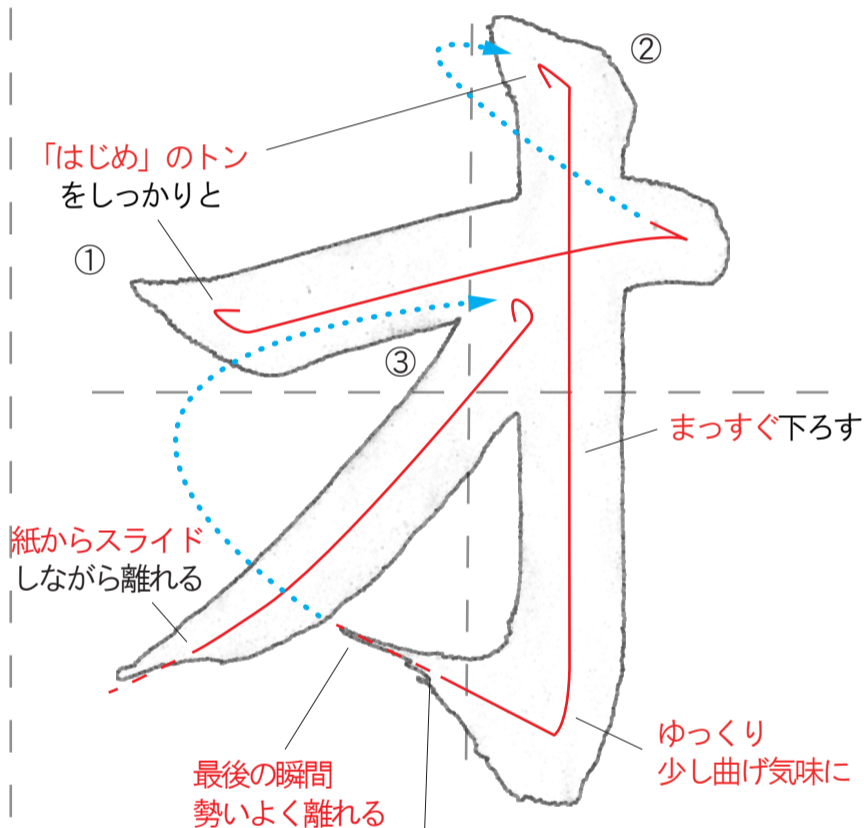
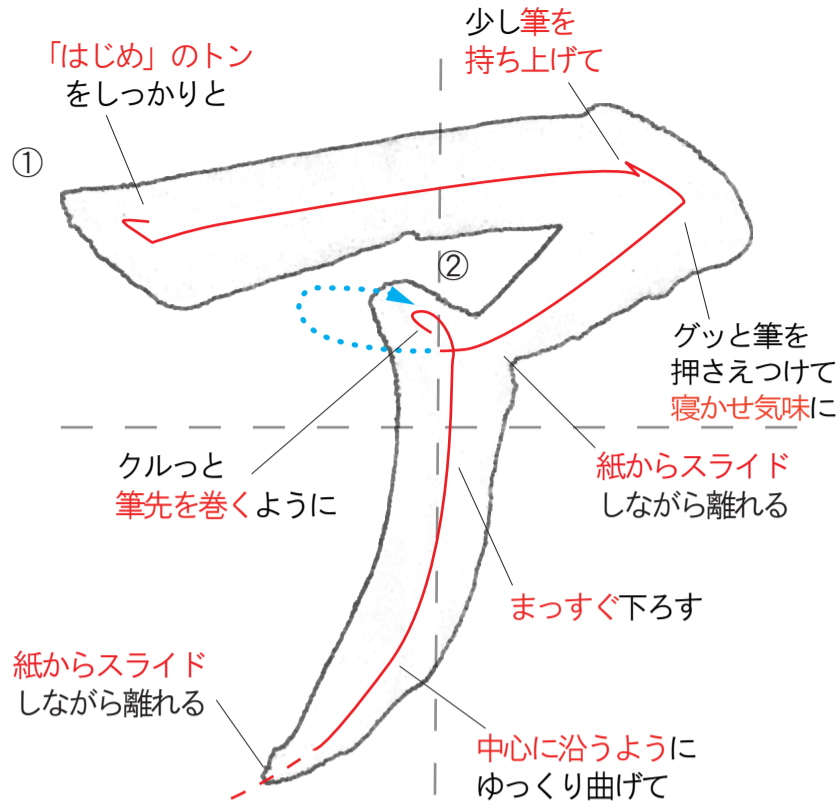
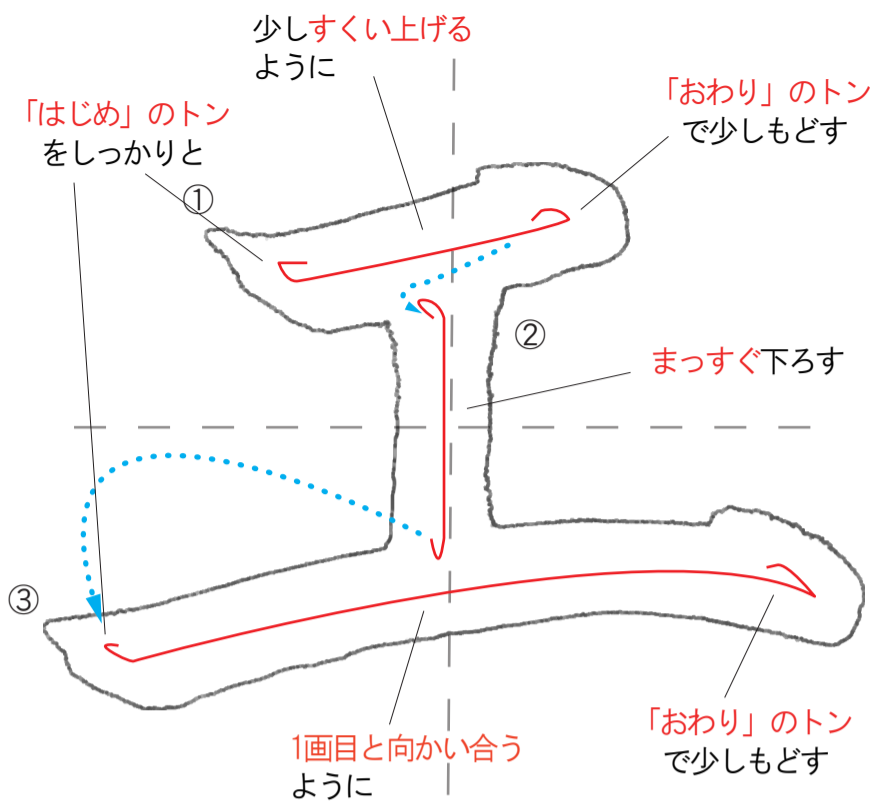


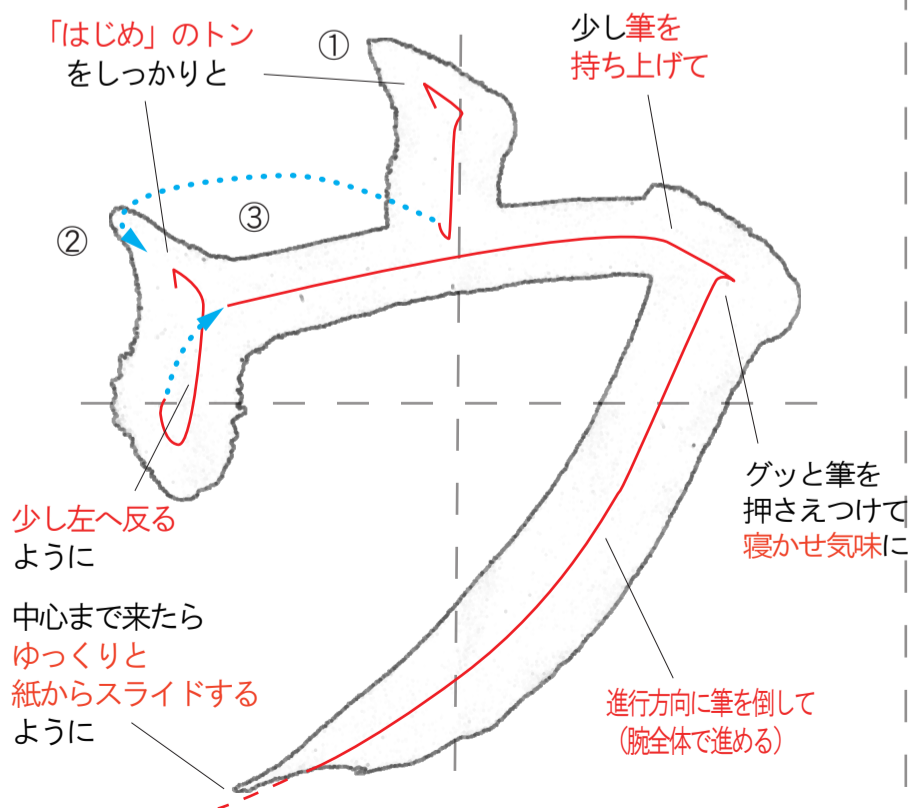
①ア行 (ア・イ・ウ・エ・オ)



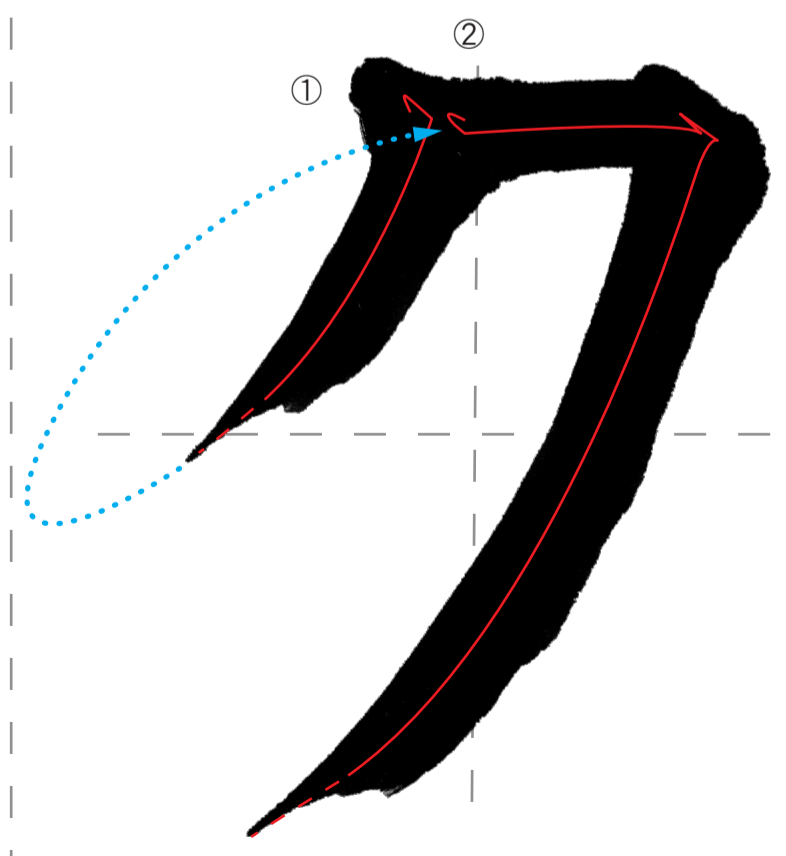
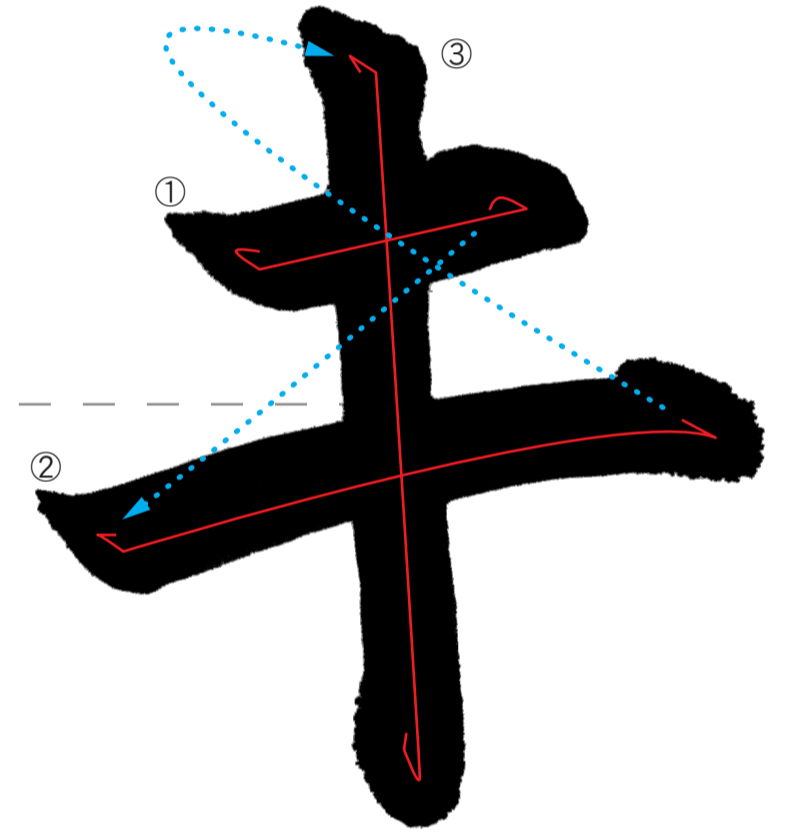
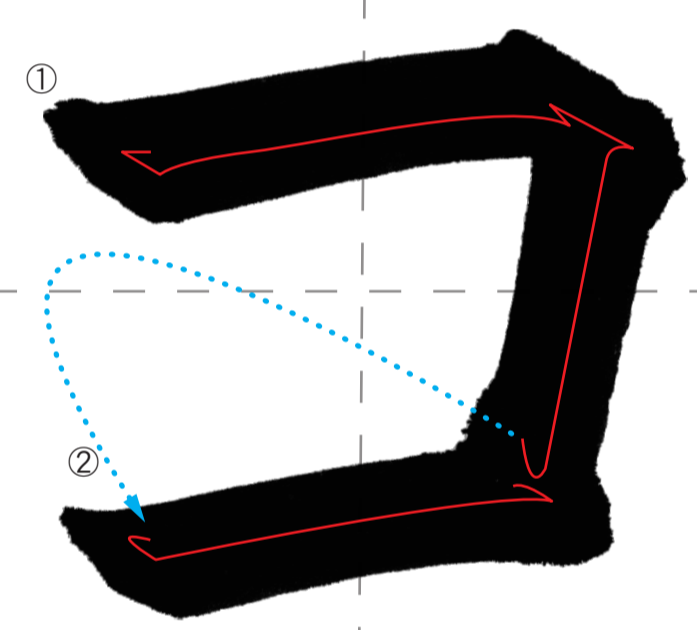
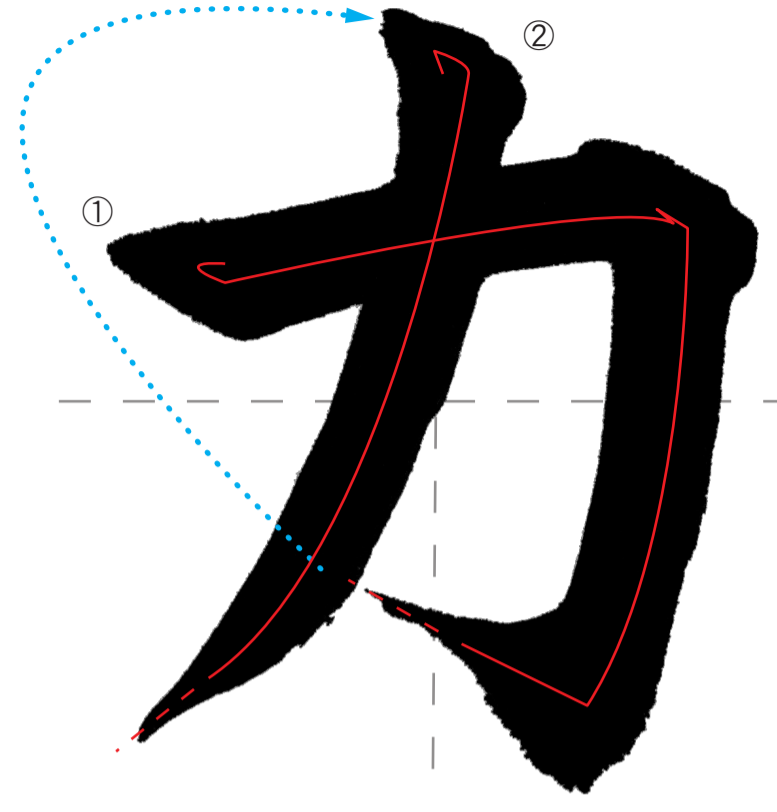
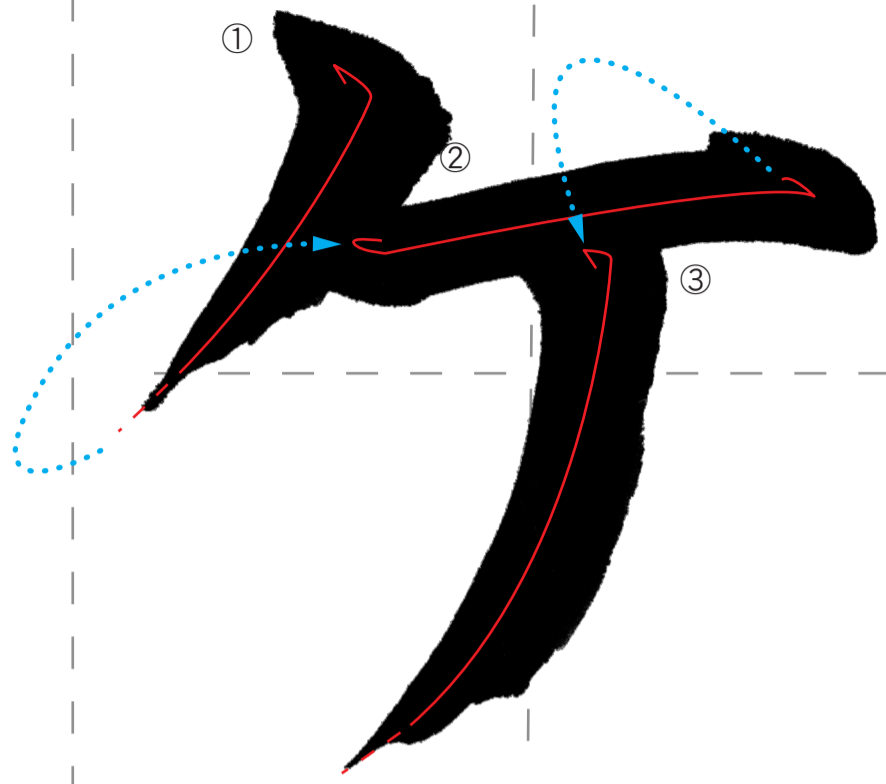
①ア行 (ア・イ・ウ・エ・オ)



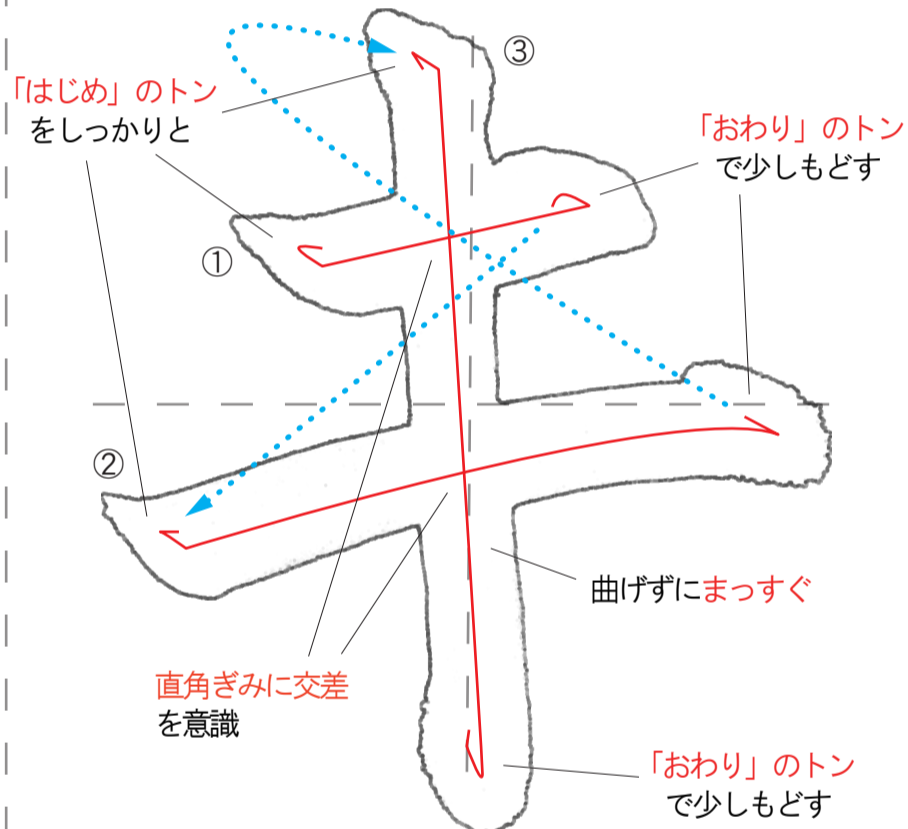
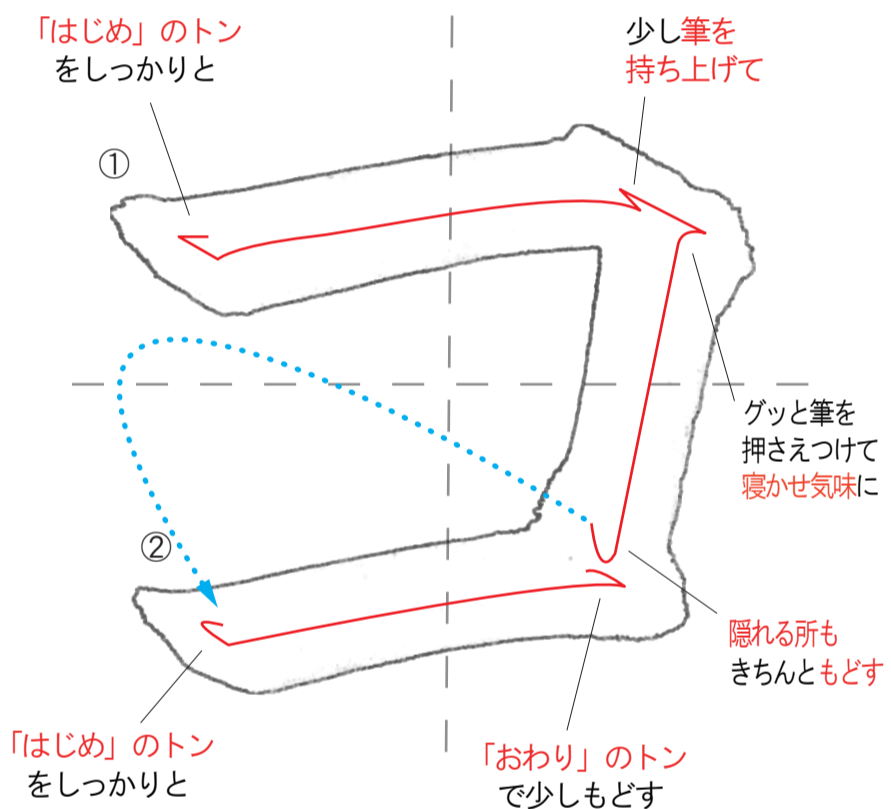
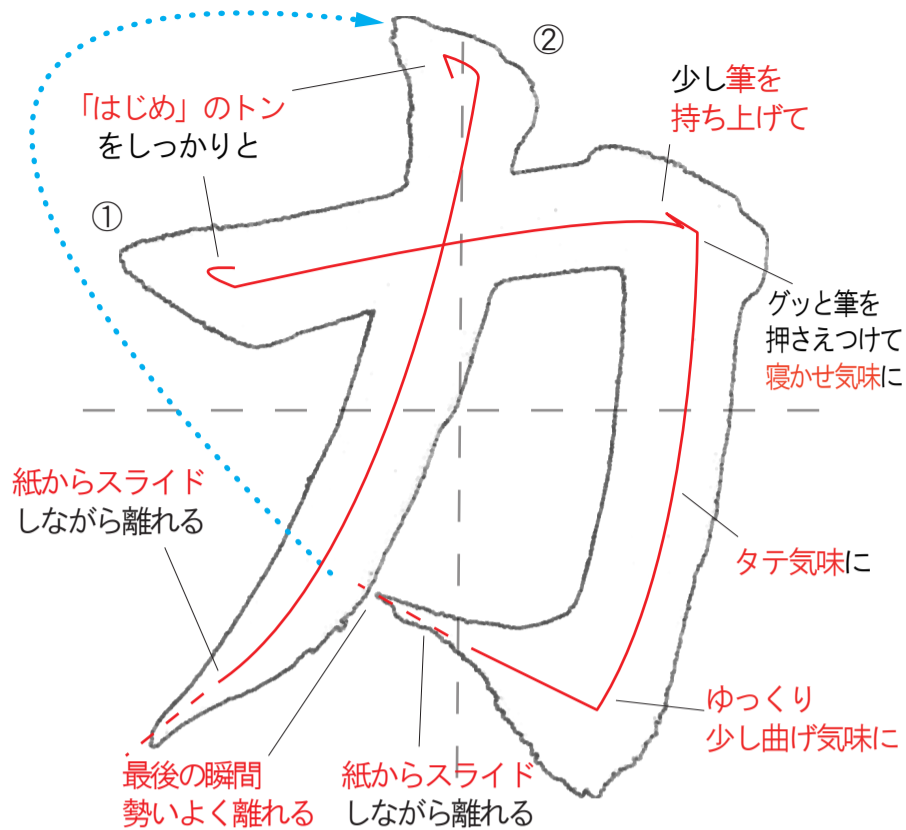
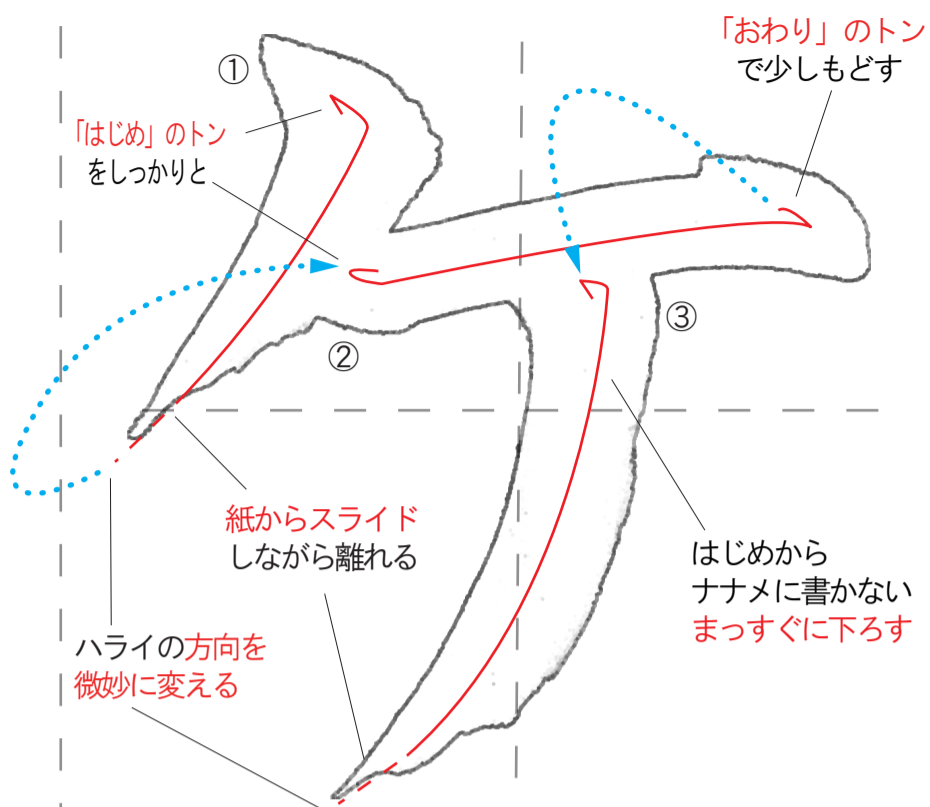
QRコードを読み込んで
動画にて動きを学習しよう。



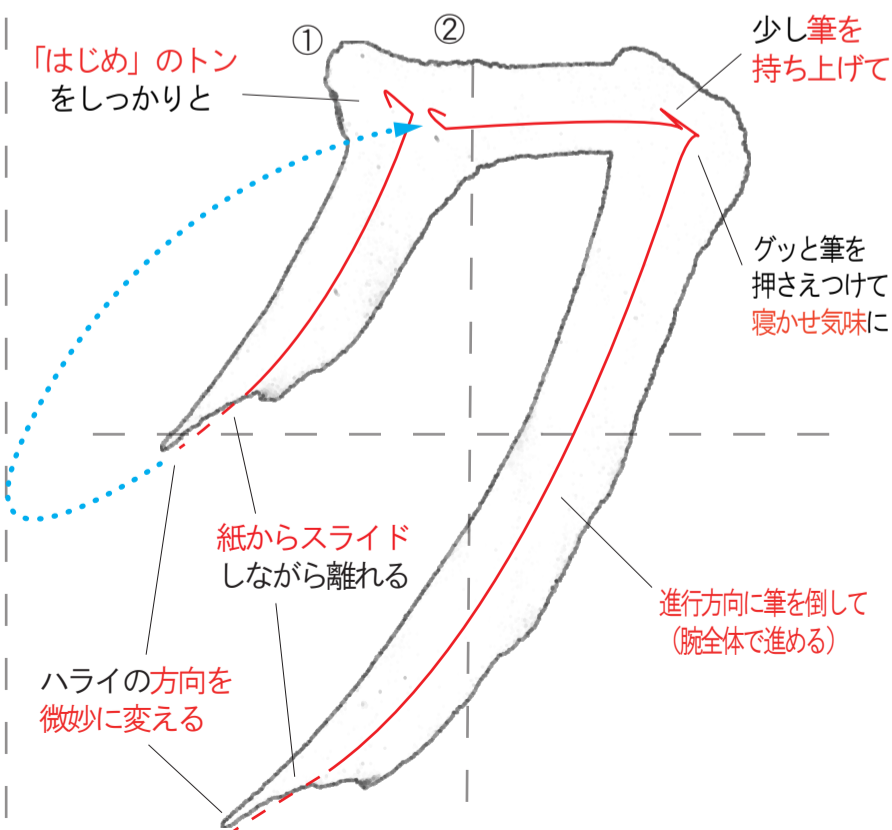
②カ行 (カ・キ・ク・ケ・コ)



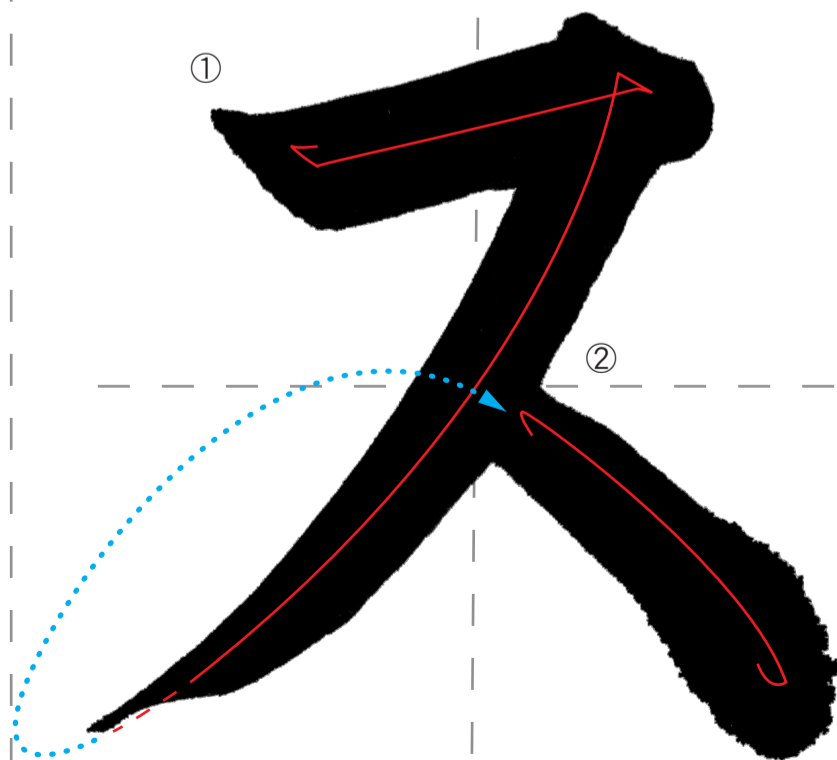
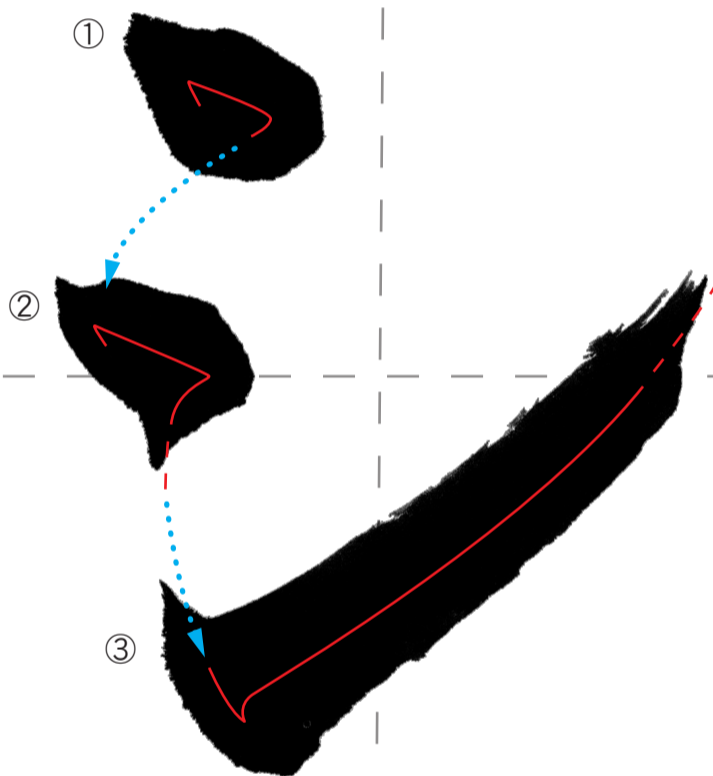
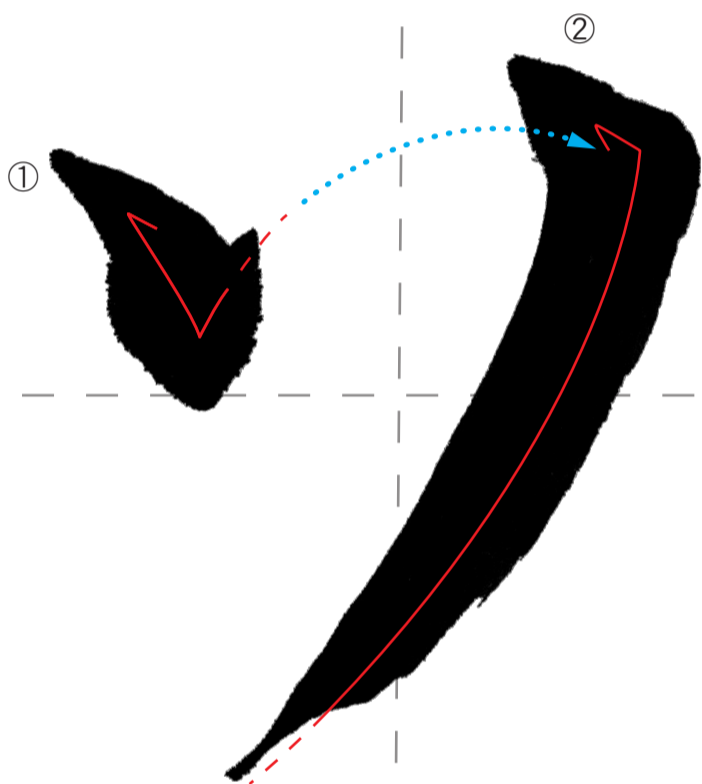
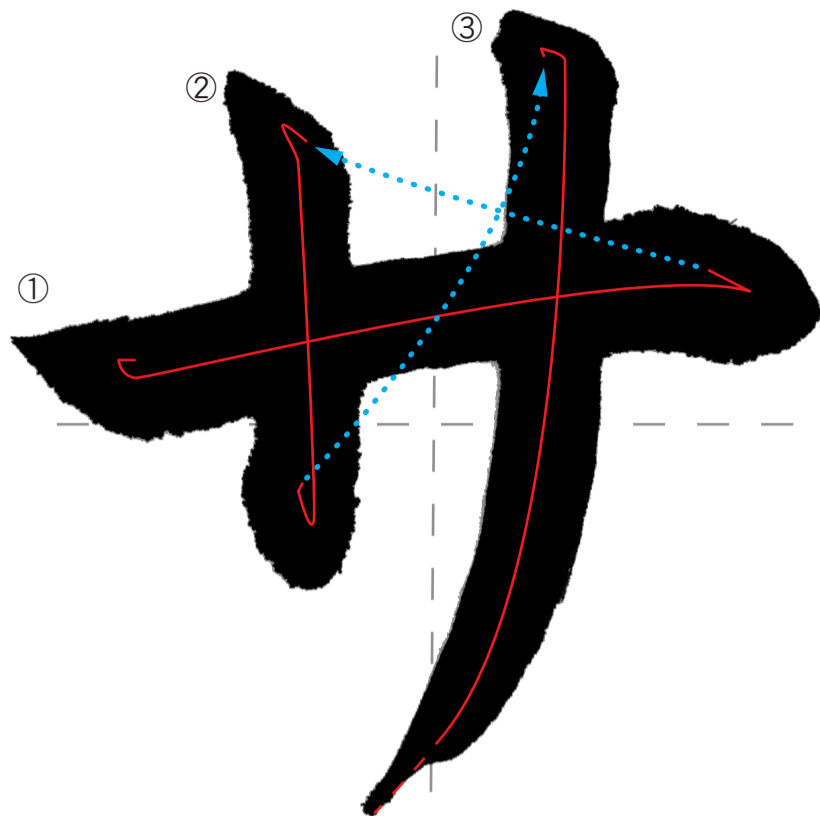
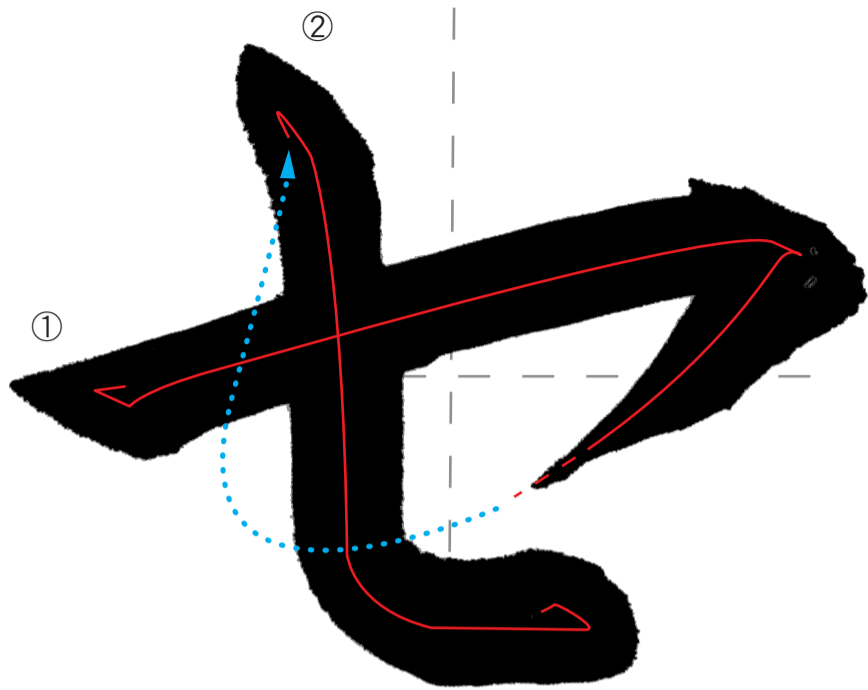
②カ行 (カ・キ・ク・ケ・コ)



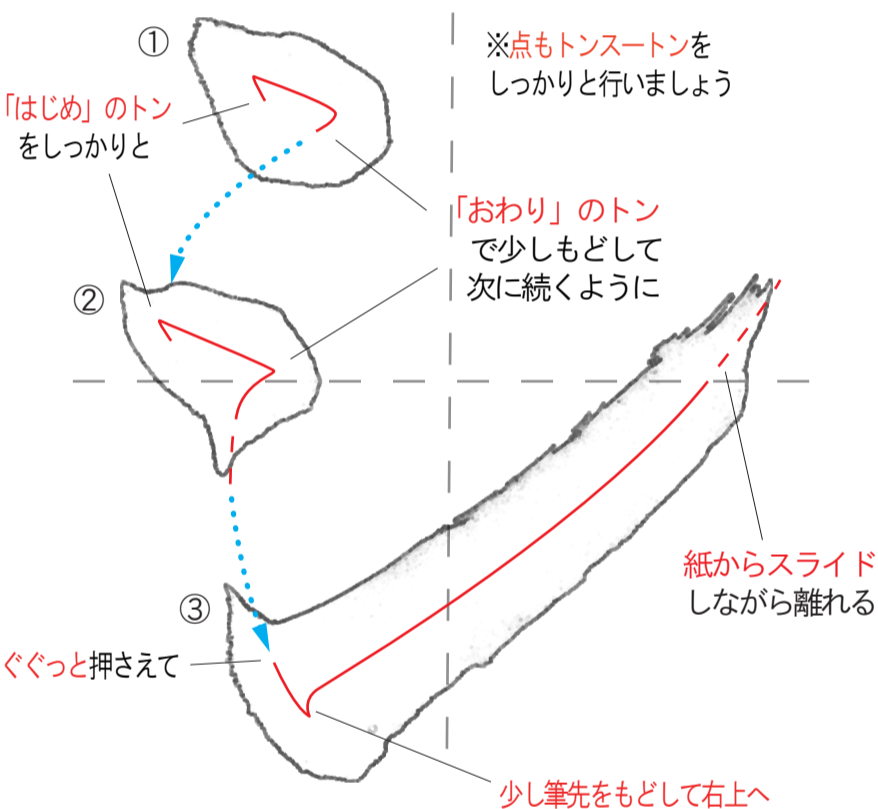
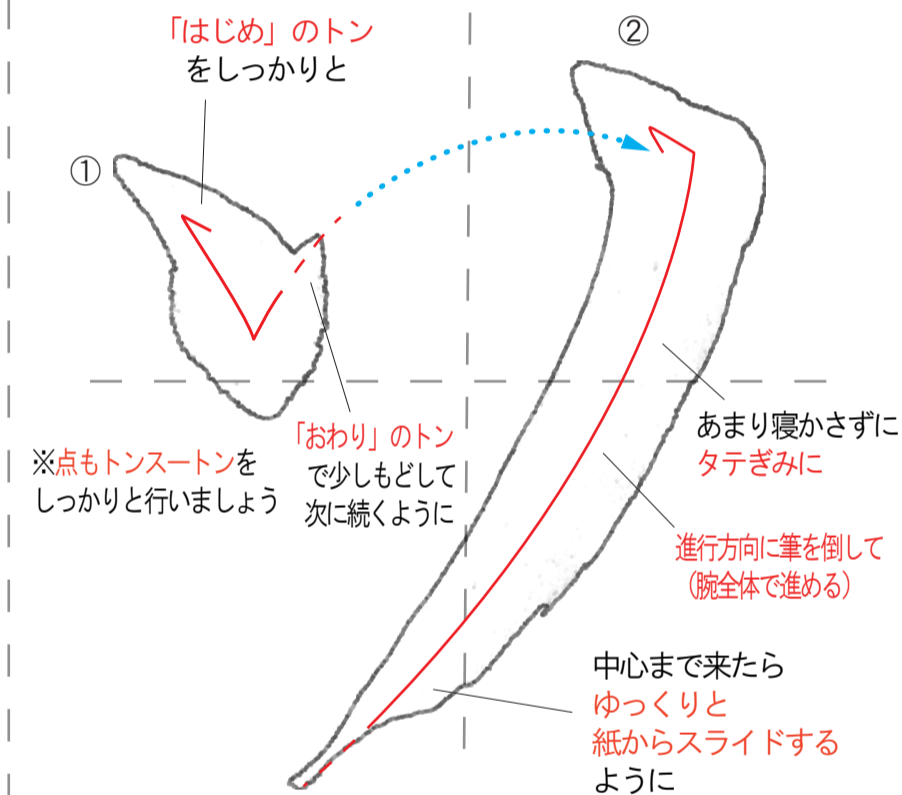
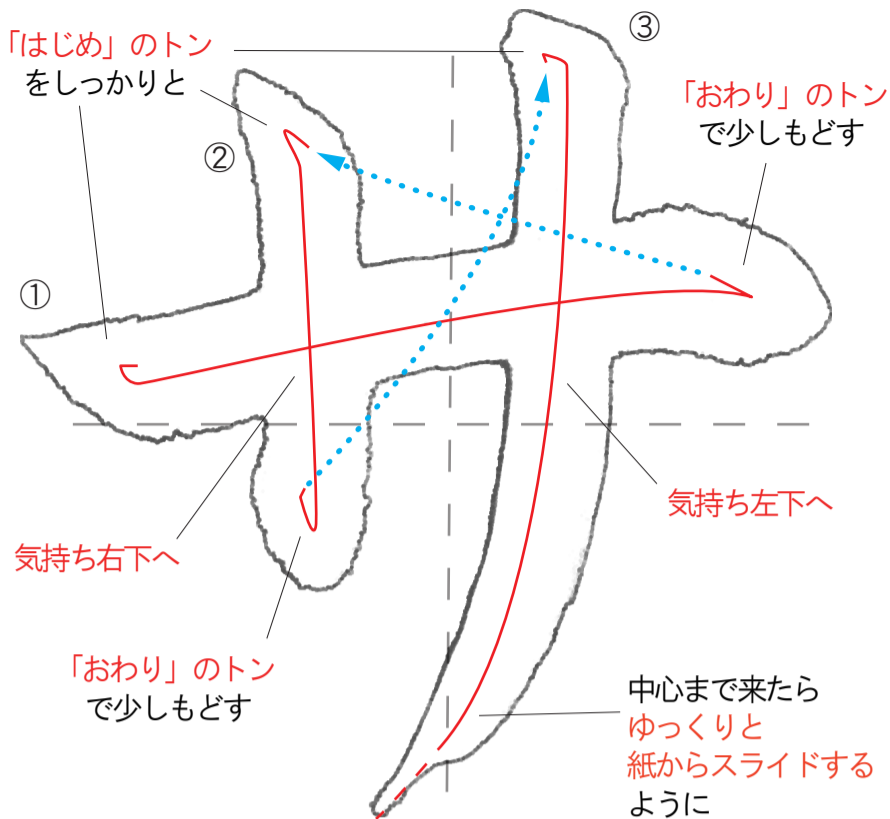
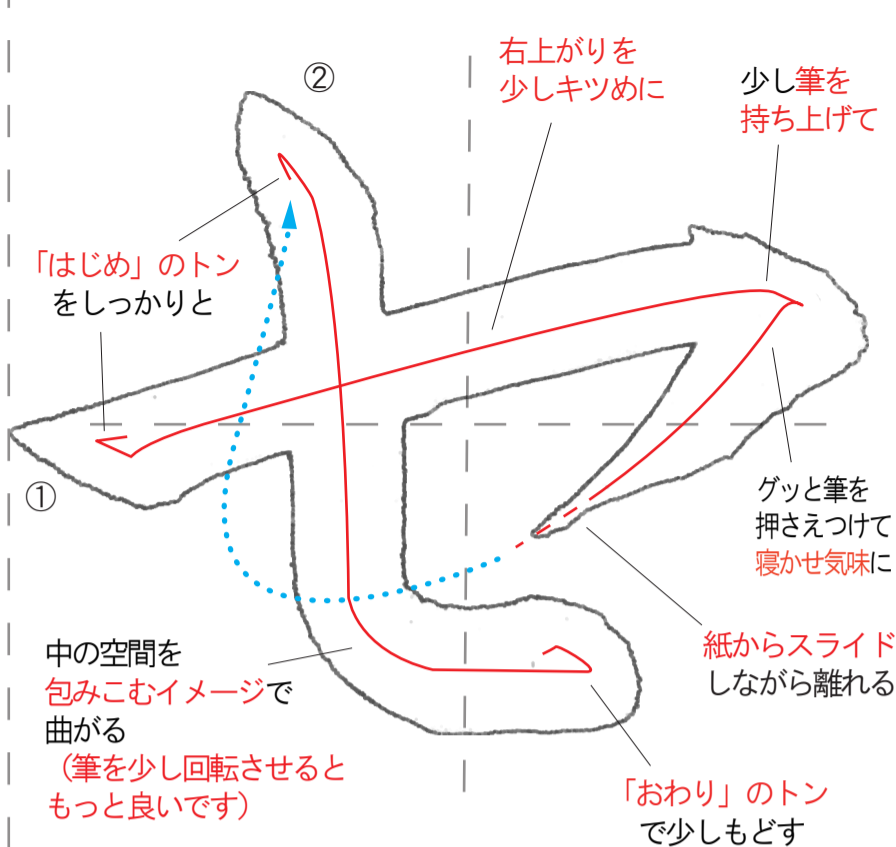
QRコードを読み込んで
動画にて動きを学習下さい。



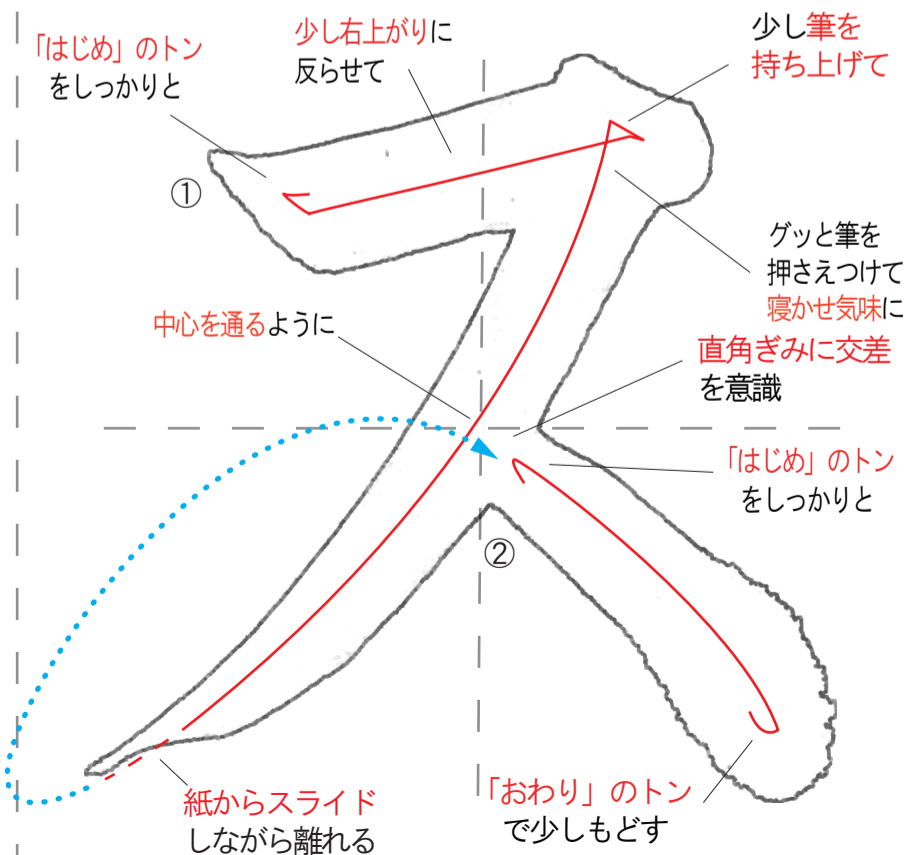
③サ行 (サ・シ・ス・セ・ソ)



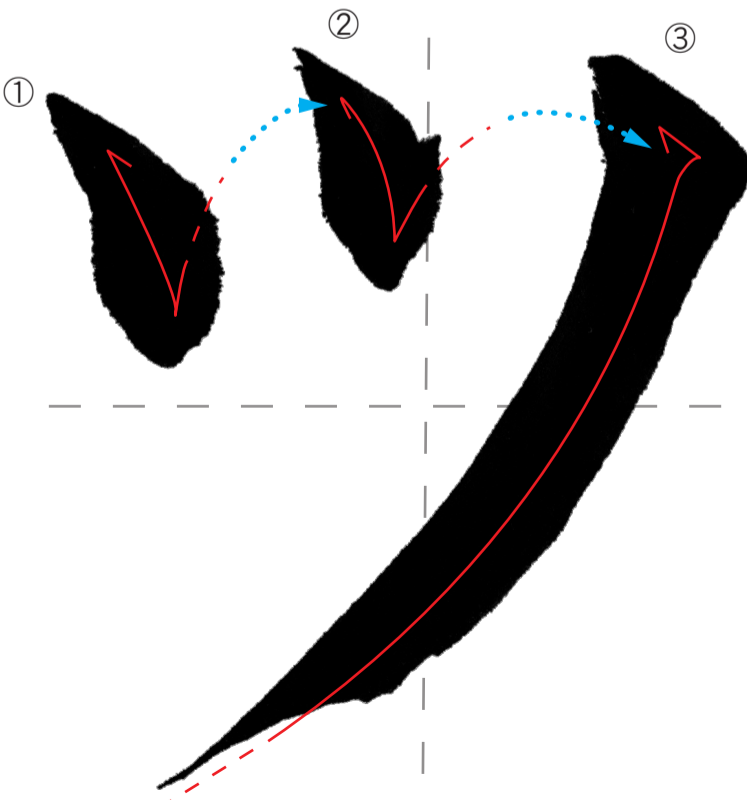
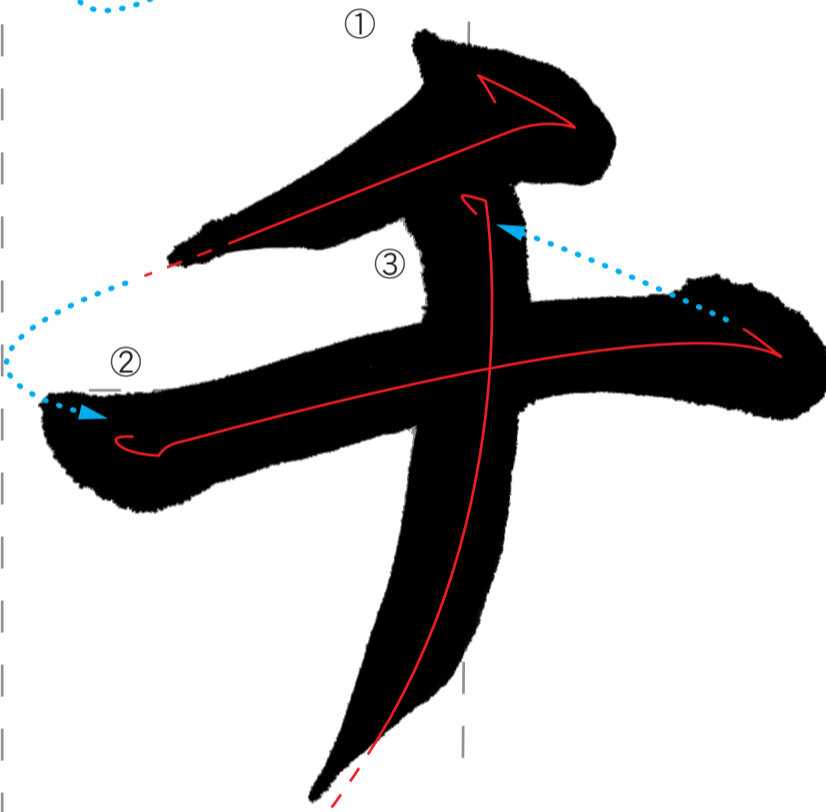
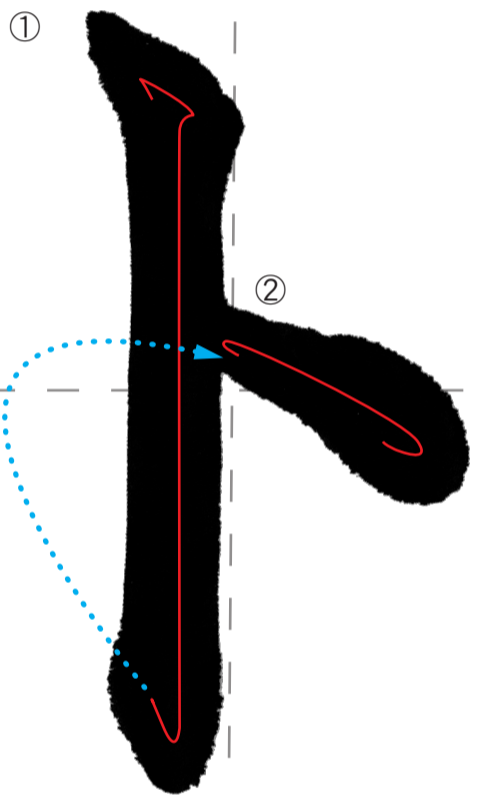
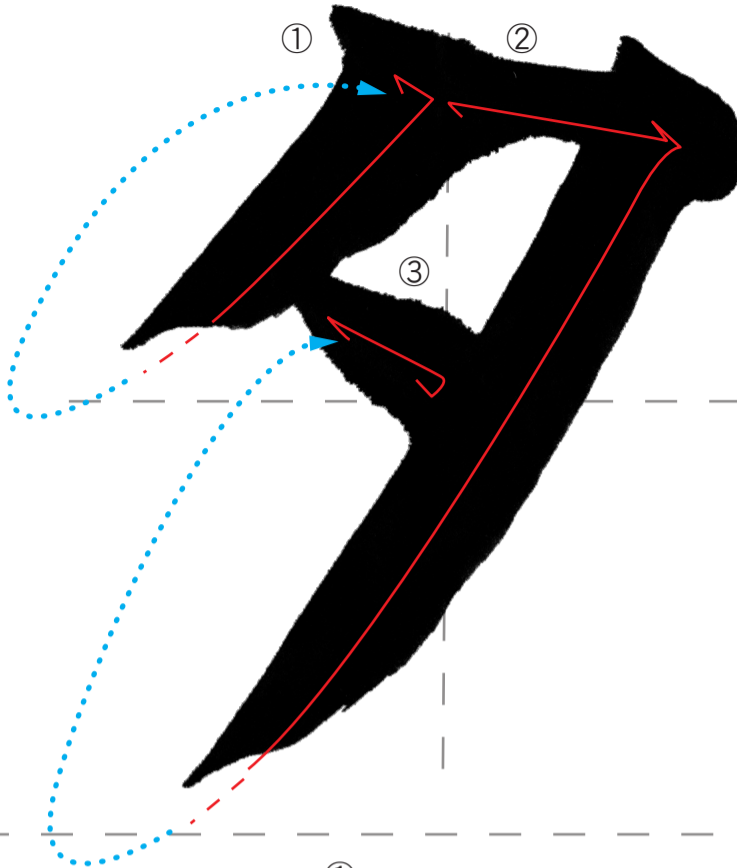
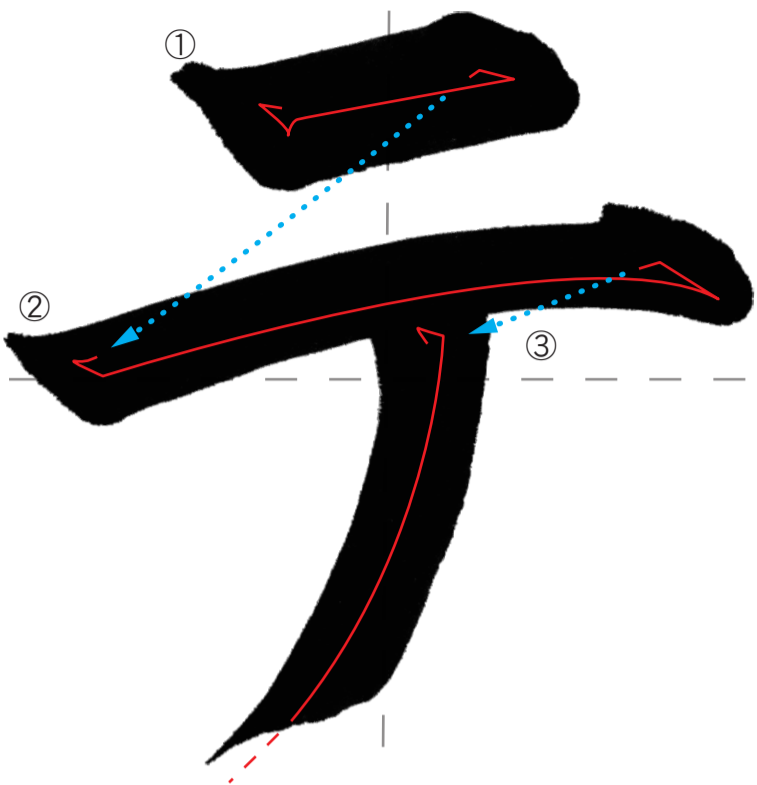
③サ行 (サ・シ・ス・セ・ソ)



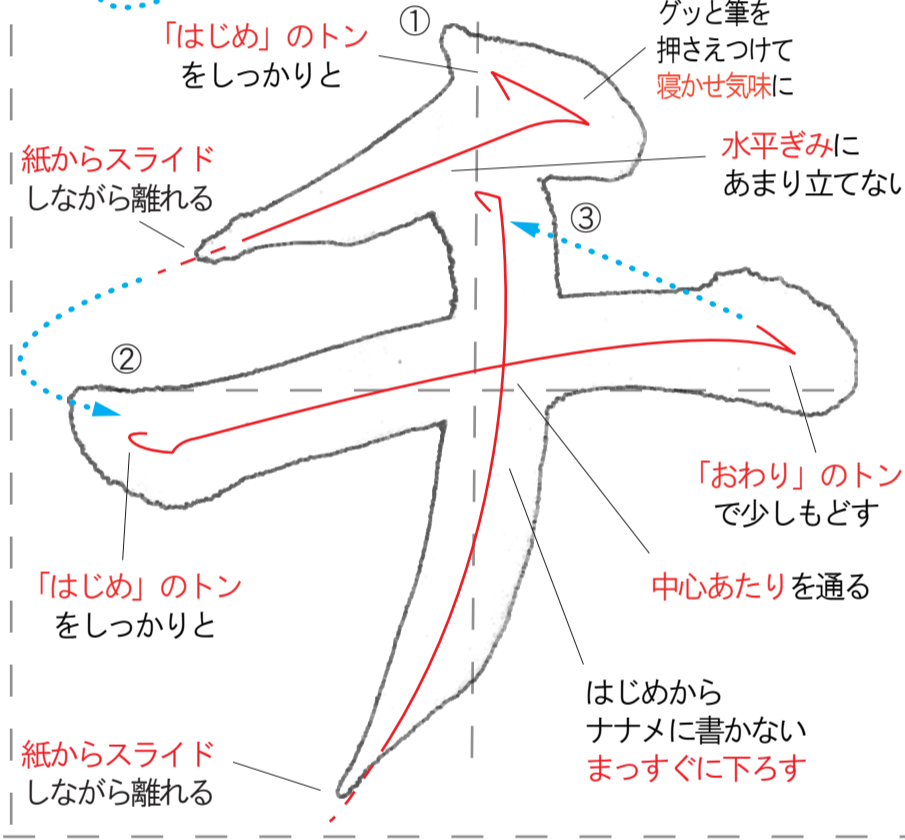
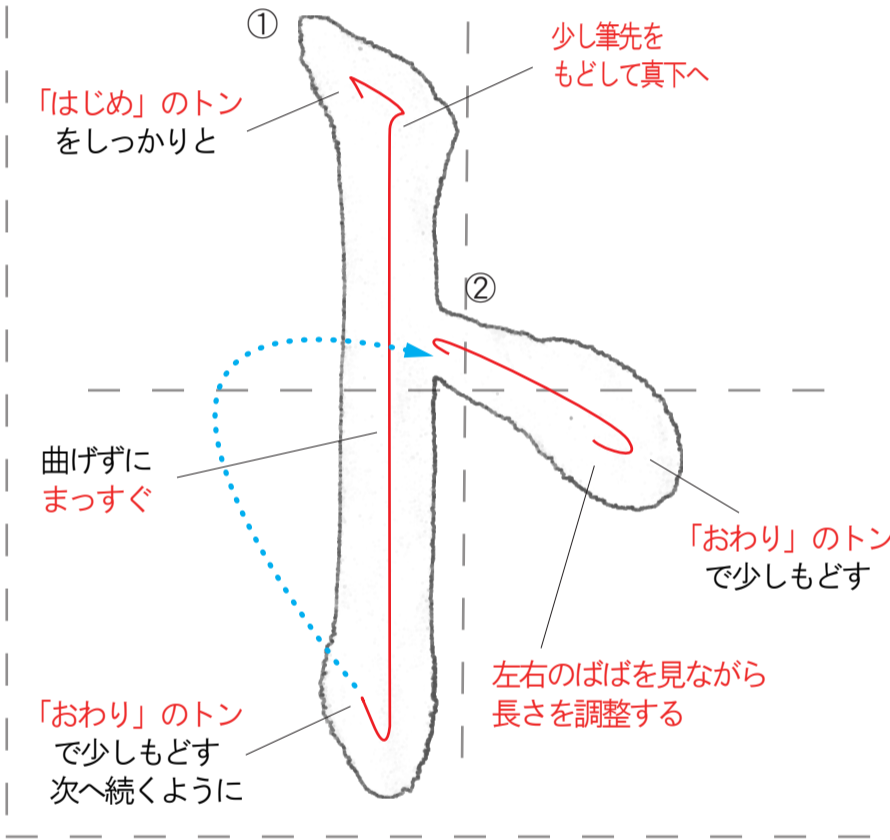
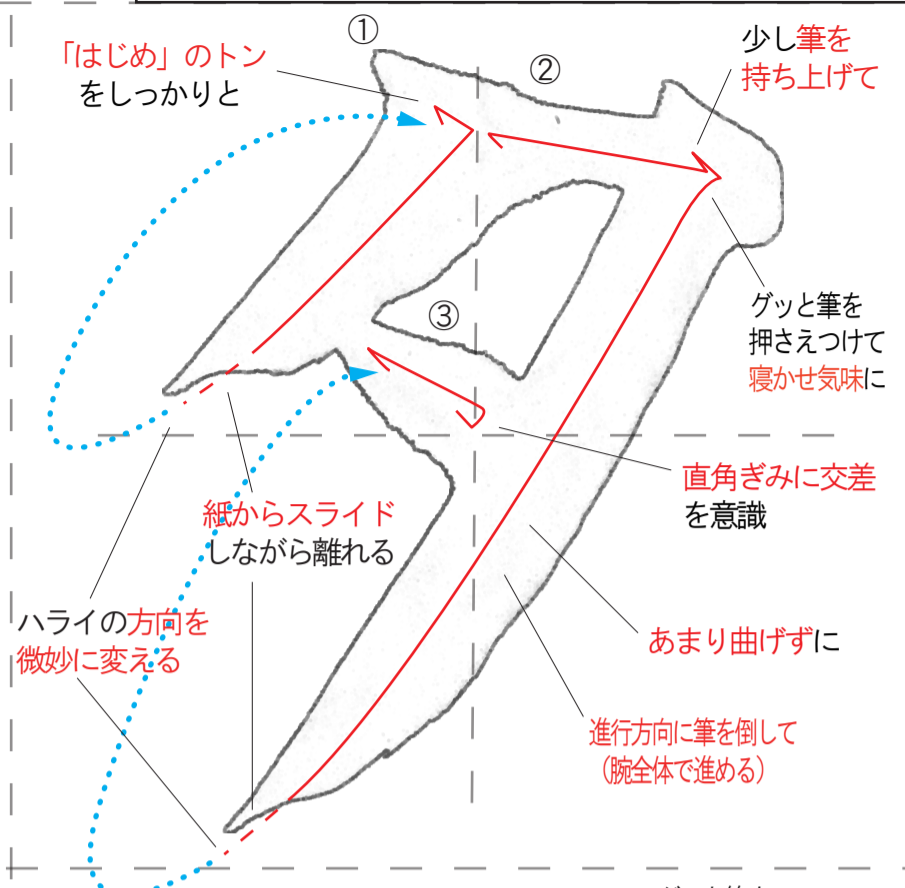
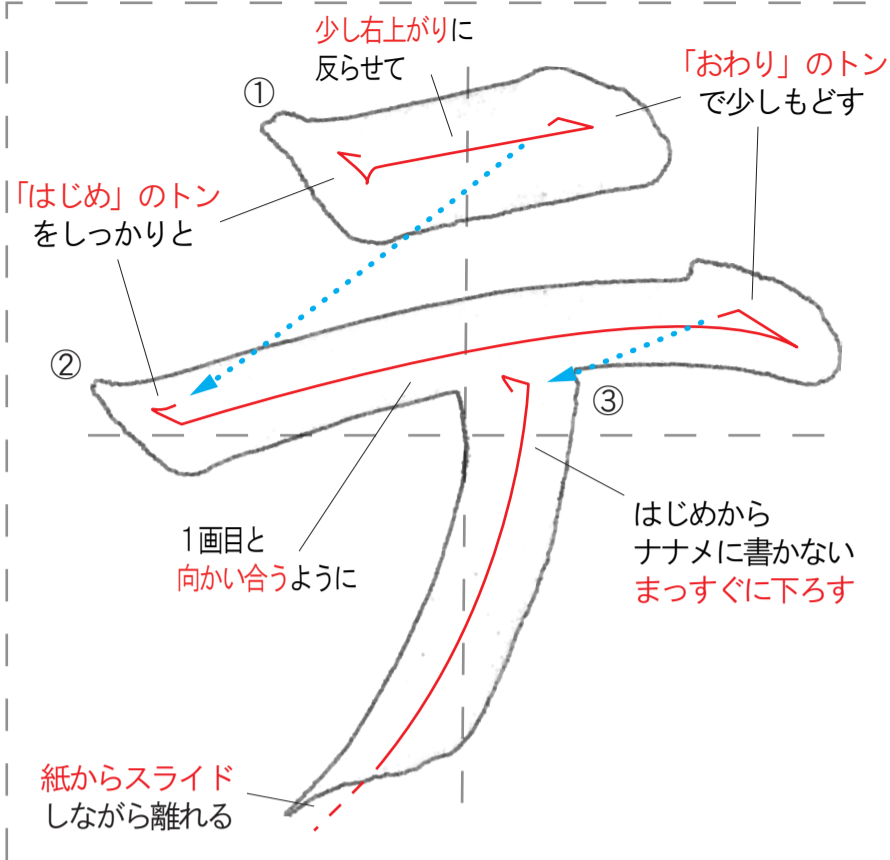
QRコードを読み込んで動画にて動きを学習下さい。



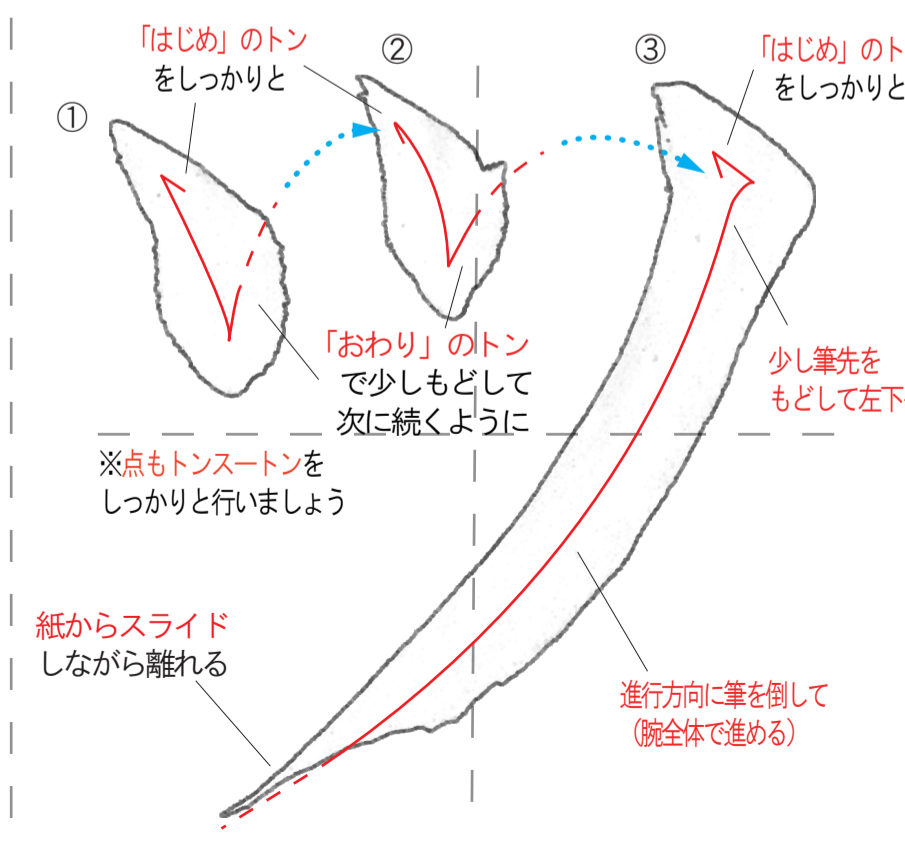
④ 夕行 (夕・チ・ツ・テ・ト)



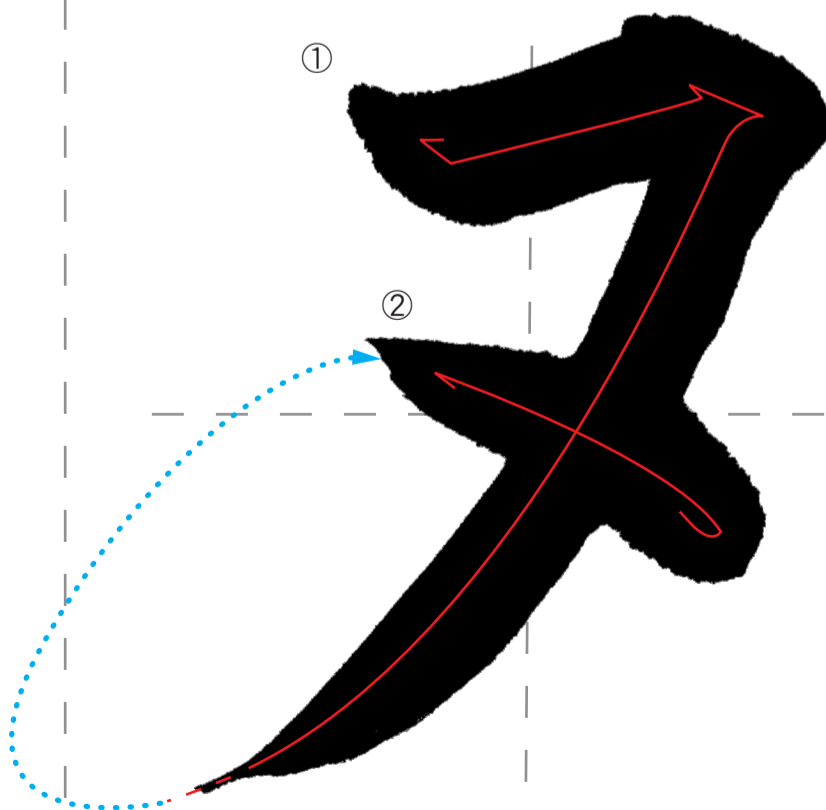
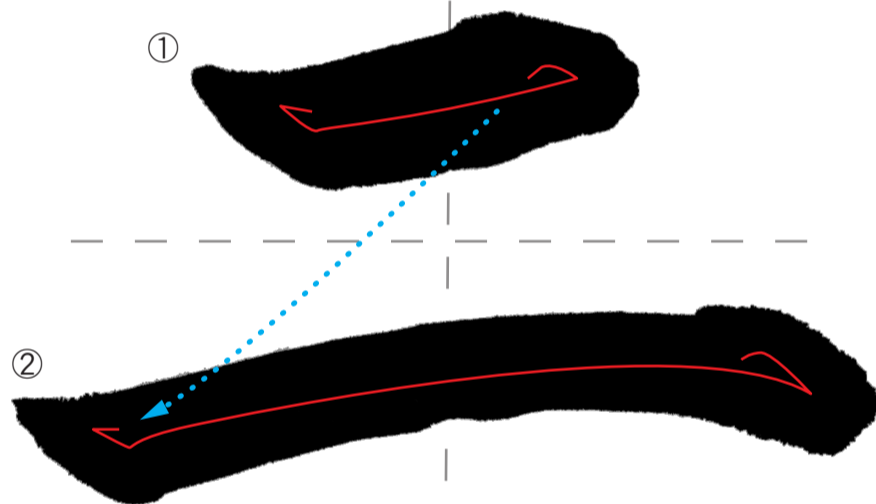
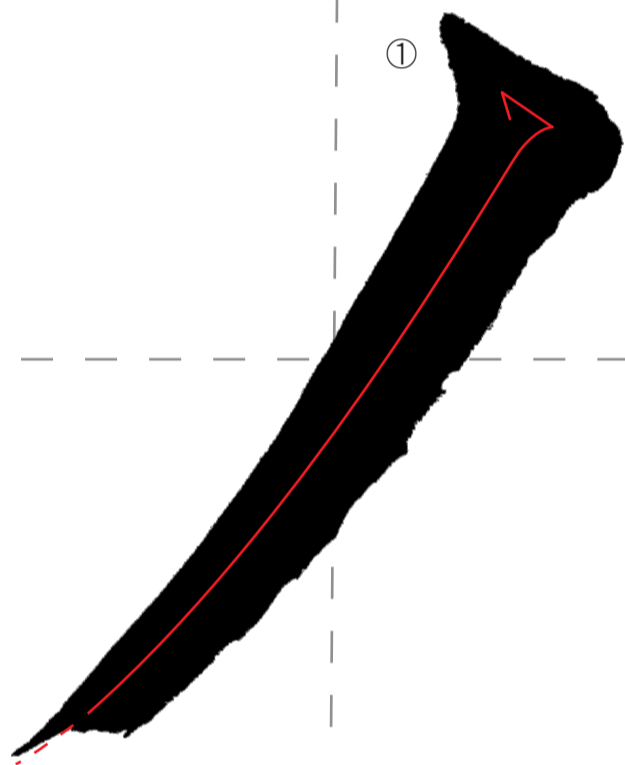
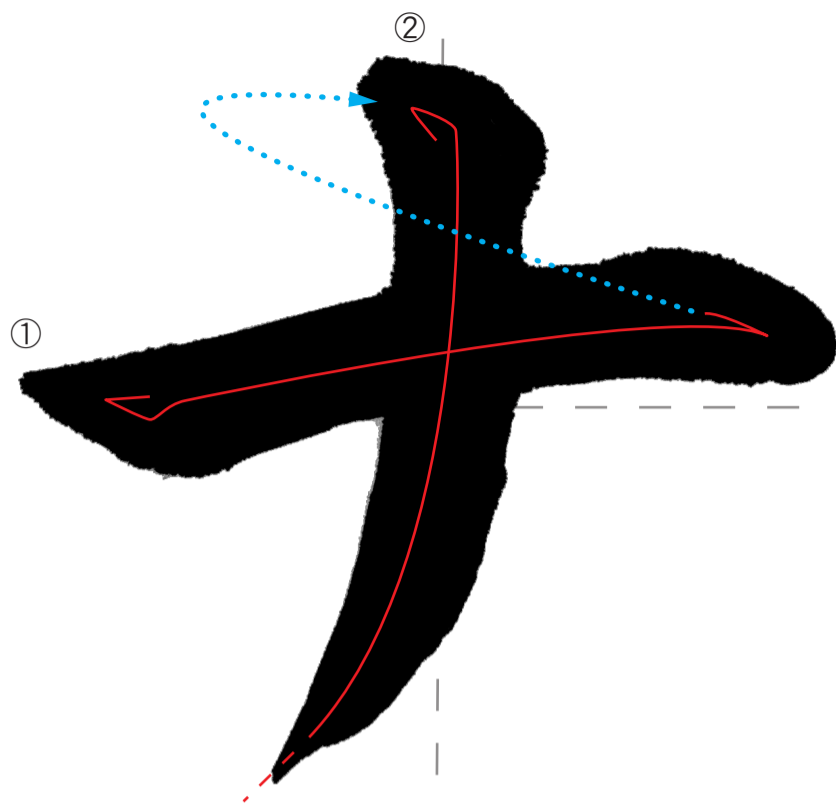
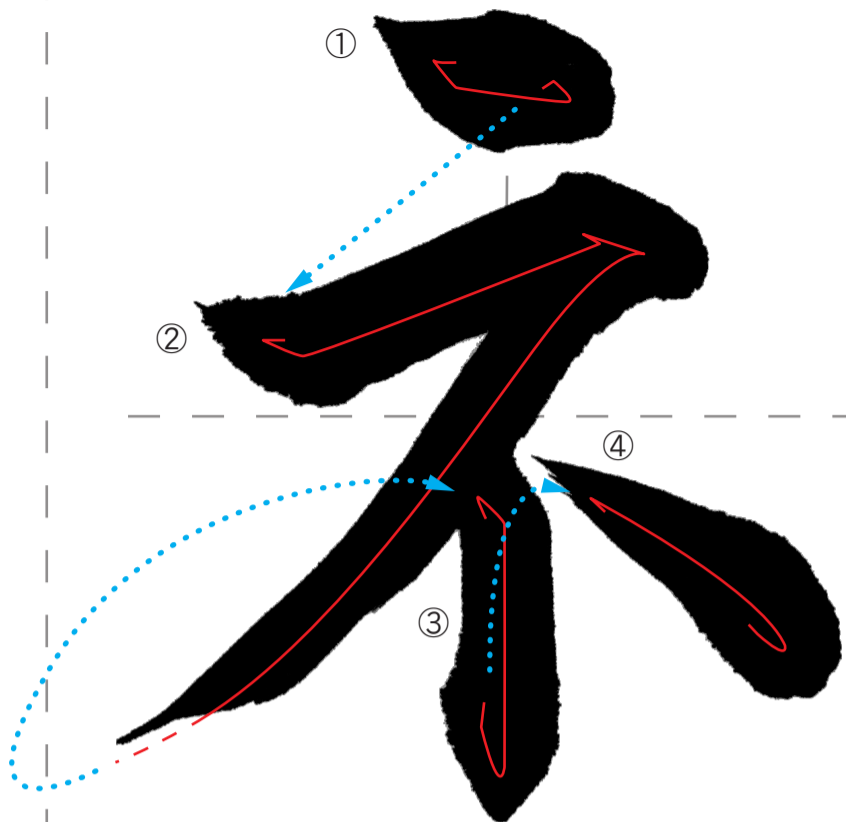
④ 夕行 (夕・チ・ツ・テ・ト)



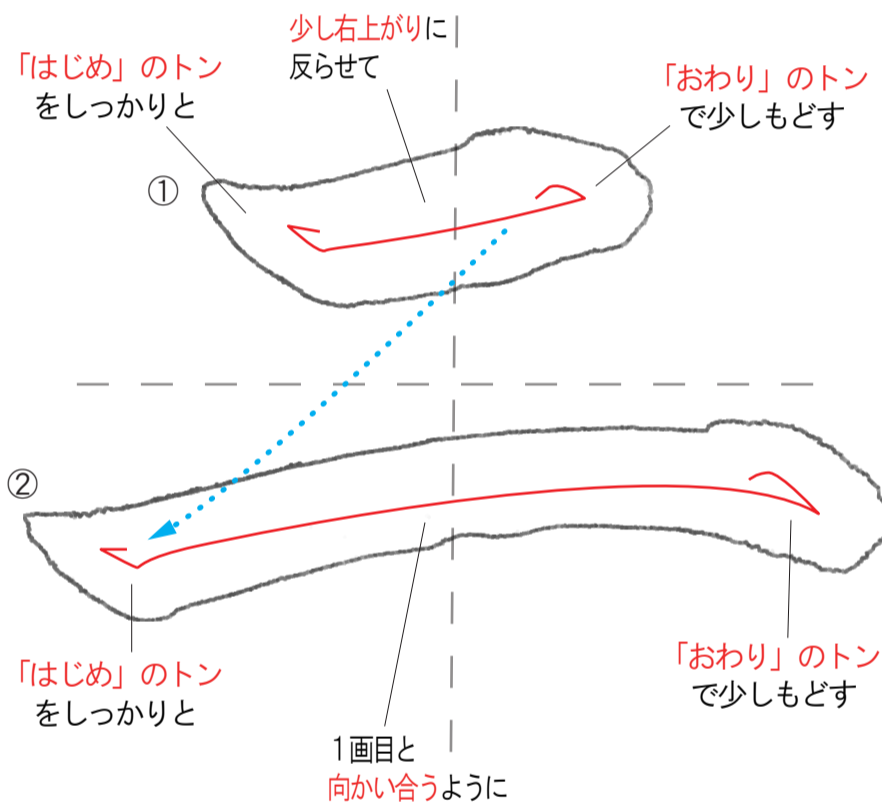
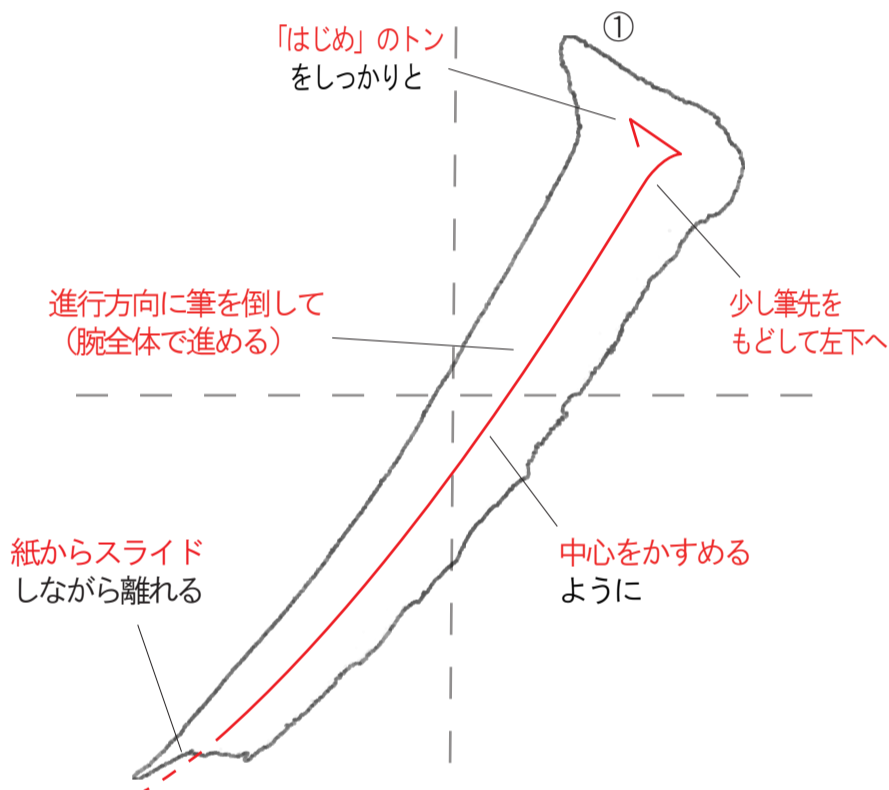
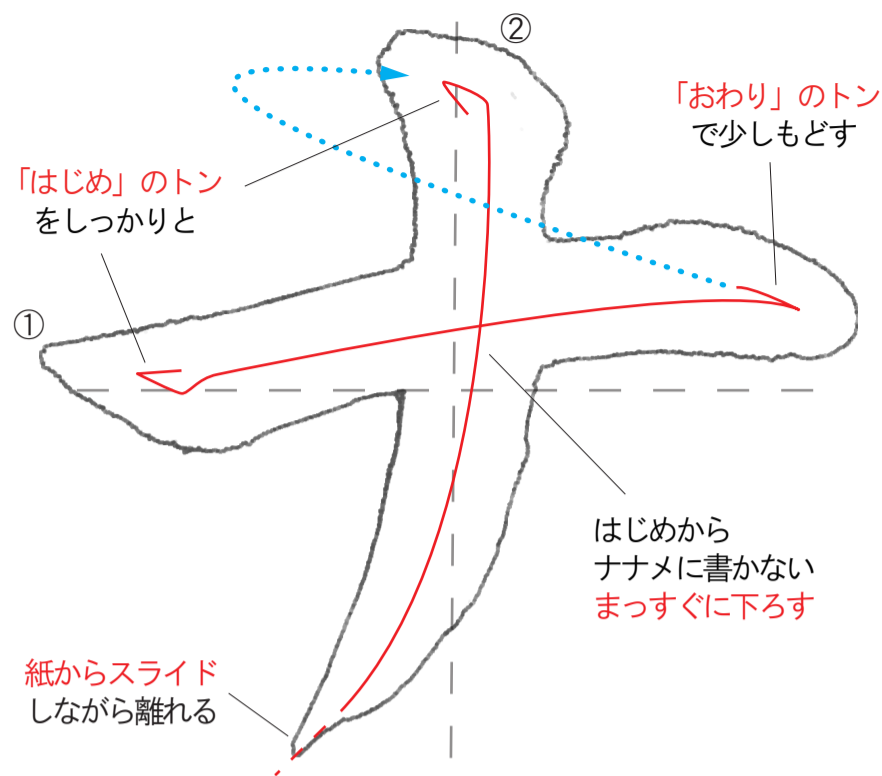
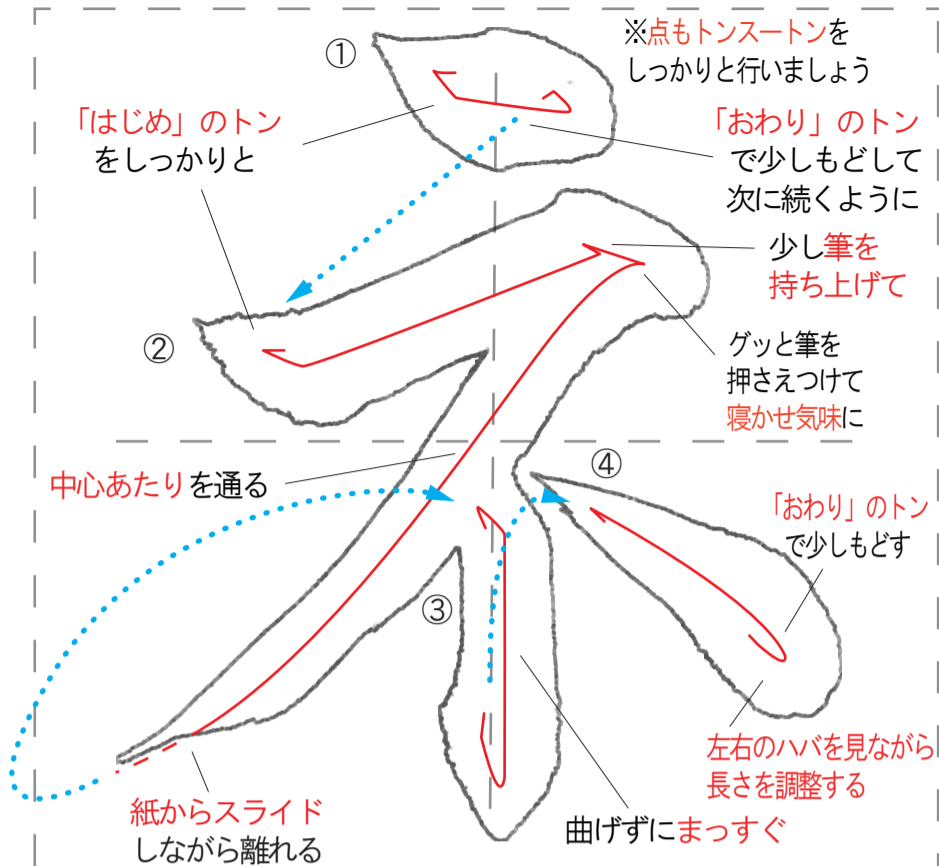
QRコードを読み込んで
動画にて動きを学習しよう。



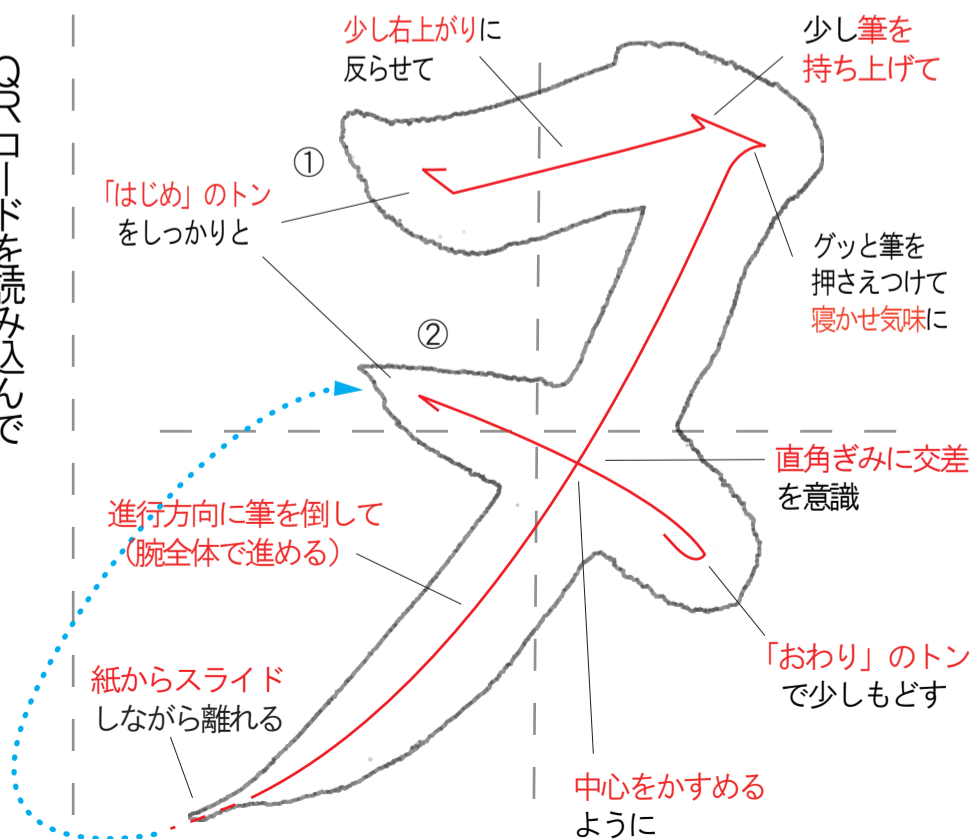
⑤ナ行 (ナ・ニ・ヌ・ネ・ノ)



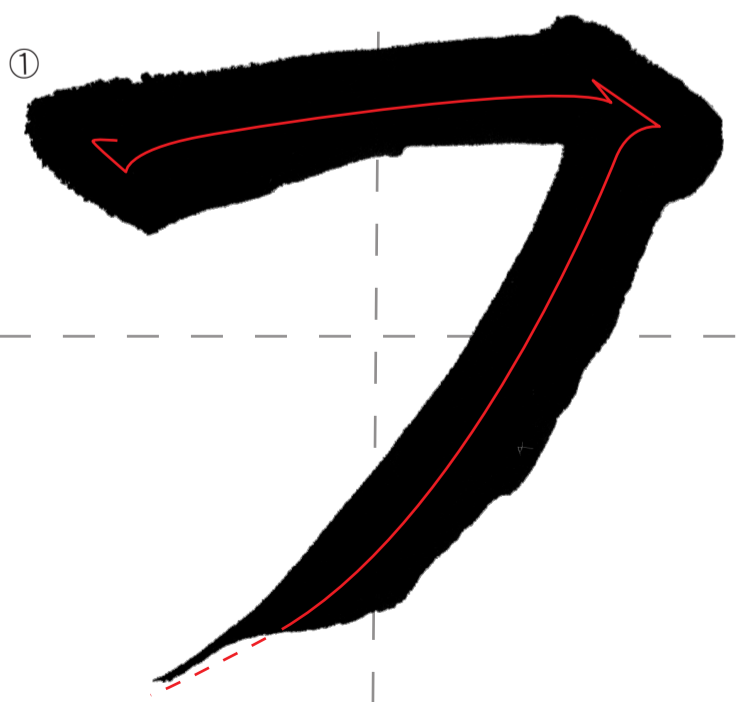
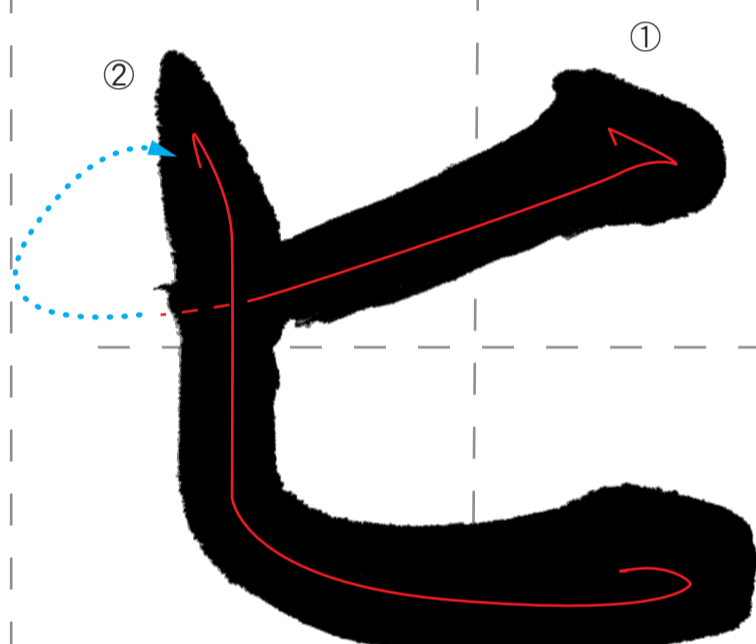
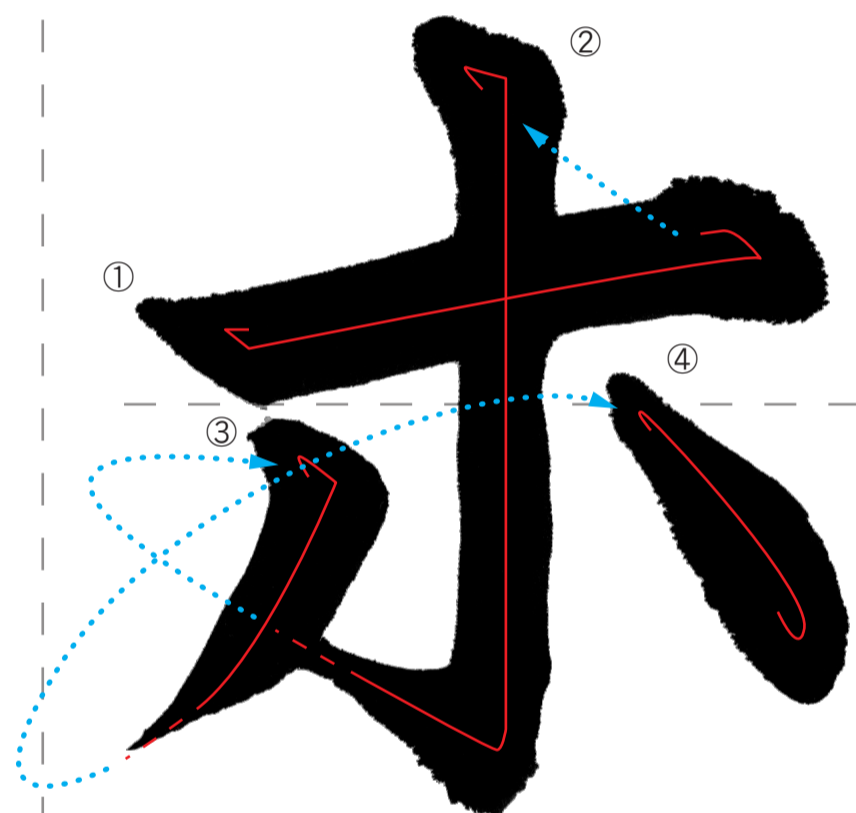
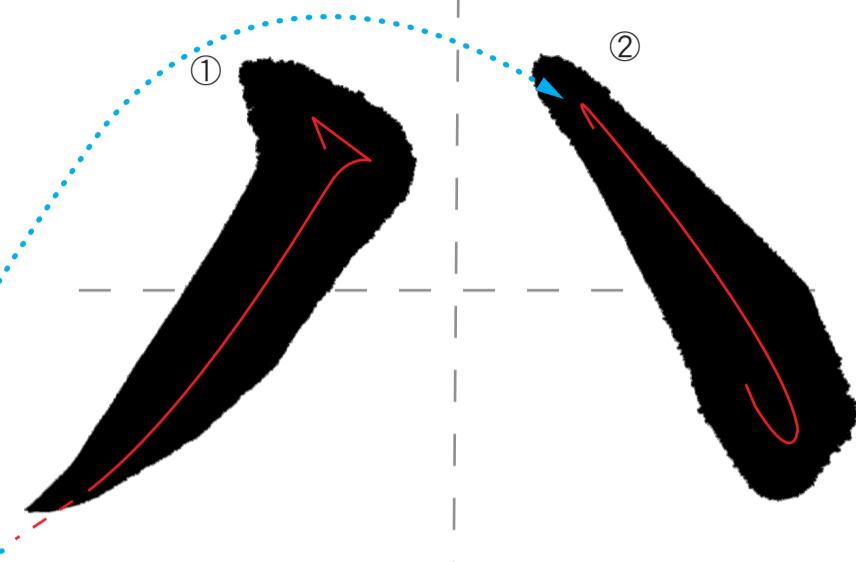
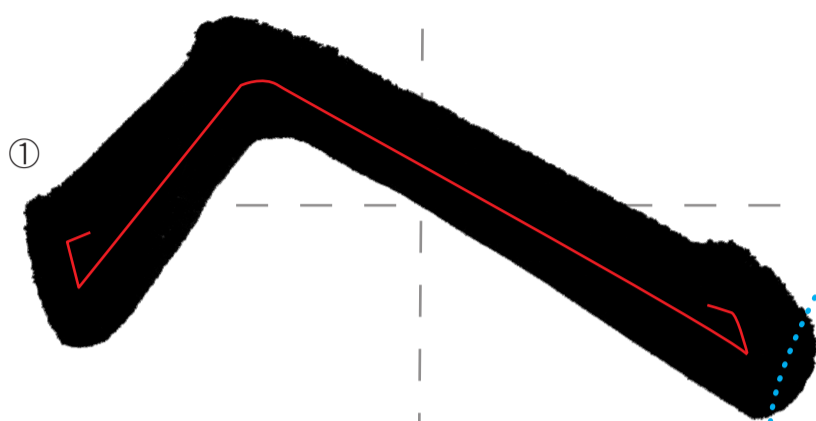
⑤ナ行 (ナ・ニ・ヌ・ネ・ノ)



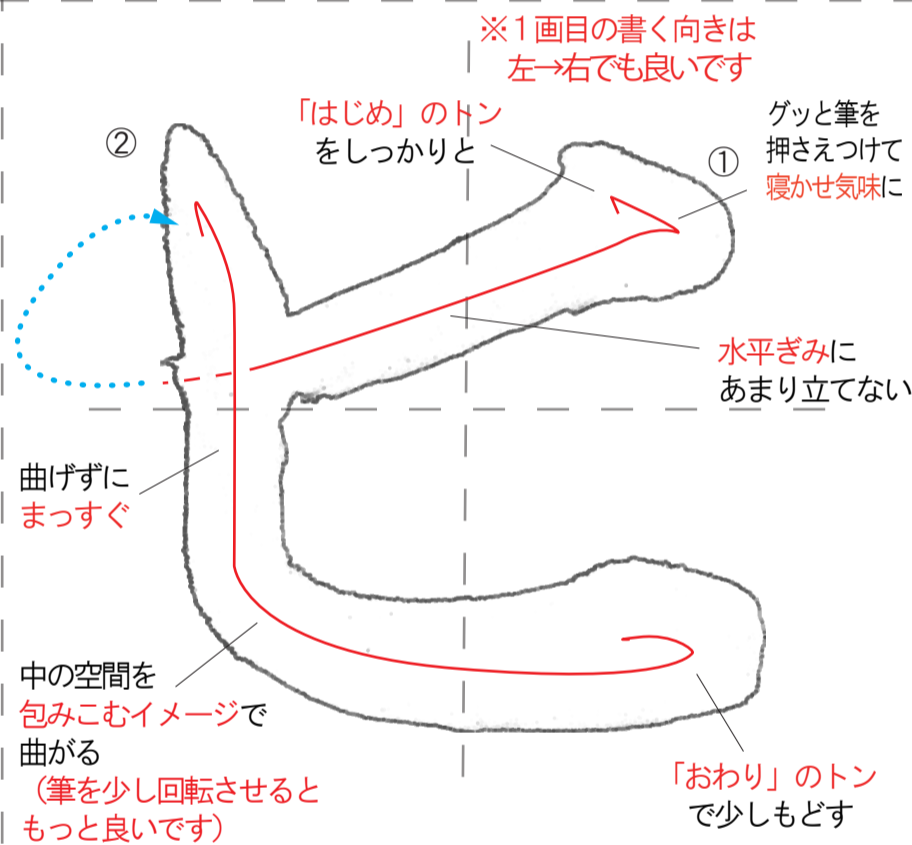
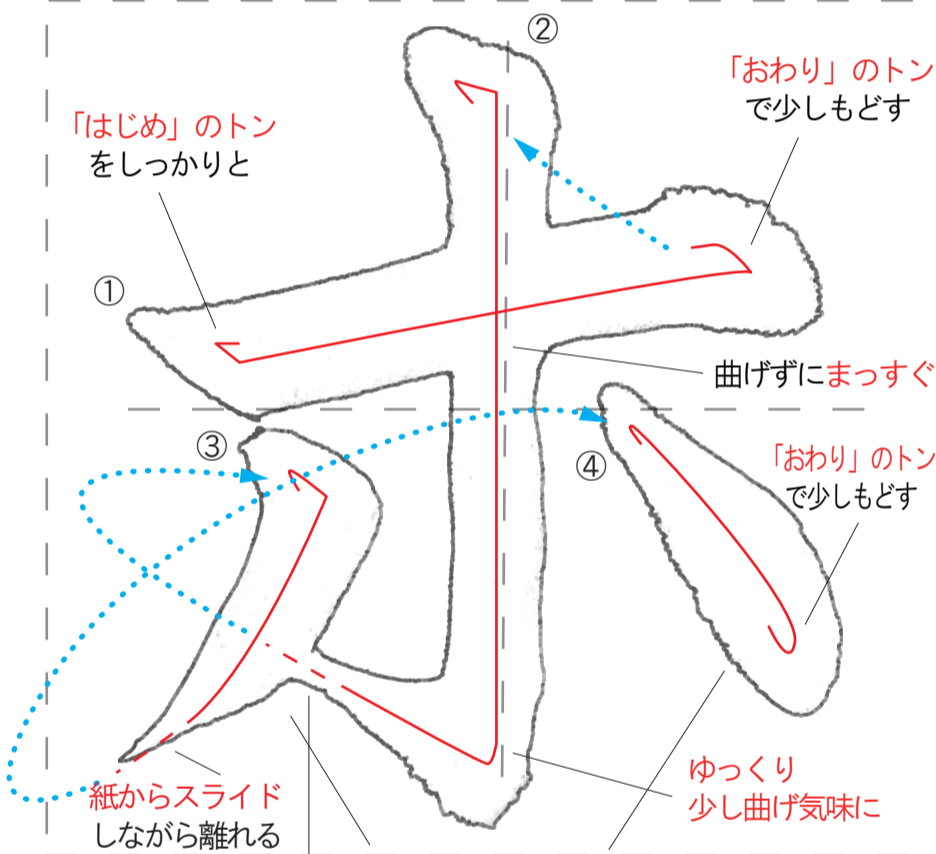
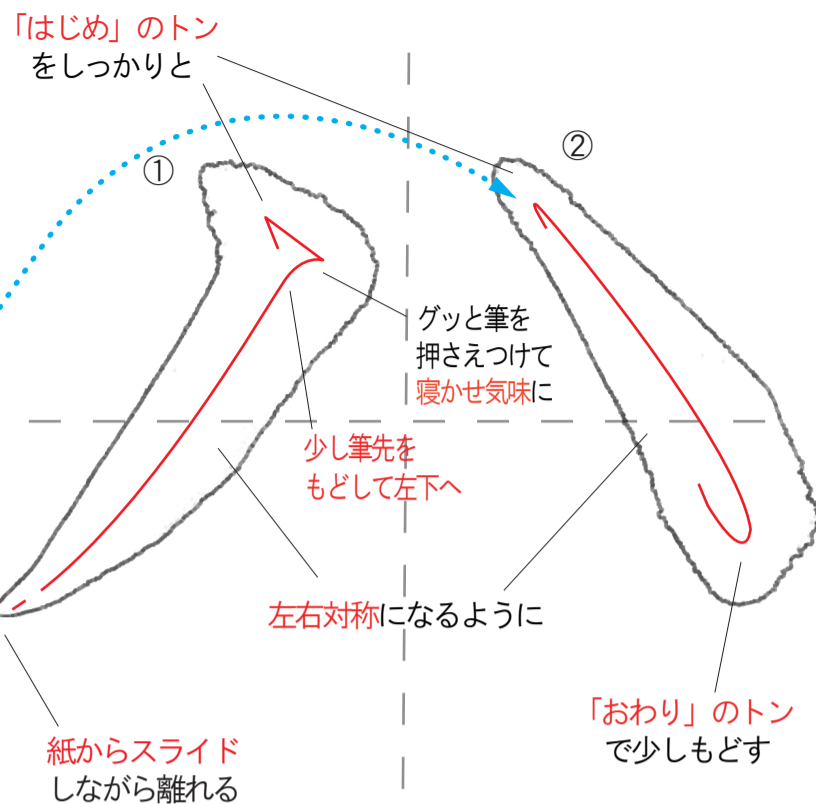
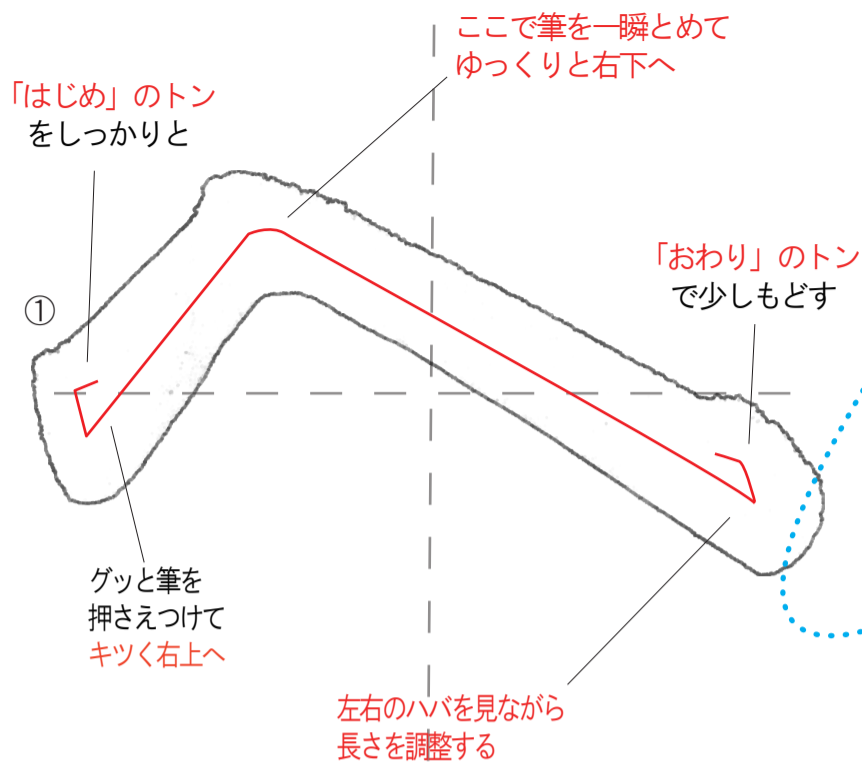
QRコードを読み込んで動画にて動きを学習下さい。



⑥ハ行 (ハ・ヒ・フ・ヘ・ホ)



⑥ハ行 (ハ・ヒ・フ・ヘ・ホ)



最後の瞬間
勢いよく離れる



「ヘ」



「ハ」



「ホ」

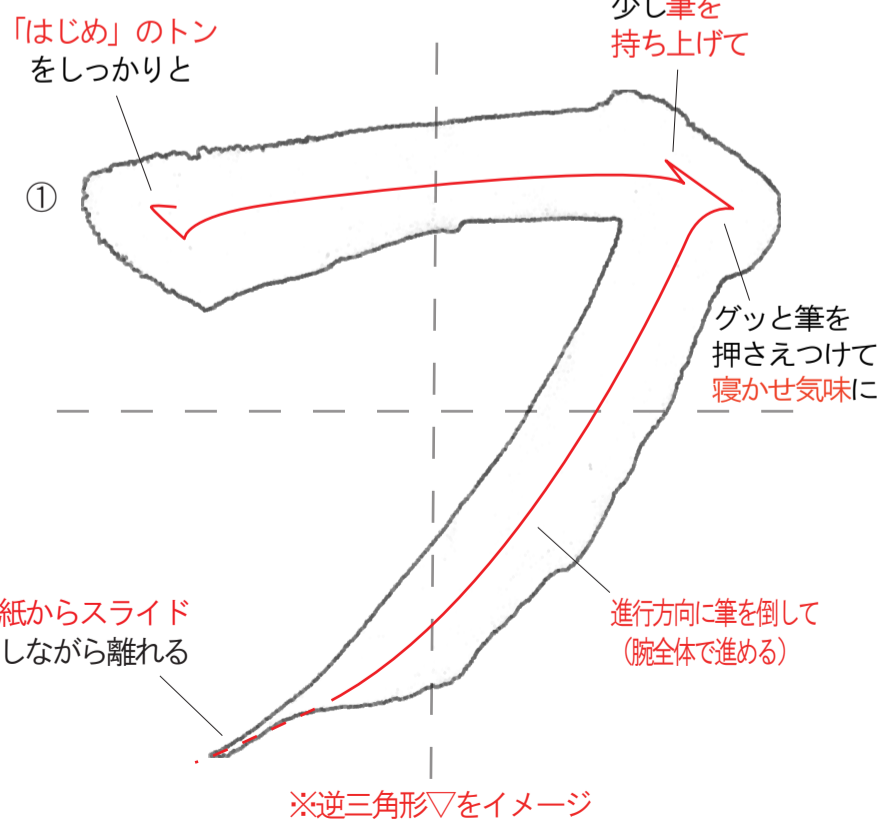


「ヒ」

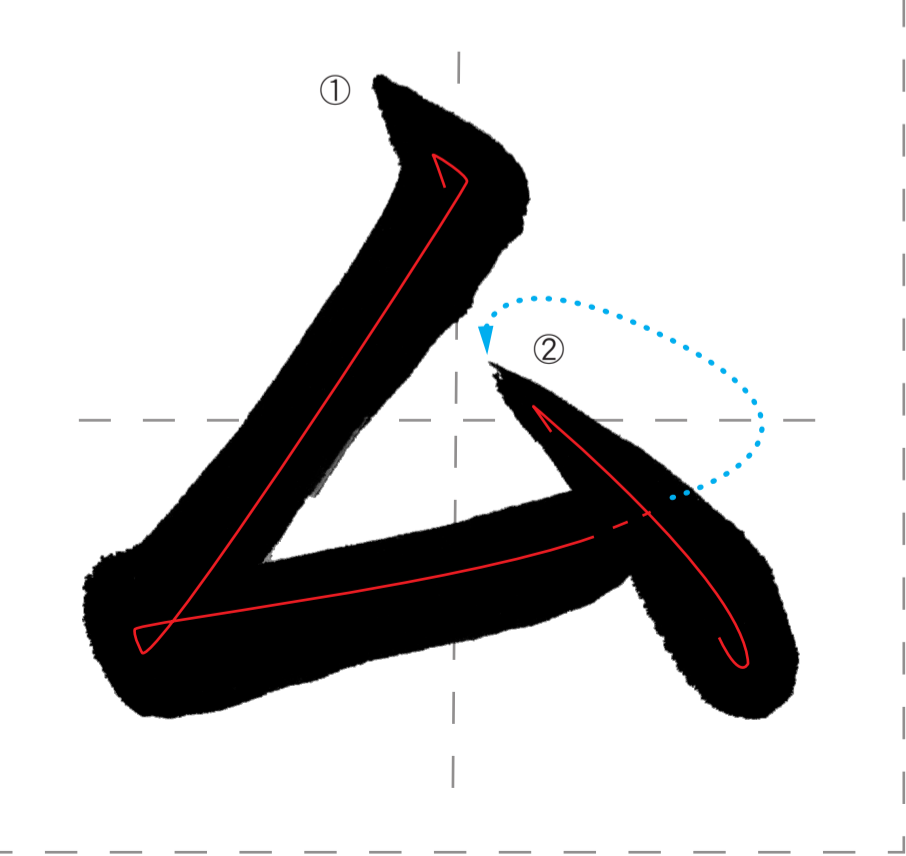
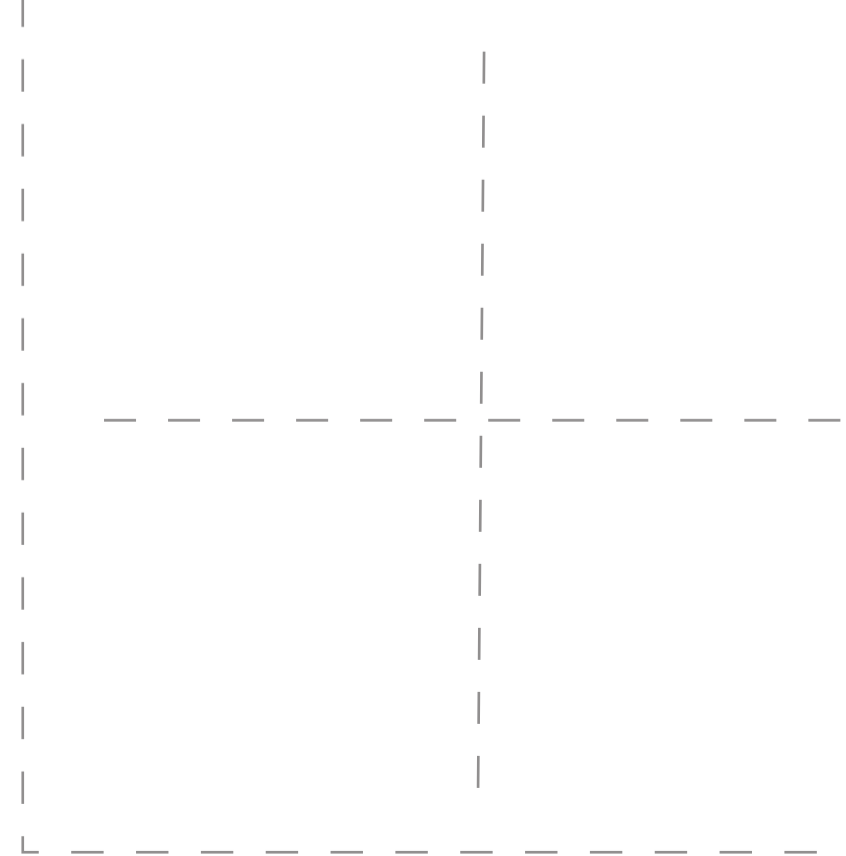
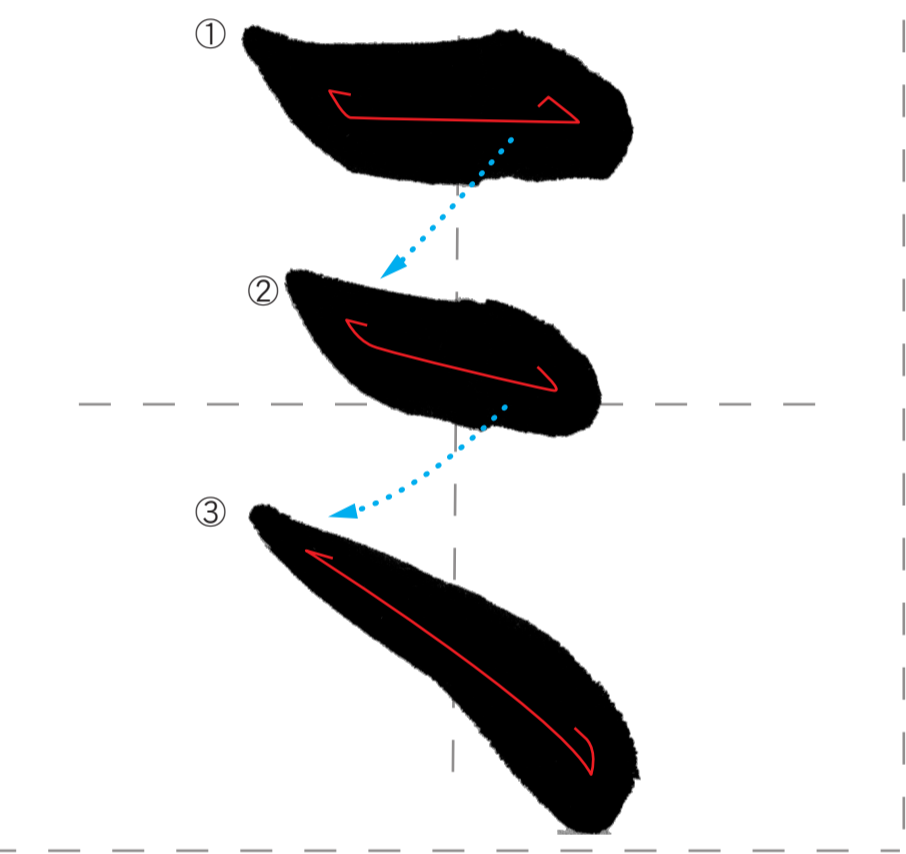
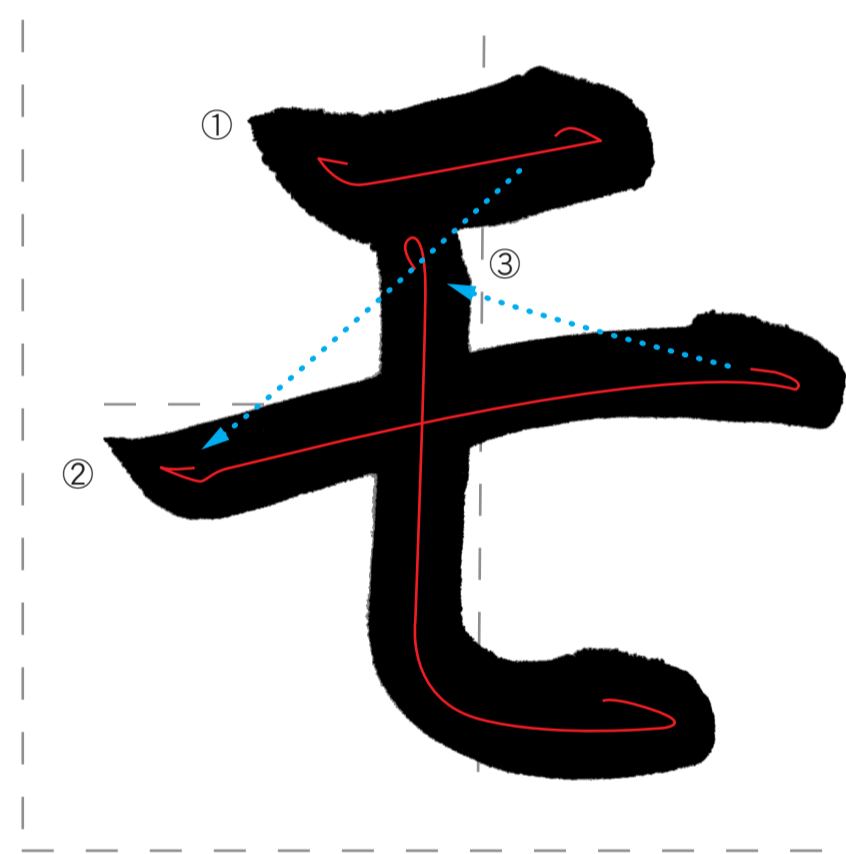
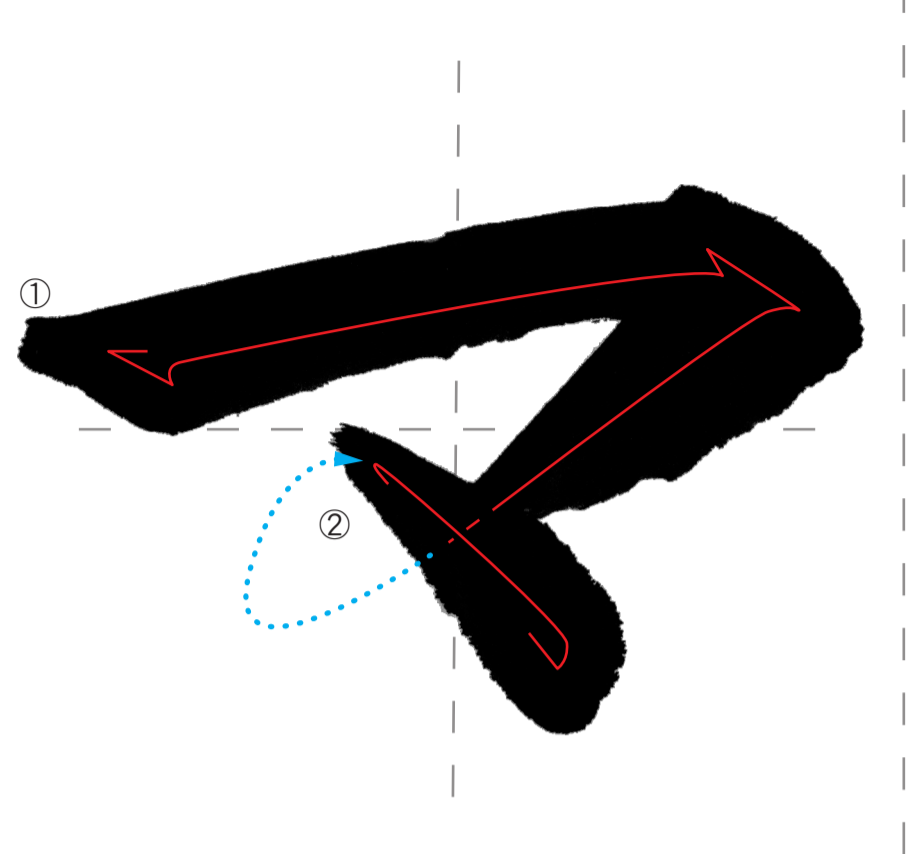
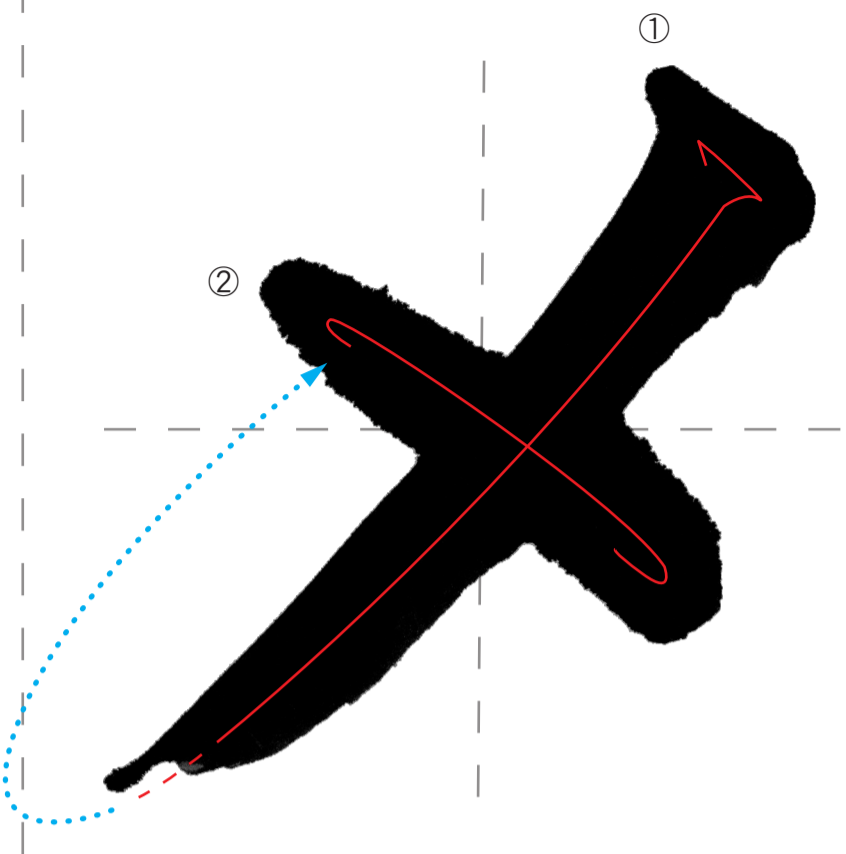


「フ」

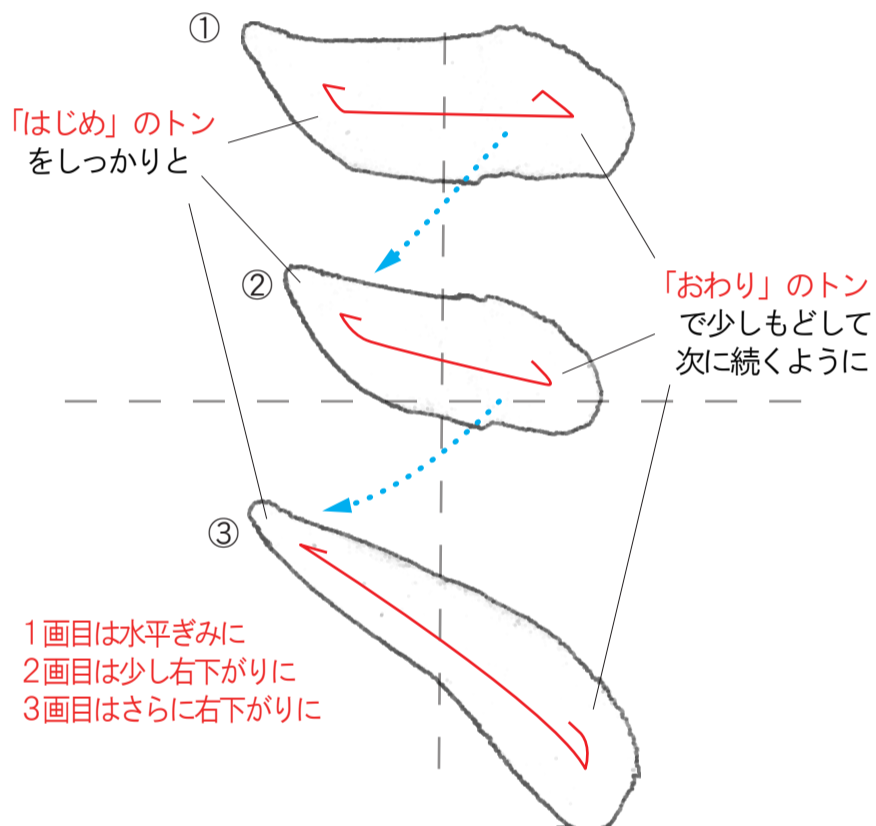
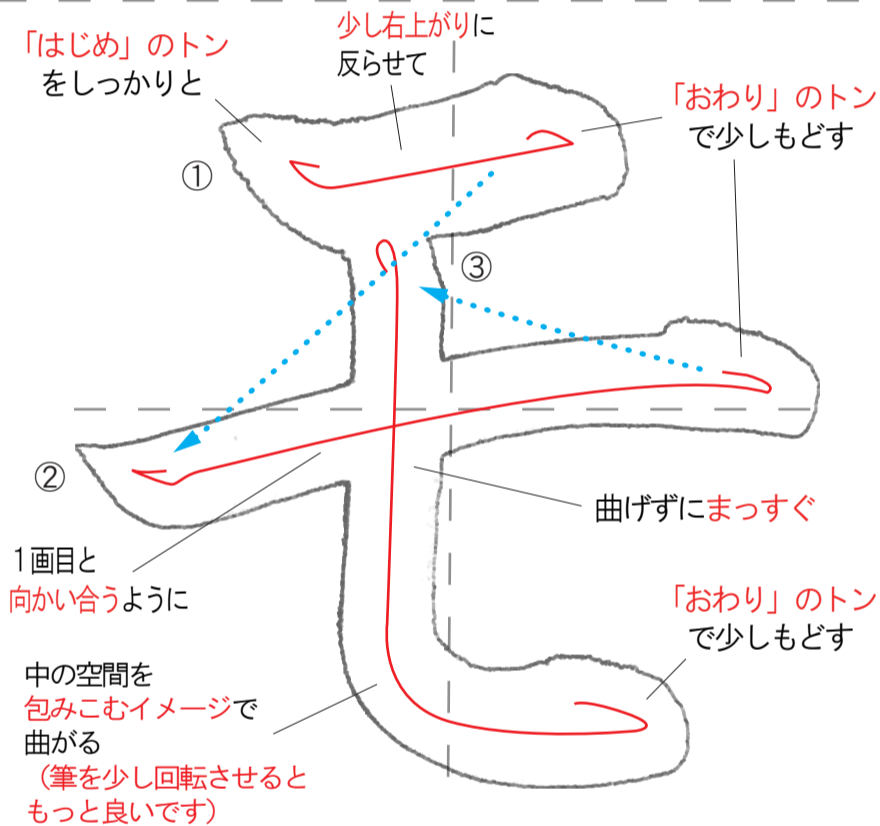
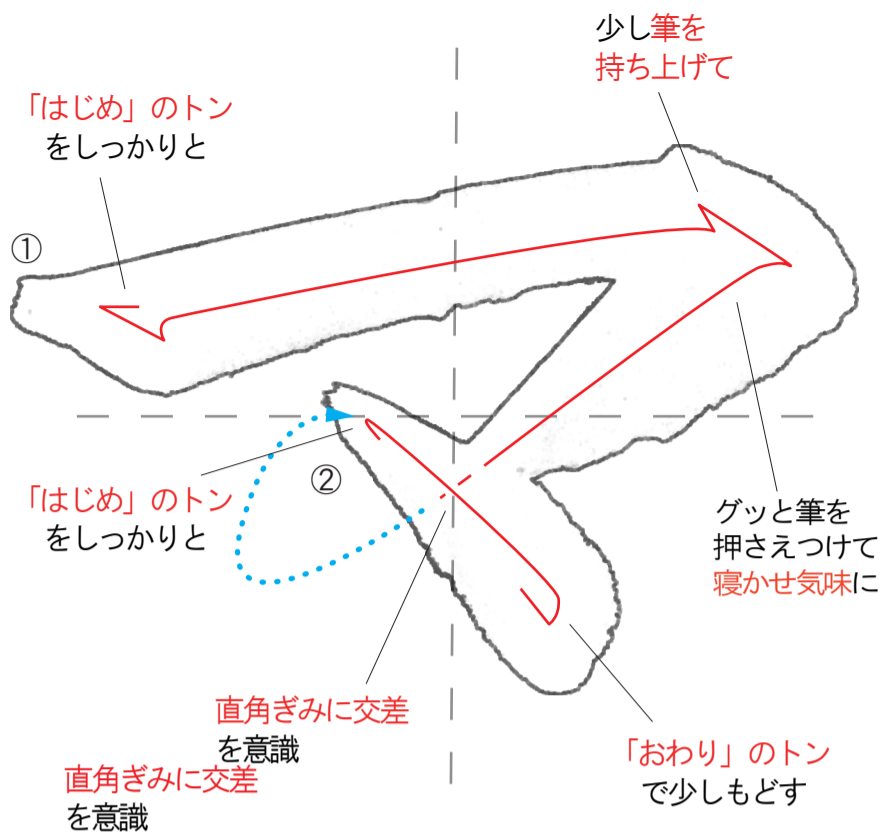
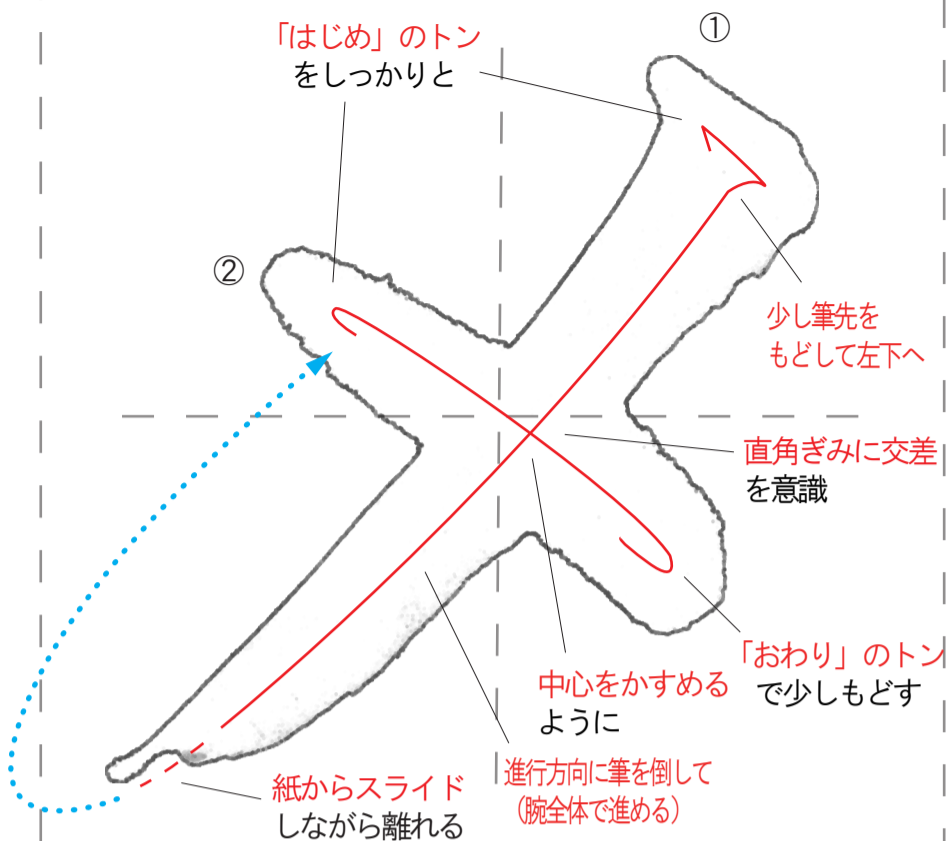
QRコードを読み込んで
動画にて動きを学習しよう。



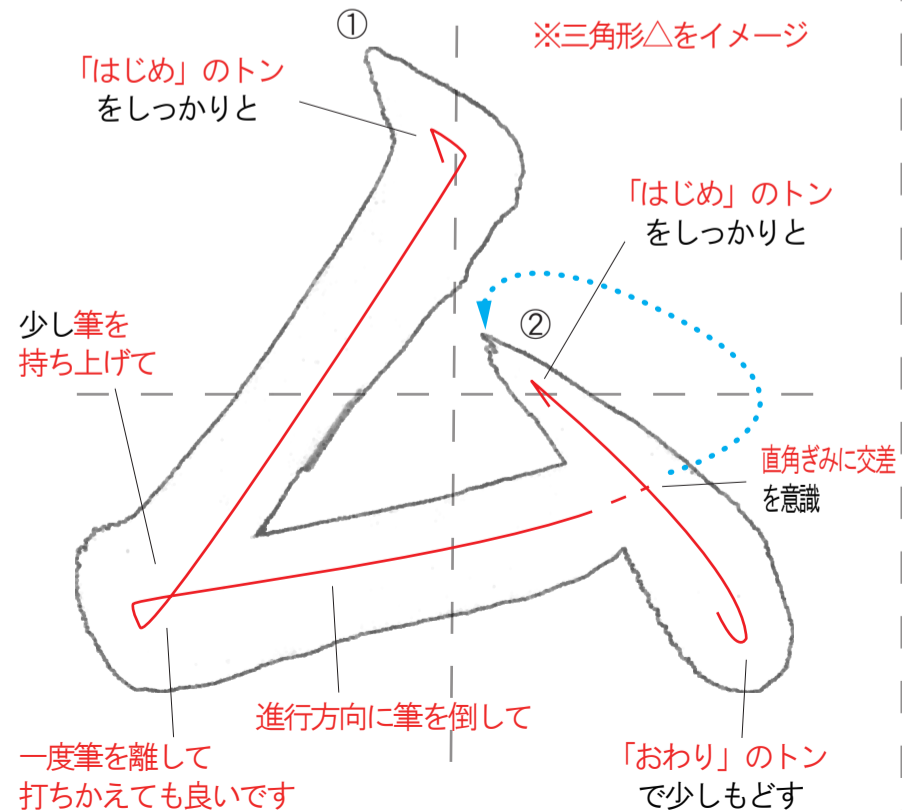
⑦マ行 (マ・ミ・ム・メ・モ)



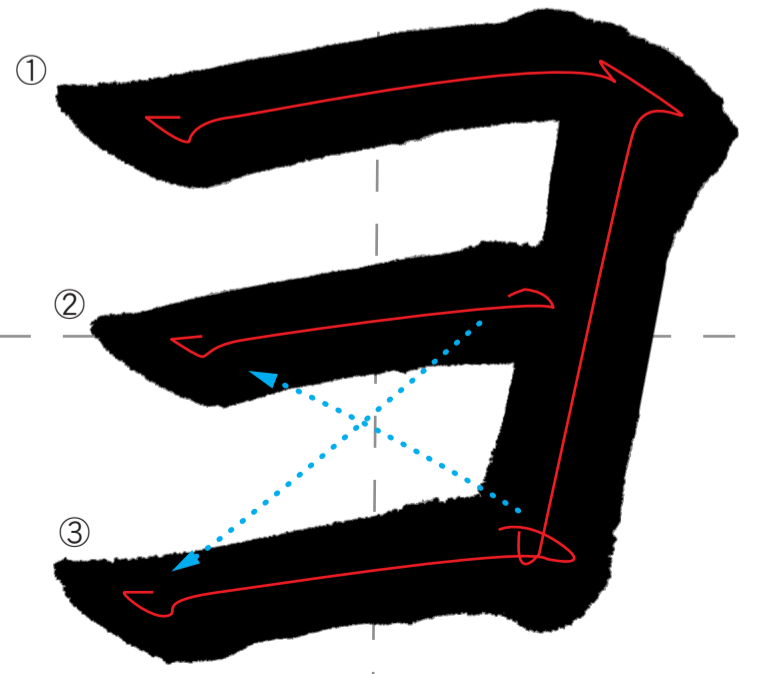
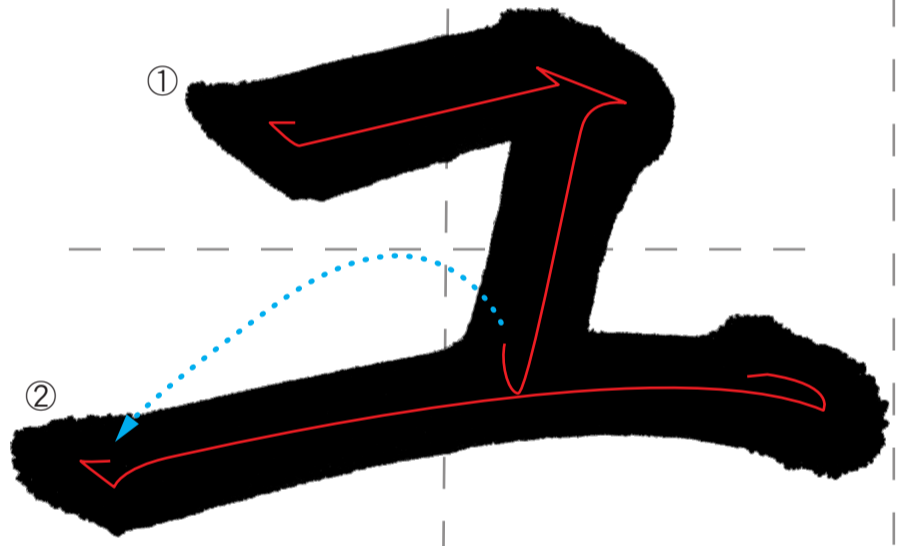
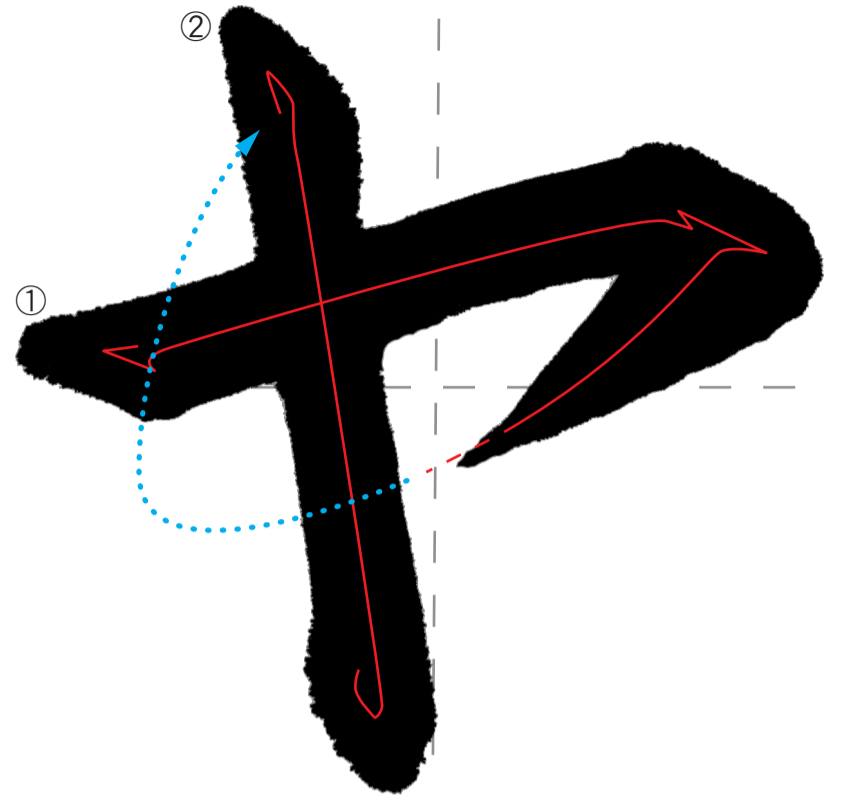
⑦マ行 (マ・ミ・ム・メ・モ)



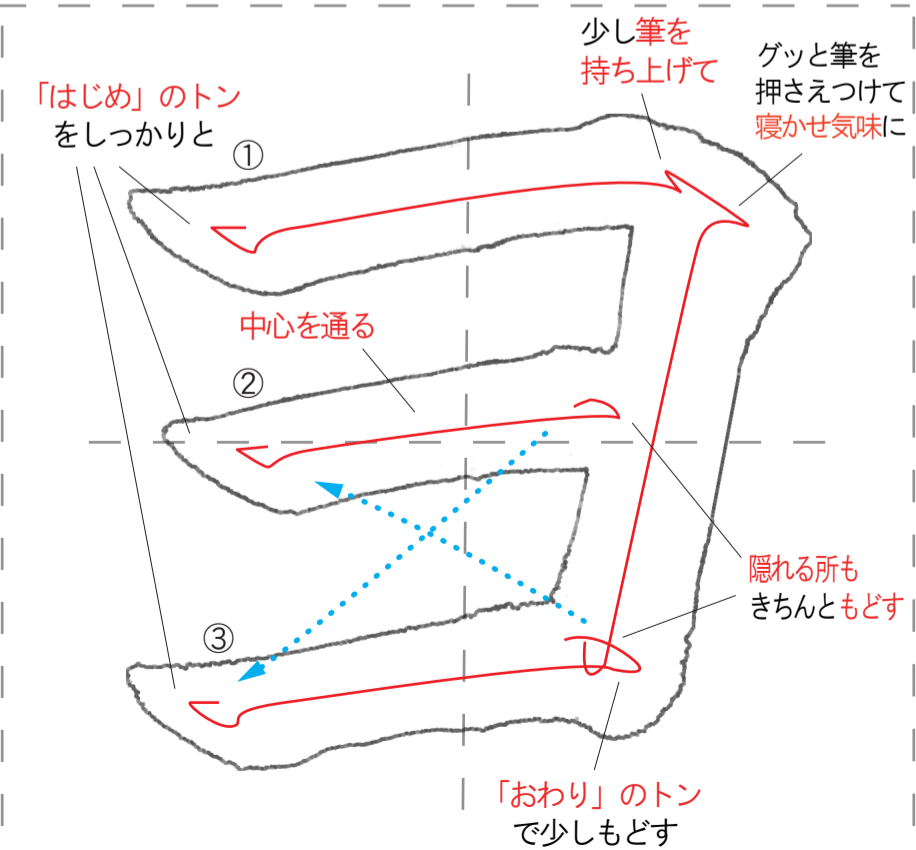
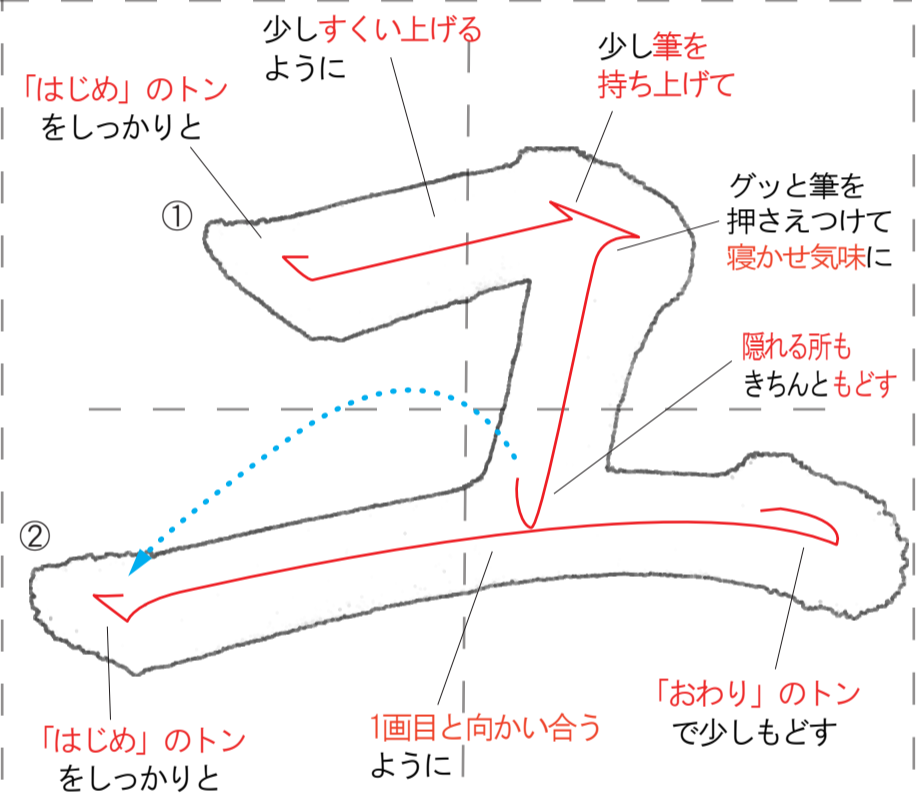
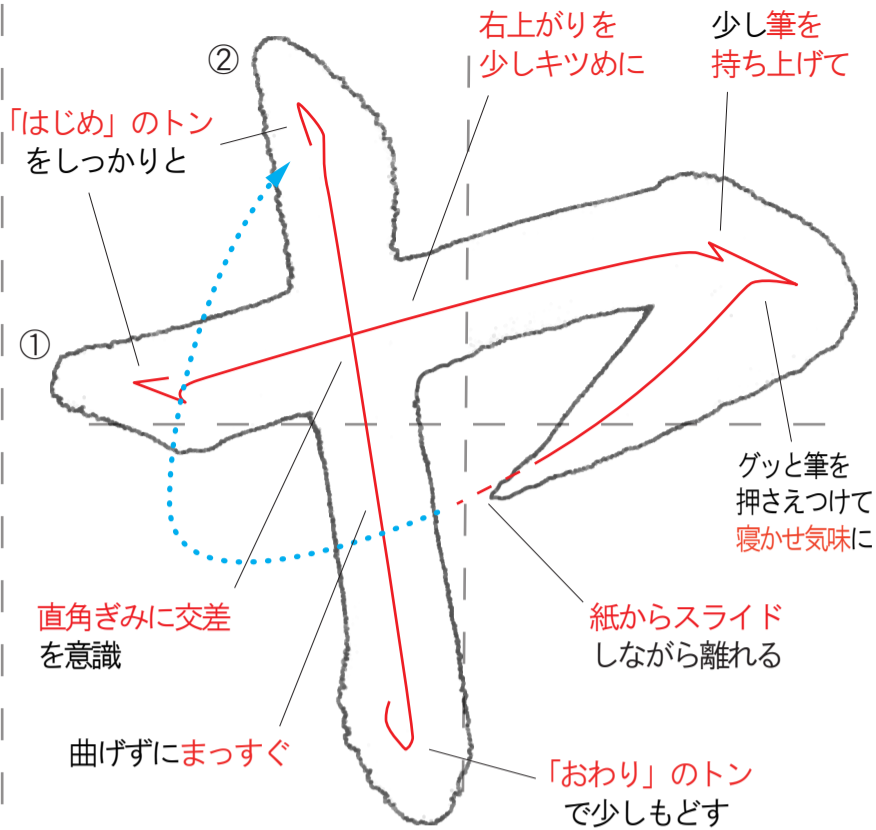
QRコードを読み込んで動画にて動きを学習しよう。



⑧ ヤ行 (ヤ・ユ・ヨ)



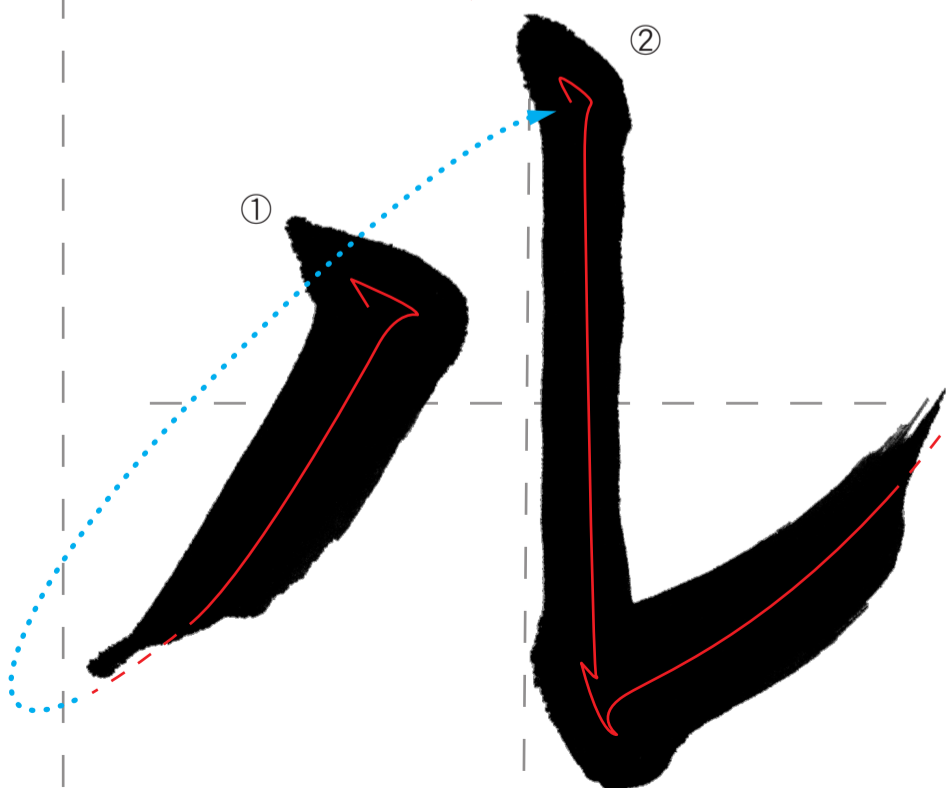
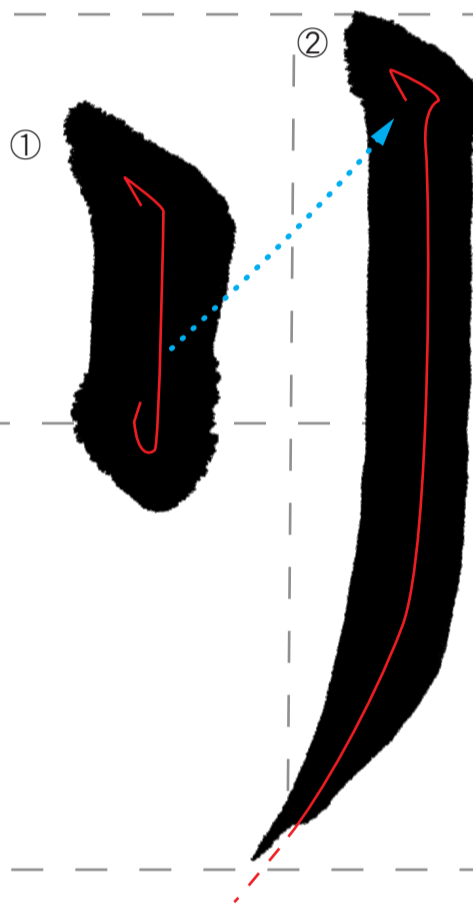
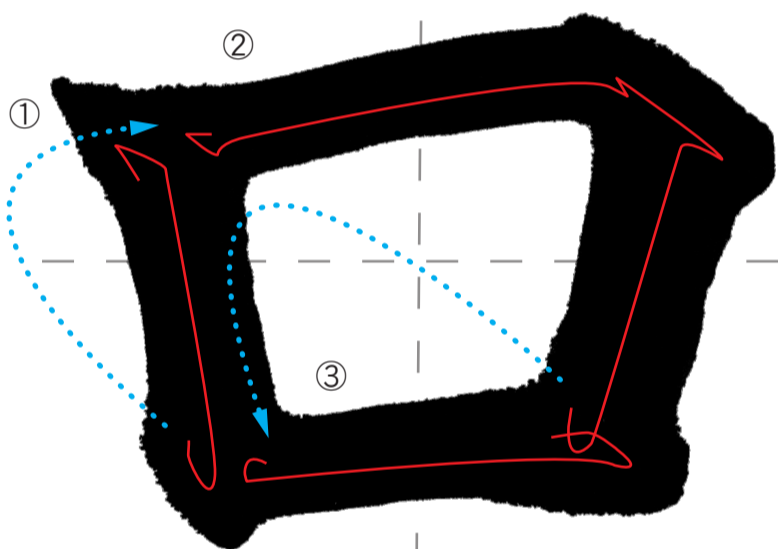
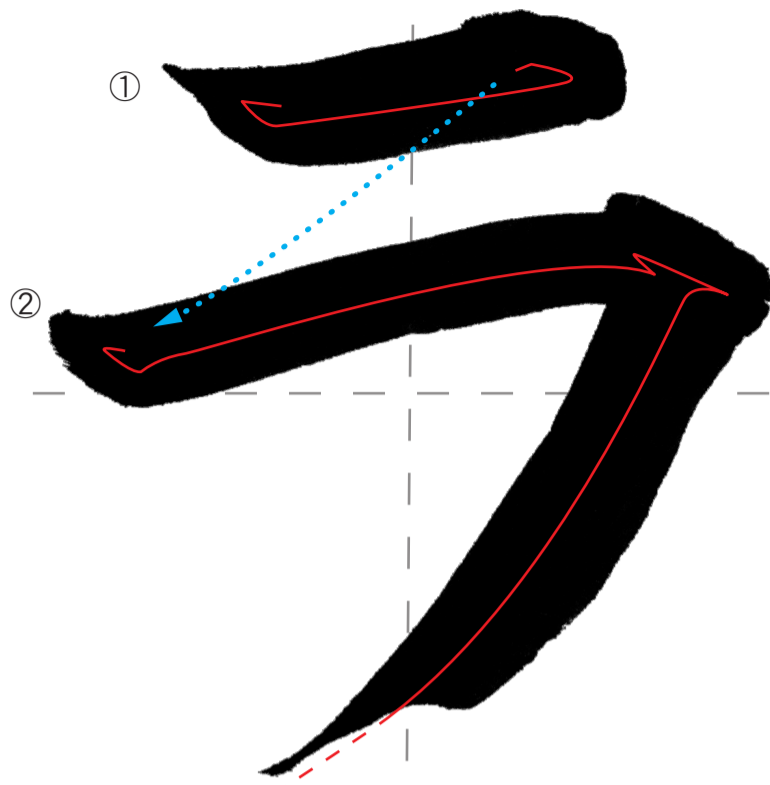
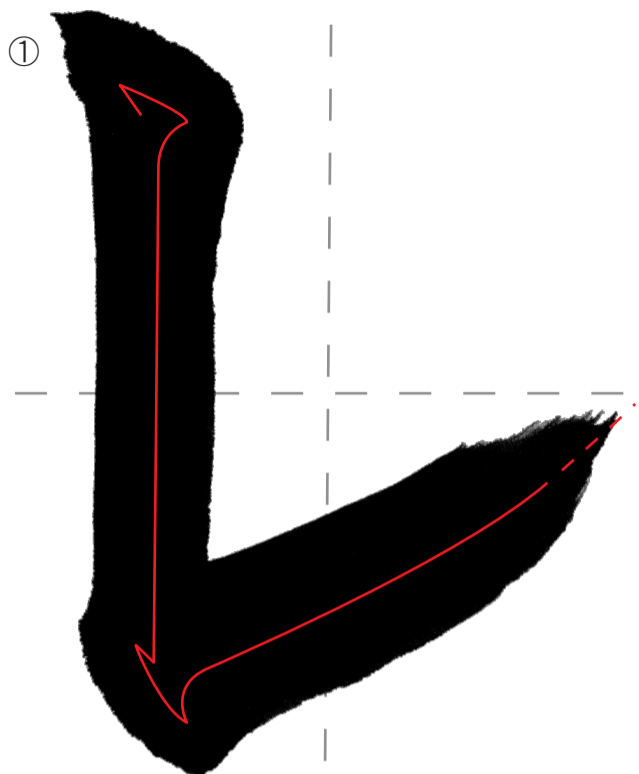
⑧ヤ行 (ヤ・ユ・ヨ)



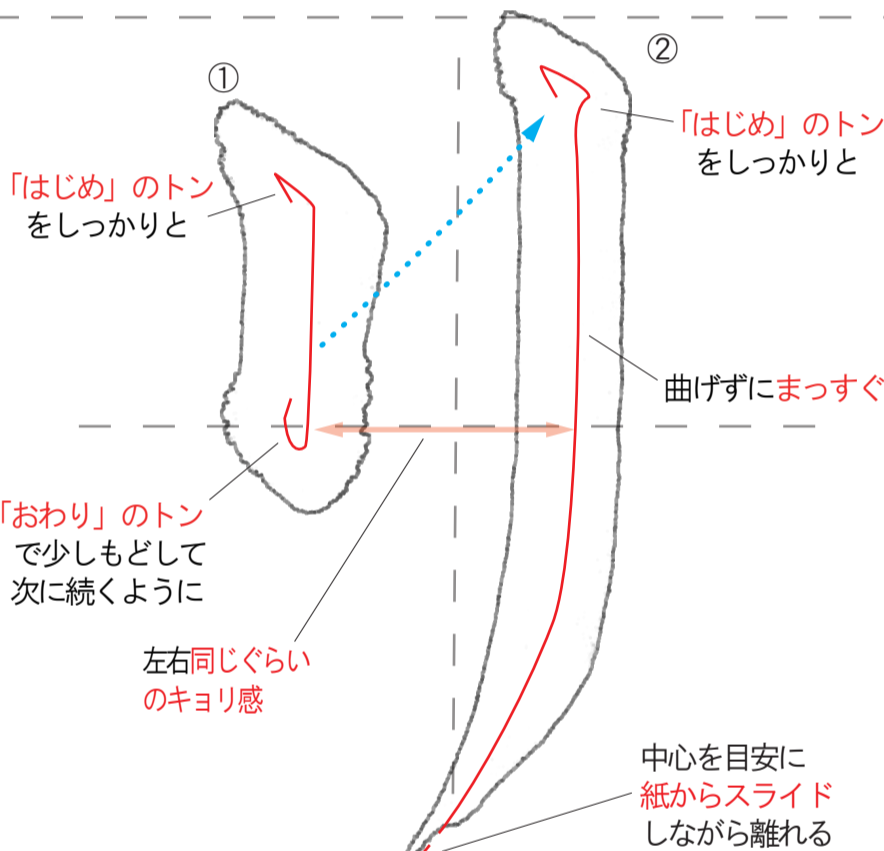
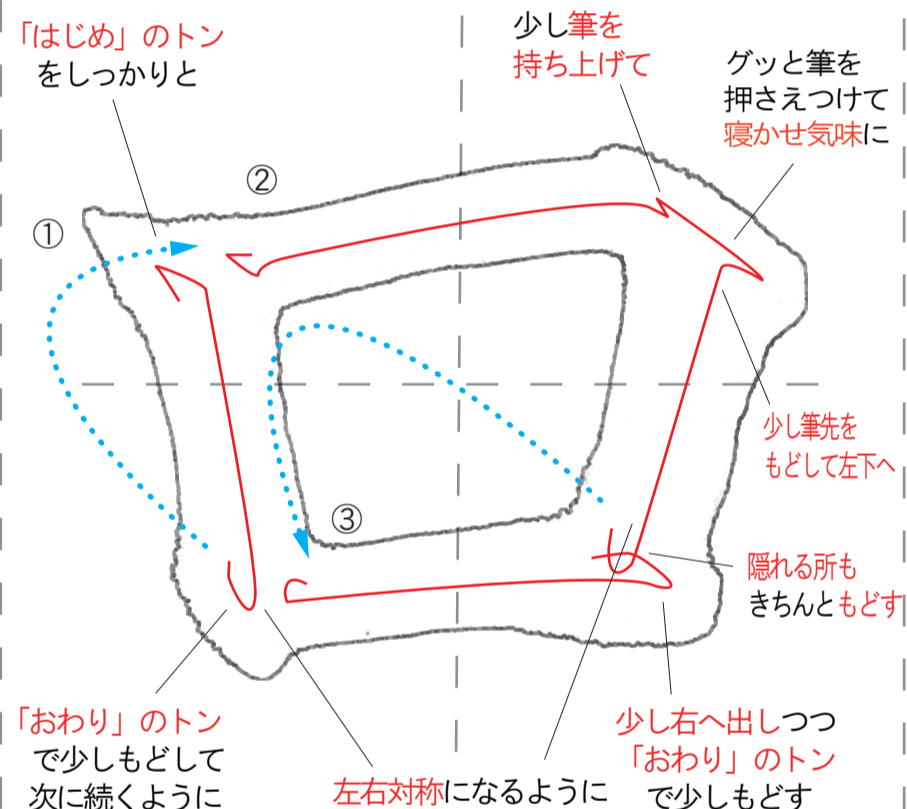
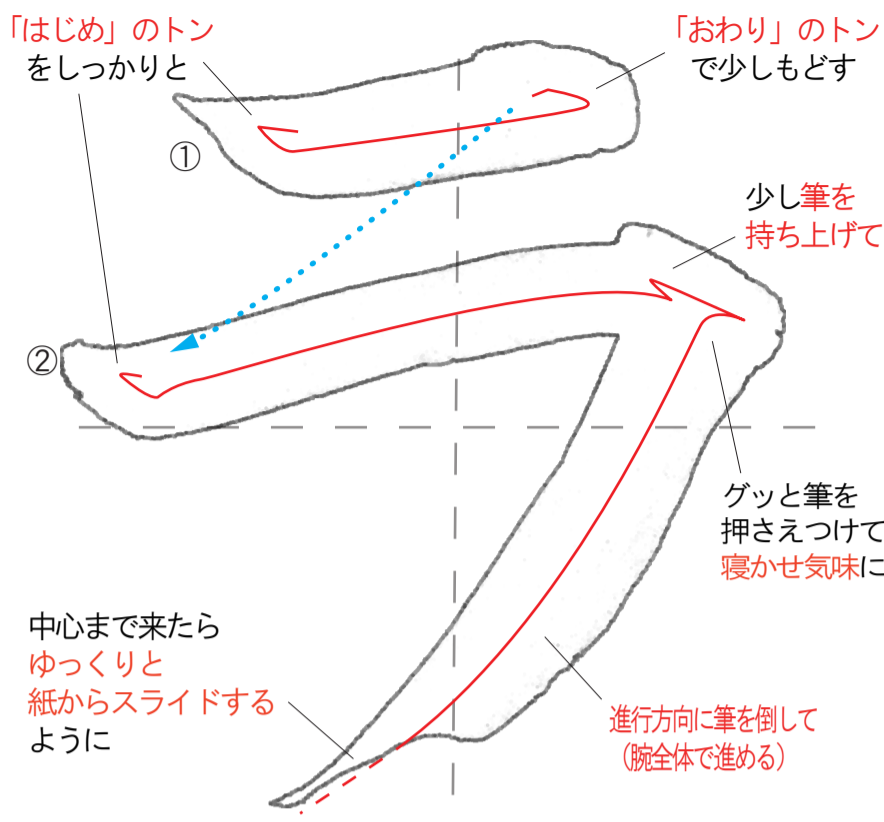
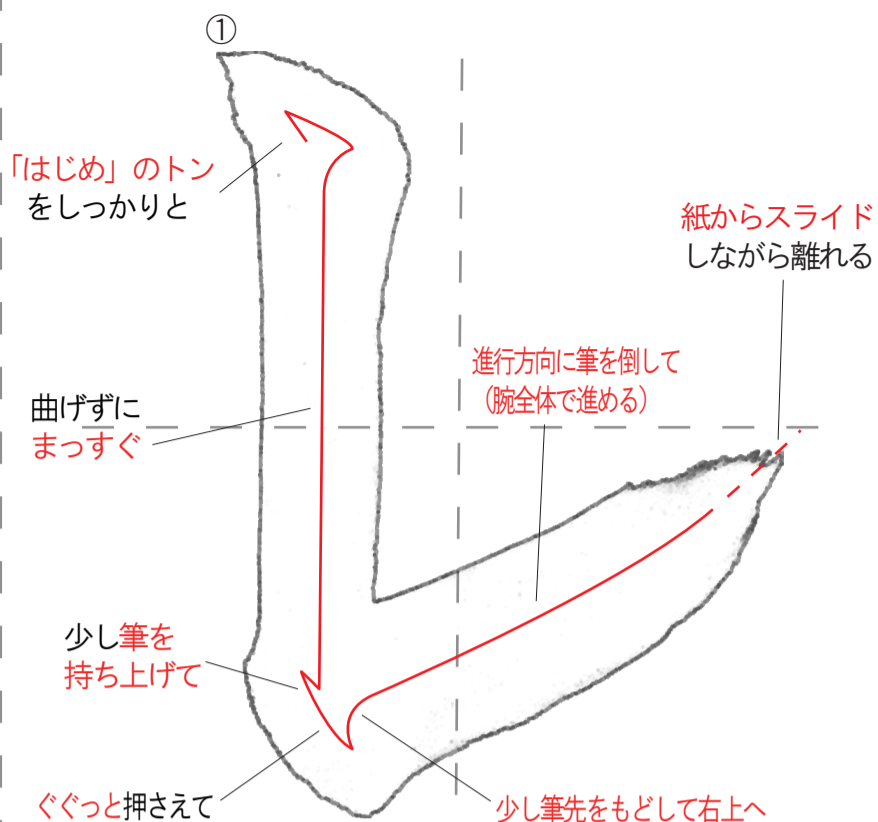
QRコードを読み込んで動画にて動きを学習下さい。



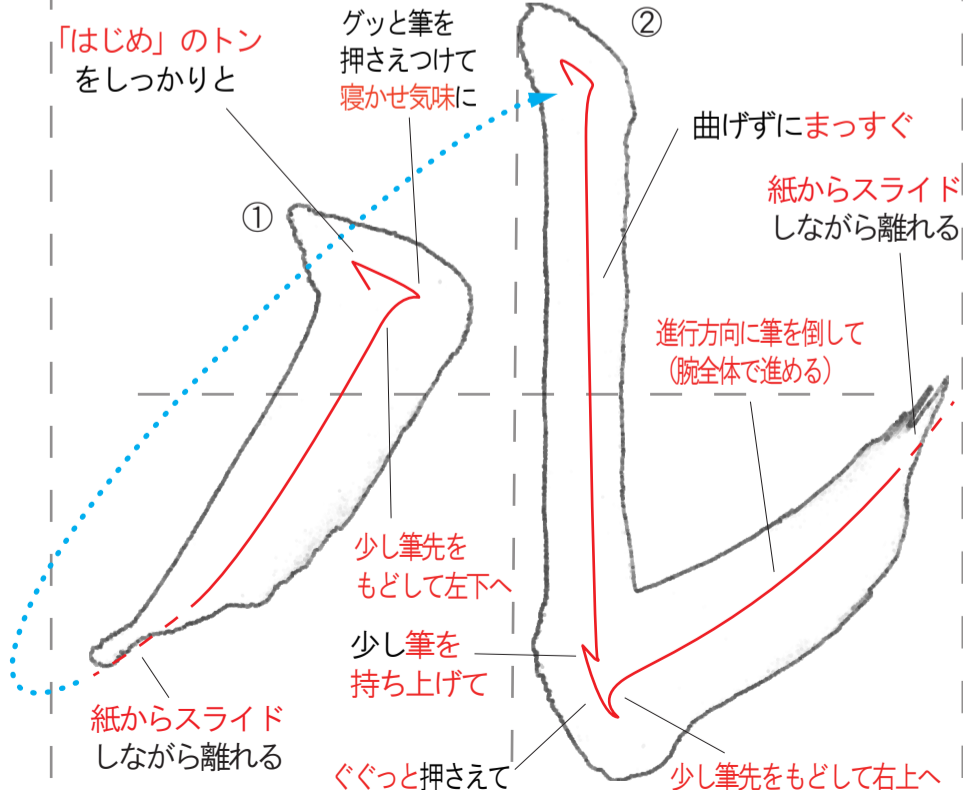
⑨ラ行 (ラ・リ・ル・レ・ロ)



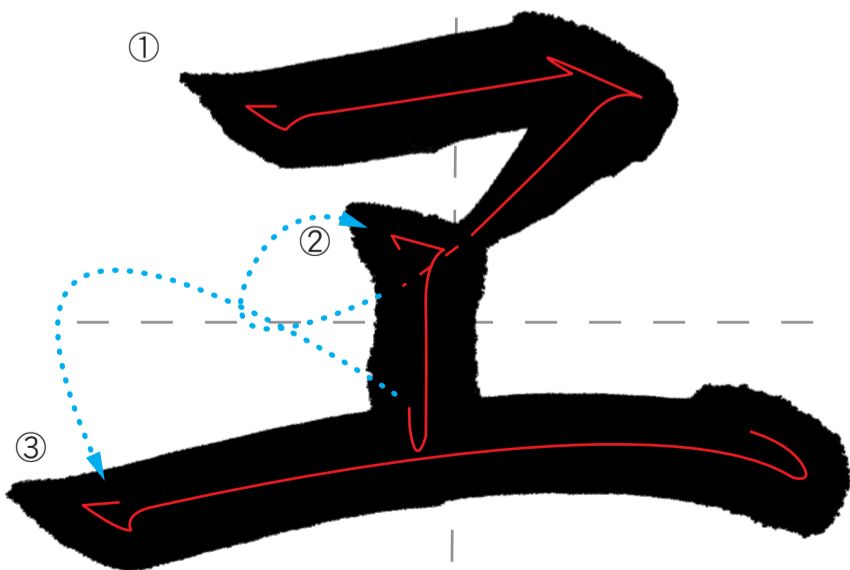
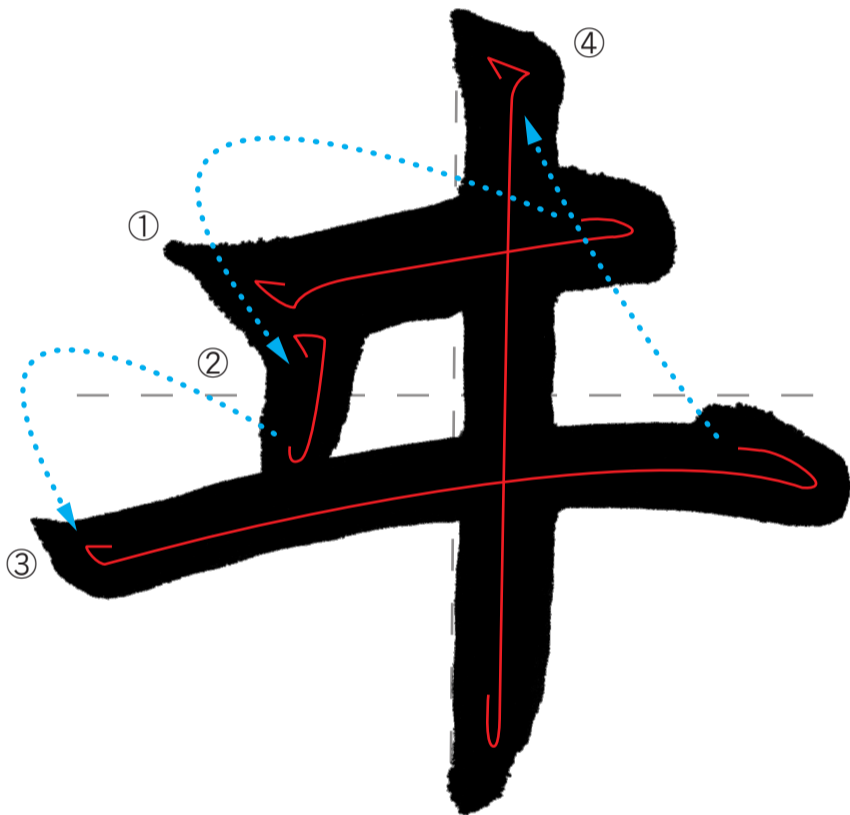
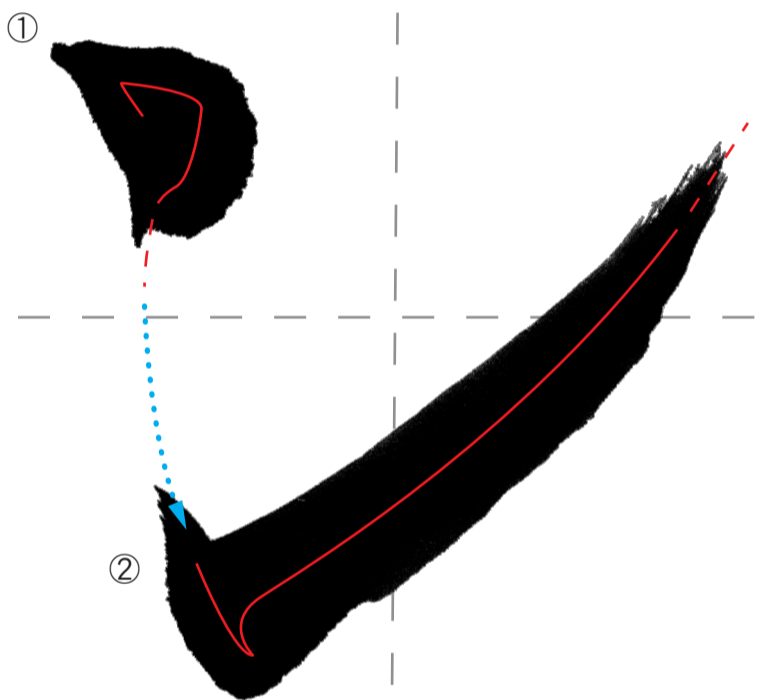
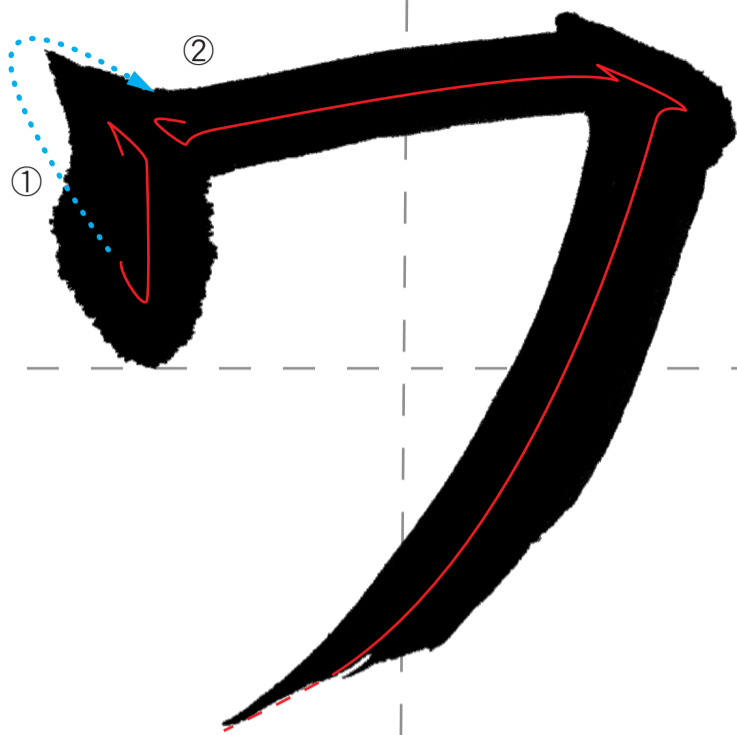
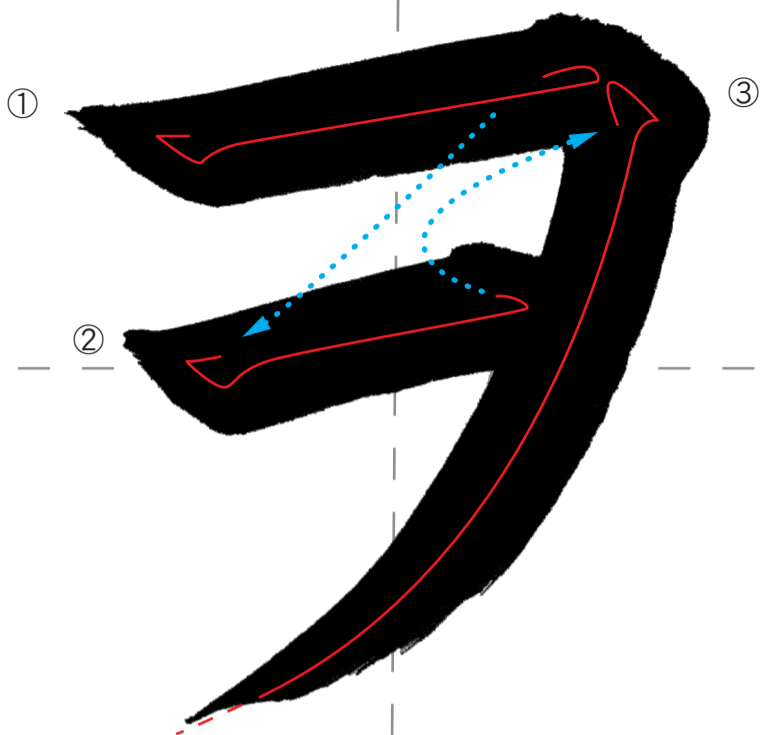
⑨ラ行 (ラ・リ・ル・レ・ロ)



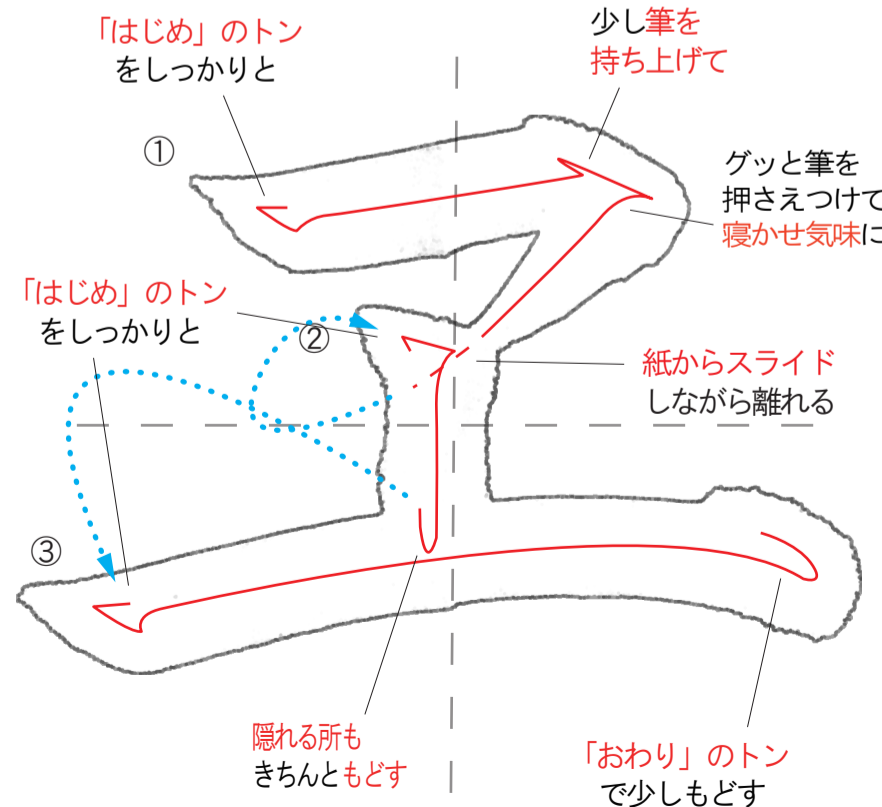
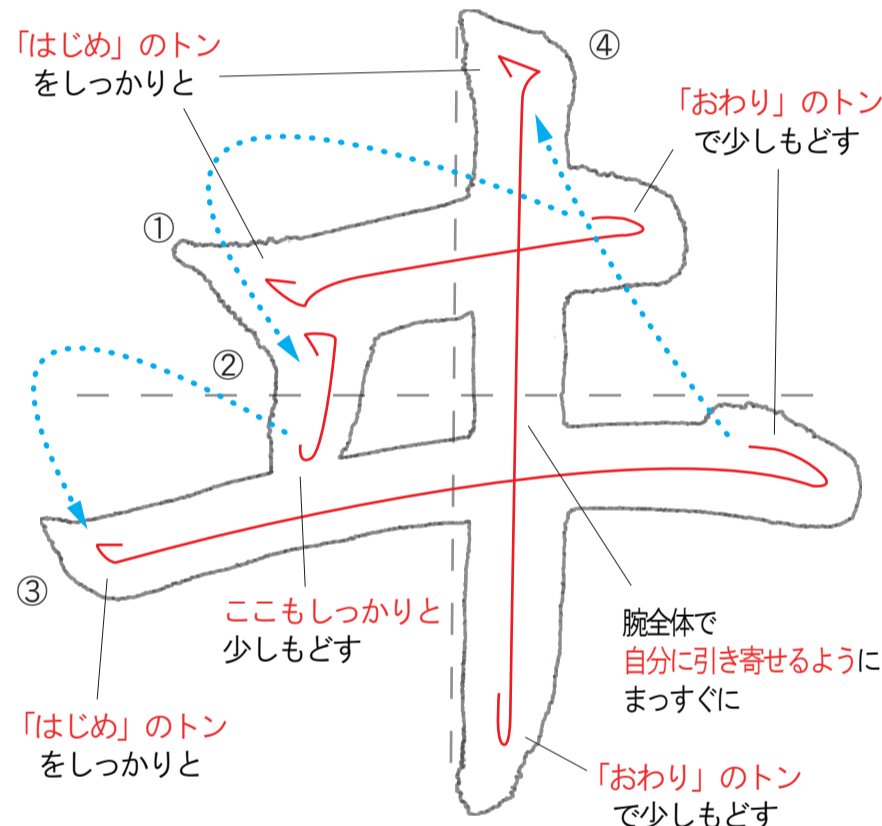
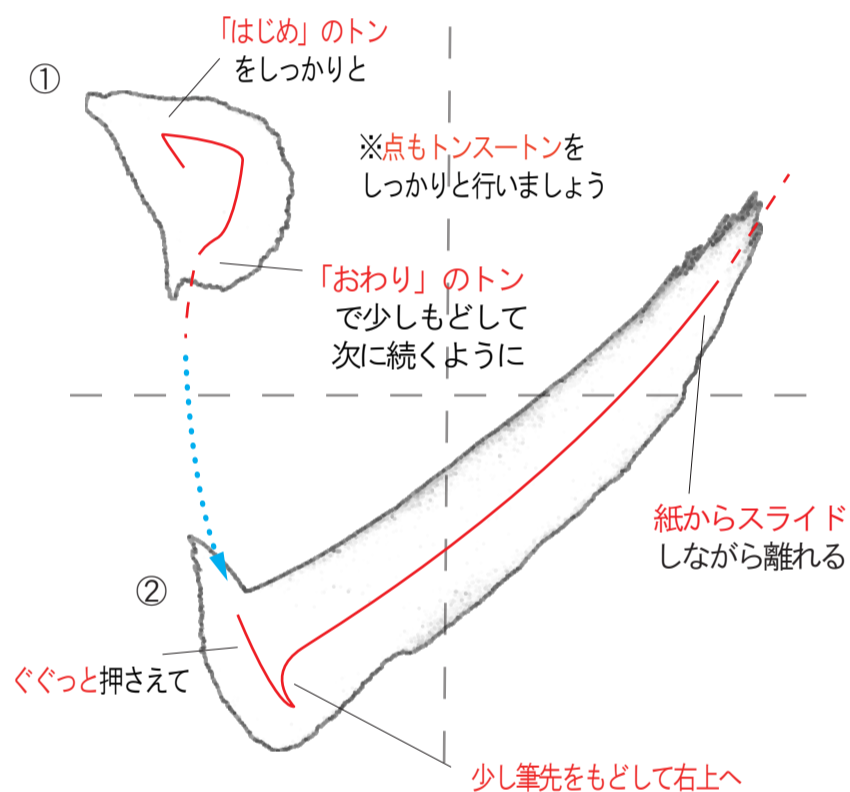
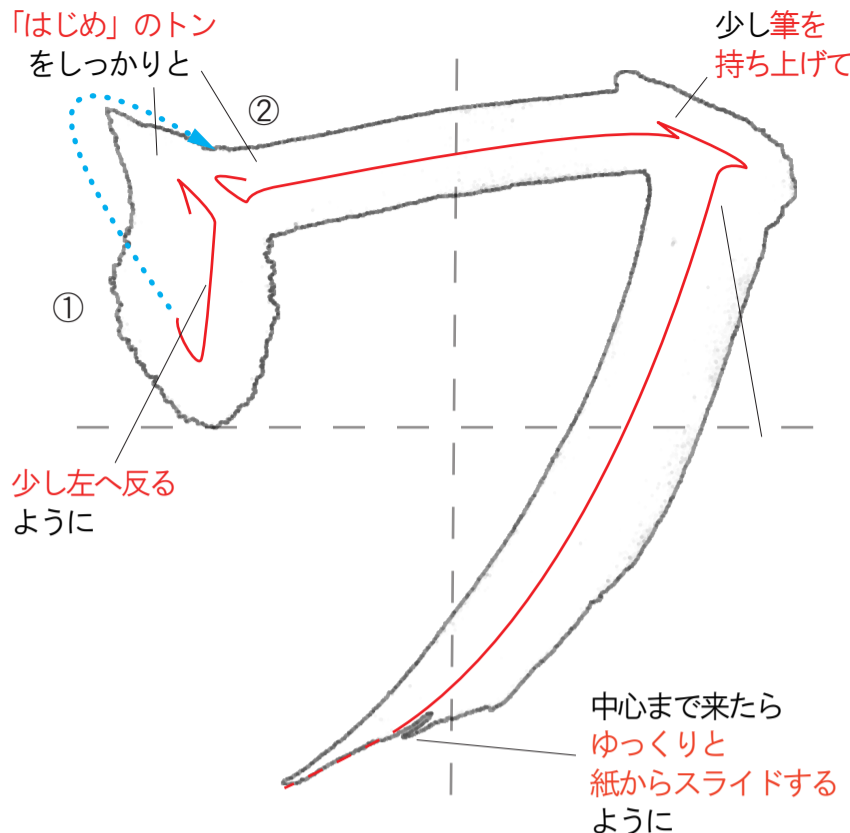
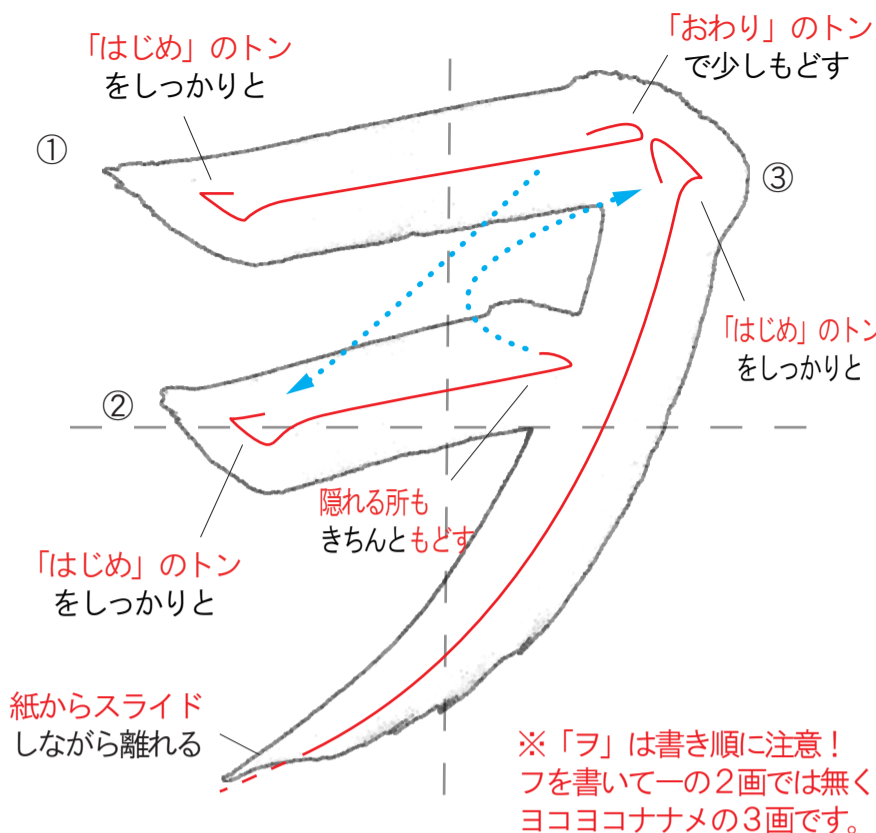
QRコードを読み込んで
動画にて動きを学習下さい。



⑩ワ行 (ワ・キ・エ・ヲ・ン)



⑩ワ行 (ワ・ヰ・ヱ・ヲ・ン)



QRコードを読み込んで
動画にて動きを学習しよう。